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Hilton Short Pump • 12042 West Broad Street, Richmond VA • June 12 – 13, 2024

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## CONFERENCE NOTES

### **Name Badges**

Conference attendees are requested to wear name badges during all conference functions for security and identification purposes.

### **Cell Phones**

Please set your cell phones to vibrate during workshops and presentations.

### **Contact Hour Information**

Mary Clair O’Hara from DBHDS will be providing contact hours. Certificates will be available at the registration desk at the end of Wednesday’s sessions and on Thursday afternoon.

### **Exhibitors & Sponsors**

We are grateful to our exhibitors and sponsors for their support of our conference programming. Please stop by their exhibit areas to learn about their products and services.

# Welcome to the 2024 Region 1 Emergency Services Conference

## *Emergency Services: The Cornerstone of the Crisis System*

Dramatic changes to the publicly funded crisis system over the past several years have called for CSB Emergency Services staff to stretch themselves in new, and sometimes challenging, ways.

Our 2024 Emergency Services Conference is dedicated to addressing some of the most pressing issues we face today by providing current information and practical applications specific to our work.

We are grateful to our speakers, panelists and workshop presenters who have generously shared their expertise. We are also grateful to the Department of Behavioral Health and Developmental Services for its support of this conference, and to our Gold Sponsor, **Savida**, who has kindly sponsored this conference. Please be sure to visit all of our exhibitors as their support is invaluable to our programming.

We hope you find the content relevant and engaging and leave this conference with new tools to make you more confident and effective in your daily work.

On behalf of the Region 1 Emergency Services Managers, we are glad you are here and look forward to speaking with long-time colleagues as well as meeting new ones during the next few days.

Ashton Morse, Encompass Behavioral Health Services  
Alva Harold, Horizon Behavioral Health  
Andrea Skaflen, Harrisonburg Rockingham CSB  
Christopher Barnes, Region Ten CSB  
Courtney Janeski, Encompass Behavioral Health Services  
Crystal Strange, Horizon Behavioral Health  
Denise Janocka, Harrisonburg Rockingham CSB  
Jessica Johnson, Northwestern CSB  
Robert Tucker, Valley CSB  
Sarah Deffinbaugh, Alleghany Highlands CSB  
Wendy Higgins, Rappahannock Area CSB



Region 1 Emergency Services Conference

**JUNE 12 – 13, 2024**

Conference Schedule at a Glance

WEDNESDAY, JUNE 12		ROOM
8:30 am – 5:30 pm	Registration/Exhibit Center Open	Event Center Prefunction
8:30 am – 9:30 am	Continental Breakfast and Exhibit Center Open	
9:30 am – 11:00 am	<ul style="list-style-type: none"> <li>▪ Welcome Remarks from Commissioner Nelson Smith</li> <li>▪ Keynote Address by Wambui Bahati – “Reminding You of Your Magnificence”</li> </ul>	Capital F/G
11:00 am – 12:00pm 12:00 pm – 1:30 pm	<ul style="list-style-type: none"> <li>▪ Buffet Luncheon</li> <li>▪ Luncheon Presentation Mental Health Emergencies, Public Behavioral Health, and Ethics                             <ul style="list-style-type: none"> <li>○ Heather Zelle, JD, PhD, Associate Director of Mental Health Policy Research, University of Virginia Institute of Law, Psychiatry, and Public Policy</li> </ul> </li> </ul>	Capital F/G
1:45 pm – 3:15 pm	Conference Training Workshops (Concurrent)	
	<ul style="list-style-type: none"> <li>▪ <i>Prescreener Academy PART ONE – Writing the Preadmission Screening Summary</i> <ul style="list-style-type: none"> <li>○ Ashton Morse, LPC, Director of Community Response, Encompass Community Supports</li> </ul> </li> </ul>	Capital C
	<ul style="list-style-type: none"> <li>▪ <i>A User's Guide to Mandatory Outpatient Treatment (repeats at 3:30)</i> <ul style="list-style-type: none"> <li>○ David B. Bice, JD, Special Justice, The Bice Law Group</li> <li>○ Heather Zelle, JD, PhD, Associate Director of Mental Health Policy Research, University of Virginia Institute of Law, Psychiatry, and Public Policy</li> </ul> </li> </ul>	Capital D
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3:15 pm – 3:30 pm	Refreshment Break and Exhibit Center Open	Event Center Prefunction

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<ul style="list-style-type: none"> <li>▪ <i>Prescreener Academy PART TWO – ES Past, Present and Future</i> <ul style="list-style-type: none"> <li>○ Curt Gleeson, LPC, Assistant Commissioner for Crisis Services, Department of Behavioral Health and Developmental Services</li> <li>○ Buzz Barnet, LCSW</li> <li>○ Jill Anderson, LPC, Emergency and Acute Program Director, New River Valley Community Services</li> <li>○ Heather Baxter, LPC, Emergency Services Behavioral Health Program Manager, Prince William County Community Services</li> </ul> </li> </ul>		Capital C
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5:00 pm – 6:00 pm	Networking Reception <i>cash bar, complimentary hors d'oeuvres &amp; soft drinks</i>	Event Center Prefunction
<b>THURSDAY, JUNE 12</b>		<b>ROOM</b>
8:00 am – 2:30 pm	Registration and Exhibit Center Open	Event Center Prefunction
8:30 am – 10:00 am	<i>Buffet Breakfast and VACIT: Past, Present and Future</i> <ul style="list-style-type: none"> <li>○ Andrea Hess, LPC, Emergency Services Manager, Fairfax-Falls Church CSB</li> <li>○ John Konkel, LPC, Emergency Services Coordinator, CIT Coordinator &amp; Marcus Alert Coordinator, Eastern Shore CSB</li> </ul>	Capital F/G
10:30 am – 12:30 pm	Conference Training Workshops (Concurrent)	
<ul style="list-style-type: none"> <li>▪ <i>Prescreener Academy PART 3 – Writing Safety Plans</i> <ul style="list-style-type: none"> <li>○ Christopher Barnes, Director of Emergency Services, Region Ten CSB</li> </ul> </li> </ul>		Capital C/D

<ul style="list-style-type: none"> <li>▪ <b>Integration of Peer Services Throughout the Crisis Continuum – Panel Discussion</b> <ul style="list-style-type: none"> <li>○ Robyn Hantelman, M.Ed., RPRS, Peer Trainer, Director of Treatment and Recovery, Encompass Community Supports (Moderator)</li> <li>○ Shirley Fallin, RPRS, iFPRS, Recovery Response Team Lead, Middle Peninsula Northern Neck Behavioral Health</li> <li>○ Becky Graser, MSW R-CPRS, Recovery Services Coordinator, Middle Peninsula Northern Neck Behavioral Health</li> <li>○ Amber Harris, CPRS, I-FPRS, COAPS, CARE Team CPRS, Henrico County Division of Fire</li> <li>○ Jim Kochany, QMHO-A, R-CPRS, CCHW, i-FPRS, Recovery Ally, Community Inclusion Specialist, Henrico Area Mental Health &amp; Developmental Services</li> <li>○ Libbie Roberts, CPRS, CPRS PRO team, Chesterfield County Mental Health Support Services</li> <li>○ Christine DuBois, CPRS, Lead Peer Specialist, Rappahannock Area Community Services Board</li> </ul> </li> </ul>	<b>Capital E</b>	
<ul style="list-style-type: none"> <li>▪ <b>Who Are We and How Did We Get Here? - A roundtable discussion about the varied pathways people have taken to becoming ES Managers and Supervisors, the challenges and successes they have had and assessing what the system can do to support ES Managers/Supervisors so that they can support their staff.</b> <ul style="list-style-type: none"> <li>○ Melissa L. Lucy, LPC, QMHP, Executive Director, Horizon Behavioral Health</li> </ul> </li> </ul>	<b>Henrico Room</b>	
<ul style="list-style-type: none"> <li>▪ <b>Update on Co-responder Models – Panel Discussion</b> <ul style="list-style-type: none"> <li>○ Ashton Morse, LPC, Director - Community Response, Encompass Community Services</li> <li>○ Cheryl St. John LPC, CSAC, CPSC, Supervisor II - Emergency Services, Virginia Beach Department of Human Services</li> <li>○ Heather Baxter, EdS, LPC, Behavioral Health Program Manager for Emergency Services, Prince William County</li> <li>○ Heather Jewell, LPC, Program Director, Community Based Crisis Services, Highlands Community Services</li> </ul> </li> </ul>	<b>Capital A/B</b>	
<b>12:40 pm – 2:30 pm</b>	<p style="text-align: center;"><b>Conference Luncheon and Presentation</b></p> <ul style="list-style-type: none"> <li>▪ Curt Gleeson will discuss the progress of the implementation of the crisis continuum around the state and provide a legislative update</li> <li>▪ Passing of the torch to Region 2</li> </ul>	<b>Capital F/G</b>

# Conference Exhibitors & Sponsors

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EXHIBITORS

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<b>Atlantic Outreach Group</b>	<b>DeLSol Association Inc.</b>	<b>Encompass Community Supports: Boxwood Treatment</b>
<b>Indivior</b>	<b>Mainspring Recovery</b>	<b>North Spring Behavioral Healthcare</b>
<b>Vocal Virginia</b>	<b>Encompass Community Supports</b>	<b>HCA</b>



## Wambui Bahati

*Humorist, Entertainer, Author, Inspirational Speaker, Motivational Speaker*



For more than forty-five years, Wambui Bahati has either entertained, inspired or provided strategies for positive transformation to audiences in a wide range of venues in cities and towns throughout the United States, Canada, and Australia. She began formal theatrical studies at the New York University School of the Arts and went on to perform in Broadway productions and numerous Broadway show tours. Wambui wrote, produced and stars in the one-woman musical, 'Balancing Act' (about her journey with mental illness) and the play, 'I Am Domestic Violence'. Both shows have received international acclaim for the unique way that they provide outstanding entertainment while dealing with important issues in our communities. She is the author of the highly acclaimed, autobiographical empowerment book, 'You Don't Know Crazy - My Life Before, During, After, Above and Beyond Mental Illness'. This native North Carolinian currently lives in New York City and is a proud and spirited mother and grandmother. Her passion: "Reminding You of Your Magnificence".



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# FULL CONFERENCE SCHEDULE

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10:30 am – 12:30 pm	Conference Training Workshops (Concurrent)	
	<ul style="list-style-type: none"> <li>▪ <b>Prescreener Academy PART 3 – Writing Safety Plans</b> <ul style="list-style-type: none"> <li>○ Christopher Barnes, Director of Emergency Services, Region Ten CSB</li> </ul> </li> </ul>	Capital C/D
	<ul style="list-style-type: none"> <li>▪ <b>Integration of Peer Services Throughout the Crisis Continuum – Panel Discussion</b> <ul style="list-style-type: none"> <li>○ Robyn Hantelman, M.Ed., RPRS, Peer Trainer, Director of Treatment and Recovery, Encompass Community Supports (Moderator)</li> <li>○ Shirley Fallin, RPRS, iFPRS, Recovery Response Team Lead, Middle Peninsula Northern Neck Behavioral Health</li> <li>○ Becky Graser, MSW R-CPRS, Recovery Services Coordinator, Middle Peninsula Northern Neck Behavioral Health</li> <li>○ Amber Harris, CPRS, I-FPRS, COAPS, CARE Team CPRS, Henrico County Division of Fire</li> <li>○ Jim Kochany, QMHO-A, R-CPRS, CCHW, i-FPRS, Recovery Ally, Community Inclusion Specialist, Henrico Area Mental Health &amp; Developmental Services</li> <li>○ Libbie Roberts, CPRS, CPRS PRO team, Chesterfield County Mental Health Support Services</li> <li>○ Christine DuBois, CPRS, Lead Peer Specialist, Rappahannock Area Community Services Board</li> </ul> </li> </ul>	Capital E
	<ul style="list-style-type: none"> <li>▪ <b>Who Are We and How Did We Get Here? - A roundtable discussion about the varied pathways people have taken to becoming ES Managers and Supervisors, the challenges and successes they have had and assessing what the system can do to support ES Managers/Supervisors so that they can support their staff.</b> <ul style="list-style-type: none"> <li>○ Melissa L. Lucy, LPC, QMHP, Executive Director, Horizon Behavioral Health</li> </ul> </li> </ul>	Henrico Room
	<ul style="list-style-type: none"> <li>▪ <b>Update on Co-responder Models – Panel Discussion</b> <ul style="list-style-type: none"> <li>○ Ashton Morse, LPC, Director - Community Response, Encompass Community Services</li> <li>○ Cheryl St. John LPC, CSAC, CPSC, Supervisor II - Emergency Services, Virginia Beach Department of Human Services</li> </ul> </li> </ul>	Capital A/B

	<ul style="list-style-type: none"> <li>○ <b>Heather Baxter, EdS, LPC, Behavioral Health Program Manager for Emergency Services, Prince William County</b></li> <li>○ <b>Heather Jewell, LPC, Program Director, Community Based Crisis Services, Highlands Community Services</b></li> </ul> <p>Panelists from 4 different CSBS will give a brief overview of their established co-response programs and answer questions from the audience related to the development and maintenance of a co-response program.</p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Participants will learn about different configurations of co-response teams.</li> <li>• Participants will learn about challenges that can be anticipated in developing a co-response program.</li> <li>• Participants will have the opportunity to ask specific questions about co-response.</li> </ul>	
<p><b>12:40 pm – 2:30 pm</b></p>	<p><b><i>Conference Luncheon and Presentation</i></b></p> <ul style="list-style-type: none"> <li>▪ <b>Curt Gleeson will discuss the progress of the implementation of the crisis continuum around the state and provide a legislative update</b></li> <li>▪ <b>Passing of the torch to Region 2</b></li> </ul>	<p><b>Capital F/G</b></p>

# Conference Faculty

*Alphabetically Listed by first name*

**Amber Harris, CPRS, I-FPRS, COAPS**, is a trauma-informed Certified Peer Recovery Specialist, Integrated Forensic Peer Recovery Specialist, and Certified Older Adults Peer Recovery Specialist. Currently employed as a CPRS at Henrico County's Division of Fire CARE Team, she collaborates with Public Safety to reduce overdoses in the community and connect county residents with recovery support services. A participant in the Henrico Leadership Certification Program, Amber initiated a monthly outreach program with Daily Planet and established a Recovery 101 meeting in Henrico County. With previous roles as a CRAFT trained Recovery Coach and Interventionist, and as a Recovery Support Manager for Seeking Depth to Recovery, Amber brings a wealth of experience. She has received training in psychodrama, somatic-informed mindfulness, family systems, and ego state interventions. Additionally, she is certified as a MARS, DEIJ, ROWS, and REVIVE Trainer of Trainers and she is CIT trained. Amber specializes in community outreach, harm reduction, substance use disorder education and prevention, public speaking, and program development and implementation. She thrives on collaborating with internal and external stakeholders to enhance client support. Previously, she contributed to Project Recover for one year, an Opioid Abatement Project through the Attorney General's Office. In her own journey of long-term recovery from substance use disorder, Amber draws on her lived experiences to support clients on their path to health. A proud mother of three daughters, she resides in Richmond, VA.

**Andrea Hess, LPC**, is the Emergency Services Manager at the Fairfax-Falls Church CSB. Prior to joining Fairfax CSB in July of 2023, she was a supervisor for PWC CSB's Emergency Services Program. She has over 20 years as a Certified Prescreener. She currently serves as the Vice-President of VACIT Board of Directors and became involved in CIT in 2011, an instructor in 2013 and was awarded the VACIT Behavioral Health Provider of the Year in 2020 as well as assist the Greater Prince William County CIT program be awarded the 2022 VACIT Program of the Year.

**Angela Garrett** is the Regional Geriatric Specialist and is part of the Geriatric Transition team at Mount Rogers Community Services Board.

**Annette Clark** is the Dementia and Geriatric Specialist at the Department of Behavioral Health and Developmental Services.

**Ashton Morse, LPC**, earned his Master's of Education in Community Counseling at the College of William and Mary. He holds a license as a Licensed Professional Counselor (LPC) in Virginia. Ashton has worked with Encompass Community Supports (formerly Rappahannock-Rapidan Community Services) in since September 2012. He worked in the field of crisis services for his entire career. He still works with ECS as the Director of Community Response which oversees the programs for emergency services, CIT, co-response, the overdose response unit, and mobile crisis.

**Becky Graser, MSW R-CPRS**, currently serves as the Middle Peninsula Northern Neck Community Services Board (MPNNBH) Program Coordinator of Recovery Services. Becky develops and manages peer run programs and budgets; directly and/or indirectly supervises all individuals employed by the Recovery Services; guides the agency and serves as consultant and advocate to the agency staff in establishing recovery-oriented best practices; and develops new programs and employment opportunities for people in recovery from Mental Health Substance Use Disorder challenges. Recovery Services of MPNN consist of two Peer Run Resource centers providing safe recovery environments for the communities they serve and its people; a supportive employment program, currently employing over 40 peers in recovery; offers many training and peer support opportunities. Becky earned her BS from Virginia Commonwealth University and a MSW from the University of New England. Most importantly, Becky is a person in long term recovery from substance abuse challenges, with a willingness to publicly acknowledge and share her personal experiences, and serve as a recovery role model for others in recovery by representing their needs in the agency through the lens of lived experience. Becky serves or has served on the Board of Directors of NAMI, VOCAL and DBHDS.



**Buzz Barnet, LCSW** served as the Director of Emergency Services at Region Ten Community Services for over twenty years before retiring in 2015. Buzz is a past chair of the Emergency Service Council.

**Cheryl St. John LPC, CSAC, CPSC**, is the Supervisor for the Virginia Beach Department of Human Services Emergency Services and the Crisis Management units. She has been employed with Virginia Beach Department of Human Services for 25 years, joining the City of Virginia Beach in 1998. She has over 30 years working in Human Services field, specializing in mental health and addiction, treating individuals with SMI and/or Co-Occurring disorders, providing Crisis Counseling, Crisis Intervention, and Crisis Stabilization in order to assist with their recovery so they can remain stable in their community. Mrs. St John is a current member of the Virginia Beach Crisis Intervention Team and became an instructor for VB CIT at its inception in 2008. As supervisor for Emergency Services, in conjunction with the VBDHS Leadership Team, Virginia Beach Police Department, and the Virginia Beach Crisis Intervention Team program, she implemented the Virginia Beach Mobile Co-Responder Team (MCRT). Mrs. St. John is a Licensed Professional Counselor, Certified Substance Abuse Counselor, and has been certified as a Preadmission Screening Clinician by the Virginia Department of Behavioral Health and Developmental Services since 2005. She earned her Bachelor of Science degree in Anthropology, from the College of Charleston in 1995, and earned her Master of Arts in Urban Education - Community Counseling at Norfolk State University in 2003. In 2013, she received additional training in Critical Incident Stress Management, and became registered as a clinical supervisor by the Virginia Board of Counseling, in order to assist with the professional growth of Residents in Counseling.

**Christine DuBois, CPRS**, currently serves as the Lead Peer Specialist at Rappahannock Area Community Services Board. Christine provides support, leadership, and professional development to the Peer Recovery Specialist Team, which includes 14 peer specialists including the support of 4 volunteers for Growing Recovery, a peer run organization that facilitates peer run support groups online. Christine assists in the interview process and training of new peer staff, monitors avenues of funding to advance the peer support team, and is working on the development of a PRS Internship program to assist peers who have completed the CPRS 72-hour training gain the hours and Supervision required for Certification. for the RACSB. Christine has been working in peer services since 2018 in several different capacities including Western Maryland Health Systems ED as part of an Opioid Overdose Response Team, serving as a peer recovery specialist in Women's Transition Recovery Housing Program, and several Community SA/MH services programs. In addition, Christine served as the National Technical Assistance Coordinator for the Peer Support Coalition of Florida. Her experience encompasses several states to include Maryland, West Virginia, Florida, and Virginia. Christine is a person in long-term recovery and willing to share her personal experience to serve as a recovery role model for others both for the RACSB and the Community. Christine serves as the liaison for RAPDS, a peer specialist network in community events to continue to reduce stigma and discrimination of MH and SA within our State.

**Curt Gleeson, LPC**, was the Director of Emergency Services at Region Ten from 2016 until he moved to DBHDS in 2023 where he currently serves as the Assistant Commissioner for Crisis Services. Curt is a past Chair of the Emergency Services Council.

**Christopher Barnes, LPC**, is the Director of Emergency Services at the Region Ten CSB.

**David B. Bice, JD, Special Justice, The Bice Law Group**, in 1989, was invited to serve as a Special Justice. Over the subsequent years to present, he has directed or participated on an annual basis as an instructor for Special Justices, first responders, and the local CSB. In addition, he has participated in a number of legislative "work groups" addressing a number of issues in the field of Mental Health. Most recently, he was privileged to work with an amazing group to rewrite what is now the current set of statutes governing mandatory outpatient treatment. In his free time, he is an avid sailor, cyclist, photographer and reader.

**Elisha Agee, PsyD**, is a forensic clinical psychologist and Assistant Professor of Psychiatry & Neurobehavioral Sciences at the Institute of Law, Psychiatry, & Public Policy within the UVA School of Medicine. As a clinician, she performs forensic evaluations (e.g., competency, sanity, violence risk, sexual offending) for state and federal courts in Virginia, West

Virginia, and Washington, D.C. She is also a primary clinical supervisor in the ILPPP postdoctoral fellowship programs. Her research interests include first episode psychosis, psychological trauma, violence risk, and law enforcement practices.

**Heather Zelle, JD, PhD**, is an Associate Professor of Research with the UVa Department of Public Health Sciences and the Associate Director of Mental Health Policy Research at the UVa Institute of Law, Psychiatry, and Public Policy. She holds a juris doctorate from Villanova University School of Law, and a doctorate in clinical psychology with a forensic concentration from Drexel University. She is licensed as an attorney in Pennsylvania (voluntary inactive status) and as a clinical psychologist in Virginia. Dr. Zelle's current policy and research work focus on the public mental health system and mental health policy in Virginia. She serves on state work groups studying topics such as involuntary civil commitment procedures and behavioral health dockets in Virginia courts. Most recently, Dr. Zelle has collaborated with state legislators in drafting bills to amend existing and create new state outpatient commitment statutes. Dr. Zelle led the Virginia Advance Directive with Instructions for Mental Health Care implementation project from September 2012 to June 2020 and is the primary author of its Virginia Department of Health-approved facilitator certification training program. She continues to work on Advance Directive implementation in collaboration with Honoring Choices Virginia. She has co-authored several publications, including chapters in University and Public Behavioral Health Organization Collaboration in Justice Contexts; Routledge Encyclopedia of Psychology in the Real World: Psychology and Law; Forensic Assessment in Criminal and Civil Law: A Handbook for Lawyers; Advances in Psychology and Law; and Oxford Handbook of Public Health Ethics.

**Heather Baxter, EdS, LPC**, is the Behavioral Health Program Manager for Emergency Services in Prince William County. She manages operations for discharge planning, emergency services, co-responder, and the crisis assessment center. Heather currently serves as the outgoing Chair of the VACSB Emergency Services Council and is the lead in Prince William County for the roll out of the Marcus Alert initiative. Heather is a licensed professional counselor with 14 years of experience managing inpatient psychiatric facilities and 24/7 response programs. She is a crisis intervention team trainer and serves an active role in training law enforcement within Greater Prince William County.

**Heather Jewell, LPC**, is a Licensed Professional Counselor and Supervisor in Virginia and has experience in a variety of mental health services including in-home therapeutic services, therapeutic day treatment, and has been a Certified Prescreener for over 10 years. She currently serves as the Program Director for Community Based Crisis Services at Highlands Community Services which includes Emergency Services, CITAC, and Co-Response programs. She has been with HCS for nearly 12 years and has worked with a wide range of populations, including children, adolescents, and college age students, developed programming for teens/underprivileged students, provided crisis counseling for rape crisis victims and victims of domestic violence, and now works with all ages and backgrounds who are experiencing a serious mental health crisis. She is certified as a trainer for Crisis Intervention Training (CIT), has received training in Critical Incident Stress Management (CISM) training, Eye Movement Desensitization and Reprocessing (EMDR) training, and as a Rape Crisis/Domestic violence advocate. Her passion is working with those who have experienced trauma and creating a safe space for them to grow and heal.

**Jill Anderson, LPC** is the Emergency and Acute Program Director at New River Valley Community Services.

**Jim Kochany, QMHP-A, R-CPRS, CFSP, CCHW, I-FPRS, Recovery Ally, DBHDS PRS Certified Trainer, APPR training facilitator, Community Inclusion Specialist, Henrico Area Mental Health & Developmental Services**, provides resources, education, and support to the greater Richmond community on the recovery-based practice of community inclusion/integration.

EXPERIENCE - Assertive Community Treatment - R-CPRS - HAMHDS - 2016 - 2021  
Community Inclusion Specialist - HAMHDS - 2021 - present  
Hanover Community Services Board - Clinical Care Coordination - 2017  
NAMI CVA - Peer 2 Peer facilitator

DBHDS PRS Certified Trainer 2015 - present  
Hope Renewal - Lead Facilitator - Faith Based Support Group

AWARDS - NAMI VIRGINIA Spirit of Recovery Appreciation Award 2022  
DBHDS/VCU School of Rehabilitation Recovery Leadership Academy graduate 2022  
RBHA Region 4 Mentorship Program 2021 - present

PUBLICATIONS - Virginia Peer Recovery Specialist Network - Peer into Recovery - Community Inclusion with Jim Kochany;  
<https://virginiapeerspecialistnetwork.org/episode-14-community-inclusion-with-jim-kochany/>

**John Konkell, LPC**, began working with the Eastern Shore CSB in July 2013, and became the Coordinator of the Crisis Intervention Team (CIT) in March 2015. CIT was a new program that the ESCSB was bringing to the Eastern Shore, and CIT involved building partnerships between multiple agencies in our rural community to bring a fully operational CIT program to our area. In July 2016, John began serving as the Coordinator for Emergency Services, our 24/7 crisis response team, and continues to serve both programs as the Coordinator for both Emergency Services and CIT. More than 300 first responders, dispatchers and law enforcement officers have been trained in CIT on the Eastern Shore through our local CIT program. In July 2019, John had the privilege of joining the VACIT Board of Directors and continues to serve in this role. Prior to joining the ESCSB team, John was the Eastern Shore Site Director for the National Counseling Group from 2008 to 2013. John and his team earned various Site awards during his tenure with NCG, and he was recognized as the 2010 Business Person of the Year by the Northampton County Chamber of Commerce. John graduated from Liberty University with a Masters in Professional Counseling, and passed Virginia's licensure exam to become a Licensed Professional Counselor (LPC) in May 2016. John's volunteer roles in the community have included serving as past President of the Eastern Shore Christian Businessmen's Association, and coaching baseball and softball teams at the local Little League. John and his wife Laurie are the proud parents of five children, grandparents of one grandson, and hoping for many more to come.

**Kim Woodlee** is the director of Crisis Management Services at Mount Rogers Community Services.

**Libbie Roberts, CPRS**, is a dedicated mental health advocate and Certified Peer Recovery Specialist (CPRS). With six years of personal experience in recovery, Libbie is passionate about supporting others on their journey to wellness. Currently employed by Chesterfield County Mental Health, Libbie works tirelessly to provide compassionate care and guidance to those in need. As a board member of the Where You're At Foundation and 2 End the Stigma, Libbie is committed to raising awareness and breaking down barriers surrounding mental health. Through her advocacy and lived experience, Libbie strives to create a more supportive and understanding community for individuals facing mental health challenges.

**Melissa L. Lucy, LPC, QMHP** is currently the Chief Executive Officer at Horizon Behavioral Health with 25 years of experience in community behavioral health and 19 years in leadership roles. She has dedicated her career to helping children and adults overcome their life challenges with compassion, professional guidance, and caring support. Her experience as a leader and direct service provider includes program development, evaluation, strategic planning and oversight of a portfolio of services that includes emergency mental health, forensic services, psychiatric services, primary care, and youth and family behavioral health services. Today, Melissa leads her team in making Horizon Behavioral Health a leader in the field of Behavioral Health. Mrs. Lucy has presented at the International Crisis Intervention Conference in Florida, on the Crisis Intervention Program established at Horizon Behavioral Health. Mrs. Lucy was instrumental in the establishment of this program in the Central Virginia area at Horizon Behavioral Health.

**Sharon Kelly, Ph.D.**, is a clinical psychologist and Research Associate at the University of Virginia, Institute of Law, Psychiatry, and Public Policy. She focuses her research and publications on forensic evaluation and offenders' legal competencies

**Shirley Fallin, RPRS, iFPRS**, serves as the Recovery Response Team Lead at Middle Peninsula-Northern Neck Behavioral Health, overseeing a Community Outreach Specialists team. In her role, Shirley is deeply committed to cultivating relationships with emergency responders, law enforcement agencies, healthcare professionals, and other stakeholders

involved in addressing substance use and mental health issues within the community. Shirley's primary focus is on engaging with individuals at high risk or in difficult situations who are not currently receiving treatment. Through collaborative efforts with Community Outreach Specialists, she works tirelessly to establish and maintain connections with first responders and community stakeholders. By employing recovery-oriented techniques, Shirley introduces these entities to Certified Peer Recovery Specialists, individuals with personal experience in addiction and/or mental health recovery who can effectively engage those in need and demonstrate that recovery is attainable. Beyond her professional responsibilities, Shirley serves as a beacon of hope within the community, illustrating through her own journey that overcoming addiction and trauma-induced mental health challenges is possible with the support of healthy values and connections. Her leadership is instrumental in dismantling the stigma surrounding substance use and mental health illness while fostering understanding and acceptance of recovery. Under Shirley's guidance, successful employment programs are in place to assist individuals returning from correctional settings, those currently on probation, or individuals seeking to reintegrate into the workforce. Through these initiatives, Shirley and her team offer opportunities for individuals facing substance use and mental health challenges to access recovery-oriented training, employment opportunities, and peer support. Shirley's unwavering dedication to nurturing relationships and advocating for recovery within the community plays a pivotal role in addressing the substance use and mental health crisis. Her commitment to empowerment and advocacy creates a supportive environment where individuals can thrive on their journey towards wellness and stability.

**Tracy Robinson, LPC**, is a Licensed Professional Counselor who received her MS degree in Counseling in 2015. She has 18 years of experience working in the mental health field. Angela Garrett has worked in the mental health field with geriatrics for over 29 years and specializes in Positive Approach to Care, Kim Woodlee is a Licensed Clinical Social Worker with over 25 years of experience working with individuals with mental illness and substance use disorders in both inpatient and outpatient settings, Annette Clark, has her MS degree in Gerontology and has worked with individuals living with dementia for 39 years.



# Notes

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## How will you respond to Virginia's youth mental health crisis?

**38%**

of youth in Virginia felt sad or hopeless for extended periods

The Commonwealth ranks **48th out of 51** for youth mental health, indicating heightened risks & lower accessibility of care.

**1 in 5**

youth in Virginia seriously considered suicide

**The Youth Mental Health Corps is a multi-sector partnership to address the youth mental health crisis & the mental health workforce shortage.**

In Virginia, the Youth Mental Health Corps will partner with interested agencies and organizations to use a near-peer model to engage young adults in local AmeriCorps service opportunities to support youth. Corps members will complete credentials to prepare them for careers in behavioral healthcare, creating expanded mental health services for youth.

**Learn more at [ServeVirginia.org/Mental-Health](https://ServeVirginia.org/Mental-Health)**



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#### Residential Treatment

We offer short- and long-term psychiatric residential treatment services for children and adolescents between the ages of 9 and 17. We provide gender-specific, structured care in a nurturing environment. Our programs can address sexualized behaviors and emotional, behavioral and psychiatric disorders.

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Cognitive and coping skills related to anger management and pro-social skills are taught in this program. Program features include a trauma-informed, structured environment with mental health and substance use tracks. We provide biopsychosocial and psychiatric evaluations, group, individual and family therapy, and use an ASAM-based medical model to promote stability.

#### Intensive Outpatient (Half-day program)

This program is designed to bridge the gap between inpatient and traditional outpatient therapy. Patients can address mental health or substance use/addiction issues during structured treatment sessions. Program features include assessment, treatment planning and group therapy.

[NorthSpringLeesburg.com](http://NorthSpringLeesburg.com)

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