

Resources for Mental Health Awareness May 2019

➤ May is National Mental Health Awareness Month

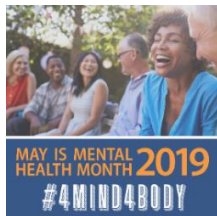
➤ May 6th is National Children's Mental Health Awareness Day

➤ May 5th-11th is Children's Mental Health Awareness Week

➤ May 20th is National Older Adult Mental Health Awareness Day

Mental Health America of Virginia:

<http://www.mentalhealthamerica.net/may>



NAMI:

Mental Health Month - <https://www.nami.org/Get-Involved/Raise-Awareness/Awareness-Events/Mental-Health-Month>

NAMI Virginia:

<https://namivirginia.org/events/mhm/>

Virginia Department of Behavioral Health and Developmental Services:

Children's Mental Health Awareness - (<http://dbhds.virginia.gov/developmental-services/children-and-families/childrens-mental-health-awareness-month>).

SAMSHA:

Children's Mental Health Awareness - <https://www.samhsa.gov/childrens-awareness-day/event-8>



National Older Adult Mental Health Awareness Day - <https://acl.gov/news-and-events/announcements/may-20-national-older-adult-mental-health-awareness-day>

The following is a list of CBSs that are holding events for Mental Health Awareness Month / Children’s Mental Health Awareness Week. Check the CSB website for more details:

CSB Hosting the Event	City/Town
Goochland Powhatan CSB	Powhatan
Region Ten CSB / Greene County CSA	Stanardsville
Region Ten Community Services Board	Charlottesville, VA
Blue Ridge Behavioral Healthcare	Roanoke
Mount Rogers CSB	Galax
Mount Rogers CSB	Wytheville
Fairfax CSB-Wrap Fairfax	Fairfax
Portsmouth Department of Behavioral Healthcare Services	Portsmouth
Arlington CSB	Arlington
Hampton-Newport News CSB	Hampton Virginia
Northwestern Community Services Board	Front Royal
Eastern Shore CSB	Parksley
New River Valley Community Services	Knowledge is power; Event at each CSB throughout Region 3.
Mount Rogers CSB	Mental Health Awareness
Rappahannock Rapidan Community Services	RRCS Children's Mental Health Awareness
Fairfax Falls Church CSB	Open House and Resource Fair