



Virginia Association Of
Community Services Boards, Inc.

— *Making a Difference Together* —

2019 Training & Development
Conference

***Together: Enhancing
Services, Impacting Lives***



Williamsburg Lodge
May 1 - 3, 2019

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You've Come to the Right Place!

On behalf of the Board of Directors and the VACSB staff, welcome to the VACSB 2019 Development and Training Conference, ***Together: Enhancing Services, Impacting Lives***. Our conference theme reflects the recognition that we cannot face today's challenges nor rise to meet opportunities unless we work closely with one another. Thank you for joining us in Williamsburg to learn, network and hopefully draw inspiration from our numerous and varied conference offerings. If this is your first VACSB conference, I extend a special welcome and hope you will join us at future conferences.



Bill Brenzovich, VACSB Chair

Our conference opens on Wednesday with a buffet luncheon and remarks from Rodney Wambeam, Ph.D. Dr. Wambeam's presentation will focus on the history and culture of alcohol in America and what it means for prevention. Following Dr. Wambeam are afternoon workshops on topics ranging from resilience and recovery to developmental services and evidence-based practices. After the workshops we invite you to join us at our Welcome Reception.

On Thursday morning, we will open with one of the highlights of the conference, the State of the State Panel. This year, we are honored to have Daniel Carey, MD, Secretary of Health & Human Resources, S. Hughes Melton, MD, MBA, FAAFP, FABAM, Commissioner, Department of Behavioral Health & Developmental Services and Jennifer Lee, MD, Director, Department of Medical Assistance Services as panelists. They will provide their impressions related to joint successes and what is on the horizon for behavioral health and developmental disability services. Following the panel, we will have breakout sessions on leadership, motivational interviewing, resilience, and many other topics.

At lunch on Thursday, we will be treated to a humorous and motivational keynote address from Jim Harris entitled "Are You Happy and Do You Know It?" Lunch will be followed by VACSB Council meetings and the Executive Directors Forum. We'll end the day with a Networking Reception so be sure to come and debrief with your colleagues.

I extend my thanks to our speakers and those involved with the planning of these training sessions. A special thank you to the CSB/BHA, DBHDS and DMAS staff participating in workshops and providing support.

On Friday morning during the combined VACSB Business/Board of Directors meeting, members will receive the most current reports on information and issues relevant to the Association.

It has been my honor to serve as Chair of this outstanding organization and I recognize that its strength is due to the devotion and enthusiasm of its members. I applaud your accomplishments and I know that individuals challenged with behavioral health conditions and developmental disabilities are living better lives with your assistance. Thank you for attending and for supporting the VACSB.

Bill Brenzovich, VACSB Chair

Conference Notes & Information

Name Badges

The VACSB and the hotel request that conference attendees wear name badges during all VACSB functions for security and identification purposes. For Thursday's luncheon, vegetarian and gluten free tickets are inserted in the name badges per registrations received. Please check with the registration desk if you need a ticket. Onsite requests for a vegetarian or gluten free meal will be provided based on availability.

Visit and Thank the Exhibitors and Sponsors

Exhibitors and sponsors support VACSB conferences. We encourage you to visit and thank them for their participation.

Session Handouts on VACSB Website

Handouts and presentations will be posted on the VACSB website as permitted and shared by the presenters. Please check with the presenter to see if the session handouts will be available online before requesting additional paper handouts be printed/mailed to attendees.

Session Seating

Scheduling rooms for sessions is one of the most difficult of all conference tasks. We do our best to schedule topics, rooms, and presenters in ways to maximize conference space. There may be occasions when sessions draw many more participants than expected. In those instances, please be patient about the seating and/or consider another concurrent session. For sessions in which you are particularly interested, we strongly suggest you arrive as early as possible.

Go Green VACSB!

Please recycle nametags and other paper at the VACSB Registration Desk. Recycle bins will also be available for water bottles and cans. Let's reduce the VACSB footprint as best we can!

Contact Hours

DBHDS is sponsoring contact hours for attendance at workshops, general sessions and luncheons. Certificates will be available at the registration desk at the end of the day on Wednesday and Thursday with a combined certificate available Thursday afternoon. Certificates will not be available on Friday.

Conference Schedule at A Glance

Tuesday, April 30, 2019

- 4:00 pm – 7:00 pm
- Registration Open - Optional Check-In
 - Exhibitor Setup

Virginia Foyer

Wednesday, May 1, 2019

8:30 am – 5:00 pm Registration and Exhibits Open (*Breakfast on Own*)

Virginia Foyer

Virginia Room E-F

11:00 am – 1:15pm Opening Session

- Welcome to Williamsburg: The Honorable Paul Freiling, Mayor, City of Williamsburg
- **Buffet Luncheon and Keynote Speaker**
- **There Has Always Been Drinking in America: Alcohol, History, Culture, and What It All Means for Prevention**, presented by Rodney Wambeam, Ph.D., Senior Research Scientist at the Wyoming Survey & Analysis Center (WYSAC) of the University of Wyoming (UW).

1:30 pm – 3:00 pm Conference Workshops (Concurrent)

Room:	Room:	Room:	Room:	Room:	Room:	Room:
Allegheny BC	Virginia AB	Virginia C	Piedmont AB	Tidewater AB	Piedmont C	Colony D
Building on What is Strong, Not What is Wrong: What can Resilience Planning Look Like?	The Art of Prevention: How to Access Resources, Leverage Funding, Build Relationships and Motivate Leaders <i>*Great for Board Members</i>	Recovery Has A New Home	Suicide Prevention for Military Service Members, Veterans, and Families (SMVF)– Strategies for your Community	The Paradigm Shift in Home & Community-Based Services	Opioids, Methamphetamines, Co-occurring Disorders; trends and evidence-based treatments. <i>*Great for Board Members</i>	Critical Incident Reporting & Root Cause Analysis

3:00 pm – 3:30 pm Exhibit Center and Refreshment Break

Virginia Foyer

3:30 pm – 5:00 pm Conference Workshops (Concurrent)

Room:	Room:	Room:	Room:	Room:	Room:	Room:
Allegheny BC	Piedmont C	Piedmont AB	Virginia C	Tidewater AB	Colony D	Virginia AB
Building on What is Strong, Not What is Wrong: What can Resilience Planning Look Like?	Evidence Based Practice Implementation: Virginia in a national context of systems transformation	Military Cultural Competency and STEP VA	Community Care Network of Virginia, Services & Successes in Contracting Medicaid Managed Care Companies	Stigma & Racial Disparities in Substance Use Disorder	From Providing Services, to Supporting Real Lives	What Can We Adults Possibly Do to Change Community Norms? An Environmental Approach to Preventing Youth Substance Use and Misuse <i>*Great for Board Members</i>

5:00 pm – 6:00 pm Welcome Reception

Virginia Lawn

Complimentary hors d'oeuvres and non-alcoholic beverages, cash bar

Thursday, May 2, 2019

7:30 am – 5:00 pm Registration and Exhibits Open Virginia Foyer
 8:00 am – 8:45 am CSB/BHA Board Member Networking Breakfast Virginia A
 8:00 am – 9:00 am Continental Breakfast and Exhibit Center Virginia Foyer
 9:00 am – 10:45 am State of the State Panel Presentation Virginia Room E-F

11:00 am – 12:30 pm Conference Workshops (Concurrent)

Room:	Room:	Room:	Room:	Room:	Room:	Room:
Piedmont AB	Tidewater AB	Virginia AB	Colony D	Tidewater CD	Virginia C	Allegheny BC
Leading with Hope & Optimism in Challenging Situations <small>*Great for Board Members</small>	Motivational Interviewing Capacity Building: A Partnership between Mount Rogers Community Services and Central East ATTC	Building A Future Workforce	The Real in Resilience/Trauma Informed Care for Adolescents	Challenging Up the Organization: Ethical, Character-Driven Leadership <small>*Great for Board Members</small>	What the DOJ?	Cyber Security & Current CSB Finance Issues

12:30 pm – 2:15 pm Conference Luncheon Virginia Room E-F
 • *Are You Happy & Do You Know It: Stress, Happiness & Effectiveness*
 presented by Jim Harris, MSW, EdD

2:30 pm – 5:00 pm CSB Board Member Session: Leading to Make A Difference: Ethical, Character-Driven Leadership by Richard Ayers Tidewater CD

2:30 pm – 5:00 pm Group Meetings

Room:	Room:	Room:	Room:	Room:	Room:	Room:	Room:
Virginia C	Allegheny BC	Allegheny A	Colony D	Piedmont AB	Tidewater AB	Colony E	Virginia AB
Executive Directors Forum	Mental Health & Substance Use Disorders Services Councils	Developmental Services Council	Child/Family Services Council	Emergency Services Council	Prevention Services Council	Quality Leadership Subcommittee	HR Leadership Subcommittee
3:15 pm	Refreshment Break and Exhibit Center – refreshments available 3:15 pm – 3:45 pm						Finance Leadership Subcommittee
5:00 pm – 6:00 pm	Networking Reception – Heavy hors d'oeuvres, cash bar SPONSORED BY C.A.S.E						Virginia Foyer

Friday, May 3, 2019

8:00 am – 11:00 am Registration Open Virginia Foyer
 8:00 am – 9:00 am Buffet Breakfast
 9:00 am VACSB Business Meeting/Board of Directors Combined Meeting Colony DE

Exhibitors & Sponsors

The VACSB thanks our generous Sponsors and Exhibitors for their support of our 2019 Training & Development Conference. Please be sure to visit our Exhibit area to learn how their products and services may be of benefit to you.

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Focus Professional Services, Inc.	Genoa Healthcare	Iris Telehealth	Lauris Online	Mental Health America of Virginia
National Counseling Group	PharmBlue	Pinnacle Health Informatics	Stetson School Inc., An Affiliate of Seven Hills Foundation	TeleQuality Communications
Therap Services	United & Empowered Care	VCU Project ECHO	Wall Residences, Inc	Westwood Pharmacy

Keynote Speakers

Opening Session: Wednesday, May 1, 2019

12:00 pm

Luncheon Presentation

There Has Always Been Drinking in America: Alcohol; History, Culture and what it all means for Prevention: presented by Rodney Wambeam, Ph.D., Senior Research Scientist, Wyoming Survey & Analysis Center.

Rodney Wambeam, Ph.D. is a Senior Research Scientist at the Wyoming Survey & Analysis Center (WYSAC) of the University of Wyoming (UW). He is also an adjunct professor in the Department of Political Science at UW. Dr. Wambeam completed his Ph.D. at the University of Nebraska in 1999 and served as policy advisor to Nebraska Governor Ben Nelson. He was Director of the Evaluation Research Department at the Nebraska Council to Prevent Alcohol and Drug Abuse before moving home to Wyoming in 2002. At WYSAC, Dr. Wambeam oversees numerous prevention research projects. He was principle investigator of Wyoming's 21st Century State Incentive Grant and Strategic Prevention Framework State Incentive Grant evaluations and Oregon's Strategic Prevention Framework State Incentive Grant evaluation. He is currently principle investigator of Wyoming's Federal Prevention Block Grant evaluation, Wyoming's Partnerships for Success evaluation, Oregon's Partnerships for Success evaluation, and numerous other state and local research projects. His new book "The Community Needs Assessment Workbook" from Oxford University Press came out in 2015.



Thursday, May 2, 2019

12:30 – 2:15

Luncheon Presentation

Are You Happy & Do You Know It? – Stress, Happiness & Effectiveness, presented by Jim Harris, MSW, EdD, Owner, Opportunities Consulting Services.

Dr. Jim Harris is the owner of Opportunities Consulting Services and the Associate Director of the West Virginia Autism Training Center at Marshall University. He has had several roles in the health and human services field throughout his career as an early interventionist, parent educator, educational consultant, university professor, and behavioral health therapist. Dr. Harris has presented at a variety of conferences from the local to the international levels on such topics as behavioral intervention, parenting, positive behavior support, trauma-informed care, organizational change, and many more. He is the creator of "10 Things You Need to Know About Kids", an audio program that helps parents and teachers be more effective in their work with children. He has also worked with a variety of public and private entities including the Fred Rogers Company, United States Department of Education, the United States Department of Justice, and many more.

Conference Schedule

Tuesday, April 30, 2019

4:00 pm – 7:00 pm	Registration Open (<i>Optional Check-in</i>) Exhibitor Setup	Virginia Foyer
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Wednesday, May 1, 2019

8:30 am – 5:00 pm	Registration and Exhibits Open (<i>Breakfast on Own</i>)	Virginia Foyer
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11:00 am – 1:15 pm	<p>Opening Session and Buffet Luncheon</p> <ul style="list-style-type: none"> • Welcome to Williamsburg: The Honorable Paul Freiling., Mayor, City of Williamsburg • There Has Always Been Drinking in America: Alcohol, History, Culture, and What It All Means for Prevention, presented by keynote speaker Rodney Wambeam, Ph.D., Senior Research Scientist at the Wyoming Survey & Analysis Center (WYSAC) of the University of Wyoming (UW). 	Virginia Room E-F
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1:30 pm – 3:00 pm	Conference Workshops (Concurrent)	
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Building on What is Strong, Not What is Wrong: What can Resilience Planning Look Like?

ROOM: Allegheny BC

Repeated at 3:30

Presented by:

- Dr. Allison Jackson, LCSW, CDTLF

70% of adults in the U.S. - 223.4 million people - have experienced some type of traumatic event at least once in their lives. Adverse Childhood Studies show that many of these traumas occur before age 18 and result in disrupted brain development, adoption of at-risk health behaviors, and increase the risk for disease, disability, social problems, and physical and mental illness in children and adults. The Center for Disease Control recognizes that this epidemic requires a public health response at a national, state, and local level. What happens after we become aware of ACEs and not just ACEs, but how a broad range of adversities in life (including abuse, neglect, household challenges, community violence, lack of access to resources, and historical oppression) impact our individual and community health? What are things we can do? This breakout session will review one educational tool that supports adults and older youth in understanding the concepts of trauma, resilience and thriving and how they all impact their health. This tool then offers individuals to engage in discussing: Their resilience skills; learn about some types of adversity and resilience skills that often need strengthening when these adversities are experienced, select Resilience Skills they want to build and create a plan for resilience that natural and professional supports in their life can be given to help support their goals and skill development.

Additionally, the workshop will discuss a recent implementation of this tool into Health Safety Net Systems in Virginia via an **Adult Resilience Card Deck** and work with Walla Walla Washington.

Session Objectives:

1. Participants will be able to verbalize one definition of trauma and resilience to utilize in client and peer education
2. Participants will be able to verbalize interview and storytelling process for gathering youth/family/adult resilience skills from a client who agrees to engage in this Adversity and Resilience Interview Process
3. Participants will be able to draw a behavior wheel and verbalize how this technique can be utilized in client/peer education for developing replacement coping health behaviors

The Art of Prevention: How to Access Resources, Leverage Funding, Build Relationships and Motivate Leaders

ROOM: Virginia AB

Presented by:

- Rodney Wambeam, Ph.D.

This workshop explores the struggle of local prevention coordinators and coalitions to affect meaningful change through organizational and human relationships. Prevention leans heavily on science to measure needs, identify strategies, and evaluate efforts; but there also exists an intangible side to prevention that involves inspiring the right people at the right time in the right place. In this workshop, participants work together to detail the skills necessary to fill the spaces between prevention science and to turn plans into reality.

Session Objectives:

1. To learn the history of Alcohol use and misuse in America
2. To learn how prevention has changed throughout American History
3. To learn what can be done today to change culture and prevention alcohol abuse and misuse

Recovery Has A New Home

ROOM: Virginia C

Presented by:

- Becky Graser, MSW, RPRS, Coordinator, Recovery Services, MPNN CSB
- Chris Alderman, 401 Peer Center Supervisor, New River Valley CSB

- Raymond Barnes, Peer Support Program Administrator, Norfolk CSB
- David Cash, CPRS, BS, Peer Resource Center Coordinator, Northwestern CSB

In the spring of 2018, the DBHDS Office of Recovery Services awarded three CSBs with grants to develop new peer-run resource centers modeled after the Middle Peninsula Northern Neck CSB's 84 Main Peer Recovery Center in Warsaw, Virginia. The chosen sites were Norfolk, New River Valley and Northwestern. These locations were selected because peer centers were not yet in place, while significant rates of addiction and overdose were in evidence. Our broad goal is to assist those in recovery to build upon their connection to the community and enhance their own 'recovery capital'. Peer run recovery centers established under the umbrella of a CSB are uniquely positioned to facilitate those connections between the local recovery community and individuals receiving services from the agency. After nearly a decade of experience helping to fill this gap, the 84 Main Peer Recovery Center was selected as a model for future sites to be developed within the CSB structure. During this moderated workshop representatives from each of the three program sites will share their vision, the challenges they encountered, and the milestones they achieved during the past year. A brief panel discussion, following the presentations, provides participants an opportunity to exchange ideas and discuss experiences with establishing peer run recovery centers.

Session Objectives:

1. Educate how Peer Recovery Centers are instrumental in helping CSBs to develop and create stronger, more effective recovery-oriented systems of care by providing a necessary resource that is responsive to the needs of individuals and families seeking recovery services and how these centers engage and retain people seeking recovery
2. Raise awareness of how Peer Recovery Centers help individuals build recovery capital at the community level by providing advocacy training, recovery information and resource mobilization
3. Demonstrate the importance of Peer Recovery Centers in recruitment and training of a strong, high quality, Peer Support workforce to help CSBs with the increasing demands of filling Peer Support positions throughout their agencies

Suicide Prevention for Military Service Members, Veterans, and Families (SMVF)– Strategies for your Community

ROOM: Piedmont AB

Presentation & Panel Outline:

- Moderator, Brandi Jancaitis, MPH, Military & Veterans Affairs Manager, DBHDS
- (15 min) Suicide Decedent Data Overview - Alex Jansson MPP, Program Manager, Virginia Dept. of Health
- (30 min) Mayor's and Governor's Suicide Prevention Challenge Overview and Best Practices, John Lindstrom, Ph.D., LCP, Chief Executive Officer, RBHA
- (30 min) Lock and Talk Communities and Lethal Means Safety - Laura Pond LCSW, Suicide Prevention Coordinator, McGuire VA Medical Center and Nicole Gore, Suicide Prevention Coordinator, DBHDS
- (15 min) Q&A

Suicide was the 10th leading cause of death in the U.S. in 2016. Veterans accounted for approximately 22 percent of the deaths. Nationwide, 6,000+ Veterans died by suicide each year from 2008-2016. In Virginia, we've lost more than 3,000 veterans to suicide since 2003. 2016 suicide rates in Virginia were the highest yet. This session highlights best practices to prevent suicide among Military Service Members, Veterans, and Families (SMVF). The session will cover best practices and resources from the Richmond Mayor's and Governor's Suicide Prevention Challenge teams and federal, state, and local partners.

Session Objectives:

1. Discuss the prevalence and characteristics of suicide among SMVF according to federal and State data sources
2. Identify best practices to enhance behavioral health services for SMVF in community settings
3. Describe key resources for SMVF from Veterans Health Administration, Department of Defense and Department of Veterans Services

The Paradigm Shift in Home & Community-Based Services

ROOM: Tidewater AB

Presented by:

- Teri Morgan, MBA/HCM, Developmental Disabilities Program Manager, Department of Medical Assistance Services

The Centers for Medicare and Medicaid Services (CMS) promulgated regulations related to Home and Community Based Settings (HCBS) in the context of states' DD Waivers. This required each state to submit a Statewide Transition Plan for coming into compliance with the new regulations and then to demonstrate compliance by March 2022. Settings in the DD Waiver context include group homes, supported living, sponsored residential, group day and group supported employment. CMS' objective is to ensure that individuals receiving services and supports through Medicaid's HCBS programs have full access to the benefits of community living and are able to receive services in the most integrated setting. Participants in this workshop will hear more about the status of provider self-assessments and other important benchmarks for Virginia's compliance in Virginia's Statewide Transition Plan (STP) as well as about strategies for compliance.

Session Objectives:

1. Understand why the CMS HCBS settings regulations are important and how they modernize HCBS
2. Understand Virginia's Statewide Transition Plan (STP) goals and timeline
3. Understand STP next steps and validating settings compliance

Opioids, Methamphetamines, Co-occurring Disorders; trends and evidence-based treatments

ROOM: Piedmont C

Presented by:

- Michael Fox, D.O, VCU Health

This workshop will provide a generalized overview of opioids and methamphetamines and discuss present treatment modalities. It will also explore co-occurring disorders and recent trends, evidenced based treatments and recent data on the subject from the VA Department of Health.

Session Objectives:

1. Learn about the definitions associated with the three title topics
2. Learn about the trends of each in Virginia
3. Learn about evidence-based treatments associated with the three title topics

Critical Incident Reporting & Root Cause Analysis

ROOM: Colony D

Presented by:

- Dev Nair, Assistant Commissioner of Quality Management & Development, DBHDS
- Jae Benz, Director, Office of Licensing DBHDS
- Emily Bowles, JD - Licensing Legal and Regulatory Manager, DBHDS

Review recent regulatory changes/requirements for licensed providers to report serious incidents and conduct root cause analyses; the workshop will address any specific regulatory requirements as well as best practices. Specific scenarios will be discussed.

Session Objectives:

1. Understand what qualifies as a serious incident and the guidelines for reporting;
2. Understand additional requirements for RCA including all required components
3. Understand expectations about incorporating the findings of RCAs into the provider's overall Risk Management/Quality Improvement processes

3:00 pm – 3:30 pm

Exhibit Center and Refreshment Break

Virginia Foyer

3:30 pm – 5:00 pm

Conference Workshops (Concurrent)

Building on What is Strong, Not What is Wrong: What can Resilience Planning Look Like?

ROOM: Allegheny BC

Presented by:

- Dr. Allison Jackson, LCSW, CDTLF

70% of adults in the U.S. - 223.4 million people - have experienced some type of traumatic event at least once in their lives. Adverse Childhood Studies show that many of these traumas occur before age 18 and result in disrupted brain development, adoption of at-risk health behaviors, and increase the risk for disease, disability, social problems, and physical and mental illness in children and adults. The Center for Disease Control recognizes that this epidemic requires a public health response at a national, state, and local level. What happens after we become aware of ACEs, and not just ACEs, but how a broad range of adversities in life (including abuse, neglect, household challenges, community violence, lack of access to resources, and historical oppression) impact our individual and community health? What are things we can do? This breakout session will review one educational tool that supports adults and older youth in understanding the concepts of trauma, resilience and thriving and how they all impact their health. This tool then offers individuals to engage in discussing: Their resilience skills; learn about some types of adversity and resilience skills that often need strengthening when these adversities are experienced, select Resilience Skills they want to build and create a plan for resilience that natural and professional supports in their life can be given to help support their goals and skill development.

Additionally, the workshop will discuss a recent implementation of this tool into Health Safety Net Systems in Virginia via an **Adult Resilience Card Deck** and work with Walla Walla Washington.

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3. Participants will be able to draw a behavior wheel and verbalize how this technique can be utilized in client/peer education for developing replacement coping health behaviors

Evidence Based Practice Implementation: Virginia in a national context of systems transformation

ROOM: Piedmont C

Presented by:

- Alyssa M. Ward, Ph.D., LCP Behavioral Health Division Director, DMAS
- Michael A. Southam-Gerow, Professor & Chair, Virginia Commonwealth University

This workshop will provide an overview of examples of state-wide evidence-based practice (EBP) implementation efforts. The workshop will further discuss current systems redesign/transformation efforts here in the Commonwealth that involve EBPs, including the behavioral health redesign proposal for the Medicaid-funded delivery system and the Family First Prevention Services Act implementation. This workshop will provide discussion and commentary on typical challenges and opportunities that come with large-scale EBP implementation efforts, as well as some discussion about sustainability.

Session Objectives:

1. Participants will be able to describe two other state examples of EBP implementations that may inform the current redesign efforts in Virginia
2. Participants will be able to identify the integrated principles and modalities in the proposed behavioral health redesign for the VA Medicaid delivery system
3. Participants will be able to identify 4 proposed changes to the current service delivery system to be addressed through redesign
4. Participants will be able to name the EBPs relevant to the Family First Prevention Services Act implementation in Virginia that have been identified to this point in time
5. Participants will be able to name one opportunity and one challenge associated with large-scale evidence-based implementation efforts

Military Cultural Competency and STEP VA

ROOM: Piedmont AB

Presentation & Panel Outline:

- Moderator: John Lindstrom, Ph.D., LCP, Chief Executive Officer, RBHA
- (1hr) Introduction to Military Culture - Carol Berg - Dept. of Veterans Services (DVS) Virginia Veteran and Family Support Program Director
- (30min) SMVF Resource Panel and Q&A - Carol Berg - DVS, Laura Pond-McGuire VA Medical Center, Brandi Jancaitis-DBHDS, and Nicole Gore - DBHDS

Virginia has the 8th largest veteran population (approximately 725,000 of our citizens) and 4th largest Active Duty population in the Nation (approximately 84,000 of our citizens). In addition, the Virginia National Guard (Army and Air components) includes approximately 9,000 Service Members. Military-connected individuals (including family members, caregivers and loved ones) are an important part of all our communities. Of the 19.9 million Veterans in the U.S., only 30 percent use Veterans Health Administration (VHA) services for healthcare so many are in the community settings for health and behavioral healthcare. However, many community (non-VHA) behavioral health providers are unaware of the number of Veterans they are serving and the resources available to them. The Ready to Serve study by RAND (2014) reported that only 8% of community providers reported high military cultural competency. This session is to help community providers consistently identify military-connected individuals at intake, enhance cultural competency and resource knowledge.

Session Objectives:

1. Review statistics on the current U.S. military population
2. Discuss the characteristics of the Iraqi Freedom/Operation Enduring Freedom /Operation New Dawn conflicts
3. Identify characteristics and challenges of military transitions (deployments, military discharge etc.)
4. Discuss military-related behavioral health issues, treatment options and resources for Veterans and Service Members and families

Community Care Network of Virginia, Services & Successes in Contracting with Medicaid Managed Care Companies

ROOM: Virginia C

Presented by:

- Rene Cabral-Daniels, JD, MPH, CEO of CCNV

The Community Care Network of Virginia will offer insights into three options for leveraging the power of the CSB system related to contract and rate negotiation, billing and reimbursement and credentialing with Virginia's Managed Care Organizations.

Session Objectives:

1. An understanding of the services CCNV provides
2. An understanding of the value of CCNV services
3. An understanding of the quality of CCNV services

Stigma & Racial Disparities in Substance Use Disorder

ROOM: Tidewater AB

Presented by:

- Stephanie Peglow DO, MPH, FAPA, FASAM, Assistant Professor, Department of Psychiatry; Sentara System Director for Addictions Treatment; Substance Use Disorder Consultant for Virginia Department of Behavioral Health and Disability Services.

Through this interactive Power Point, questionnaire and case study, learn how to identify and reduce stigma and racial disparities found in the treatment of substance use disorders.

Session Objectives:

1. Participant will be aware of stigma and its effects on patients with substance use disorders as well as racial disparities in care
2. Learner will identify recurrent trends in addiction policy and media portrayals of those affected by substance use disorders

- Learner will explore their personal views on substance use disorder stigma

From Providing Services, to Supporting Real Lives

ROOM: Colony D

Presented by:

- Tonya Milling, Executive Director, Arc of Virginia

This workshop will highlight the challenges, opportunities and lessons learned from case examples of converting from facility-based, residential or employment day programs to fully integrated, inclusive supports. Learn how to increase individual, family and community engagement to foster independence and cultivate success.

Session Objectives:

- How to spark your board, staff & leaders to want change
- Converting facility-based programs while building your financial bottom line
- Effective strategies for providing inclusive supports

What Can We Adults Possibly Do to Change Community Norms? An Environmental Approach to Preventing Youth Substance Use and Misuse

ROOM: Virginia AB

Presented by:

- Rodney Wambeam, PhD, Senior Research Scientist, Wyoming Survey & Analysis Center

Today's youth behave much better than those of past generations, in part because adults have changed the culture around the acceptable use of substances over the past couple of decades. However, problems still exist, and much work remains to be done. So, what can we as parents, educators, and community leaders do to prevent youth substance use, especially in the largest areas of abuse, underage drinking and vaping? This presentation details a comprehensive approach to changing the environment around our children, with the goal of helping participants consider how they can be part of a continued cultural shift toward better public health outcomes in our communities.

5:00 pm – 6:00 pm

Welcome Reception

Virginia Lawn

Most organizations *have* a mission. Credible is *on* a MISSION.

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Thursday, May 2, 2019

7:30 am – 5:00 pm	Registration and Exhibits Open	Virginia Foyer
8:00 am – 8:45 am	CSB/BHA Board Member Networking Breakfast	Virginia A
8:00 am – 9:00 am	Continental Breakfast and Exhibit Center	Virginia Foyer
9:00 am – 10:45 am	State of the State Panel Presentation <ul style="list-style-type: none"> • The Honorable Daniel Carey, MD, Secretary, Health and Human Resources • S. Hughes Melton, MD MBA FAAFP, Commissioner, DBHDS • Jennifer S. Lee, MD, Director, Department of Medical Assistance Services Moderator: Becky Bowers-Lanier, VACSB Legislative Consultant	Virginia Room E-F
11:00 am – 12:30 pm	Conference Workshops (Concurrent)	

Leading with Hope & Optimism in Challenging Situations

ROOM: Piedmont AB

Presented by:

- Jim Harris, MSW, EdD, Owner, Opportunities Consulting Services, LLC

It is easy to lead and motivate when things are going well, but the true measure of leadership is what you can do during challenging times. There is no shortage of challenging situations in our area. In this session, Jim shares how your beliefs and intentional behaviors help create hope and optimism in challenging times. This is not a “rah-rah” motivational talk. This is real information for real, challenging times.

Session objectives:

1. Participants will explore the nature of stress and its' physiological and psychological effect
2. Participants will explore the theoretical basis of positive psychology
3. Participants will learn evidenced based strategies to increase positive emotion

Motivational Interviewing Capacity Building: A Partnership between Mount Rogers Community Services and Central East ATTC

ROOM: Tidewater AB

Presented by:

- Bob Gordon
- Holly Ireland

This presentation will provide a description of the Motivational Interviewing Capacity Building Project implemented partnership with Mount Rogers Community Services and the Central East Addiction Technology Transfer Center (ATTC). It will offer an understanding of the importance of Motivational Interviewing (MI) as an Evidence-Based Practice (EBP) in the engagement in, effective treatment of and recovery from Substance Use Disorders, and in general for all behavioral health and health conditions. In addition, the workshop will offer an overview of the SAMHSA funded ATTC Network and explain the Evidence-Based Practice of Motivational Interviewing. The Mount Rogers Community Services MI Capacity Building Project will be described with a focus on change management and implementation facilitation process involved. Finally, it will identify opportunity for further MI skill-building and implementation throughout the VACSB Network, as well as opportunities for training and technical assistance from the ATTC network and other federally funded health care workforce development resources. CSB's will be able to apply for support through the Danya Institute that will enable them to implement this program, for FREE, in their CSB.

Building A Future Workforce

ROOM: Virginia AB

Presented by:

- Megan Healy, PhD, Chief Workforce Development Advisor, Office of Governor Northam
- Margaret Steele, LPC, Regional Consultant Supervisor, DBHDS

Presenters will share current data and the priorities related to workforce development, specific to behavioral health. Presenters will also share the most recent outcomes from the Behavioral Health Taskforce, including resource identification and regulatory compliance. This workshop will also discuss how to upskill your current workforce.

Session Objectives:

1. Identify current behavior health workforce challenges
2. Gather feedback from participants on policy and practice levers that can be used to grow the workforce
3. Develop actionable items that can be supported at a state level

The Real in Resilience - Trauma Informed Care for Adolescents

ROOM: Colony D

Presented by:

- Monique D. Williams, MA, Educator & Consultant, Beginnings Family Enrichment, LLC

Participants will engage in dialogue and collaboration to address challenges and barriers to engaging individuals in services, explore the context for which trauma impacts decision-making and recovery, and identify ways to strengthen the system of care for children and families within and outside of traditional systems that provide care.

Challenging "Up" the Organization

ROOM: Tidewater CD

Presented by:

- Richard M. Ayers, Director, Center for Labor & Management Studies

Richard M. Ayres is Director of the Center for Labor & Management Studies, Fredericksburg, Virginia. The Center is a management consulting firm specializing in ethical, character-driven leadership; organization and executive development; conflict resolution; strategic planning; labor-management relations; and other key areas of concern to today's leaders.

Session Objectives

1. To inform why "Challenging Up the Organization" is a requisite for survival, growth and credibility
2. To learn why employees are reluctant to "Challenge Up"
3. To learn how to give negative feedback to your boss and avoid it becoming a career ending experience
4. To learn how to build trust and credibility for effective leadership

What the DOJ?

ROOM: Virginia C

Presented by:

- Lisa Snider, MS, CHC, CHPC, QMHP-A/C, Compliance Program Manager, Loudoun County MHSADS
- Cristi McClanahan, LCSW, Division Director of Developmental Services/Region IV REACH Administrator, RBHA
- Heather Hines, Director, DD Case Management, Region Ten CSB
- Mary Harrison, MS, QDDP, QMHP, RBHA Quality Assurance Manager, Developmental Services Division

New, different, better, more System change is everywhere! How do we collaborate to successfully move State-wide community treatment and services in a new direction? Come hear how the DS system is working together to transform DS support coordination/case management.

Session Objectives:

1. Getting on the same boat: Process of bringing all the captains and shipmates to the table (Bringing all key partners to the table: lessons learned)
2. Creating a Map: Agreeing on a destination and process to get there (Defining shared outcome and defining process for achieving)
3. Weathering the Storm: Working together to address changes and challenges (Process for sharing information, finding solutions and communication)
4. Holding the Course: Staying committed to communication and all reaching the destination (How do we continue the collaboration and work)

Cyber Security & Current CSB Finance Issues

ROOM: Allegheny BC

Presented by:

- Susan H. Chapman, CPA, Director, Brown, Edwards & Co., L.L.P.
- Cindy Gross, Director, Brown, Edwards & Co., L.L.P.

In this session, participants will hear about various cybersecurity breaches, the impact the breaches had on the affected organizations, and methods for preventing such breaches in their own environments. Participants will also gain understanding of some of the complexities surrounding revenue recognition in the changing billings and collections landscape for CSBs and how revenue recognition concerns could impact your allowance for uncollectible/doubtful accounts calculations. Participants will also gain an understanding of significant items for auditors that could impact your audit.

12:30 pm – 2:15 pm	Conference Luncheon & Presentation <ul style="list-style-type: none"> <i>Are You Happy & Do You Know It: Stress, Happiness & Effectiveness</i> Presented by: <ul style="list-style-type: none"> Jim Harris, MSW, EdD, Owner, Opportunities Consulting Services. <p>How are you doing with your pursuit of happiness? Are you like many people in our stressed and successes-obsessed society reaching for the proverbial carrot just outside your reach? In this presentation, Jim borrows from the research on stress and happiness to explore how we can alter our perceptions and practices to make happiness a daily part of our existence.</p> Attendees will: <ul style="list-style-type: none"> Explore the nature of stress and its' physiological and psychological effect. Explore the theoretical basis of positive psychology. Learn evidenced based strategies to increase positive emotion. 	Virginia Room E-F
2:30 pm – 5:00 pm	CSB Board Member Session Leading to Make A Difference: Ethical, Character-Driven Leadership ROOM: Tidewater CD Presented by: <ul style="list-style-type: none"> Richard Ayers <p>Explore the nature of stress and its' physiological and psychological effect. Ayers will discuss the importance of values and ethics in character driven leadership and the impact those qualities play in the growth and sustainability of programs, companies and organizations.</p>	
2:30 pm – 5:00 pm	Group Meetings <ul style="list-style-type: none"> Executive Directors Forum – Room: Virginia C MH/SUD Services Councils – Room: Allegheny BC Developmental Services Council – Room: Allegheny A Prevention Services Council – Room: Tidewater AB Children/Family Services Council – Room: Colony D Emergency Services Council – Room: Piedmont AB Human Resources Leadership Subcommittee – Room: Virginia AB Quality Leadership Subcommittee – Room: Colony E Finance Leadership Subcommittee – Room: Virginia D 	
3:15 pm	Refreshment Break (refreshments will be available 3:15 pm – 3:45 pm)	
5:00 pm – 6:00 pm	Networking Reception SPONSORED BY Center for Adoption Support and Education (C.A.S.E.) with heavy hors d'oeuvres, a cash bar and complimentary soft drinks	
Friday, May 3, 2019		
8:00 am – 11:00 am	Registration Desk Open	Virginia Foyer
8:00 am – 9:00 am	Buffet Breakfast	Colony DE
9:00 am	VACSB Business Meeting/Board of Directors Combined Meeting	Colony DE



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Conference Faculty

Alex Jansson is the Program Manager for the Virginia Violent Death Reporting System, a public health surveillance project funded by the Centers for Disease Control and Prevention (CDC) in the Office of the Chief Medical Examiner. She received a BA in psychology, with a legal policy minor and a Master's in Public Policy from the University of Maryland Baltimore County. Prior to moving to Richmond in February 2016, Ms. Jansson worked as the Coordinator for the Maryland Violent Death Reporting System. She has a passion for mental health support and spent time with the Mental Health Case Management Docket in the Baltimore City Circuit Court. Ms. Jansson currently serves on the Suicide Prevention Interagency Advisory Group. She also serves as the Data Subgroup Lead for the Governor's Challenge to Prevent Suicide Among Service Members, Veterans, and their Families.

Allison Jackson, Ph.D. is Chief Executive Officer of Integration Solutions, Inc., where she provides trauma and resilience-informed care consultation to human service and healthcare organizations invested in the lives of "at-risk" children, families, and adults impacted by emotional trauma. She is also a Licensed Clinical Social Worker, a Certified Sex Offender Practitioner in the State of Virginia, a Licensed Independent Clinical Social Worker in the District of Columbia, Certified Facilitator for Dr. Brené Brown's Daring Way™ and Dare to Lead™ Curriculums. Jackson is a person of lived experience as well as a professional who has provided leadership development services via Behavioral Health, Education, Child Welfare, and Criminal Justice systems for over 25 years. In addition, she has provided outpatient therapeutic services for military service men and women and their families. Her clinical practice and research have focused on advancing effective trauma-informed treatment practices for persons who experience significant conduct related behavior problems. Dr. Jackson previously worked for an international healthcare organization where she was National Vice President of Clinical Operations and National Trauma-Informed Service Line Leader. Partnering with the National Council of Behavioral HealthCare, she co-led 17 National Teams through the Council's Trauma-Informed Learning Collaborative. In 2018, Dr. Jackson conducted international work in Guatemala where she taught more than 160 parents and professionals how to enhance their trauma-informed practices to meet the needs of youth they serve. Dr. Jackson's TEDx-RVA Talk called "A Call to Connection: Making Childhood Trauma Personal" has received nearly 120,000 views worldwide. She lives in Chesterfield, Virginia and is a single mother of three girls ages 23, 17, and 12. Dr. Jackson is dedicated to creating resilience in her own life, her children's lives as well as in the lives of all children in the Greater Richmond area, United States, and beyond. Her hope is that her work, in collaboration with so many others, will increase empathy and self-compassion for those impacted by trauma and thereby influence the next generation's health. Dr. Jackson received her Doctorate, Master's, and bachelor's degrees in Social Work from Virginia Commonwealth University.

Dr. Alyssa Ward is the Behavioral Health Division Director at the Department of Medical Assistance Services. She is a Licensed Clinical Psychologist with experiences as a clinician, supervisor, trainer, administrator, and researcher in evidence-based practice and trauma-informed care. Dr. Ward received her B.A. from George Washington University and her M.S. and Ph.D. in Clinical Psychology from Virginia Commonwealth University. She completed her residency at UNC-Chapel Hill Medical Center and fellowships at the University of Hawaii-Manoa and the University of California Los Angeles. Dr. Ward co-directed two phases of a large-scale randomized clinical trial testing modular and standard versions of evidence-based treatments against usual community-based care for children with trauma, anxiety, depression and disruptive behavior (The Child STEPs, funded by the MacArthur Foundation). She also served as Training Director for Practicewise, traveling across the country training over a thousand therapists in a system of organizing evidence-based care in community settings. Dr. Ward worked for the largest child and family-serving agency in Los Angeles County as an administrator and trainer, overseeing the implementation of 11 evidence-based practices across a spectrum of care from residential to preventative, school-based care. Most recently, Dr. Ward was an Assistant Professor of Pediatrics at VCU and worked as a clinician and researcher. Dr. Ward has presented and published widely on the topic of implementing evidence-based practice in community settings and has experience working within systems that are undergoing transformation to evidence-based care to improve the behavioral health outcomes. Dr. Ward is the Behavioral Health Clinical Director at the Department of Medical Assistance Services, overseeing both clinical and operational domains and co-lead on the Behavioral Health Redesign inter-agency

initiative alongside Dr. Alexis Aplasca at DBHDS. Dr. Ward has a deep appreciation for the power of teamwork and relationships in the work of system change. She is looking forward to establishing those relationships with stakeholders by listening, learning and sharing experiences and ideas to improve behavioral health access to care and outcomes for the Commonwealth.

Becky Graser currently serves as the Middle Peninsula Northern Neck Community Services Board (MPNNCSB) Coordinator of Recovery Services. As Coordinator, Becky develops and manages peer run programs and budgets; directly and/or indirectly supervises all individuals employed by the Recovery Services; guides the agency and serves as consultant and advocate to the agency staff in establishing recovery-oriented best practices; and develops new programs and employment opportunities for people in recovery from Mental Health Substance Use Disorder challenges. Recovery Services of MPNN consist of two Peer Run Resource centers providing safe recovery environments for the communities they serve and its people; a supportive employment program, currently employing over 60 peers in recovery; and many training and peer support opportunities. Becky worked in politics for 12 years prior to entering the social work field. She worked in such roles as political organizer, deputy campaign manager, and finance manager, etc. Becky earned her BS from Virginia Commonwealth University and an MSW from the University of New England. Most importantly, Becky is a person in long term recovery from substance abuse challenges, with a willingness to publicly acknowledge and share her personal experiences and serve as a recovery role model for others in recovery by representing their needs in the agency through the lens of lived experience. Becky serves or has served on the Board of Directors of NAMI, VOCAL and DBHDS.

Bob Gordon, SPHR, SHRM-SCP, CBP, CCP, is Director of Human Resources for Mount Rogers Community Services Board in Wytheville, VA and has over twenty years of comprehensive human resources experience with significant experience in Human Resources operations and strategy to maximize business objectives. Bob's past jobs have included serving as Manager of Human Resources Policies, Processes, and Employment Practices at Lowes' Companies, Inc., in Mooresville, NC, Manager of Executive Compensation and Benefits for American Electric Power in Columbus, OH and Manager of Human Resources Administrative Services for American Electric Power in Roanoke, VA for the 11-state AEP system. Bob received a Bachelor of Science degree in Business Management (Summa Cum Laude) from Radford University, a Master of Science degree in Human Resource Management and Labor/Employee Relations from Virginia Tech (where he was named a Pamplin Scholar) and is a graduate of the Ohio State Leadership Program. He holds numerous certifications including Senior Professional in Human Resources (SPHR), the Society for Human Resources Management Senior Certified Professional (SHRM-SCP), Certified Benefits Professional (CBP), and Certified Compensation Professional (CCP). While not serving as a Human Resources Professional, Bob enjoys spending time with his family and friends, being an active member of the community, traveling, hiking, and is a huge Virginia Tech sports fan and member of the Hokie Club. Bob is also a member of Byrnes Chapel United Methodist Church in Mechanicsburg, VA, serves on the Church Board of Trustees, and serves in the Ruritan organization. Bob is a native of Mechanicsburg (VA) and loves being back in the Commonwealth as a Virginian.

Brandi Jancaitis, MPH, brings extensive personal and professional experience in programs and services for military and veteran families. She currently serves as the Military and Veterans Affairs Manager at the Virginia Department of Behavioral Health and Developmental Services (DBHDS). In this role, Brandi leads statewide projects to enhance community-based behavioral health and supportive services for military service members, veterans, and their families (SMVF). Current projects include coordination of Virginia's Ask the Question Campaign (to improve identification of and services to SMVF), military culture training, statewide expansion of SMVF peer services and suicide prevention efforts. Prior to DBHDS, Brandi served in a variety of roles with the Dept. of Veterans Services, Virginia Veteran and Family Support program including State Program Director and Director of Housing Development for Veterans. Prior to state-level roles, Brandi worked at Richmond Behavioral Health Authority in research and grant development, program evaluation, and prevention services. Brandi is from Southwest Virginia and a graduate of Virginia Tech and Virginia Commonwealth University. Brandi is a military spouse and is currently stationed in Virginia with husband Nicholas and their three children.

Chris Alderman, AAS, CPRS, has been a part the recovery community since 2004. During his time at NRVCS he has worked as a service provider in residential settings for substance use disorder and crisis stabilization, a peer specialist for IOP, the Bridge program (jail diversion) and he is currently the supervisor of the 401 Peer Center. Chris is a Certified Peer Recovery Specialist, WRAP facilitator, Mental Health First Aid trainer, and is trained as a facilitator for programs including Seeking Safety.

Cindy Gross, CPA, CISA, C/JEH, has over 13 years of IT auditing experience and her expertise lies in providing consulting and attestation services to clients. While she services clients across a broad range of industries she has focused experience in financial services, healthcare, and technology. In addition, Cindy has over 16 years of experience in information technology roles where her responsibilities included software development, systems design, and project management. Cindy's experience enables her to offer a range of assurance and advisory services including auditing; operational and internal control reviews; and IT consulting.

Cristi McClanahan, LCSW, is the Division Director of Developmental Services (DS) and Administrator for Central REACH Program at Richmond Behavioral Health Authority (RBHA). She is currently serving as the DS Council Chair and in this role, she has worked collaboratively with DBHDS and other CSBs to address the DOJ concerns and ensure compliance with the settlement agreement. She holds a master's degree in Social Work from Virginia Commonwealth University and is a licensed clinical social worker. She has worked with individuals with disabilities and their families, and she has extensive experience in working with numerous specialized populations across the lifespan.

David Cash is the current coordinator at Within Reach Peer Resource Center, associated with Northwestern Community Services Board. David started full time in January of this year after completing his Bachelor of Science in Biology from Shenandoah University. David's primary role at Within Reach Peer Center is to develop and implement peer led support groups and introduce resources for individuals in the community to access. By sharing his experiences in recovery (one on one), David can support others who are striving to move forward on their individual recovery path. David also just recently completed IPS Employment Specialist training from The Rockville Institute. Prior to coming to Within Reach Peer Center, David served with AmeriCorps working as the Student Coordinator at CARITAS Works, a workforce development program serving the homeless population in Richmond, VA. While at CARITAS, David worked with men in substance use recovery helping them recognize their skills and talents and translate those into marketable work force skills. He also facilitated group classes and worked one on one sharing his own recovery experiences. In October of 2017, while working at CARITAS, David completed his Virginia peer recovery specialist certification. Prior to working in substance use recovery, David was a zookeeper. During that 8-year career, David was introduced to zoo-medicine which led to a 20-year career as a veterinary technician. Other men sharing their experiences in recovery with David (in his early recovery), was the impetus behind his career change. David knows how vital peer support has been, and continues to be, in his own recovery and strives to provide similar support for others.

Dev Nair is the Assistant Commissioner for the Division of Compliance, Regulatory, and Legislative Affairs with the Department of Behavioral Health and Developmental Services. In this role he has oversight over the Offices of Licensing and Human Rights, as well as for quality assurance and risk management activities. Previously, Dev worked for four years as the Director of the Division of Policy and Evaluation at the Virginia Department of Health, where he was responsible for leading the collection and analyses of epidemiological data related to chronic health conditions, cancers, maternal and infant health, and the behavioral factors related to these conditions, as well as oversight of policy and regulatory issues in these areas. Prior to his work with the Commonwealth of Virginia, Dev's employment has included serving as the Director of Clinical Review Services at VHQC in Richmond; the Deputy Medicaid Director and Director of Clinical and Quality Operations in Georgia; a variety of positions at Magellan Health Services in Massachusetts, including Vice President of Quality Improvement, and Vice President of Clinical Services; he also worked as a clinical psychologist at a community mental health center and a college in Massachusetts.

Emily K. Bowles serves as the Legal & Regulatory Manager in the Office of Licensing at DBHDS. Emily has worked for DBHDS for almost two years where she has drafted regulatory language; worked with the licensing team to develop the Serious Incidents and Quality Improvement Plan Guidance; responded to public and stakeholder comments related to proposed regulatory changes and served as the Licensing FOIA/ HIPPA Officer and as the Office of Licensing's legislative liaison. Emily has also been responsible for supervising the new applicant review process and associated regulatory activities of Policy Review staff. Emily has worked in several state offices throughout her career including the Office of the Attorney General, Office of the Governor, and the Virginia State Senate Clerk's Office. Emily is a graduate of the University of Virginia where she was a government major in the College of Arts and Science. She is also a graduate of the University of Richmond's T.C. Williams School of Law and a member of the Virginia State Bar Association.

Heather Hines is the Director of DD Case Management for Region Ten CSB as well as a Mental Health First Aid trainer. Heather has experience supporting individuals dually diagnosed with development disabilities and serious mental illness. Heather has worked as a residential direct support provider, Mental Health Case Management Director, a Case Manager for individuals with intellectual disabilities, as well as a Residential Program Manager in both the CSB system and private sector.

Holly Ireland, MPH, has 29 years' experience working in the behavioral health field, beginning her career as a Residential Rehabilitation Counselor while working on her undergraduate degree in psychology at Towson University. She graduated from University of Maryland, Baltimore with a master's in Social Work. The first 16 years of her career were dedicated to micro and mezzo level practice, as she provided direct service in outpatient behavioral health and recovery support settings, including individual, group and family therapy for co-occurring disorders, crisis intervention, trauma treatment, and advocacy. The past 13 years of experience have been providing macro level leadership and administration. Holly spent 11 years at Mid Shore Behavioral Health, Inc., a non-profit organization responsible for planning and management of the continuum of services in the Public Behavioral Health System in Caroline, Dorchester, Kent, Queen Anne's and Talbot Counties on the Eastern Shore of Maryland. Holly joined the MSBH team in 2006, serving as executive director from 2010 to 2017. In 2017, she embarked on a new journey of systems change management as the Co-Project Director for the Central East Addiction Technology Transfer Center. Since 2014, Holly has also served as adjunct faculty for Salisbury University's Social Work Department, teaching social welfare policy and advanced practice courses. When not serving as a clinician, administrator, educator or advocate, Holly enjoys spending time with her family and friends, traveling, being an active member of the community, and being outdoors – basically doing anything that advances health and wellbeing.

Jae Benz has a master's degree in social work from Virginia Commonwealth University, with many years of experience working for private providers in the human services field. As the Executive Director of a private provider agency, she was responsible for the development and implementation of the agency's strategic and operational plans, as well as management of the annual budget. Jae has worked for DBHDS for the past eight years. She recently accepted the position of Director of Licensing for the Department where she supervises a team of 46 staff who are responsible for licensing providers that deliver MH, DD and SUD services, conducting inspections, investigations, and renewing and modifying licenses. Prior to this, she worked in the Department's Settlement Agreement Office with the advisor and subject matter experts to strategize ways of demonstrating system change and monitoring the Commonwealth's progress toward meeting the conditions of the Settlement Agreement. She also served as the Director of Training Center Discharges and Community Integration and was responsible for developing and implementing a plan to transition individuals from training centers to the community, assuring that they were being served in the most integrated setting.

Dr. Jim Harris is the owner of Opportunities Consulting Services and the Associate Director of the West Virginia Autism Training Center at Marshall University. He has had several roles in the health and human services field throughout his career as an early interventionist, parent educator, educational consultant, university professor, and behavioral health therapist. Dr. Harris has presented at a variety of conferences from the local to the international levels on such topics as behavioral intervention, parenting, positive behavior support, trauma-informed care, organizational change, and many more. He is the creator of "10 Things You Need to Know About Kids", an audio program that helps parents and teachers be more effective in their work with children. He has also worked with a variety of public and private entities including the Fred Rogers Company, United States Department of Education, the United States Department of Justice, and many more.

John P. Lindstrom, Ph.D., LCP, currently serves as Chief Executive Officer of the Richmond Behavioral Health Authority, a public agency operating under an independent Board of Directors serving over 12,000 individuals with behavioral health and developmental needs each year. He is in his fifth year as RBHA's CEO. Prior to assuming this position, Dr. Lindstrom worked for 17 years as RBHA's Director of Administration and Director of Access, Emergency and Medical Services. He was instrumental in the development of a variety of emergency behavioral health services, along with the design and implementation of regional programs. These have included residential crisis stabilization services, funding and management of local inpatient hospitalization for the medically indigent, community integration for individuals with histories of long-term institutionalization, regional jail-based services, and regional management structures around community discharge assistance. Dr. Lindstrom currently chairs the Richmond

Community Criminal Justice Board. He has collaborated with local justice-related agencies in the development of several reforms pertaining to the treatment of individuals with mental health problems. Before joining RBHA in 1997, Dr. Lindstrom worked in several service and leadership positions with the public schools, including five years as consulting psychologist assigned to a child health specialty clinic. Dr. Lindstrom received his bachelor's degree from Christopher Newport College in psychology. He went on to complete master's and Advanced Graduate training in School Psychology at James Madison University. He completed his Doctorate at The University of Iowa with concentrations in school psychology, pediatric psychology, and general special education. Dr. Lindstrom is a licensed clinical psychologist. He has been Chair of the Virginia Association of Community Services Boards Mental Health Council and President of state psychology associations in both Iowa and Virginia.

Lisa Snider's, MS, CHC, CHPC, QMHP-A/C. career in developmental and behavioral services includes professional work with non-profit service providers, DBHDS licensing, the Northern Virginia Training Center and Loudoun County. Lisa is Certified in Healthcare Compliance (CHC) and Certified in Healthcare Privacy Compliance (CHPC). Lisa brings her commitment to collaboration and quality improvement to her work with the DD Council and DOJ work-groups.

Margaret Steele is a Licensed Professional Counselor currently employed at DBHDS as the Regional Consultant Supervisor for Adult Community Behavioral Health. She works directly with the Behavioral Health Consultant Team addressing agency initiatives, Block Grant clinical reviews, as well as being the Project Director for the SAMHSA Pregnant and Post-Partum Women (PPW) grant. Previously, she worked 17 years in the Community Service Board system; first for Blue Ridge Behavioral Healthcare, and then for District 19 CSB. Margaret completed her undergraduate and graduate education at Radford University. She is black belt and proud wife and mother of three wonderful children.

Mary Harrison, MS, QDDP, QMHP, Richmond Behavioral Health Authority Quality Assurance Manager **Developmental Services Division**, served as an ID Child Support Coordinator for 3-1/2 years before transitioning to her quality assurance role in 2011.

Secretary Megan Healy, PhD, serves on Governor Northam's Cabinet as his Chief Workforce Development Advisor. As the Commonwealth's highest-ranking workforce officer, she oversees a range of regional, state, and federal programs that connect Virginians to the skills, training, and opportunities they need to thrive in the 21st century economy. In addition to her partners within government, Secretary Healy works closely with Virginia's labor and business communities to identify and fill vacant jobs in high demand sectors. Having started her career as science professor at Patrick Henry Community College in Martinsville, Secretary Healy keenly appreciates how education can change lives and communities. Prior to joining the Northam administration, she served as Virginia's first Director of STEM-H under Governor McAuliffe before returning to the Virginia Community College System as Assistant Vice Chancellor for Academics. Secretary Megan Healy is a proud product of Virginia's public schools, holding a bachelor's degree from Virginia Tech, a master's from Virginia Commonwealth University, and a doctorate from Old Dominion University.

Dr. Michael Fox, DO, is a current fellow in Addiction Medicine at Virginia Commonwealth University. He completed his medical education in Blacksburg at the Edward Via Virginia college of Osteopathic Medicine in 2014 and prior to that training he lived in Wisconsin where he earned his Bachelor of Science in Physics before getting some additional medical experience as a Certified Nursing Assistant. He completed his Psychiatry residency at VCU in 2018 and was Chief fellow during his final year of residency. During the fellowship year he has worked on honing his skills in Addictions, Medicine and Psychiatry. He has worked on an inpatient consult team, at an outpatient addictions clinic, gotten experience in pain management and has had experience at Virginia HPMP as well as exposure to research. He will be finishing his Fellowship year in June of this year and moving to California to be near family.

Dr. Michael A. Southam-Gerow is a professor in the Department of Psychology at Virginia Commonwealth University (VCU) and serves as the Chair of the Department of Psychology. Dr. Southam-Gerow received his bachelor's degree at the University of Michigan in Ann Arbor, MI and his PhD at Temple University in Philadelphia, PA. His research focuses on the dissemination and implementation of psychological treatments for mental health problems in children and adolescents, with a focus on adapting treatments for specific contexts and therapist training. He has received research funding from NIMH, NIDA, and IES. Dr. Southam-Gerow also studies treatment integrity, including therapist adherence to and competence in delivering specific treatment approaches. Dr. Southam-Gerow's other research interests include the study of emotion processes (e.g., emotion regulation, emotion understanding) in

children and adolescents and how these relate to child psychopathology. Dr. Southam-Gerow is also a consultant for PracticeWise, LLC, a private company offering training in evidence-informed approaches to children's mental health care to therapists and agencies. Dr. Southam-Gerow is Associate Editor of the Journal of Consulting and Clinical Psychology, the author of dozens of scholarly papers, and he is the author of *Emotion Regulation in Children and Adolescents: A Practitioner's Guide*, published in 2013 (translated into Korean and Dutch) and *Exposure Therapy with children and adolescents*, published in 2019.

Monique Williams, MA, is a Professional Speaker, Consultant, and Educator. She has developed and facilitated numerous trainings and workshops on trauma-informed practice for the Virginia Department of Education, Department of Criminal Justice Services, Department of Corrections, and local agencies that serve youth in foster care, residential care, and early childhood education. She offers consulting to schools, public and private agencies, and nonprofits to strengthen youth and family engagement at all levels of service. Her experience in the field of mental health has greatly impacted the services provided to youth and families involved in multiple systems including social services, behavioral health, juvenile justice, and criminal justice. In her experience, Ms. Williams has provided expertise within the State Office of Children and Family Services at the Virginia Department of Behavioral Health and Developmental Services (DBHDS) and has served on national demonstration projects funded by the Office of Victims of Crime that focused on the identification and coordination of care for children, youth, and transitioning young adults who have been victimized by a broad spectrum of crimes and other traumatic violent events. As a Training Faculty with the Virginia Sexual and Domestic Violence Action Alliance Training Institute, Ms. Williams is often requested to facilitate trainings, workshops, and webinars centered on adverse childhood experiences and trauma, resilience, intergenerational violence and historical trauma, and services to support communities of color. She is a lead facilitator of the Essential Elements of Collaboration: Behavioral Health & Domestic Violence, a continued advocacy training intended to help build capacity and improve collaboration between domestic violence programs (DVPs) and Community Service Boards (CSBs) in Virginia. Ms. Williams provides parenting services for teens and adults and therapeutic mentoring through her independent consulting agency, Beginnings Family Enrichment, LLC. In addition, she is licensed as a Special Education Teacher where she provides high school collaborative teaching and transition coordination for students preparing for secondary and post-secondary education and training. Ms. Williams obtained her Master of Arts in Criminal Justice from Norfolk State University as well as her Master of Arts in Human Services Counseling (Marriage and Family) from Liberty University.

Nicole Gore joined the Virginia Department of Behavioral Health and Developmental Services in January 2016. Nicole's current position, as Suicide Prevention Coordinator, is responsible for the development and implementation of a comprehensive approach to address suicide prevention across the Commonwealth, as well as researching best practices in suicide prevention, with the goal of reducing the number of suicides and attempted suicides. Nicole serves as a liaison to partners across Virginia to assist in the development and implementation of work plans for their locality, encourage sharing of ideas, and promote best practices for successful implementation of suicide prevention strategies. She is a member of the Mayor's Challenge and Governor's Challenge Team to Prevent Suicide among Service Members, Veterans, and their Families. Prior to this position, she worked at Henrico Area Mental Health and Developmental Services as a Prevention Coordinator for 13 years. Her job entailed coordinating youth substance abuse prevention programs, facilitating various prevention-related trainings and workshops, engaging community capacity building strategies, and providing leadership to community coalition initiatives and related activities that utilize environmental strategies. Nicole has a Bachelor of Social Work degree ('93) and a Master of Teaching degree ('95), both from Virginia Commonwealth University. She is a certified Adult Mental Health First Aid Instructor, Youth Mental Health First Aid Instructor, Applied Suicide Intervention Skills Training Facilitator, and an ACE (Adverse Childhood Experiences) Interface Master Trainer. Her personal mantra is "I gain from what I give".

Raymond Barnes, CPRS/PRST, is the Peer Recovery Program Administrator for Norfolk Community Services Board. Norfolk Peer Recovery Drop in Center has proven to be a very effective and productive tool included in the NCSB recovery and prevention and treatment system. The Peer Drop in Center (P.R.D.C.) is operating under the umbrella of Norfolk Community Service Board to provide a safe place in the community where people in recovery from a substance use disorder or mental health disorder can be in a positive, conducive environment. These individuals can freely participate in self-help programs and emerging best practice education through peer led, non-clinical services. The P.R.D.C. will help encourage participants to learn and practice recovery skills, understand and gain recovery capital; advocate and exercise choice and decision-making responsibility in a safe, friendly and supportive

environment, and participate in community outreach support programs. We at the P.R.D.C also have availability for those who like to give back, by volunteering alongside a Certified Peer Recovery Specialist.

Rene Cabral-Daniels, JD, MPH, is currently the Chief Executive Officer for Community Care Network of Virginia, Inc., the Commonwealth of Virginia's only Health Center Controlled Network. In this role she oversees all Federally Qualified Health Center activities related to system interoperability and health information exchange formation. Rene is responsible for oversight of all federal HCCN grant activities as a contractor to the Virginia Primary Care Association. Rene is a former Center for Medicare and Medicaid Services, Office of General Counsel attorney who was responsible for outpatient payment system regulation oversight. She was assigned as lead attorney for several cases as well as payment issues for providers in rural settings. Rene led Virginia's Office of Health Policy and Planning which included the State Office of Rural Health, State Office of Minority Health and Virginia's Primary Care Office. She is currently a member of the HIMSS North America board. Rene holds a Master's in Public Health from Yale School of Medicine and Juris Doctor from the University of Virginia. She received her undergraduate degree from Tufts University.

Richard M. Ayres is Director of the Center for Labor & Management Studies in Fredericksburg, Virginia. The Center is a management consulting firm specializing in Ethical, Character-Driven Leadership; Organization and Executive Development; Conflict Resolution; Strategic Planning; Labor-Management Relations; and other key areas of concern to today's leaders. Formerly a Special Agent with the Federal Bureau of Investigation (FBI) for 26 years, Ayres served for 16 years on the faculty of the FBI Academy, Quantico, Virginia, as both an instructor and as Chief of what is now the Leadership Development Institute. Currently, in addition to providing training and consulting for law enforcement agencies and private organizations nationwide, he serves as Executive Director of the FBI National Executive Institute Associates (NEIA), comprised of executives of the largest law enforcement agencies in North America and Europe. Ayres holds a Bachelor of Science degree from Dickinson College, Carlisle, Pennsylvania; a Master of Business Administration from Iona College, New Rochelle, New York; a Master of Public Administration from John Jay College of Criminal Justice, New York, New York; and a Juris Doctorate from the Washington College of Law, American University, Washington, D.C. Ayres is widely published in professional journals in the areas of leadership, strategic planning, organizational communication, conflict resolution, labor-management relations, negotiations and organizational stress. He is co-author of the book, 'Leading to Make a Difference: Ethical, Character-Driven Law Enforcement'. Ayres is also author of the books, 'Preventing Law Enforcement Stress: The Organization's Role'; 'Meeting Law Enforcement's Responsibilities by Safeguarding Management's Rights'; and 'Collective Bargaining in the Public Sector'.

Rodney Wambeam, Ph.D. is a Senior Research Scientist at the Wyoming Survey & Analysis Center (WYSAC) of the University of Wyoming (UW). He is also an adjunct professor in the Department of Political Science at UW. Dr. Wambeam completed his Ph.D. at the University of Nebraska in 1999 and served as policy advisor to Nebraska Governor Ben Nelson. He was Director of the Evaluation Research Department at the Nebraska Council to Prevent Alcohol and Drug Abuse before moving home to Wyoming in 2002. At WYSAC, Dr. Wambeam oversees numerous prevention research projects. He was principle investigator of Wyoming's 21st Century State Incentive Grant and Strategic Prevention Framework State Incentive Grant evaluations and Oregon's Strategic Prevention Framework State Incentive Grant evaluation. He is currently principle investigator of Wyoming's Federal Prevention Block Grant evaluation, Wyoming's Partnerships for Success evaluation, Oregon's Partnerships for Success evaluation, and numerous other state and local research projects. His new book "The Community Needs Assessment Workbook" from Oxford University Press came out in 2015.

Stephanie Peglow DO, MPH, earned her Doctor of Osteopathic Medicine Degree for West Virginia School of Osteopathic Medicine, performed her psychiatry residency at Eastern Virginia Medical School, and then completed an Addiction Psychiatry Fellowship, an Advanced Fellowship in Addiction Research and a Master's in Public Health with a concentration in health policy all at Yale University. She has since returned to Eastern Virginia Medical School to create several educational programs for health profession students at EVMS around identification and treatment of addiction. She is an active member of the community; she is on the UpCenter Board for Addiction Treatment and helped create and is an active volunteer at the HOPES Psychiatry Clinic. She works to foster interprofessional education in Substance Use Disorder Treatment. Her research interests are in Health Policy of Addictions and Disparities in Opioid Use Disorder Treatment.

Susan Chapman, CPA, is an audit director based in the Lynchburg office of Brown Edwards. She provides audit and assurance services to municipalities, governmental entities, privately owned businesses, manufacturers, and non-profits. She focuses much of her time on municipal and governmental entity auditing, specializing in compliance auditing for governmental and non-profit entities, including Auditor of Public Accounts of the Commonwealth of Virginia audit and reporting requirements and Single Audit Act requirements. Susan is a member of the Virginia Society of Certified Public Accountants, the American Institute of Certified Public Accountants, and the Virginia Government Finance Officers Association. In addition, she also serves as a reviewer for the Government Finance Officers Association's Certificate of Achievement for Excellence in Financial Reporting Program.

Teri Morgan, MBA/HCM, has spent the past 30 years of her professional career learning from and supporting individuals with disabilities. Early in her career she worked in Michigan for a private non-profit residential services provider, first as a Residential Counselor and later as a Residential Supervisor of a community based ICF/IID. After moving to Richmond, Teri continued her work in residential services. As Director of Programs she managed and oversaw an array of services including supported living, semi-supervised apartments, an adult foster care model of service and twenty-four-hour group home residential services. In 2001 Teri transitioned to state government and worked for the Virginia Board for People with Disabilities (VBPD), Virginia's Developmental Disabilities Council, as a Program Manager. Currently, Teri is the Developmental Disabilities Program Manager with the Department of Medical Assistance Services. Teri holds a BS degree in educating cognitively diverse from Eastern Michigan University and an MBA in Healthcare Management from Western Governors University.

Tonya Milling is from North Carolina; she has worked in the field of Disabilities for over 20 years. She began her career providing residential services and later worked with people in Supported employment. Through the years her passion for the rights of people with disabilities became the center focus of her career. Her career brought her to Virginia in 2011, where she joined The Arc of Southside as executive director and led the agency through a transformation from traditional services to inclusive supports that are built around the person and not their disability. At that chapter of The Arc, she and the leadership team successfully closed all the segregated facility-based programs, which included a Group Home for 15 people, a Sheltered Workshop for 135 people, and a Private Day School serving 30 students with disabilities. She and the leadership team developed and implemented new support services that partners with people with developmental disabilities to build their own lives with the supports they need to live the lives that they choose. In January 2018, Tonya became the executive director of The Arc of Virginia, where she is advocating for change, so that every person with a developmental disability can have access to supports to live their life in their community.



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**Virginia Association of Community Services Boards
Mental Health & Substance Use Disorders Services Councils
May 2, 2019 2:30 – 5:00pm ROOM: Allegheny BC**

AGENDA

2:00- 2:35pm	BH Redesign & Comprehensive Needs Assessment – Sue Klaas
2:35-3:05pm	ARTS & Medicaid Expansion Updates – Ke’Shawn Harper
3:10-3:40pm	DBHDS BH Updates – Margaret Steele & Mellie Randall
3:40-4:00pm	Project ECHO Opioid Addiction Project
4:00–4:45pm	Emergency Department Care Coordination Program – Rachel Fried
4:45 – 5:00pm	Regions I-V Reports and Nomination for MH Council Vice Chair



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**Virginia Association of Community Services Boards
Prevention Council Meeting Agenda
May 2, 2019 2:30 – 5:00pm ROOM: Tidewater AB
AGENDA**

Welcome and Roll Call

Office of Behavioral Health and Wellness (OBHW) Report(s)

VACSB Committee Reports

- | | |
|--|----------------------------------|
| a. Professional Development Committee | (Cheryl Matteo-Kerney) |
| b. Public Policy Committee | (Lisa Topshee) |
| c. Finance Committee | (Melissa Ackley) |
| d. Administrative Policy Committee | (Lynn McDowell and Amanda Oakes) |
| e. Data Management Committee | (Kathy Reed) |
| f. Governor’s Substance Abuse Services Council | (Heather Martinsen) |

Community Grant Updates and Opportunities

- | | |
|-----------------------------------|-----------------|
| 1. CCOVA | (Bonnie Favero) |
| 2. Community Builders Network | |
| 3. Other Grants and Opportunities | |

Local/State Initiatives

1. State Priorities
2. Performance Based Prevention System (PBPS)
3. OPT-R/SOR Grant
4. Partnership for Success Grant
5. Family Wellness Grant
6. ACE Interface
7. Mental Health First Aid Trainings
8. Wellness with STEP-VA
9. Merchant Education/Counter Tools
10. Suicide Awareness Plans and Updates
 - a. Region 1
 - b. Region 2
 - c. Region 3 East
 - d. Region 3 West
 - e. Region 4
 - f. Region 5

Other Business

Future Meetings

- g. June 21, 2019 (Conference Call at 11:00 a.m.)
- h. VACSB Conference Schedule

October 2-4, 2019 ♦ Hotel Roanoke & Conference Center

Co-Chairs: Samantha Crockett and Lori Gates-Addison

VACSB Child and Family Services Council
Thursday, May 2, 2019
May 2, 2019 2:30 – 5:00pm ROOM: Colony D
AGENDA

- | | |
|----------|--|
| 2-2:10pm | Welcome & Introductions |
| 2:10-3pm | Committee Updates <ul style="list-style-type: none">• DMC- Doug Bilski• Regulatory- Lisa Hogge• Outcomes – KJ Holbrook• Public Policy –Paulette Skapars |
| 3-3:30pm | Regional Crisis Updates |
| 3:30-4pm | Nina Marino, C&F Director, DBHDS
Katharine Hunter, DBHDS
Noel Dianas-Hughes- DBHDS CCCA |
| 4-4:45pm | Council Discussion <ul style="list-style-type: none">• Primary Care Screenings• SDA/Rapid Access/DLA20• TDT• C&F Council Officers |
| 4:45-5pm | Announcements and Adjournment |

Facilitator/Chair: Lisa S. Hogge
Co-Facilitator: Amanda Cunningham
Recorder: Cathy Brown

**Virginia Association of Community Services Boards
Developmental Disability Services Council
May 2, 2019 2:30-5:00 p.m. ROOM: Allegheny A
AGENDA**

Items-

- Welcome and Introductions

- Regional Updates:
 - HPR I: Tina Martina
 - HPR II: La Voyce Reid
 - HPR III: Rema McCue
 - HPR IV: Michelle Johnson
 - HPR V: Stephen Stewart
 - Part C: Alison Standing

- DBHDS Updates- (DBHDS Staff)
 - Part C
 - DOJ Settlement Workgroup
 - Streamlined ISP and WaMS
 - CM Manual
 - CM Competencies
 - CM Modules
 - Quality Record Review
 - Waiver Slots
 - Calendar/Supports Package Pilot
 - Employment Data Metrics

- DMAS Updates-
 - DMAS Regulations

- Committee Updates
- Stakeholder/Provider Updates
- Other Items

Next DS Council Meeting: August 19, 2019- TBD

Virginia Association of Community Services Boards

Emergency Services Council

May 2, 2019 2:30 – 5pm Room: Piedmont AB

AGENDA

- I. Welcome and Introductions
- II. DBHDS Updates
 - A. Workforce Development, recommended changes to certification
 - B. Mobile Crisis Initiative
 - C. Medical Clearance Guidelines-New FAQs
- III. Regional Updates- ES Regional Chairs
- IV. ES Conference
- V. Committee Updates
- VI. Forensic Council
- VII. Co-Chair/Committee Rep nominations/selection
- VIII. Roundtable
- IX. Conclusions, Recommendations, Actions

**Virginia Association of Community Services Boards
Quality Leadership Subcommittee Agenda
May 2, 2019 2:30-5pm ROOM: Colony E**

- I. VACSB Committee/Council Reports**
 - a. CCC Plus/Medallion 4.0
 - b. Regulatory
 - c. DMC:
 - d. MH/SA Council

- II. Recent Audits/Outcomes/Trends (All)**

- III. DLA-20 Implementation**

- IV. Comprehensive Needs Assessment (CNA) Implementation**

- V. FY20 Performance Contract Proposed Changes**

- VI. Root Cause Analysis Training**

- VII. DBHDS Dashboard or SPQM Updates**

- VIII. Regulatory Changes to Highlight**

- IX. Other**

Next Meeting: June 14th, 2019, 10am-2pm, Call-in ONLY

Human Resources Leadership Subcommittee Meeting
Williamsburg Lodge; 310 S England St; Williamsburg, VA 23185
May 2, 2019
2:00 p.m. – 4:30 p.m. ROOM: Virginia AB

Agenda

- 2:00 p.m.: Welcome/Introductions (Bob Gordon)
- 2:10 p.m.: Approval of Last Meeting Minutes
- 2:15 p.m.: Ogletree Deakins Presentation on Pay Equity (Attorneys Scott Siegner and Bret Daniel)
- 3:15 p.m.: Break Time
- 3:30 p.m.: QMHP-Trainee Registration and Training Procedure Draft (Crystal Homer, Anita DeBord, Bob Gordon)
- 4:00 p.m.: HR Strategic Planning Items for Fiscal Year 2020 (Group)
- 4:20 p.m.: Determination of Next Meeting Date and Place (Nancy Shackelford)
- 4:30 p.m.: Adjournment

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**Virginia Association of Community Services Boards
Finance Leadership Subcommittee
May 2, 2019 2:30 – 5:00pm ROOM: Virginia D
AGENDA**

- 1. 2:30-2:35: Welcome and introductions – Sarah Beamer (Mount Rogers CSB)**
- 2. 2:35-2:45: Notes from meeting of January 30, 2019 – Mark Chadwick (Blue Ridge BH)**
- 3. 2:45-3:30 DBHDS updates – DBHDS Representatives**
 - a. Medicaid expansion data requests
 - b. FY 2020 Performance Contract reporting requirements
 - i. Fiscal health metrics reporting
 - ii. CARS reporting to DBHDS
- 4. 3:30-3:45: Break**
- 5. 3:45-4:30: Subcommittee reports/outcomes**
 - a. CFO orientation subcommittee – Rhonda Pellicano (Rappahannock Area CSB)
 - b. CPE and conference planning subcommittee – Marty Shepherd (Henrico CSB)
 - i. Finance sessions at conferences
 - c. DBHDS workgroup
 - i. Operating reserve
 - ii. Medicaid expansion debrief
 - iii. Dates of future scheduled meetings
 - d. Regional subcommittee
- 6. 4:30-4:50: Finance directors roundtable – Danielle Sayre (Chesterfield CSB)**
 - a. Finance council organization
 - i. Regional representatives and their roles and responsibilities

If time permits:

 - b. STEP-VA
 - i. Primary care screening—required by 7/1/19
 - ii. Outpatient
 - c. SPQM
 - d. SOR grant funding
- 7. 4:50-5:00: Wrap-up and next meeting**
 - a. **Public Policy Conference – Roanoke, October 2-4**
 - b. Finance Directors Meeting at the conference: Thursday October 2, 2019, 2-5pm (no call-in availability)

**Virginia Association of Community Services Boards
Executive Directors Forum**

02 MAY 2019 ROOM: Virginia C

Williamsburg Lodge, Williamsburg, VA

AGENDA

- I. Call to order and welcome – *Sandy O’Dell*
- II. Additions to the Agenda
- III. DBHDS Updates – *DBHDS Staff*
 - A. Status Conference Related to the DOJ Settlement Agreement
 - B. Office of Licensing and Office of Human Rights: Citing providers founded complaints of abuse or neglect
 - C. STEP-VA Progress
 - D. New Financial Reporting Requirements
 1. Fiscal health quarterly reporting
 2. Reporting on Medicaid revenues related to expansion
 - E. FY2020 General Fund Reductions
 - F. DLA-20/SPQM Progress
 - G. Needs Assessment
 - H. Behavioral Health Redesign
- IV. VACSB Reports and New Business
 - A. STEP-VA: Mobile Crisis and Outpatient steps – *Group Discussion*
 - B. Status Conference Related to the DOJ Settlement Agreement – *Jennifer Faison*
 - C. VCU Behavioral Health Index – *Group Discussion*
 - D. Quality and Outcomes Committee Chairperson – *Sandy O’Dell*
 - E. Request to Update Salary Survey – *Ellen Harrison*
 - F. Levels of Care – *Debbie Bonniwell*
 - G. Developmental Services Issues – *David Coe/Debbie Burcham/Jennifer Faison*
 1. WaMS
 2. DD Case Management: DOJ Strategy Work Group
- V. DMAS Updates – *Group Discussion*
 1. Medicaid Expansion Implementation
 2. CCC+/Medallion 4.0
- VI. Committee Updates
 - A. Administrative Policy – *Joe Scislowicz*
 - B. Public Policy – *Mary Cole*
 - C. Regulatory – *Jane Yaun*
 - D. Service Development – *Debbie Bonniwell*
 - E. Quality and Outcomes Committee – *David Coe*
 - F. Technical Administration – *Ingrid Barber*
 - G. Training & Development – *Ivy Sager*
- VII. Adjourn

**Virginia Association of Community Services Boards
Combined Board of Directors and VACSB Membership Business Meeting**

May 3, 2019 Williamsburg Lodge

Room: Colony DE

AGENDA

- I. Call to order/Welcome – *Bill Brenzovich*
 - A. Board of Directors Roll Call – *Karen Grizzard*
 - B. Membership Roll Call – *Karen Grizzard*
- II. Approval of Outcomes:
 - A. Board of Directors: March 20, 2019 meeting – *Bill Brenzovich*
 - B. Combined Membership Business/Board Meeting: January 23, 2019 – *Bill Brenzovich*
- III. Additions to the Agenda
- IV. Officers Reports
 - A. Chair – *Bill Brenzovich*
 - B. Past Chair – *Gib Sloan*
 - C. 1st Vice Chair – *Karen Grizzard*
 - D. 2nd Vice Chair – *Sandy O’Dell*
 - E. Secretary/Treasurer – *Angelo Wider*
- V. Action Items
 - A. Endorsement of FY 20 Slate of Officers – *Bill Brenzovich*
 - B. Endorsement of FY 20 CSB Board Member Regional Representatives – *Bill Brenzovich*
- VI. VACSB Board of Directors Recognitions
- VII. VACSB Updates & New Business
 - A. VACSB 2019-20 Meeting Calendar – Page 50 *Jennifer Faison*
 - B. STEP-VA: Mobile Crisis and Outpatient steps – *Jennifer Faison*
 - C. Status Conference Related to the DOJ Settlement Agreement – *Jennifer Faison*
 - D. VCU Behavioral Health Index – *Jennifer Faison*
 - E. Quality and Outcomes Committee Chairperson - *Sandy O’Dell*
 - F. Request to Update Salary Survey - *Ellen Harrison*
 - G. Levels of Care - *Debbie Bonniwell*
 - H. Developmental Services Issues - *David Coe/Debbie Burcham/Jennifer Faison*
 1. WaMS
 2. DD Case Management: DOJ Strategy Work Group
- VIII. DMAS Updates – *Jennifer Faison*
 1. Medicaid Expansion Implementation
 2. CCC+/Medallion 4.0
- IX. Council Reports
 - A. Children and Family Services Council – *Lisa Hogge/Amanda Cunningham*
 - B. Developmental Services Council – *Cristi McClanahan/John Malone*
 - C. Emergency Services Council – *Will Armstrong/Kelly Clinevell*
 - D. Mental Health Services Council –*Shenee McCray/Sue Medeiros*
 - E. Prevention Services Council – *Samantha Crockett/Lori-Gates Addison*
 - F. Substance Use Disorders Services Council – *Candace Roney/Janet Loving*
- X. Committee Reports
 - A. Administrative Policy Committee - *Joe Scislowicz*

- B. Finance Committee – *Angelo Wider*
- C. Public Policy Committee – *Mary Cole*
- D. Regulatory Committee – *Jane Yaun*
- E. Services Development Committee – *Debbie Bonniwell*
- F. Technical Administration Committee – *Ingrid Barber*
- G. Training and Development Committee – *Ivy Sager*
- XI. Regional Reports
 - A. Region I – *Ellen Harrison/Jim Sikkema*
 - B. Region II – *Margaret Graham/Gary Ambrose/Patrick Sowers*
 - C. Region III – *Debbie Bonniwell/Randy Gilmer/Jane Carlson*
 - D. Region IV – *John Lindstrom/Donald Hunter*
 - E. Region V – *Elaine Breathwaite/Bea Dahlen/Darryl Pirok*
- XII. Executive Director’s Report – *Jennifer Faison*
- XIII. Other Items/Announcements
- XIV. Future Meetings
 - Next Meeting of VACSB Board of Directors: July 24, 2019 – VACSB Conference Room
 - Next VACSB Board Meeting/Business Meeting: October 4, 2019 Hotel Roanoke & Conference Center
- XV. Adjourn

**Virginia Association of Community Services Boards
Combined VACSB Board of Directors and Business Meeting
January 23, 2019**

Board Member Attendance			
Bill Brenzovich	Gib Sloan	Angelo Wilder	Jim Bebeau
Mary Cole	Debbie Bonniwell	Joe Scislowicz	Ingrid Barber
Damien Cabezas	Al Collins	Margaret Graham	Randy Gilmer
Jane Carlson	Elaine Breathwaite	Bea Dahlen	Darryl Pirok
Shenee McCray	Sue Medeiros	Cristi McClanahan	John Malone
Candace Roney	Samantha Crockett	Lisa Hogge	Will Armstrong
Kelly Clineville			

Membership Attendance				
Alexandria	Alleghany Highlands	Arlington	Blue Ridge	Chesapeake
Chesterfield	Colonia	Crossroads	Cumberland Mountain	Danville-Pittsylvania
Dickenson	District 19	Eastern Shore	Fairfax- Falls Church	Goochland-Powhatan
Hampton-Newport News	Hanover	Harrisonburg-Rockingham	Henrico	Highlands
Horizon	Middle Peninsula- Northern Neck	Mt Rogers	New River Valley	Norfolk
Piedmont Regional	Planning District One	Portsmouth	Prince William	Rappahannock Area
Rappahannock Rapidan	RBHA	Southside	Valley	Virginia Beach
STAFF: Jennifer Faison				

OUTCOMES

- I. Call to order – Bill Brenzovich called the meeting to order. Angelo Wider completed a roll call for Board of Directors members and representatives from CSBs present for the combined meeting which was captured on the document attached to the email that contains these outcomes.
- II. Approval of Outcomes
 - A. Board of Directors: December 11, 2018 Meeting
OUTCOME: The outcomes were approved as distributed by unanimous vote.
 - B. Membership Business Meeting: October 5, 2018
OUTCOME: The outcomes were approved as printed in the conference agenda by unanimous vote.
- III. Officers Reports
 - A. Chair
 - Nominating Committee Report – Bill Brenzovich reported that the Nominating Committee would be led by Debbie Bonniwell and would prepare a slate of officers to be put before the Board of Directors for a vote at the March Board meeting.
 - B. Past Chair – Gib Sloan had no report.
 - C. 1st Vice Chair – Karen Grizzard had no report.
 - D. 2nd Vice Chair – Jennifer Faison reported on behalf of Sandy O’Dell on the ED Forum held the previous day.
 1. Questions about the STAC, VACSB’s Letter and DBHDS Response
 - Dr. Melton addressed the group regarding the letter that VACSB sent to Dr. Melton outlining concerns with communication on the primary care screening step of STEP-VA. He asked if there were any additional comments and there were none.
 - Dr. Melton pledged to move forward in a collaboration with the CSBs understanding that the primary care screening step had to be figured out on a very fast timetable which he believes led to some of the missteps in communication, etc.

- Dr. Melton also mentioned that DBHDS will provide a conference line so that all EDs can listen in on the STAC meetings and said that DBHDS will get the meeting materials out far enough in advance that STAC members can get feedback in their regions prior to the meetings.
 - Finally, Dr. Melton provided clarification on items that emerged from CSB feedback:
 - DBHDS does not intend to put one CSB in a position of authority over another
 - The “lead CSB” is meant to be the organizer of group discussions about the implementation plans
 - DBHDS will require that the implementation plans be submitted in a standardized format so that they are easier to compare and review
2. Farley Center Transformation Effort
 - Dr. Alexis Aplasca briefed the group on the joint DMAS/DBHDS Farley Center initiative to transform the Medicaid behavioral health system.
 - Dr. Aplasca let the group know that with the last document that they circulated which contained the proposed new service array, their work with the Farley Center is concluded. This does not mean; however, that the transformation work is complete.
 - DMAS and DBHDS plan to convene work groups to drill down into how the proposed service array might be implemented
 - Dr. Aplasca indicated that involved parties are recognizing now that transformation may not be able to be “cost neutral” to the state.
 3. New Accountability Requirements for DD
 - VACSB requested that DBHDS delay the requirement for all ISPs to be entered WaMS by 01 APR 2019 so that the work to streamline the ISP can be completed which may help with some of the technical issues that WaMS has.
 - Heather Norton reported that they were going to delay the reporting requirement until 01 JUL 2019. She clarified that CSBs would be responsible for ensuring that any ISPs created beginning on 01 APR 2019 would need to be entered WaMS.
 - The group was still unclear on the timing and the requirements and requested that DBHDS provide clarification in a written statement.
 4. New Financial Reporting Requirements
 - DBHDS has been working with a small number of CSB CFOs to develop a tool for early detection of financial difficulties in CSBs. CSBs currently engage in financial reporting to DBDHS but DBHDS feels like the information is not provided frequently enough and therefore does not allow for DBHDS to assist with problem solving in the event there is an issue.
 - Andrew Diefenthaler with DBHDS is going to meet with the CSB Finance Directors on 29 JAN 2019 in order to finalize the reporting requirements.
 5. DBHDS Crisis Work Group and National Guidelines
 - Dr. Melton reported that DBHDS has created an internal work group to discuss the crisis continuum as a result of a request from Secretary Carey on what the vision for crisis care should be.
 - He did not indicate at what point they would bring CSBs into the conversation.
 6. Financial Realignment/Census
 - Daniel Herr provided information related to the number of emergency calls, elopements and TDOs and applauded the CSBs for being able to handle the work in a complex system of care.

- E. Secretary/Treasurer
 - 1. Angelo Wider reported that the Gartlan Award committee will be receiving nominations soon and recommended that individuals who did not win in previous years could be re-submitted for review.
 - 2. Angelo also reported that the VACSB finances are tracking appropriately and that all the proper tax and other association forms had been filed timely.
- IV. VACSB Reports and New Business
 - A. General Assembly Updates – Jennifer Faison did not have anything further to report since the Legislative Forum held the previous day.
 - B. DLA-20 Implementation
 - No issues have been reported with implementing the DLA-20 effective 01 JAN 2019.
 - The group had some questions regarding the interface between the DLA-20 data and SPQM. There remains confusion about interaction between the CSB SPQM, the DBHDS SPQM and CCS3.
 - C. Levels of Care
 - Jennifer Faison reported on behalf of Debbie Bonniwell reported that there was one change made to the proposed Levels of Care document as a result of feedback on the previous draft. There was some concern as to whether implementing these Levels of Care would create a de-facto standard or expectation on the part of the MCOs or DBHDS licensing.
 - Upon advice from DBHDS licensing, a statement was added to the document that says the Levels of Care are not to be interpreted as standards and would not be considered as such by DBHDS and DMAS.
 - D. Third Party Billing Update
 - Jennifer Faison contacted Rene Cabral-Daniels with the Community Care Network of Virginia to discuss CSB options for contracting and rate negotiations with the MCOs. She also learned that CCNV provides third party billing services and credentialing services.
 - E. Developmental Services Issues
 - 1. WaMS
 - There was no additional discussion on WaMS
 - 2. DD Case Management: DOJ Strategy Work Group
 - The work group produced several documents and tools for use by CSBs to prepare for potential upcoming visits from the DOJ Independent Reviewer.
 - The tools include talking points for use with line staff, a document that reviews the key concerns surfaced in the last report from the IR and a set of data provided by DBHDS that CSBs should review to ensure their numbers are headed in the right direction.
- V. DMAS Updates
 - One CSB ED reported difficulty in getting their uninsured individuals to apply for Medicaid; there was no additional feedback on the implementation of expansion.
 - Jennifer provided a handout from Gerald Craver at DMAS who is requesting CSB volunteers to coordinate interviews with Medicaid MCO members as part of a research project.
- VI. Council Reports
 - A. Children and Family Services Council
 - Lisa Hogge reported that the Council had a lively meeting yesterday.
 - The Council’s legislative work has been headed by Paulette Skapars from RBHA and she has been working closely with Hilary Piland, VACSB Public Policy Manager. Paulette attends the weekly Clearinghouse meetings and she reports back to the Council on items of interest.

- The Council has been particularly focused on House Bill 1735 related to creating a Commission on student health.
 - The Council discussed the Families First Prevention Act and received updates from two of the work groups, the Evidence-based Practices group and the Prevention group. While the project is still relatively new and is a bit behind schedule in terms of implementation of services in October, the Council is closely following the federal government's guidance around which evidence-based practices will have to be made available and which are reimbursable. With the delay in the Federal Clearinghouse, identifying the services that will be on the list and be available, there will be delays in setting up residential programs and services by October.
 - The Prevention group is actively working together to define the eligibility criteria for the Department of Human Services to use when they approve services for children and families. They're pleased with their progress, they're probably ahead of the other groups.
 - Nina Marino and Catherine Hancock from DBHDS joined the meeting and spoke at length about the Department's push for a cross-disability crisis system.
 - There was some recognition and discussion about the Workforce Development that would be required to develop such a system.
 - The Council noted for DBHDS that much of our current system is driven by the different funding streams and the DOJ Settlement Agreement and we must follow the rules of our payers which can be complex and conflicting.
 - DBHDS acknowledged that while our work in the state is patchy, there are some very innovative things happening and some of the regions were acknowledged for their creative work.
 - Nina specifically told the Council that DBHDS plans to model Connecticut, Milwaukee and New Jersey and expects to create a mobile crisis model to be available 24/7 without there being any need for an ES intervention unless the mobile crisis person were to connect to that. The model would also have a constant family support or peer support element available. She really drove that point home.
 - Nina also spoke about the \$9M in the Governor's budget and her hopes that some of it can be used for children's crisis services.
 - DBHDS will be focused on the Children's Mental Health Awareness Day, which is on May 9th. They would like to change the look of that and would like to have the support of all the CSBs to partner with their providers, both physical and behavioral health, to create a local buzz so that it's not just a "Richmond event." The Council should expect to see some correspondence from the Department regarding a social media campaign and possibly some available for every locality to make it a fun event but one that is focused on suicide prevention and awareness.
 - The last update is regarding Therapeutic Day Treatment. The 13 CSBs still providing the service are facing challenges. An extreme amount of manpower is being required to track authorizations when the families change MCOs and tracking the service units is also a problem. There continue to be financial challenges and the Council will reach out to Jennifer at the appropriate time to get the support of the Association in finding some relief.
- B. Developmental Services Council
- Cristi McClanahan reported that the Developmental Services Council had a well-attended meeting yesterday.

- Regional updates were provided by each of the Regions. We also had Nina Marino from DBHDS join the Council to talk about the Part C Early Intervention program as that now falls under her purview at the department.
- The Council discussed the need to continue to advocate for Part C funding increases, particularly the rates that have not been raised in a very long time. In addition, the Council talked about the need to continue discussions around the new functional review, which was implemented this year by DBHDS as a new auditing tool. Many systems are finding it hard to complete the review in the required time frame and it's adding a lot of administrative time and cost. The timing of the review is also problematic because it comes right before the annual review that's required every year in March and the CSBs have only 10 days to get their information back to the department.
- The Council talked extensively about the DOJ work Group, which is working to address the concerns around case management and quality issues. As Jennifer mentioned the work group has put together some talking points which will be coming out to Executive Directors to work with staff, primarily supervisors and support coordinators, around how to prepare for the upcoming DOJ reviewer visits.
- The Council and DS leaders have put a lot of effort into ensuring that we can make significant improvements this time around when the DOJ reviewers come so we want to focus on that progress rather than having the reviewer hear about support coordinators' job woes.
- The Case Management Status Report is a tool that was sent by link to Executive Directors in December. It's a tool for use in monitoring a CSB's progress on the 9 elements that are of concern to the DOJ Independent Reviewer. There are instructions in the information that was sent out about how to give feedback if you have any concerns around your data or information.
- The DOJ work group is continuing its work to streamline the ISP. Eric Williams from DBHDS announced that we've gotten the elements in the ISP down from about 88 to 29.
- The Council had robust conversation about the WaMS ISP data migration and the new accountability measures that were put out by the Commissioner on December 14th. Heather Norton reported to the Council that DBHDS is making a concession in regard to what they're going to require of CSB's to have enter directly into WaMS so that we will be required to have data entered between April and June and that they will be looking at 70% of that quarter as full compliance. We can expect a letter to clarify the expectations.
- Representatives from DMAS provided updates on how Medicaid expansion is going. In addition, representatives mentioned that the new DD regulations are out for public comment. The Council is putting together a work group to provide formal feedback.
- Finally, the Council is getting its nomination committee together to identify a new slate of officers for this coming next two years. I wanted to give a special thank you to Lisa Schneider from Loudoun. She did a tremendous job in reviewing the case management manual which was put out by DBHDS in December. Lisa reviewed a 932-page document during the holiday season. She actually read it! And she led our efforts for the DS Council to provide public comment, so we are really appreciative of her efforts.

C. Emergency Services Council

- Will Armstrong reported that the ES Council had a good meeting yesterday.
- The meeting started with a report from Roshontia Haas who represents us on the TDO task force, which is subgroup of SJ 47. It seems like the emphasis has

shifted from mobile crisis to psychiatric emergency centers (PECs). Council members are all excited about New River Valley and their PEC proposal and we'll anxiously await how that that works.

- Susan White represents the Council on the Public Policy Committee. The Council received a report stating that none of the bills have major impact as they stand now.
- The Council also discussed, of course, workforce development issues. One of our action items is to create a work group on that. As many of you know, DBHDS sent out some potential suggestions on ways to make the certified pre-admission screening clinician standards a little less prescriptive. And although we support that, we want to make sure that they don't get watered down to the point that it compromises our professional identity. We're going to provide some feedback to DBHDS.
- The group talked briefly Mandatory Outpatient Treatment (MOT) and there seems to be some interest, primarily out of Region 2 and some of the other boards that use that around the state, to figure out a way to advocate for strengthening or clarifying the code around MOT so that it can be used more broadly when appropriate.
- Mindy Conley and Suzanne Mayo from DBHDS joined the meeting and talked about the new medical clearance guidelines, which went live in November. We discussed how that was working or not working. There is a Review Committee and we'll be looking at the issues around the process. Will Armstrong represents the Council on that committee.
- The Council further discussed the alternative transportation provider RFP that went out recently. The Department is down to two possible vendors and hopes to make its selection soon. There will only be one vendor statewide. Gail Paysour, who was the Region 3 Project Director, is going to be the ATP coordinator for DBHDS.
- The Council was grateful for the positive feedback that Daniel Herr gave to the Emergency Services personnel. The Council believes it would be beneficial if Daniel could come to the next meeting and provide it to the cadre in person.
- The Emergency Services Conference will be held 26 and 27 JUN 2019.

D. Mental Health Services Council

- Shenee McCray reported that the MH Council meeting yesterday was well-attended.
- Gabrielle Caldwell Miller provided updates from DBHDS on the Behavioral Health Transformation Initiative. It looks like the final report will have recommendations for upstream services and the use of evidence-based practices. DBHDS is also looking at ways to get more funding by braiding funds with DSS and some of the other agencies. Gabrielle also provided an update on STEP-VA, and Same Day Access, reporting that all CSBs will comply by March.
- Gabrielle went on to say that there's some preliminary conversation between DBHDS and DMAS to combine the DLA and quarterly review, but she did indicate that this is in the infancy stages and not the top priority. She also mentioned that the Primary Care screening funding letters have already gone out and they are currently working on developing a funding allocation formula and definition for Outpatient Services.
- The Council is advocating for assistance in educating students so that when they come out of school that they're prepared for the workforce and can meet the certification requirements.
- Ashley Harrell from DMAS came to entertain questions and provide clarification around the comprehensive needs assessment. There were a lot of questions.

The Council engaged her for about 30 to 45 minutes, sharing some of the challenges and concerns as well as asking for clarification. DMAS also provided a clarification on information around Medicaid expansion, indicating that currently they are 213,670 individuals who have been approved for expansion. Included in that number are 25,000 for CCC Plus, 190,000 for Medallion 4 and 4000 for fee-for-service. She also talked about the targeted case management registration process that has been relaxed for Medicaid expansion which we were all aware of, noting it will return to its normal expectations after June 30th.

- Finally, the Council discussed the Levels of Care proposal from the Service Development Committee. The Council is supportive of the concept and looks forward to the pilot.

E. Prevention Services Council

- The Prevention Council reported that staff at all CSBs submitted their needs assessments to DBHDs on December 31st. This assessment will be used to disperse the SOAR grants to the CSBs for prevention. CSBs should receive an award letter by the first week of February for that funding. Each CSB also received a scholarship from DBHDs to send someone from their team to the CADCA conference and for one-year membership. All our OPT R grantees are finalizing their implementation activities and all of that is due by April 30. Everyone is still completing and implementing their suicide awareness plans. Region 1's Lock and Talk was recognized nationally. Look out for training opportunities for ACE, MHFA and ASSIST in the coming months.

F. Substance Use Disorder Services Council

- Candace Roney reported that the Substance Use Disorder Services Council had a very informative meeting yesterday.
- Mellie Randall from DBHDS attended. She updated the group on the effort to get more assessors so that individuals with barrier crimes in their backgrounds can be assessed and work in CSBs. She told us that there is a pilot instrument that has been completed by The Institute of Law Public Policy and Psychiatry and that she was looking for some volunteers to create a work group surrounding this. The Council is going to look at the instrument and provide feedback and try to develop a protocol to help people get into the workforce.
- Mellie also talked about acquired brain injury and a document that came out a few weeks ago related to this topic. She explained to us that a requirement to provide services to individuals with acquired brain injury was included in the 2015 budget. There is no new money for this. Mellie will provide guidance in the future on the services that are needed to ensure that we are meeting this addendum.
- Mellie discussed DBHDS' advocacy to allow CSBs to dispense naloxone directly to consumers. In order to be able to do this, CSBs would need to register with the Board of Medicine. They would need to go to the Board of Pharmacy fill out the application and have someone qualified to dispense the medication at the CSB.
- Mike Zohab with DBHDS spoke about the SOAR grant. There are 28 CSBs who have been funded. There are still 12 CSB who have not completed a request for any funding at all. He's encouraging every CSB to please fill out or complete a proposal for funding for the SOAR grant. Mike indicated that we can start to spend the money immediately. The grant can be used to cover the cost of staff which is unusual for a grant of this type.
- Ashley Harrell from DMAS indicated we are entering Phase 2 of the ARTS benefit. She indicated that the ASAM is still required in order to get reimbursed

for ARTS. Ashley updated us and stated that in-network providers will waive authorization for prescriptions of buprenorphine and naloxone which means the CSB does not have to get an authorization new doctors who are in network providers in order to write those orders anymore.

- The Council had a lot of conversation regarding CSACs and their scope of practice. What can they do? What's in the scope of practice. There will be a guidance put out by the Board of Counseling to clarify exactly what is in the scope of practice for a CSAC, including clarification about individual and group counseling as well as the difference between counseling and psychotherapy.

VII. Committee Reports

- A. Administrative Policy Committee – No report.
- B. Finance Committee – No further report.
- C. Public Policy Committee
 - Mary Cole requested that the group read over any of the information you receive during this conference regarding legislation. The Public Policy Committee will still host Clearinghouse meetings the next few weeks and this afternoon. If you hear of legislation that is alarming, please let Mary Cole, Jennifer Faison or Hilary Piland know.
 - Mary also wanted to publicly thank Hilary Piland for everything she does to support this very important legislative work. She really has stayed on top of Clearinghouse and she has things very organized. It makes it an easy group to lead because she has done so much. So, thank you, Hilary, for all you do. We appreciate it.
- D. Regulatory Committee – No report.
- E. Services Development Committee – Jennifer Faison will send out the final version of the Levels of Care document which has some language to protect against the documents, processes or procedures from being used against the CSBs by DBHDS licensing, DMAS audit staff or the Medicaid MCOs.
- F. Technical Administration Committee
 - Ingrid Barber started her report by “cheerleading” for the VACSB system. She went on to report the actual data as reported by Daniel Herr at the ED Forum. Daniel said there were 600,000 calls for ES, 90,000 face-to-face evaluations, 26,000 TDOs and 200,000 calls to private hospitals. The private hospitals are taking fewer TDOs, down to 79% from above 90%.
 - Ingrid encouraged everyone in the meeting to give the system a hand for all that it does. CSB staff work hard and put up with a lot!
 - On behalf of the DMC, Ingrid provided an update on ISPs and entry into WaMS. CSBs should start entering as of April 1st and they'll start gathering the data as of July. DBHDS wants to provide a report on primary care of screening and monitoring and metabolic screening and the CSBs still have some concerns over the reporting and significant discussion is needed to determine the values that will be going into the CCS specification.
 - There are some concerns with the ability of CSBs to report the DLA-20 data if they do not all have contracts with MTM for SPQM. The DMC has proposed including a data element in CCS3 to report the final DLA-20 score which should solve at least part of the problem.
- G. Training and Development Committee – No report.

VIII. Regional Reports

- A. Region 1
 - Damien Cabezas reported that despite a marked lack of clarity from the Department, a lack of funds and overall vision, the region intends to submit individual plans for STEP-VA through the Region 1 lead CSB on the 25th of

January, and hopefully we'll get some positive feedback on the plans. One observation about going through the process of planning for primary care screening with DBHDS is that, despite the lack of clarity, it's brought the region closer together.

- The region worked very closely on this and the plans that submitted are going to be very similar to one another with minor tweaks throughout.
- Damien also mentioned that while he's had the privilege of serving as the chair of Region 1 for two years, he is happy to report that Ellen Harrison is taking over that role beginning February 1. Damien recognized his colleagues in Region 1. He said it has been a real pleasure to work with such talented, resourceful, innovative individuals. Similarly, I've served on the VACSB board and I want to thank the board as well as Jennifer and the team at VACSB for the hard work and unwavering commitment to the CSB system.

B. Region 2

- Margaret Graham reported on behalf of Region 2 that they continue to work with our private hospital partners to address the TDO crisis and the bed census challenges. Effective January 1, Region 2 is offering funds to support a one-to-one staff ratio to individuals admitted to the private hospitals and the region is hoping that will improve the admission rate to the private hospitals. The region submitted a concept paper some months ago identifying community infrastructure that we need to keep the through-putting process working. There has been little in the way of feedback, but the region will continue to work on assisted living facility capacity and is interested in developing a psychiatric emergency center.

C. Region 3

- Debbie Bonniwell reported that, like most other regions, they've been focused on gathering together Primary Care Screening responses in a regional manner. Mount Rogers CSB and Sandy Bryant were identified as leads on that and are currently collecting all the plans, but there have been discussions as a region as how to best do that. The region is planning an Executive Directors Retreat because with all that is swirling around in the system, the region needs to discuss best how to respond, collaborate and communicate in a more effective way.

D. Region 4

- John Lindstrom reported that Region 4 is doing pretty much what every other region is doing. The Executive Directors Consortium has met several times since the December 18th email from DBHDS delineating some of the responsibilities around the proposals for Primary Care screening and STEP-VA. CSBs appear to be moving rapidly toward a tighter regional identity and are demonstrating openly a very high level of collaboration.
- Region 4 has been blessed to have a very rapid replacement after the retirement of Susan Bergquist from Goochland Powhatan. Our forces are strengthened by the addition of Stacy Gill coming over from the Department.
- Region 4 has also worked very hard collectively on several proposals, a few of which are still under active consideration. The region is entertaining one proposal for mental health group homes to relieve the census issues for some of the very long-term treatment refractory folks at state facilities and has also developed a proposal for a specialty unit for individuals with developmental disabilities at one of the regional hospitals.
- Region 4 is gearing up for REACH expansion. There are two additional homes under construction in Chesterfield County and the therapeutic home for

children will be completed later in the spring. The adult transition home should be online in late March.

- We're looking forward to our partnership with the entire State as I understand those homes will be prioritized for admissions from all around the commonwealth.
- And of course, by the close of business Friday, the region intends to submit, through RBHA as it's the lead on the primary care screening initiative, proposals for Primary Care Screening, and they are, not surprisingly, looking very much alike.

E. Region 5

- Elaine Breathwaite reported on several Region 5 accomplishments, challenges and some collaborations that are in place. You may have seen in the news of late some concerns about the Hampton Roads Regional Jail which includes five of the cities in the region. The region has been awarded two grants. One is recently achieved, a forensic case management grant, which will put nine case managers in the jail, and the other is a grant that has provided for peer support and case management and a clinical therapist.
- Western Tidewater has been engaged in enhancing training opportunities.
- The Tidewater Cove remains at capacity, but it has greatly helped the region with census management at Eastern State. The region continues to work together to meet the goals that the state has placed on it to get people out of Eastern State and there has been an observable difference.
- The regional office has undertaken a redesign of a couple of the goals that it was requested to make regarding DAP plans, and it has worked to see that the most effective plans are put in place.
- The region is also working to streamline its meetings so that the same people are not having to attend the same meetings on similar topics.
- Two weeks ago, the region met with its private hospital partners. This is the third meeting we've had with them. There were over 30 participants and there was an excellent exchange of conversation regarding forms, data collection, communication and processes.
- Monday was Martin Luther King Jr's birthday. Elaine provided a quote from Martin Luther King, "Not everyone can be famous. But everybody can be great because greatness is determined by service." And we do a great service to our communities and I just want to applaud what we do.

IX. Future Meetings

- A. VACSB Board of Directors: March 20, 2019 – VACSB Office Conference Room
- B. VACSB Business/Board Combined Meeting: May 3, 2019 - Williamsburg Lodge

X. Adjourn

REMINDER!

**CONTACT
HOURS**
*Provided by Mary
Clair O'Hara*
DBHDS

Certificates for attendance at workshops, general sessions and luncheons are available at the registration desk

Certificates will be available AT THE END OF DAY, both Wednesday and Thursday

Certificates WILL NOT be available on Friday





Slate of Officers 2018-19

(Board Approval March 20, 2019)

Chair: William Brenzovich, Sr.
1st Vice Chair: Karen W. Grizzard
2nd Vice Chair: Jim Bebeau
Secretary/Treasurer: Angelo Wider
Past Chair: F. Gibbons Sloan, III

CSB Board Member Regional Representatives

(Board Endorsed March 20, 2019 - elected by Regions)

- Region 1** Primary: James Sikkema, Horizon Behavioral Health
Secondary: Barbara Barrett, Region 10, CSB
- Region 2** Primary: Henry Johnson, Alexandria CSB
- Region 3** Primary: Randy Gilmer, Planning District One Behavioral Health
Secondary: Jane Carlson, Piedmont CSB
- Region 4** Primary: Irvin I. Dallas, Richmond Behavioral Health
- Region 5** Primary: Beatrice “Bea” Dahlen, Hampton Newport News CSB
Secondary: Dr. Darryl Pirok, Middle Peninsula-Northern Neck CSB

New (and returning) Board Member Training: July 24, 2019 (VACSB Office)

10:00 am – 11:30 am – Board Member Orientation
11:30 am – 12:15 pm – Board Luncheon
12:15 pm – Board Meeting

Mark your calendar - plan to Attend!



VACSB Meeting Calendar 2019 - 2020

Executive Directors Forums

July 23, 2019	VACSB Conference Room
October 3, 2019	Hotel Roanoke & Conference Center
December 10, 2019	VACSB Conference Room
January 21, 2020	Richmond Marriott Hotel
March 17, 2020	VACSB Conference Room
May 7, 2020	Williamsburg Lodge
July 21, 2020	VACSB Conference Room
October 8, 2020	Hotel Roanoke & Conference Center
December 8, 2020	VACSB Conference Room

VACSB Board of Directors Meetings

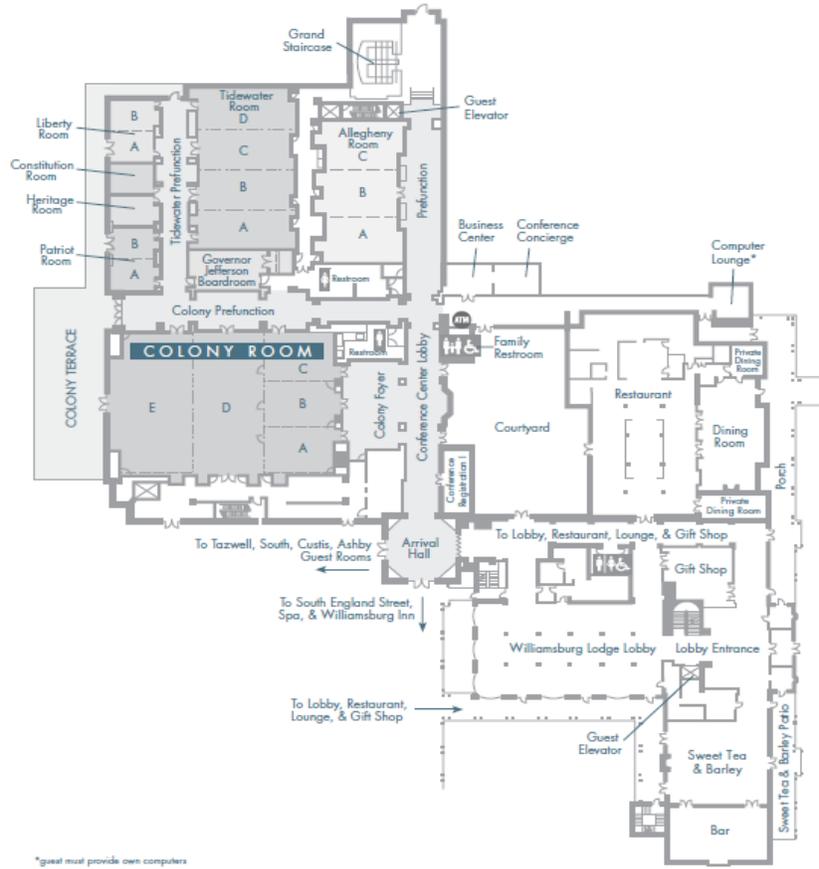
July 24, 2019	VACSB Conference Room
October 4, 2019	Hotel Roanoke & Conference Center
December 11, 2019	VACSB Conference Room
January 22, 2020	Richmond Marriott Hotel
March 18, 2020	VACSB Conference Room
May 8, 2020	Williamsburg Lodge
July 22, 2020	VACSB Conference Room
October 9, 2020	Hotel Roanoke & Conference Center
December 9, 2020	VACSB Conference Room

VACSB Conference Schedule

October 2-4, 2019	◆	Hotel Roanoke & Conference Center
January 21-22, 2020	◆	Richmond Marriott Hotel
May 6-8, 2020	◆	Williamsburg Lodge
October 7-9, 2020	◆	Hotel Roanoke & Conference Center

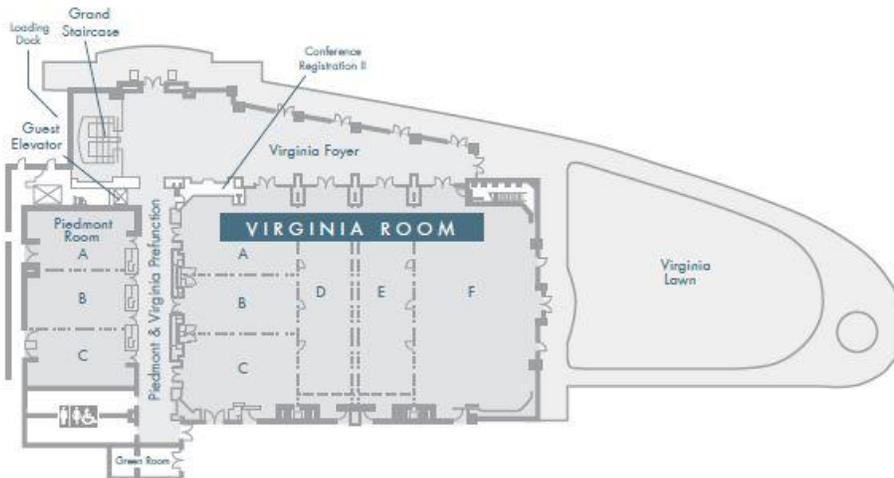
Meetings held in the VACSB Conference Room begin at 10:00 am.
Meetings held during conference will be published with conference Agenda

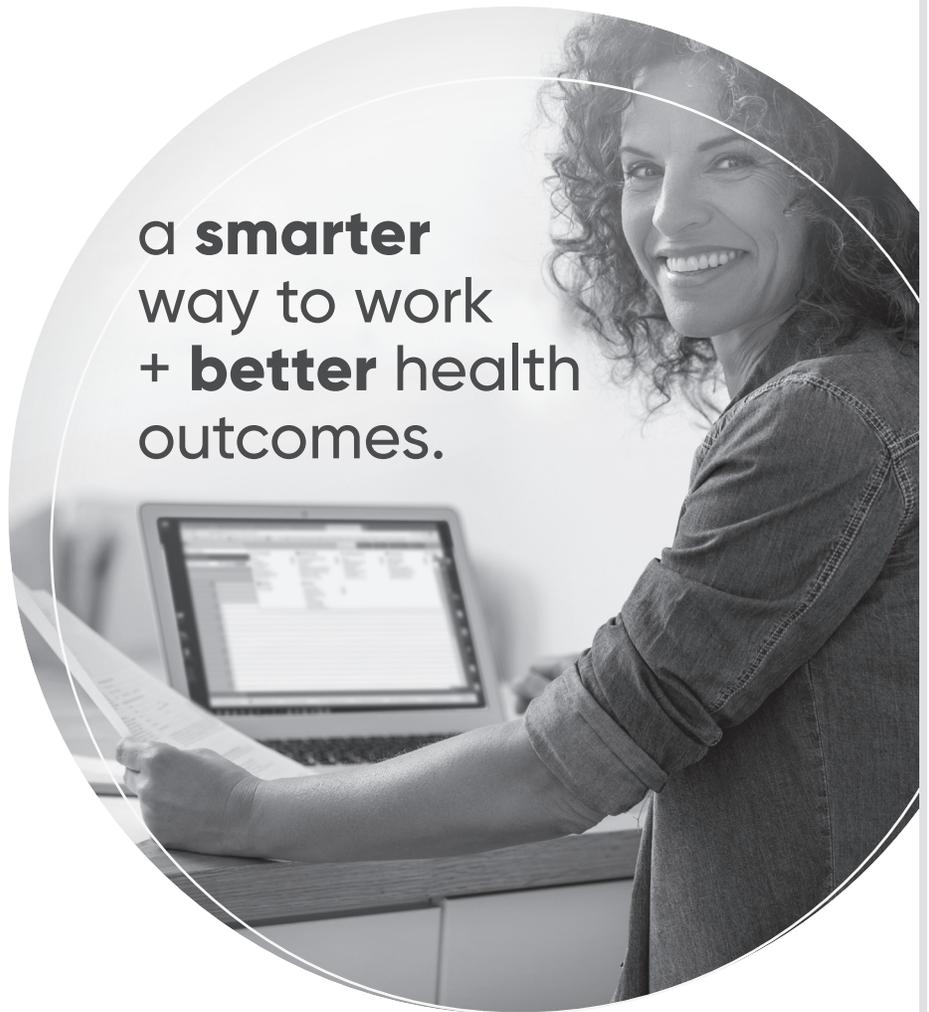
CONFERENCE CENTER MAIN LEVEL



*guest must provide own computers

CONFERENCE CENTER LOWER LEVEL





a **smarter**
way to work
+ **better** health
outcomes.

welligent

EHR + mobile apps

WORK SMARTER, NOT HARDER. WELLIGENT LETS YOU
TAKE YOUR EHR SYSTEM WITH YOU, WHEREVER YOU ARE.

Visit us at welligent.com to schedule your demo.