

# May is Mental Health Awareness Month & Early Intervention Awareness Month

## May 5th is Children's Mental Health Awareness Day

*\*In addition to the listings below, please also check your local Community Services Board's (CSB's) website for events happening in your area! Find your CSB [here](#).*

### Mental Health Awareness Month & Children's MH Awareness Day, May 5th:

#### **DBHDS:**

In honor of Children's Mental Health Awareness day on May 5<sup>th</sup>, The Office of Child and Family Services at DBHDS hosted a virtual panel on **Resilience and Hope: Youth Suicide Prevention** [Resilience and Hope: Youth Suicide Prevention](#)

#### **SAMHSA:**

HUD/SAMHSA: National Mental Health Awareness Month Webinar Series - [HERE](#)

SAMHSA: Children's Mental Health Awareness Day - [HERE](#)

#### **NAMI:**

NAMI 2022 Mental Health Awareness Month - [HERE](#)

#### **NAMI-VA:**

NAMI-VA Online Programing for Mental Health Awareness Month - [HERE](#)

#### **Mental Health America:**

Mental Health America 2022 Mental Health Awareness Month - [HERE](#)

#### **President Biden's Proclamation on Mental Health Awareness Month:**

National Mental Health Awareness Month - [HERE](#)

#### **Governor Youngkin's Proclamation on Mental Health Awareness Month:**

Mental Health Awareness Month - [HERE](#)

#### **Governor Youngkin's Proclamation on Resilience Week:**

Resilience Week May 1 -7, 2022 - [HERE](#)

### Early Intervention Awareness Month:

Fredericksburg Parent and Family Magazine article on Early Intervention and the "Power of Play" – [HERE](#)

Value of Part C - Early Intervention - [HERE](#)

#### **Governor Youngkin's Proclamation on Early Intervention Awareness Month:**

Early Intervention Awareness Month - [HERE](#)