

VACSB Public Policy Panel

October 5, 2023

Nelson Smith, Commissioner

Department of Behavioral Health &
Developmental Services



Virginia Department of Behavioral Health
and Developmental Services





End of September
large multi-media
campaign to run
for 8 weeks:

- social media
- digital campaign
- radio
- billboard

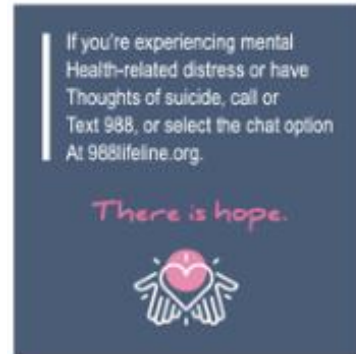
New 988va.org website

Toolkit with graphics, logos and
materials for stakeholder use

National campaign expected late Nov.

Materials will be replicated in Spanish

Phase 2 of campaign next year





**RIGHT HELP.
RIGHT NOW.**

Transforming Behavioral Health Care for Virginians

1. Ensure same-day care for individuals experiencing behavioral health crises
2. Relieve law enforcement's burden and reduce the criminalization of mental health
3. Develop more capacity throughout the system, going beyond hospitals, especially community-based services
4. Provide targeted support for substance use disorder and efforts to prevent overdose
5. Make the behavioral health workforce a priority, particularly in underserved communities
6. Identify service innovations and best practices in pre-crisis prevention services, crisis care, post-crisis recovery and support and develop tangible and achievable means to close capacity gaps





80% resolved on the phone through 988

70% resolved in the field through mobile crisis

65% discharged to the community from crisis receiving centers

- Crisis Now



WS 2: Alleviating Law Enforcement Burden

- Alternative transportation providers conducted train-the-trainer
- Statewide surveys shows positive impacts of the alternative transportation program

WS 3: Building Capacity

- Seeking stakeholder feedback on regulatory process, peer-to-peer support, evaluative and redesign conversations specific to hospital discharges and readiness, and planning for children's services.

WS 4: Substance Use Disorders

- Assessing the needs for community SUD services
- Developing a "Community Prioritization Model."

WS 5: Workforce

- Collecting baseline data
- Developing strategies

WS 6: Innovation

- Implementing legislation to mandate commercial insurance for mobile crisis and residential crisis
- Reprocurring of the Medicaid MCOs





Community Living

100 Slots

- 90 assigned
- 14 Regional Slot Assignment



WSACs

- 11 CSBs -July
- 23 CSBs – August
- 6 CSBs- September



Family & Individual Support

500 Slots

- 476 Assigned
- 23 Regional Slot Assignment



Priority 1 Waiting List

- 19 CSBs have 7 or fewer people
- 8 CSBs 15-50
- 4 CSBs 51-100
- 8 CSBs 108-352
- 1 CSB 1157

Currently Served

16,919 Individuals



Priority 1

Projected to need services in a year

3,337 Individuals

Priority 2

Expected to need services in 1-5 years

6,454 Individuals

Priority 3

Expected to need services in 5+ years

5,088 Individuals

	Total Capacity (all admission types)	Current Limited Capacity	Current Census	% Current Limited Utilization	% Forensic Patients
Catawba (adult and geriatric)	110	110	106	96%	27%
Central State (excluding VA's only max security unit)	166	166	168	101%	78%
Eastern State (adult and geriatric)	302	257	261	102%	87%
Northern VA Mental Health Institute	134	134	134	100%	47%
Piedmont (all geriatric)	123	123	120	98%	16%
Southern VA Mental Health Institute	72	72	72	100%	73%
SW VA Mental Health Institute (adult and geriatric)	175	175	175	100%	32%
Western State (*31 beds brought back online Oct. 2, 2023)	246	246	216	88%*	72%
Commonwealth Center for Children & Adolescents	48	24	22	92%	0%

DBHDS is implementing Right Help, Right Now as a top priority and working to modernize its core systems and processes to support RHRN and other DBHDS strategic plan initiatives. Updates across the strategic plan's major priority areas include:

Workforce	Continuum of Care	Modernization
<ul style="list-style-type: none"> Priority Staff Vacancies: Vacancy Rate for Psychologists / Counselors has met 20% target (currently only 11.6% vacancies) Public System Workforce Capacity: Worked with CSBs to complete an assessment of capacity for prioritized positions Licensing: Average waitlist time for priority providers reduced from 1.5 years to 2 days; 100% of approved priority service applications granted licensure in less than 90 days 	<ul style="list-style-type: none"> DOJ Settlement Agreement: Achieved compliance with 222 indicators; now 79% compliant Coordinated Specialty Care: 3 new CSC programs stood up across Virginia as of April 2023 School-Based Mental Health: 842 youth currently being served through school-based mental health services, exceeding target Assertive Community Treatment: Significant reduction in bed days after treatment based on data from upcoming 2023 report Crisis Services: 79 mobile crisis teams are now staffed; 988 marketing campaign launched October 2, 2023 	<ul style="list-style-type: none"> Corrective Action Plan: Worked with stakeholders to identify process improvement opportunities and developed a corrective action plan to inform future priorities Satisfaction Survey: Completed initial satisfaction survey with all CSB representatives; working hard toward next steps Facility Financial & Operations: Identified target areas for cost savings and efficiencies Data Warehouse: DBHDS is making progress toward establishing a new Enterprise Data Warehouse to support exchange and access of information

Link to Public Dashboard

dbhds.virginia.gov/about-dbhds/strategic-plans/

The dashboard tracks progress as DBHDS works to support individuals by promoting recovery, self-determination, and wellness in all aspects of life. The dashboard is available on the DBHDS website.

