

2024 LEGISLATIVE CONFERENCE







SPONSORED BY



REDISCOVER HOPE IN YOUR LIFE (855) 326-HOPE

COMPASSIONATE AND INCLUSIVE ONLINE COUNSELING

Now accepting new clients for online and in-person sessions in VA, DC, MD, FL and TX.

Who We Are

Rivers of Hope Counseling helps individuals, couples, and families navigate a life's difficulties or crossroads through convenient, professional online therapy.

At Rivers of Hope Counseling, our team is proud of our diversity. We have a qualified therapist as unique as you are and a specialist trained and experienced to assist with your mental health needs. Allow our expert staff to pair you with a licensed professional counselor and leave behind generic online counseling. We will listen and understand your past and work with you for a better future.

A Brighter Future is Three Steps Away

Initial Contact

Contact us online or by calling us at (855) 326-HOPE. We will walk you through the intake process and get the details we need to proceed.

Choose a Therapist

Browse through a diverse selection of professionals and read their bios on our website. Choose the a counselor you feel may be best suited for your needs.

Schedule Sessions

One of our team members will reach out to schedule your first session with your counselor. After your initial session, any additional sessions can be scheduled.

riversofhopecounseling.com

(855) 326-HOPE (4673)

🛛 🖂 admin@riversofhopecounseling.com



CONTENTS V

Welcome Message from VACSB Chair	. 2
Conference Schedule	.3
Conference Exhibitors	.4

Meeting Agendas:

Emergency Services Council	5
Children and Family Services Council	6
Human Resources Council	7
Developmental Services Council	8
MH/SUD Council	10
Prevention Council	12
Executive Directors Forum	14
VACSB Board of Directors	15
VACSB Business/Board Meeting Outcomes (06 OCT 2023)	17
VACSB 2023 – 2024 Meeting Calendar	31
VACSB Priorities for the 2024 – 2026 State Budget	32
Conference Center Map	



CEUs are being provided by DBHDS. Please stop by the registration desk at the end of the day to pick up your certificate.



On behalf of the Board of Directors and members of the Virginia Association of Community Services Boards, I am so happy that you have decided to spend some time learning and connecting with your colleagues at VACSB's 2024 Legislative Conference. It is my great pleasure to be a part of this event. If this is your first VACSB conference, I extend a special welcome and hope you will join us at future conferences.

The Legislative Forum kicks off our conference on Tuesday morning and will be presented by VACSB Executive Director, Jennifer Faison, Public Policy Committee Chair and Vice Chair, Greg Preston and Jim LaGraffe, and VACSB Public Policy Manager, Hilary Piland. During the Legislative Forum, you will receive a comprehensive overview of legislation currently under consideration by the General Assembly which may impact our system.

We are privileged to have The Honorable John Littel, Secretary of Health and Human Resources, as the conference luncheon speaker. Secretary Littel's presentation will serve to inform CSB leadership, Board Members, staff and other stakeholders of the Administration's priorities. This information will provide you with additional talking points for the conversations you will be having with your legislators while in Richmond, and throughout the General Assembly.

As always, a very special thanks to the VACSB staff for their hard work and support. To the sponsors and exhibitors who support us, we appreciate you and are glad to have you with us.

I am honored to serve as your VACSB Chair, and I sincerely thank you for your hard work, commitment, and service. If you have questions, suggestions, or just want to say "Hi", please stop me during the conference. I hope to see each of you at the Tuesday evening networking reception.

Warmly, Patrick Sowers, VACSB Chair



2024 LEGISLATIVE CONFERENCE SCHEDULE

The Richmond Marriott, Downtown

	Tuesday, January 16, 2024		
8:30 am - 5:00 pm	Registration Desk Open		Lower Level
8:30 am - 5:00 pm	Exhibit Center Open		Capital Foyer
9:30 am - 10:30 am	Continental Breakfast and Exhibit Center		Capital Foyer
10:30 am - 12:00 pm	2024 Legislative Forum		Capital Ballroom 4-8
12:00 pm - 1:30 pm	Conference Luncheon with remarks by The Honorable Secretary, Health and Human Resources	e John Littel,	Grand Ballroom A-E
1:30 pm - 2:00 pm	Exhibit Center and Stretch Break		Capital Foyer
2:00 pm - 5:00 pm	CSB/BHA Board Member Session - Parliamentary Advocacy Pointers	Procedure and	Monroe
2:00 pm - 5:00 pm	Conference Meetings Executive Directors Forum MH/SUD Services Councils (starts at 2:30 PM) Developmental Services Council Children & Family Council Emergency Services Council Human Resources Council Prevention Services Council	Room: Je Room: Sa Room: Do	
3:00 pm - 3:30 pm	Refreshment Break		Capital Foyer
5:00 pm - 6:00 pm	Networking Reception – cash bar		Salon F/Grand Ballroom
	Wednesday, January 17, 2024		
8:00 am	Registration Desk Open		Lower Level
8:00 am - 9:00 am	Buffet Breakfast		Capital Ballroom 5-8
9:00 am	Combined VACSB Board of Directors and Busin	ess Meeting	Capital Ballroom 5-8
12:00 pm	VACSB Clearinghouse Committee Meeting Boxed lunches available to Committee members at 1	1:30 am.	Madison/Jefferson/Monroe

Virginia Association of Community Services Boards 2024 Public Policy Conference Exhibitors & Sponsors

The VACSB is grateful for the support of our generous sponsors and exhibitors. Their robust participation helps to ensure future conferences will continue to provide you with quality workshops and keynote speakers. Please stop by the exhibit area to learn how their businesses can be of service to you.



OTHER EXHIBITORS

Ascent Homes, LLC	Atlantic Outreach Group	Connections Health Solutions
Eleos Health	enCircle	Good Neighbor Village, Inc.
Harbor Point Behavioral Health Center	Indivior	Mainspring Recovery
Mental Health America of Virginia	Mount Regis	Oracle Health
Qualifacts		TriSource

Virginia Association of Community Services Boards Emergency Services Council Meeting

January 16, 2024

2:00 PM ROOM: Salon 3, Capital Ballroom

- I. Welcome / Role Call / Announcements
- II. Updates from DBHDS Crisis Services
 - i. Alternative Transportation and Custody Update: Dustin Wilcox-DBHDS
 - ii. CPSC Updates: Lars Messerschmidt-DBHDS
- III. Mobile Crisis Response Dispatch: ES Council
- IV. Ongoing Business:
 - i. CRC / 23 hr. Updates from ES Council- ongoing discussion
 - ii. ES Financial incentives -ongoing discussion and updates
 - § 37.2-813. Release of person prior to commitment hearing- updates on release of TDO's
 - iv. Region 1 ES Conference planning updates: Ashton
- V. Regional Updates from ES Council

Region 1: Ashton Morse

Region 2: Heather Baxter

Region 3: Kim Woodlee

Region 4: Scott Ward

Region 5: John Konkel

- VI. Open Floor
- VII. Next meeting: Virtual Thursday February 1st 3:00pm



www.rbha.org

North Campus

Residential Substance Use Treatment Programs

Serving men, women, pregnant women, and women with their children.

North Campus Programs:

Withdrawal Management and Crisis Receiving Center (co-located)

RBHA provides 24-hour medically-monitored withdrawal management services to help people withdraw safely from alcohol and opiates. Services are offered to individuals 18 years and older, in a residential setting. Crisis Receiving Center (CRC) is a regional, short-term (23 hours) crisis stabilization unit. CRC is set to open in 2024.



HOPE

HOPE stands for Holistic Opportunities for Promise and Empowerment – and that is our approach to working with individuals in this program. Providing treatment to men and women, the HOPE program addresses substance use disorders with co-occurring mental health conditions.



Men's Residential Treatment Center

MRTC offers a safe, encouraging environment for men to focus on their recovery. Using a person-centered, traumainformed approach to treatment, MRTC staff assist the residents with acquiring the tools they need to stop using, maintain recovery, and live a meaningful, productive life.



Women's Residential Treatment Center

At WRTC, we provide gender-responsive and evidence-based substance use treatment for the women we serve. We partner with the mothers to support and enhance their parenting skills and to nurture their child's growth and development.



Children's Services Center

Our staff and programming at the CSC promotes infant and child well-being through a continuum of services and evidence-based interventions. We also work to strengthen mothers' capacity and to support their role as engaged and nurturing parents.

For more information: 804-343-7600 or suds@rbha.org To make a referral: https://tinyurl.com/RBHAReferral

Virginia Association of Community Services Boards

Children & Family Services Council

January 16, 2024

2:00 PM

ROOM: Jefferson

Welcome

Partner Updates and Related Council Q&A/Discussion

- DBHDS Office of Child & Family Services
- OCS Scott Reiner
- CCCA John Hamric

Regional Crisis Updates ► Regions 1, 2, 3, 4, and 5

- Regional Program Information Sharing
- Database Platform Functionality & Use in Your Region
- T3 Training
- Private Provider Partnerships & Related MOUs

VACSB Committee Updates

- Administrative Policy (Whitney)
- Development & Training (Cathy)
- Finance (Cathy)
- Public Policy (Paulette)
- Quality & Outcomes (Julianne)
- Regulatory (Paulette)
- Services Development
- DMC (Rebecca)

Open Council Dialogue

Adjournment

Virginia Association of Community Services Boards **Human Resources Subcommittee**

January 16, 2024

2:00 PM **ROOM:** Dominion/Commonwealth

Roundtable Discussions Ι.

RIGHT HELP, RIGHT NOW

Connections Health Solutions is proud to sponsor the Virginia Association of Community Service Boards 2024 Legislative Conference.

Connections Health Solutions is the leading innovator in immediate access behavioral health crisis care. With more than 30 years of experience serving individuals in crisis and their communities, Connections' person-centered approach ensures that people in crisis get the care they need quickly, in the safest and least restrictive setting.

Connections' crisis response centers serve individuals of all acuities each year, accepts 100% of first responder drop-offs, and provides walk-in access to urgent psychiatric care. We currently operate two of the largest and most studied crisis response centers in the nation.

To learn more about Connections and our life-saving model scan the QR code or visit connectionshs.com.



CONNECTIONS

Virginia Association of Community Services Boards Developmental Services Council

January 16, 2024 2:00 PM **ROOM: Salon 4, Capital Ballroom** Welcome Lisa Snider **DS Directory Updates** • Natacha Dolson Announcements/Reminders Lisa Snider Partner Updates Part C Updates Ι. **Kyla Patterson DBHDS** Updates II. Heather Norton, Eric Williams DOJ Review Updates • Waiver Updates • Workgroup Updates HSAG **RAT into ISP Behavioral Challenges** III. DMAS Updates Ann Bevan • HCBS Review Status and Plan Updates **Regional Updates** Region I: Donna Higgs IV. V. Region II: Sierra Simmons Region III: Shannon Clark VI. VII. Region IV: Andrea Coleman VIII. Region V: Debbie Dashiell IX. CoCoA: Alison Standring **VACSB Committee Reports** Х. Public Policy Sierra Simons/Lisa Snider

XI. Services Development Tina Martina Lisa Snider/Wendy Guillion XII. Regulatory Development & Training XIII. Shannon Clark XIV. Administrative Policy David Meadows XV. Data Management Tim Capoldo XVI. Quality Leadership Pam Wallace XVII. Quality & Outcomes Sara Craddock

Stakeholder Updates Closed Session: DD Council-Only Discussion

Next meetings:

March 18, 2024 Meeting Henrico CSB 11:30-2:00 (hybrid)





National CineMedia, (NCM) is the largest cinema advertising platform in the US.

- Reach the coveted A18-49 demo at scale
- Immersive, brand-safe environment
- 49 theaters and 655 screens in Virginia

Partner with us and connect with key audiences to shine a light on important awareness campaigns.



To learn more, visit ncm.com or contact Laurence.Christian@ncm.com

Virginia Association of Community Services Boards Mental Health and Substance Use Disorders Services Council

January 16, 2024

2:30 PM

ROOM: Madison

- I. MH/SUD Chairs and Co-Chairs Introduction and Welcome
 - LeNelle Mozell, SUD Council Chair, <u>LMozell@pwcgov.org</u>
 - Tim May, SUD Co-Council Chair, <u>Tim.May@nwcsb.com</u>
 - Ryan Banks, MH Council Co-Chair, rbanks@rrcsb.org
 - Bill Rooney, MH Council Chair, bill.rooney@alexandriava.gov
- II. MH/SUD Council Representatives acknowledgments and updates (if any)
 - Public Policy Gabriella Caldwell-Miller, Hanover
 - Data Management Council Susan Chittum, Alleghany Highlands
 - Training and Development Committee Tony Crisp, Hampton-Newport News
 - VACSB Council Leadership group Tim May, Winchester and Bill Rooney, Alexandria
 - Regulatory Committee Tim May, Winchester and Bill Rooney, Alexandria
 - Finance Committee Alisha Wright, Southside Behavioral Health
 - Quality and Outcomes Committee Eric Greene, Frontier Health
- III. Peer Recovery Services Subcommittee
 - Robyn Hantelman, Recovery Coordinator at Goochland Powhatan
- IV. What are CSB's focusing on while Certified Community Behavioral Health Center (CCBHC) are on hold
- STEP VA service reminder -
 - Same Day Assessment (Same Day Access)
 - Primary Care Screening
 - Outpatient Services
 - o Crisis Services
 - o Service Members, Veterans, and Families (SMVF)
 - Peer and Family Support Services
 - Psychiatric Rehabilitation
 - Case Management
 - Care Coordination
- V. CSB Innovations/Successes Any updates?

VI. Next meeting agenda items and FY 2024 meeting schedule

00	8	
Date	Time	Location
January 16, 2024	2:30pm – 4:30pm	Conference, Richmond
March 8, 2024	10am – 12pm	Virtual
May 2, 2024	2:30pm – 4:30pm	Conference, Norfolk
June 14, 2024	2:30pm- 4:30pm	Virtual



Virginia Association of Community Services Boards Prevention Services Council

January 1	.6, 2024	2:00 PM	es courien	ROOM: Salon 1, Capital Ballroom
Meeting Facilit	ated by:			
Melissa Ackley	, Chesterfield CSB, Co-Chair			
Kelly Bulin, Eas	tern Shore CSB, Co-Chair			
Timekeeping a	nd Minutes by:			
Charmin Horto	n, Eastern Shore CSB, Secreta	ıry		
Welcome a	nd Rollcall (Kelly Bulin)			2:00-2:10pm
Office of B	ehavioral Health and Wellnes	s (OBHW) (Colleen	Hughes)	2:10-2:40pm
			σ,	
	Reports and Updates			
VACSB Con	nmittee Reports: Updates (M	lelissa Ackley)		2:40-2:50pm
0	Training and Development		(Cheryl Matt	••
0	Public Policy Committee		(Heather Ma	•
0	VACSB Finance Committee	ittaa	-	dle and Emily Mullins)
0	Administrative Policy Comm Data Management Committ		(Amanda Oa (Octavia Ma	-
0	Governor's Addiction and Re		(Heather Ma	-
0	Q&O Committee	ecovery	-	and Emily Mullins)
0	Quality Leadership Subcomr	nittee	(Samantha C	
0	Prevention Council Co-Chair	S	(Kelly Bulin a	and Melissa Ackley)
BREAK				2:50-3:15pm
Mini In-Ser	vice (Melissa and Kelly) o Managing your Prev	vention Budget		3:15-3:45pm
		Cition Buuget		
	ing & Adjournment (Kelly Bul	lin)		3:45-4:00pm
Februa	ry 16 th at 11:00 via ZOOM			

Kemetic Services, LLC

 Λ culture of service and advocacy for humanity.



Providing a person-centered environment that supports the health, self-esteem, and basic living needs of vulnerable individuals in our community.

Supportive In-Home Services For Children & Adults

In-home services supplement the primary care provided by the individual's family. We provide support to individual's that are in need of care and skill-building in their own home. Kemetic Services has trained, experienced and person-centered staff who provide quality care in the individual's home, family's home and/or community settings.

Call us today to obtain services and ensure the health, safety and welfare of the individual's ages 6 & up in our community.

Group Home Services Potential Residents: Ages 18 & Up

Kemetic Services, LLC provides a daily 24-hour nurturing and supportive environment that meets both the physical and intellectual needs of individuals ages 18 & up who have been diagnosed with mild to moderate intellectual disabilities. Individuals are supported with skill building, social interaction, and activities associated with daily living: personal hygiene management, housekeeping, laundry, meal prep, and budgeting. Our experienced and dedicated staff serve as support professionals who help prepare meals, perform housekeeping duties, and tend to each individual's needs.

Kemetic Services LLC 2428 Almeda Ave. Ste. 170 Norfolk, VA 23513



Phone: (757) 337-3968

Web: www.kemeticbhs.com

Virginia Association of Community Services Boards

Executive Directors Forum

January 16, 2024

2:00 PM

ROOM: Shenandoah

- I. Call to Order and Welcome Ingrid Barber
- II. Additions to the Agenda
- III. DBHDS Updates DBHDS Staff
- IV. VACSB Reports and New Business
 - A. 2024 General Assembly Session Jennifer Faison
 - B. Crisis Hub Clearinghouse Updates Lisa Beitz
 - C. Crisis Services/MARCUS Alert Group Discussion
 - i. Commercial Coverage for Crisis Services
 - D. STAC 2.0 Group Discussion
 - E. DOJ Settlement Agreement Jennifer Faison
 - F. TRAC-IT Group Discussion
 - G. ES Roles and Responsibilities Document Jennifer Faison
 - DMAS Updates Jennifer Faison
 - A. Eligibility Redeterminations
 - B. Cardinal Care
- VI. Committee Updates
 - A. Administrative Policy Les Saltzberg/Mark Chadwick
 - B. Public Policy Greg Preston/Jim LaGraffe
 - C. Regulatory Ed Gonzales/Rebecca Holmes
 - D. Service Development MiMi Sedjat/Margaret Graham
 - E. Quality and Outcomes Demetrios Peratsakis/Melissa Lucy
 - F. Training & Development Lisa Beitz/Melissa Lucy
 - G. Regional Programs and Services Council Lisa Beitz
- VII. Adjourn

V.



Why Choose Crossroads as a Referral Partner?

We help people get their lives back from opioid use disorder with high-quality, evidence-based outpatient treatment.

- 300,000+ patients' lives saved
- 90% in treatment for 12 months are in remission
- 4.8-star rating from 12,000+ satisfied patients
- Same-day treatment and prescriptions
- 50%+ reduction in hospitalizations and 80%+ reduction in ICU Visits
- 24-hour call center and flexible telehealth options

To learn more or refer a patient, call **800-805-6989** or visit **CrossroadsTreatmentCenters.com** today.



Virginia Association of Community Services Boards VACSB Board of Directors

VACSB Membership Business Meeting

January 17, 2024 9:00 AM ROOM: Capital Ballroom 5-8

- I. Call to Order/Welcome/Introductions Patrick Sowers, Chair
 - A. VACSB Board Members Roll Call: Barbara Barrett, Sec/Treasurer
 - B. VACSB Membership Roll Call: Barbara Barrett, Sec/Treasurer
- II. Approval of Outcomes:
 - A. 13 DECEMBER 2023 Board of Directors Meeting (previously distributed)
 - B. 06 OCTOBER 2023 Combined Board of Directors and Business Meeting (p. 17 and previously distributed)
- III. Additions to the Agenda
- IV. Officer's reports
 - A. Chair Patrick Sowers
 - B. Past Chair Angelo Wider
 - C. 1st Vice Chair Irvin Dallas
 - D. 2nd Vice Chair Laura Totty
 - E. Secretary/Treasurer Barbara Barrett
- V. Council Reports
 - A. Children & Family Services Morgan Greer/Cathy Brown
 - B. Developmental Services Council Lisa Snider/Shannon Clark
 - C. Emergency Services Council Cheryl St. John/Kim Woodlee
 - D. Mental Health Services Council *Bill Rooney/Ryan Banks*
 - E. Prevention Services Council Kelly Bulin/Melissa Ackley
 - F. Substance Use Disorder Services Council LeNelle Mozell/Tim May
 - G. Regional Programs and Services Council Lisa Beitz
 - H. Finance Directors Council Danielle Sayre/Bill Fellows
 - I. Human Resources Directors Council Crystal Homer/Cindy Lewis
 - J. Quality Leadership Council Melissa Constantine/Laura Davis
- VI. Committee Reports
 - A. Administrative Policy *Les Saltzberg/Mark Chadwick*
 - B. Public Policy Greg Preston/Jim LaGraffe
 - C. Regulatory Ed Gonzales/Rebecca Holmes
 - D. Service Development MiMi Sedjat/Margaret Graham
 - E. Quality and Outcomes Demetrios Peratsakis/Melissa Lucy
 - F. Training & Development *Lisa Beitz/Melissa Lucy*
 - G. Regional Programs and Services Council Lisa Beitz
- VII. Regional Reports
 - A. Region 1 Ingrid Barber/James Sikkema/Barbara Barrett
 - B. Region 2 *Margaret Graham*
 - C. Region 3 *Rebecca Holmes/Jane Carlson*
 - D. Region 4 Ivy Sager/Gib Sloan/Bernetta Watkins
 - E. Region 5 David Coe/Darryl Pirok/Bea Dahlen
- VIII. VACSB Reports and New Business
 - A. 2024 General Assembly Session Jennifer Faison
 - B. Crisis Hub Clearinghouse Updates Lisa Beitz

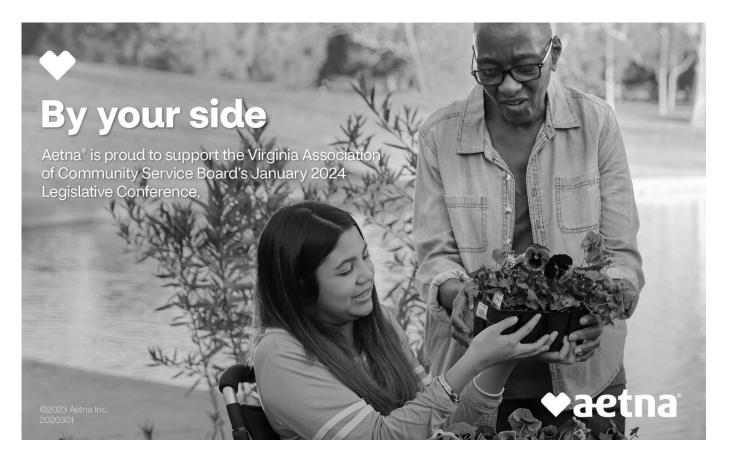
- C. Crisis Services/MARCUS Alert Group Discussion
 - Commercial Coverage for Crisis Services
- D. STAC 2.0 Group Discussion
- E. DOJ Settlement Agreement Jennifer Faison
- F. TRAC-IT Group Discussion
- G. ES Roles and Responsibilities Document Jennifer Faison
- IX. DMAS Updates Jennifer Faison
 - A. Eligibility Redeterminations
 - B. Cardinal Care
- VIII. Executive Director's Report Jennifer Faison
- IX. Other Items/Announcements
 - Next Meeting: VACSB Combined Board of Directors/Business Meeting, May 3, 2024 Norfolk Waterside Marriott.
- X. Adjourn



The Life Center of Galax is committed to offering comprehensive addiction and dual diagnosis services to men and women who choose to begin their recovery with us.

MAIN CAMPUS: ASAM 3.7 ASAM 3.5 HILLSVILLE CAMPUS: ASAM 3.5 ASAM 2.5

Website: www.galaxrecovery.com Direct Admissions Line: (855) 716-3827 112 Painter Street, Galax, VA 24333 160 Training Center Road, Hillsville, VA 24343



Virginia Association of Community Services Boards Combined Board/Business Meeting October 6, 2023 9:00 AM

OUTCOMES

MEMBERSHIP ATTENDANCE

Alexandria Alleghany Highlands Arlington Blue Ridge Chesapeake Chesterfield Colonial Crossroads Cumberland Mountain Danville-Pittsylvania Dickenson District 19 Eastern Shore Encompass Community Supports Fairfax-Falls Church Goochland - Powhatan Hampton-Newport News Hanover Harrisonburg - Rockingham Henrico Highlands Horizon Loudoun Middle Peninsula – Northern Neck Mount Rogers New River Valley Norfolk Northwestern

Piedmont Planning District One Portsmouth Prince William Rappahannock Area Region Ten RBHA Southside Valley Virginia Beach Western Tidewater

BOARD OF DIRECTORS ATTENDANCE:

Ingrid Barber	Phil Caldwell
Jim LaGraffe	Mimi Sedjat

Greg Preston Lisa Beitz

Margaret Graham	Les Saltzberg
Melissa Lucy	Ed Gonzalez
Demetrios Peratsakis	Jane Carlson
Darryl Pirok	Bea Dahlen
Lisa Snider	Shannon Clark
Kim Woodlee	Danielle Sayre
Crystal Homer	Laura Davis
Cindy Lewis	Kelly Bulin

Rebecca Holmes Angelo Wider Morgan Greer Cheryl St. John Bill Fellows Ryan Banks LeNelle Mozell Melissa Ackley

VACSB STAFF:

Jennifer Faison

Hilary Piland

- I. Call to order/Welcome Angelo Wider called the meeting to order and welcomed attendees.
 - A. Board of Directors Roll Call Jennifer Faison called the roll and confirmed a quorum was present.
 - B. Membership Roll Call Jennifer Faison called the roll and confirmed a quorum was present.
- II. Approval of Outcomes
- A. Board of Directors: May 5th, 2023
- **OUTCOME:** Upon motion and second the outcomes were approved unanimously as previously distributed.
- B. Membership Business Meeting: January 18, 2023
 - **OUTCOME:** Upon motion and second the outcomes were approved unanimously as previously distributed.
 - III. Additions to the Agenda: There were none.
 - IV. Officer Reports
 - A. Chair Patrick Sowers had no report.
 - B. Past Chair Angelo Wider reported that he has been working with the National Association of Black Counselors on increasing the number of black counselors. Unfortunately, the grant for this is not being funded again, so that initiative has ended.
 - C. 1st Vice Chair Irvin Dallas had no report.

D. 2nd Vice Chair – Ingrid Barber reported the following on the previous day's Executive Directors Forum:

DBHDS attended the meeting and discussed the following:

- Kurt Gleason talked about the recently approved crisis funding. There is \$10M for mobile crisis, which is one time funding. These funds are to be used to shore up Crisis Hub staff, which can be used for loan forgiveness, shift differential, tuition reimbursement, retention bonuses, et cetera. Kurt also encouraged CSBs to use headhunting and recruitment efforts to fully staff the 70 mobile crisis teams. He also gave an update on the \$58 million that was approved in the budget for crisis. \$39M of this money will be ongoing to enhance CSUs and CITACs. The rest will be for crisis receiving centers and enhanced crisis services.
- Commissioner Smith reported that the DBHDS budget for the next two years has been submitted to the Department of Planning and Budget with an emphasis on Right Help Right Now initiatives and more crisis money. He also mentioned more permanent supported housing money.
- Ellen Harrison reported that the \$18M that was approved in the budget for workforce salaries for CSBs will begin halfway through FY24 (January to July of 2024), and that the full year of funding for CSB compensation will begin in FY25 with \$36M. This \$36M should be ongoing each year.
- The state has several scenarios for how to allocate this funding to the CSBs. DBHDS will communicate with VACSB and the CSBs soon on this. Ellen Harrison also spoke about enhancing STEP-VA in lieu of working on CCBHC. This will get the CSBs closer to meeting the outcomes needed before getting to the prospective payment system, which is a requirement for CCBHCs. She said that the CSBs need to continue to keep the momentum going of enhancing their data through the data warehouses and also through the EHRs.
- For the DOJ Settlement Agreement, Ellen Harrison reported that progress is being made in trying to fast track some of the negotiations. The state will learn soon if it can transition out of the settlement agreement in December.
- Cort Kirkley reported that there will be a new process for providing access with the Millennium HER which is used by all of the state hospitals. This should make its use less cumbersome.
- E. Secretary/Treasurer Jennifer Faison reported on behalf of Barbara Barrett

- Gartlan Award Jennifer thanked the members of the Gartland Award Selection Committee for their very fine nomination of Bea Dahlen for the 2023 Gartland Award.
- Jennifer gave the Treasurer's Report: VACSB's FY23 financial audit has been completed. The VACSB Finance Committee met by Zoom on Thursday, September 28, 2023. Pamela Leonard and Eric Clark, CPAs with Harris, Hardy, and Johnstone, PC, participated in the meeting. The auditors thanked the committee for allowing Harris, Hardy, and Johnstone PC to serve as auditors. They reported an unqualified opinion on the VACSB audit and noted that it was a clean report with no restrictions or issues and with full cooperation from management and staff. The committee unanimously voted to forward the VACSB FY23 financial statement and the FY23 Form 990 to the Board of Directors for acceptance at the October 2023 meeting, which is today. That vote will happen next on this agenda.

V. Action Items

- A. Secretary/ Treasurer Jennifer Faison provided the motions on behalf of the Finance Committee.
- I. Action Items
 - A. Board of Directors VACSB FY23 Financial Audit & Form 990

Motion: On behalf of the VACSB Finance Committee, Jennifer Faison moved that the Board of Directors accept the FY23 finance statement as distributed.

Outcome: The motion was unanimously approved.

Motion: On behalf of the VACSB Finance Committee, Jennifer Faison moved that the Board of Directors accept FY23 Form 990 as distributed.

Outcome: The motion was unanimously approved.

B. Board of Directors - VACSB 2024-2026 Draft Budget Priorities

Motion: On behalf of the Public Policy Committee, Greg Preston moved the Board of Directors to approve the VACSB 2024-2026 Budget Priorities on page 35 of the conference program.

Outcome: The motion was unanimously approved.

C. VACSB Membership- VACSB 2024-2026 Draft Budget Priorities

Motion: On behalf of the Public Policy Committee, Greg Preston moved the Board of Directors to approve the VACSB 2024-2026 Budget Priorities

Outcome: The motion was unanimously approved.

D. VACSB Membership: Clearinghouse Committee authorization for the 2024 General Assembly

Motion: On behalf of the Public Policy Committee, Greg Preston moved that the VACSB Membership authorize the VACSB Clearinghouse Committee to be empowered to make decisions and to take action on legislative and budget issues on behalf of the VACSB during the 2024 General Assembly Session.

Outcome: The motion was unanimously approved.

E. VACSB Membership: Board Recommended Proposed VACSB FY25 Budget: Jennifer Faison reported that the VACSB FY25 Budget has been approved to move forward to the membership by the Board of Directors as recommended by the Finance Committee. VACSB Board of Directors approved the proposed FY25 budget at the July 2023 Board of Directors meeting for recommendation and consideration by the membership. The FY25 budget was emailed to members for review on August 2nd. No questions or comments were received. On behalf of the VACSB Finance Committee, Jennifer recommended approval of the VACSB FY25 proposed budget by the membership.

Motion: On behalf of the VACSB Finance Committee, Jennifer moved the VACSB Membership to approve the proposed VACSB FY25 budget.

Outcome: The motion was unanimously approved.

- VI. Council Reports
 - A. Children and Family Services Council Morgan Greer reported the following for the Council:
 - Catharine Hunter and Nina Marino with DBHDS shared that upcoming trainings related to substance use for adolescents and young adults will be coming out in November and December. They also discussed funding for FY24 that will be released soon. DBHDS will be doing an RFP for the additional funding coming for children's psychiatry and crisis response.
 - They are also working with DBHDS on how specialized crisis services can be provided for children. VMAP received additional funding to build out the zero to five age services and to start a

perinatal component that will work with OBGYNs and pregnant moms to improve overall mental health services.

- DBHDS also talked about school based mental health services. There will be upcoming informational sessions and the timeline for when that funding will be released. The schools will be the ones who will request the funding and contract with the mental health provider of choice.
- They also discussed the 2025 budget development with the Right Help Right Now plan and initial funding that DBHDS is looking at.
- The child and family council discussed the policy recommendations from the Commission on Youth report regarding the admission of minors to a mental health facility for inpatient treatment. The Children and Family Council is working on providing feedback to VACSB on these recommendations.
- B. Developmental Services Council Lisa Snider provided the following report for the Council:
 - Sara Craddock received a gift as appreciation for serving as the former Chair.
 - La Voyce Reid received a special "thank you" for her efforts in coordinating the New Developmental Services Director training.

DBHDS Updates from Heather Norton

- Negotiations continue regarding when the court oversight will end for the DOJ Settlement requirements. The hope is to get the current 282 indicators down to approximately 20. While the contempt hearing is still scheduled for December 12, 2023, there are efforts being made to come to a resolution prior to that date. Heather should have a briefing available to share soon.
 - It is important to remember the goal of DBHDS is not to "exit" the settlement, since the agreement outlines best practices and will continue to be enforced.
- The "Waitlist Cleanup" is still underway. No one has been removed for 2 years. Removal is starting now. There were 1,400 people set to be removed. However, there were issues noted with people having been included on the list who should not be. New reports will be sent out with corrections. The deadline for the first removal was changed to October 17, 2023, due to noted issues with the accuracy of forms that have not been returned. CSBs need to ensure that all cases listed in the report comply with requests for information by the stated date to avoid the individual being removed from the waitlist.
- Waiver Slots are anticipated to be released in January of 2024. Heather is requesting to have the allotments shared with CSBs as soon as possible.
 - Waiver Slot Assignment Committee (WSAC) meetings are anticipated to be scheduled for January-February 2024. DBHDS will manage the scheduling.
 - There is a discussion taking place on how to streamline getting committee members the information they need without overloading them with paper and reducing the administrative burden of CSBs.
- At this time, all slots that could be assigned have been. There are 70 CL and 25 FIS slots available at the regional level.
 - Data has been collected on what services families need, which will be shared with CSBs. This will be used for provider development activities.
 - 10%-20% of individuals/families are looking for residential services.
 - Heather will compile and share a report on this information as soon as possible.
- Quality Improvement Initiative (QII) Case Management
 - There is a report coming out about ISPs being completed on time. Many plans are not being finalized in a timely manner or, in some circumstances, not finalized at all.
- Clarification has been made that finalization is due on or before the start date of the plan year.
 - A variety of groups are meeting to streamline the Risk Assessment Tool (RAT) process. The hope is to capture the RAT within PART II and have it populate into Part III and possibly Part V. The anticipated completion date for this project is May 2024.
- There is a workgroup that is being formed to address the gap in serving the dually diagnosed. Heather has requested that the workgroup also discuss the best psychiatric model to serve those in crisis. There are contracts being awarded for a group home for those with behavioral challenges opening in each of the Regions for 35 beds.

Early Intervention Updates from Kyla Patterson

- The 12.5% budget increase has been approved for all services outside of service coordination. The increase is to take effect on January 1, 2024.
- An additional \$2.5 million in state general funds has been requested.
- There is a total of a 10.4% increase in infants being served.
- TRAC-IT is close to finishing the billing extracts. It will be tested on October 16, 2023, with training being provided on October 26, 2023.
 - o The team continues to work with systems that want to upload rather than direct input.
 - Between now and December 11, 2023, as many reasonable enhancement requests will be implemented as possible.
 - There will be multiple November training events made available.
 - A parent portal will eventually be implemented.
- There is increased focus on improvements for emotional well-being. Data from TRAC-IT will assist in determining the needed focal points.
- Britt Welch, Director of the Office of Community Quality and Risk Management was not able to attend but did send information on MART. Participation is optional for CBSs, but names need to be sent to Britt for training.
- C. Emergency Services Council Cheryl St. John reported the following for the Council:
 - Emergency Services is still in a holding pattern regarding use of crisis data platform, now called Virginia Crisis Connect.
 - Not functional for Emergency Services regarding use of online hospital bed registry and viewing hospital waitlist on the platform.
 - There appears there is more functionality on the Mobile Crisis Response side, but no benefit to Emergency Services currently.
 - ES Council met Oct 5th, 2023, with Curt Gleeson and DBHDS Crisis Services staff:

Alternative Transportation and Custody Update (Gail Paysour/Dustin Wilcox)

- TDO transport rates have not increased, and the goal remains to increase utilization of the service:
 - Region 3-Highest utilization of AT
 - Region 2-2nd highest utilization of AT
 - Other AT Pilots/Projects:
 - Region 1-5 CSBs to use restraints when transporting and take all TDO referrals, no exclusionary criteria-contingent on the AG's office review of the contract.
 - Expansion of State Hospital Discharge transports which will assist CSBs and reduce need for 1X DAP plans for discharge transportation only.
 - Due to ongoing staffing shortages AT is considering using Conservators of the Peace for transport and custody.
- State Facilities Update (Suzanne Mayo)
 - DBHDS is close to the goal of reopening all adult state hospital beds but recognizing there will still be delayed admissions and a waitlist due to demand and capacity issues.
 - Drop offs are continuing which is contributing to delayed admissions.
 - CCCA is still at 24 beds, and half of those admissions at CCCA are minors under DSS custody who need residential placement (refer to Safe & Sound Taskforce recommendations)
 - There is still a need for ongoing Medical Clearance due to issues where clients are being transported and are not medically cleared, while some hospitals are requiring unnecessary tests.
- ILPPP CPSC trainings (Mary Begor & Lars Messerschmidt)
 - 3 training dates for CPSCs throughout Virginia
 - 1st training =WT CSB Suffolk Sept 18th
 - 2nd Training -Wytheville Oct 31st
 - 3rd training -Charlottesville-December 6th
 - 2 hrs.-Ethics

- 2 hrs.-Inability to Care and Documentation
- o 2 hrs.-Violence Assessment & Safety Planning
- ILPPP -DBHDS Emergency Services Project
 - \circ $\;$ Review of ES cases based on Recommendations # 7 & # 8 of the JLARC Report-Dec 2022 $\;$
 - Recommended oversight of CSBs and ES
- Case Presentation training idea (Mary & Lars)
 - Mary & Lars discussed developing a format via virtual meeting to review ES case presentations. No client identifiers - demographics, but types of complicated cases that often occur when assessing Minors, I/DD, Geros, Forensic, and review best practices when developing safety & support plans, if applicable
- Curt Gleeson introduced DBHDS new Director of Crisis Services: April Dovel
- Sharing information with hospitals, best practices
 - Hospitals requesting Preadmission screening to incorporate ES documentation in their records. Concerns from ES Council to DBHDS:
 - Not all preadmission screenings are ECOs / TDOs
 - ROIs needed for voluntary dispositions.
 - Discussed disposition forms needed at the minimum, to communicate ECO/TDO and voluntary outcomes. Further discussion warranted in future meetings on this item.
- The ES Chair, Co-Chair and several Executive Directors, along with Jennifer Faison and VACSB, have met twice to develop a brief to send to better define the roles of CSB Emergency Services regarding our expanding responsibilities and expectations of other stakeholders, in the expanding continuum of crisis care /services. The brief has not been finalized, it is only in draft form, but will eventually outline roles of Emergency Services, vs. other crisis services, including Mobile Crisis Response and Crisis Hubs.
 - ES has many responsibilities now that fall outside of our mandate, including post-civil commitment duties, which are not well defined.
 - As most Executive Directors are aware, Emergency Services continues to have staffing shortages, some units are experiencing critical staffing shortages and increased workload primarily attributed to administrative burdens, such as bed searching for days or weeks, "Death by Bed Searching" following up with demands from hospital Emergency Departments requiring updates on individuals' post-civil commitment.
- D. Mental Health and SUD Services Council Lenelle Mozell & and Ryan Banks provided an update for the MH and SUD Councils' previous day's meeting:
 - i. The committee now has a subcommittee for peer recovery services. Peers are very important in the work that MH and SUD services do, and we are trying to integrate them in as much as possible. The chair for that subcommittee is Robin Hanman and co-chair is Robin Collins. Forty seven people attended their first meeting. They are working on addressing peer pay rate differences per region and trying to equalize that a bit. They are also working on Medicaid billing standards and making the process more seamless for the peers that bill Medicaid while also recognizing that not all CSBs bill Medicaid for peer services. They are also discussing formal ways of peers being supervised at CSBs and having consistent job descriptions across all the peer line of work in Virginia.
 - ii. Region 5 has a recovery advisory council that is looking into how to make CSBs more recovery oriented since not all CSBs are using peers or are not using them in the same way.
 - iii. A peer survey is being distributed throughout Virginia to try to understand what peers in different regions are doing.
 - iv. This council had an update from Angela Waite with SOAR. She noted that the new grant year started September 30th and if a CSB has applied and has not heard back from DBHDS then the grant was approved. There will be another round of funding, so there may be some mini grants coming up. If there are needs for projects or things that you want to work on that are outside the regular SOAR grant, please reach out to Angela because there is funding for that. They will be starting web grants probably with the next cycle for grants. There was some concern that using Web Grants might be difficult, but apparently using Web Grants can be an easier way to streamline the grant process.

- v. There is \$2.5M dollars allocated toward Naloxone. This will be for CSBs to distribute into their communities. Angela will be getting CSB information regarding the policies on distributing Naloxone within the next two weeks.
- vi. Three CSBs received mini grants for mobile MAT and for contingency management software from SAMHSA for harm reduction. More information will be coming out about that soon.
- vii. Surveys were sent out to CSBs regarding peers that work in emergency departments. The goal is to find out where there are gaps in providing these services. Please respond to this survey if it was sent to you.
- viii. Angela noted that CSBs can ask for SOAR funding to help indigent clients get into recovery homes.

This is for cases where SARPOS funds cannot be used.

- ix. Larissa Carpenter is overseeing Right Help Right Now and steps 1-3 of STEP-VA.
- x. Keisha Carroll is now overseeing the Mental Health Block Grants.
- xi. Craig Camidge came to the council meeting to talk about CCBHC. This was helpful in sorting out and explaining some of the challenges that the 14 CSBs that were working toward CCBHC have been experiencing. He explained more as far as what the long term plan will be the CCBHC in Virginia.
- xii. Craig also shared that DBHDS is looking at retiring the core taxonomy in reporting and implementing aggregation structure and CPT codes. DBHDS will be looking at doing an RFP for that change.
- E. Prevention Services Council Melissa Ackley provided the following update for the Council:
 - i. Colleen Hughes from DBHDS attended the Prevention Council meeting and shared that the block Grant, SOAR, and Exhibit Ds should be coming soon. The Problem Gambling Exhibit D's went out recently. The Problem Gambling Exhibit D's included budgets, but those can be modified by making a request to DBHDS. Colleen let us know that there are some upcoming trainings being planned, including a SAPS Training and one on prevention ethics. The Prevention Council is going to work with the DBHDS Office of Behavioral Health and Wellness on a prevention conference that the council hopes to align with the VACSB May conference.
 - ii. The focus of the Prevention Council meeting was on advocacy. Colleen provided an overview of DBHDS's legislative and education processes and provided advice to prevention folks. Two council members gave examples of how they educate stakeholders and legislators.
 - iii. The council talked about future public policy topics for the group which included education and enforcement of cannabis and hemp laws particularly around protecting children from accidental and intentional accessing of cannabis edibles. Several children have died across the commonwealth from accessing edibles.
 - iv. The council approved its new bylaws and discussed what the focuses should be for the council for the next couple of years. There have been a lot of new prevention directors in the last few years, so the council wants to focus on the basics so council members can better understanding budgets, performance contracts, Exhibit Ds, and the data collection and evaluation processes.
- F. Substance Use Disorders Services Council This Council report was included in the Mental Health Council report.
- G. Regional Programs & Services Lisa Bietz reported the following for the Council:
 - The Regional Programs & Services Council will meet on October 11th. Suzanne Mayo and Heather Roop from DBHDS will talk about the coordination of treatment team meetings and discharge meetings across state hospitals. This is needed because as folks under a TDO are being taken to a different state hospital, having a liaison able to attend and participate in the treatment and discharge meetings is helpful.
- H. Finance Directors Daniell Sayer reported the following for the Council:
 - i. DBHDS updated the Finance Director's Council during their council meeting. DBHDS is testing new reports from web grants that should roll out shortly. This should reduce some administrative burdens. Regarding federal funding streams, many CSBs are waiting two to three months from the time they submit for reimbursement until they receive payment. This is an issue the council is working through with them.
 - ii. The Finance Directors Council is working on its agenda for the January retreat. This will be a full day in Stanton Virginia on January 30th. DBHDS will go through federal reimbursement training and provide additional training on web grants. The council will show DBHDS reps. what issues the CSBs are experiencing on their side.

- iii. There have been some early discussions on CARS replacement.
- iv. The Finance Directors Council is working on a proposal to allow unspent pharmacy dollars to be made unrestricted. These unspent dollars have become more prevalent since Medicaid expansion. During COVID the state allowed a onetime change of 50% of the pharmacy dollars to be unrestricted. The Finance Directors Council would like that to continue because the CSBs have other programs where the funding doesn't cover the cost.
- v. The council discussed possible reasons for the decrease in unduplicated counts of persons served from FY22 to FY23 related to workforce and issues around performance contract reporting errors and resubmissions.
- I. Human Resource Directors Crystal Homer provided the following report for the Council:
 - i. The council had a guest attorney from Woods Rogers. Many CSBs utilize their attorney services. The HR Council appreciates their willingness to always attend and give the latest legal trends and keep us updated. They do that on a pro bono basis the CSBs. They discussed new laws that were effective in Virginia beginning in July, including organ donation leave, using social security numbers as identification, and the Pregnant Workers Fairness Act, which was a federal change.
 - ii. The council elected a new secretary due to the previous person leaving their agency. We discussed internships and legal considerations around that as they are becoming more popular in different scenarios, including high schools, colleges, and current employees. The council is developing a legal fact sheet on internships and will work with attorneys on the fact sheet before giving out to the CSBs to utilize.
 - Craig Camidge from DBHDS visited the council meeting. Workforce reporting was discussed at length, and ways to share the aggregated data and streamline it after the submission in October. They also discussed preparing the compensation info at the end of the fiscal year. The next submission should be turned in by October 15th. About 8 to 10 CSBs had not turned in the most recent report as of this council meeting.
 - iv. Craig is working on a form that CSBs can use to input their data so that it can be sent back to all the boards more quickly. This will be shared with the HR council and EDs.
 - v. At the January meeting, the council plans to spend time discussing the reporting of salary and compensation information that's required by the General Assembly to make sure that it's an accurate picture of that information for the end of the fiscal year when it's requested.
- J. Quality Leadership Laura Davis provided the following report for this Council.
 - Through VACSB, Beth Ludeman-Hopkins has been holding a steering committee for a number of years that involves representatives from the CSBs, DMAS, and the MCOs. Improvements have been made to enhance and create more consistency and less administrative burden across the expectations and requirements that the six MCOs have for the CSBs with billing.
 - However, more issues continue to come up that need resolution. The council met with Beth Ludeman-Hopkins recently on the MCOs' requirement for providers to take each of the MCO's Model of Care Training. This would mean providers would have to take 6 separate trainings, that are mostly the same. This council is working with Beth on trying to get a resolution on this.
 - Another concern is that the company that is contracted to do audits with CSBs has some untenable expectations for the audits. For example, the auditor requires that when a CSB submits the audit, pages from the EHR have to be printed out and then uploaded to the auditor's portal. When that happens, the unique identifier of the individual's first and last name is not on every page. And so, there have been multiple CSBs that have been cited for the individual's name not being on each page. There have been some cases where the CSBs have been able to appeal this and have gotten the citation removed.
 - Britt Welch from DBHDS gave an update from the Multi Agency Review Team (MART). They have been testing a data repository. This is something the Quality Leadership Council really supports. It can streamline the auditing processes across different DBHDS audits and can also include DMAS audits in the future. It has mainly been on the DD side of the house so far. It has been tested with five CSBs and has been going really well. Ninety one percent of those surveyed think this should be implemented statewide.
 - This past summer there were a series of Regulatory Advisory Panel (RAP) meetings. These were public meetings held in regard to the draft chapters from the Office of Licensing Regulations that have come out on residential, center based, non-center based, and case management. There should be another comment period on these draft chapters soon.

- The crisis services draft is currently being viewed internally by subject matter experts. It should be coming out in draft form with a public comment period to follow.
- The Office of Human Rights has started doing what they call AIM 30 visits. These are like look behinds. In the past, the focus has been on founded cases. Now they are also looking at founded and unfounded cases. Technical assistance is being offered with this.
- VII. Committee Reports
 - A. Administrative Policy Committee Mark Chadwick reported the following on behalf of the Administrative Policy Committee
 - i. The Administrative Policy Committee will be working on the performance contracts. This is the year to make amendments to the contract. The committee wants to see if there are things that can be pulled out that are more policy oriented and put them into policy.
 - ii. The Administrative Policy Committee is looking at the Exhibit D process to see if there can be some kind of standardization around the timing of all the process requirements.
 - B. Public Policy Committee Greg Preston reported the following on behalf of the Committee:
 - i. Many thanks to Jennifer Faison and Hilary Piland for their continued leadership and guidance with the Public Policy Committee. Greg also thanked the public policy stakeholder partners. The public policy committee meets the fourth Wednesday each month in person and virtually. Please familiarize yourself with VACSB's seven budget priorities. This will be helpful when advocating for CSBs to your state representatives.
 - C. Regulatory Committee Ed Gonzales provided the following report for the Committee:
 - i. The Regulatory Committee is developing a process with regards to keeping up with and reviewing the many regulation changes that come out for public comment. The hope is to start formalizing this committee's positions. This way it can clearly indicate the items the committee supports and does not support and when public comments should be made.
 - D. Services Development Committee
 - i. Nothing to report.
 - E. Quality & Outcomes Jennifer Faison provided the following report for the Demetrious Peratsakis:
 - i. The Quality and Outcomes Committee is a strategic partnership between DBHDS and VACSB to examine performance and quality assurance measures across community services boards and regions. The committee is tasked with examining data trends and making recommendations intended to inform practice, benefit client care, and improve workforce and service operations. This committee is part of a cycle of feedback and continuous quality improvement between DBHDS and VACSB. One of the things Q&O has been focusing on is STAC and CCBHC and the dynamic between those two. With the pivot to move to a delayed process of CCBHC, this work will still important. We recognize that a lot of the components of STEP Virginia, including the service descriptions and the outcome measures, are adjacent to CCBHC, but they are not quite the same when you really bump them up against the federal model. The Quality and Outcomes Committee is looking at that.
 - ii. The committee is also looking at the performance measures in the performance contract. While the performance measures are under regular review from several other committees, the Q&O committee plays a role in considering performance measure's overarching benefits to client care as well as their impact on administration, clinical guidance, and staff training.
 - iii. The Q&O Committee works closely with the Data Management Committee (DMC). Right now, through the DMC, these committees are working together on data exchange project updates and the Virginia Crisis Connect, formerly known as the Crisis Data Platform.
 - iv. The Q&O Committee has several workgroups. One is related to clinical training and development. They are currently reviewing evidence based practice models currently in use by the CSBs. There are a number of outcomes and handouts related to this, which will be circulated with the outcomes from this Board of Directors meeting.
 - F. Technical Administration Committee Melissa Lucy reported the following on behalf of the Administrative Policy Committee
 - i. Lisa Beitz and Melissa Lucy will begin working on the May Training and Development Conference soon. RFPs for workshop ideas are due by October 31st.
- VIII. Regional Reports

- A. Region 1 Ingrid Barber reported the following for the Region 1:
 - R1 has six CSBs that are interested in subcontracting with the region to stand up local mobile crisis teams. They have submitted budget & staffing plans regarding mobile crisis response, with the goal of being able to demonstrate a 24/7 response throughout the region. R1 is reviewing MOUs regarding the requirements of working through the Hub.
 - ii. There was some carryover of regional funds from the service members, veterans, and families funding at the regional level. That is available to CSBs to do some programs in November around veteran services.
 - iii. Region 1 is looking at collecting some regional proposals on how to utilize some of the DAP carryover funds. R1 will be meeting with Heather Roop on the utilization of those funds.
 - iv. Effective January 1, all new and modified DAP plans must utilize new rates in keeping with the DAP rate study. Any deviations from this rate structure for residential placements will need to go through a customized rate process. R1 talked about how this impact those service providers in this region.
 - v. R1 receives 400 500 calls per month for REACH that are being handled through its crisis call center level. The region is working to on categorizing this data between prevention, information seeking and mobile crisis response.
 - vi. Individual CSB updates:
 - Valley is renovating an existing building owned by their CSB for a new ICF location, and they're also working on a CRC.
 - Horizon is working on the design of a CRC.
 - Region 10 was awarded Opioid Abatement funding to enhance their CTAC expansion for 23 hour beds and community outreach.
 - Allegheny held a recovery event with Rapid Revive Training and had Josh Proby as a keynote speaker. Allegheny Highlands has been awarded \$1M Bureau of Justice Assistance Grant to enhance its local drug court.
- B. Region 2 Margaret Graham provided the following report for Region 2:
 - The developmental services directors are working hard to identify gaps in waiver services and find providers of those services to meet the current needs of the individuals that are currently enrolled in waiver services and to prepare for what Margaret thinks will be an extraordinary win if the current priority one waiting list is funded. However, in just Loudon alone, an average of 2 individuals are added to the Priority 1 wait list every week. Other CSB are probably adding individuals to the Priority 1 wait list regularly as well.
 - Region 2 received a planning grant from the Opioid Abatement authority. The region is assessing treatment options for adolescents affected by opioid addiction.
 - Region 2 received regional funding to develop two ICRT step-down homes in Burke, Virginia and in Leesburg, Virginia.
- C. Region 3 Rebecca Holmes provided the following report for Region 3:
 - i. Region 3 is working on expanding some of their regional collaborations. It is looking at a group reliance training initiative and some retooling of some of the regional projects and funds to see what other creative things the region can do with those funds.
 - Region 3 has hired a new regional peer lead. That group is working on spring training planning.
 The SMVF training events are being planned for both the fall, spring, and early summer. The call center is doing amazing work. Collaborations around the region are going really well.
 - iii. Mobile Crisis has undergone some expansion with three subcontracts within the region that are now active and looking to try and potentially launch three more mobile crisis units by the end of the fiscal year.
 - iv. Hiring continues, unfortunately in fits and spurts, across the region. The region is continuing to see an increase in numbers served through Mobile Crisis.
 - v. There are three geriatric placement facilities within the region under Mount Rogers catchment area. Those programs all continue to do well and are a great benefit to the region and the state.
 - vi. The adolescent CSU is now open and operational in its expanded facility under Mount Rogers.
 - vii. Region 3 is working on finalizing its regional clinical training calendar for the year.
 - viii. Folks in Region 3 continue to think outside the box and are finding new ways to partner with one another and get some great things done.
- D. Region 4 Amy Erb reported the following for Ivy Sagar for Region 4:

- i. With crisis initiatives, the region rolled out the Virginia Crisis Connect dispatch for all those calls that come through 988 through our PRS vendor. These calls get dispatched through the regional mobile crisis response.
- ii. The regional mobile crisis response teams have been working hard to recruit, train, and retain folks so that they can be 24/7 operational by December. On the crisis front, the region is doing a lot of work on Marcus Alert. They are partnering with Institutes of Higher Learning to be ready to come on board by December through the protocols and the MOUs in order to engage with regional teams through a mobile crisis response.
- The region is excited to be utilizing both the SAMHSA materials and the DBHDS 988 materials to launch its own regional 988 messaging and marketing. The region is providing tee-shirts for all CSB employees and board members to help spread that message of 988 in the coming weeks.
- iv. Region 4 is gearing up for the DAP rate study implementation and is celebrating the "Year of the Peer."
- v. Region 4 has an innovative Peer Academy where paid internships are provided. The region will be graduating a second class next week.
- E. Region 5 David Coe provided the following report for Region 5:
 - i. Colonial BH will host the Shatter the Silence event this year for Region 5. This event focuses on youth suicide. Colonial BH is getting underway with providing permanent supportive housing. They were recently able to hire the last staff member needed.
 - ii. Hampton Newport News is continuing to work on developing their Crisis Receiving Center and will be relocating their CTAC. They will have the 23 hour options there and expand their CSU to 16 beds as well as having space for emergency services and for other crisis programming. It is scheduled to open in the summer of 2024. Hampton Newport News Marcus Alert program is now operating eight hours each day, including some weekends, and they're looking to expand that as quickly as they can. They are happy to report that 82% of the responses that have included the police have been able to offer non ECO options. This is a terrific outcome. Hampton is also expanding its adolescent SUD services and is in the process, with the support of Eastern Shore and Piedmont, of purchasing a mobile opioid treatment bus.
 - iii. Norfolk is celebrating its second anniversary of their Vulnerable Population Shelter and Day Center. This shelter has been a significant benefit to persons that have historically been living outdoors year round. It is a low barrier program. It does not matter what their mental health or addiction status is. The outcomes and statistics from this program are great. Norfolk can share those if requested.
 - iv. Virginia Beach is continuing to work along with other CSBs on opioid abatement issues at the local level. Many localities have been holding multiple town halls and listening sessions in the community to determine how to best utilize those dollars and impact the most folks.
 - Western Tidewater is in the process of adding a new regional SUD Intensive Outpatient Program (IOP) for adolescents. Mobile Crisis and Geropsych Crisis Teams have partnered with Eastern Virginia Medical School to create a memory care unit at the Tidewater Cove Assisted Living Facility.
 - vi. Darly Pirok, Board Member, from Middle Peninsula-Northern Neck CSB shared a desire to see Clergy at state psychiatric hospital be more of a part of the overall treatment model.
- IX. VACSB Reports and New Business Jennifer Faison reported the following:
- A. 2024 Session Preparation
 - Since the state budget for FY24 just passed, DBHDS is determining how to get funds into the hands of the CSBs and expended. At the same time, VACSB is asking for more money for the next biennium through its budget priorities. VACSB's priorities are still focused mainly on workforce, which, as we understand from many meetings, is one of the biggest challenges facing the system right now.
 - With the statewide elections coming up, we are going to have a whole slew of brand new legislators who will have no idea what a CSB is and how a CSB is integrated in its community. The VACSB is going to be calling on its EDs and their board members to work together on messaging not just for VACSB's budget priorities but to also establish relationships with their state elected officials. These new legislators might find themselves completely overwhelmed and will have people coming at them from all angles. We really need to get started now and post-election to make sure that those elected officials know to turn to CSB Executive Directors and CSB board

members as the trusted local authorities on all things public behavioral health and developmental disability related. VACSB is always happy to facilitate and attend a meeting with your CSBs' delegation if you would like. Or VACSB can participate in any meetings that you might set up with your elected officials.

- B. Interim Studies/Workgroups
 - During the General Assembly, there are interim studies and work groups that are created from
 one of the following three ways: Joint Commission on Healthcare, Commission on Youth,
 Behavioral Health Commission, and then occasionally the Joint Legislative and Audit Review
 Commission, which is the independent watchdog agency of the General Assembly. There are a
 number of those interim studies that VACSB has been following through its public policy
 committee. About 6-8 of them were in budget language and since the budget just passed there is
 not time to conduct those studies.
 - One study that did have a report that VACSB is making comments on is from the Commission on Youth. This study covered the topic of raising the age from 14 – 16 for when youth's consent is not needed for psychiatric admission. There was another study that talked about the exchange of information as an individual with disabilities ages out of school and what is appropriate information that schools should exchange to the next provider. There was a lot of really strong CSB participation in this workgroup.
 - VACSB has a longer list of workgroups it is following that may be of interest. Generally, these reports are due on October 1st, November 1st, or December 1st. VACSB will make sure that everyone has links to those executive summaries and recommendations from the reports. We want VACSB and its members to be going into this General Assembly session informed of what is going on.
- C. Crisis Hub Clearinghouse Updates
 - Jennifer Faison gave the following update. VACSB and DBHDS are working with DMAS to get a handle on the situation where mobile crisis providers are able to dispatch themselves in crisis situations from the Virginia Crisis Connect platform. We want to ensure that those dispatches are appropriate. The goal is to get DMAS and DBHDS to agree that this kind of self-dispatch of mobile crisis providers needs to be modified so that we preserve the ability of CSB Crisis Hubs to dispatch CSB teams when our sister agencies request a mobile crisis response. Private mobile crisis providers should not be able to dispatch themselves. They should go through a process that's connected to the crisis hub.
 - Currently the relationship between private mobile crisis providers and the crisis hub is dictated by an MOU that does not come with robust oversight. VACSB is working with DBHDS on having an actual contractual arrangement with standards and oversight, which should make law enforcement, CSBs and private mobile crisis provider more comfortable.
- D. Crisis Services/MARCUS Alert
 - Jennifer congratulated the CSBs who recently moved into the Marcus alert implementation. Jennifer also thanked the CSBs that have been up and running for a while. There have been a lot of challenges, but the co-response models that have been running in several localities have netted great results.
 - Regarding all the crisis improvements made across the system, data is coming in bits and pieces and shows that these improvements have the ability to really divert people from needing an ECO /TDO. This is really refreshing to know that with all of the challenges the CSBs face, they are still standing up these programs and collecting data that proves these services actually work. It's beneficial to be able to draw a straight line between an initiative and a really solid outcomes for the individuals that you serve. While some of these services and programs have been in place for quite some time, Jennifer thinks because of the combination of all these implementations, the system is at a point where over the next 12 to 18 months the data will show some pretty significant shifts in the way that people are entering into our system and the way that they are exiting our system as well as the touch points along the way. This is really exciting to see, and everyone should be proud of the momentum that CSBs have been able to create and sustain despite the significant challenges they face.
- E. Non-licensed Prescreeners
 - In 2021 DMAS lumped together prescreeners with mobile crisis and crisis services which created a requirement that prescreeners had to be licensed in order to bill. This resulted in a situation

where the prescreeners who are QMHPs, who also have additional prescreening certification from DBHDS, and have been doing this role for years, suddenly a licensed clinician needs to oversee their work for 15 minutes within the evaluation process. VACSB has been trying to make headway on this issue with DMAS and DBHDS. These meetings will continue. The CSBs can still have a non-licensed certified prescreening clinician do the full evaluation and fill out the form, but the CSB cannot bill for that service. However, there is some risk involved with having a nonlicensed Prescreener, because if a negative outcome were to occur when using a non-licensed Prescreener, the optic of that could be negative.

- A positive update is that there is a billing code called Team 5 that allows a provider to bill for \$131.00 as opposed to \$71.00 an hour. If you have a QMHP who has been gathering all the collateral information during the assessment and doing things like bed searching and continuing to be with the individual and providing some crisis work with them, the licensed clinician can come in through telehealth for a 15 minute increment to satisfy the Team 5 billing requirement.
- VACSB will continue to push for more flexibility. A great idea is to see if we can work with DBHDS on what DBHDS would need to satisfy the requirements to be a pre-screening clinician without having to become licensed. Also, if the prescreener could be something other than a QMHP, then we could potentially avoid having to satisfy DHPs requirements. These are just ideas that will be discussed in future meetings.
- F. CCBHC Planning Process
 - This initiative has been delayed, but VACSB will continue to support making changes to STEP-VA to become better aligned with the CCBHC requirements.
- G. DOJ Settlement Agreement
 - An update on the DOJ settlement agreement was provided during the DS Council update.
 - H. TRAC-IT
 - Jennifer Faison gave the following update: TRAC-IT was put in place by DBHDS as a replacement to the
 ITOTS database for Early Intervention services. One of the problems with using TRAC-IT is that the CSBs
 already have electronic health records and already have ways of collecting and submitting data to
 DBHDS. Rappahannock Area CSB has put together a list of questions and concerns for DBHDS well as
 some proposed solutions to the issues that CSBs are experiencing with TRAC-IT. This is a list that is
 representative of many of the issues that have been raised across the system in a number of CSBs.
 VACSB is waiting for a formal response from DBHDS on those questions, concerns, and proposed
 solutions.
 - I. Potential Housing Subcommittee of the VACSB BOD
 - VACSB's Board of Directors have been asked to start a committee or subcommittee on housing. This
 will be an exciting development. More housing is needed across the state. Some CSBs have been
 providing housing for years and some would like to step into this area. Having a formalized committee
 will provide a permanent home for the topic of housing where folks can learn from each other, develop
 positions, and try to work with state agency partners. The initial idea was for this to be a subcommittee
 of the VACSB's Board of Directors. At the ED Forum meeting the conversation led to having this
 Housing Committee be a part of the existing Regional Programs and Services Council or use the
 Services Development council as a way to get this off the ground and see where it goes.
- J. Diversity Equity and Inclusion
 - VACSB hosted a Diversity, Equity, and Inclusion Lunch and Learn on September 22nd. Dr. Tanika Mobley from DBHDS provided an excellent equity focused presentation. She always does a fantastic job and is passionate about this work. She's worked with many individual CSBs. Her presentation is available on the VACSB website on the Conferences and Trainings webpage. Scroll down to the "Other Trainings" part of the website. This subcommittee's objective is for VACSB to host a number of these Lunch and Learns throughout the year. Some of them will be focused on people who are actually doing equity work and figuring out ways to support them. Many of them are doing equity work on top of their regular roles and positions within a CSB. This committee is also for folks to build their situational awareness and their knowledge based on diversity, equity, and inclusion throughout the CSB system.
 - X. DMAS Updates Jennifer Faison reported the following:
 - C. Eligibility Redeterminations
 - Director Robert's gave an update on the redetermination process during the Public Policy panel presentation. She was candid about the fact that despite all of the preparation DMAS did, it's

impossible to really know how it's going to go until the process starts. There is a great dashboard on the DMAS website the shows a variety of data on the redetermination process.

- D. TBI Case Management Services
 - TBI case management services were supposed to begin October 1st. Jennifer is not sure how many CSBs are going to be providing TBI case management. The largest barrier at this point is that the CSBs have to be CARF accredited, which may be a showstopper for many CSBs. The expense of a CARF accreditation is a barrier. It may end up that the number of providers of TBI case management will be lower than it was before this became a Medicaid reimbursable service. There are a handful of CSBs who are interested in taking the steps to become a brain injury case management provider, so we'll learn from our colleagues and see how it goes.
- XI. Executive Director's Report Jennifer Faison had nothing further to report.
 - Jennifer thanked the councils, committees, executive directors, and board of directors for all that they do and for remaining active in their communities. The success stories and highlights and innovations that you all send in for the VACSB's annual report are a good reminder of all the amazing work you all do to change the lives of the individuals in the communities that you serve. It remains my privilege to be the executive director of this association, which is a direct result of the work that you all do and the ways in which you engage the people who need you.
- XII. Other Items/Announcements
- XIII. Future Meetings
 - Next Meeting of VACSB Board of Directors: December 13, 2023 VACSB Conference Room & Zoom
 - Next VACSB Board Meeting/Business Meeting: January 17, 2023 Richmond Marriott Downtown
- XIV. Adjourn



VACSB 2023-2024 Calendar

Executive Directors Forums

July 18, 2023 October 5, 2023	VACSB Conference Room (Zoom access available) Hotel Roanoke & Conference Center
December 12, 2023	VACSB Conference Room (Zoom access available)
January 16, 2024	Richmond Marriott Downtown
March 12, 2024	VACSB Conference Room (Zoom access available)
May 2, 2024	Norfolk Marriott Waterside
July 23, 2024	VACSB Conference Room (Zoom access available)
October 3, 2024	Hotel Roanoke & Conference Center
December 10, 2024	VACSB Conference Room (Zoom access available)

VACSB Board of Directors Meetings

July 19, 2023	VACSB Conference Room (Zoom access available)
October 6, 2023	Hotel Roanoke & Conference Center
December 13, 2023	VACSB Conference Room (Zoom access available)
January 17, 2024	Richmond Marriott Downtown
March 13, 2024	VACSB Conference Room (Zoom access available)
May 3, 2024	Norfolk Marriott Waterside
July 24, 2024	VACSB Conference Room (Zoom access available)
October 4, 2024	Hotel Roanoke & Conference Center
December 11, 2024	VACSB Conference Room (Zoom access available)

All meetings that take place in the VACSB conference room will begin at 10:00 AM and are available via Zoom

<u>Dedicated Zoom access</u> Meeting ID: 316 321 4197 Passcode: 3303141 Or by one click: <u>https://us06web.zoom.us/j/3163214197?pwd=ZTVYMndhNzhJNXpIWWIrVCtaSnRoUT09</u>

VACSB Conference Schedule

October 4-6, 2023

May 1-3, 2024

October 2-4, 2024

- January 16-17, 2024
- Hotel Roanoke & Conference Center
- Richmond Marriott Downtown
- Norfolk Marriott Waterside
- ♦ Hotel Roanoke & Conference Center

Virginia Association of Community Services Boards (VACSB) Priorities for the 2024-2026 State Budget

Dollar figures will be added once they are calculated and vetted for accuracy with our state agency partners.

The Virginia Association of Community Services Boards (VACSB) will support amendments from its advocacy partners once they are advanced.

<u>CSBS WORKFORCE DEVELOPMENT</u>: VACSB is requesting funding for the following areas to act as a mechanism for recruitment and retention in the short term as well as to develop a pipeline for staff at all levels which will result in a robust and stable workforce in the public safety net system. VACSB will request funding for CSBs to provide the following: **Paid Internships, Clinical Supervision Hours, Student Loan Repayment Programs, Scholarship Programs.**

BEHAVIORAL HEALTH SERVICES (STEP-VA inflation Pressures): VACSB is thankful that the General Assembly included in its budget for FY24 half of the funding requested to account for inflation, since inception, in the first three steps of STEP-VA. Due to the late breaking nature of the budget, the funds will only be available in the second half of the fiscal year and are considered one-time. VACSB will request the other half of the funding in the next biennium as well as funding for inflationary adjustments to the remaining steps. The funding should be provided for flexible use among all the services areas of STEP-VA and should be ongoing beyond this biennium.

SCHOOL BASED SERVICES: VACSB will seek budget language which authorizes DMAS to conduct a **rate study for school-based services** for children and youth with behavioral health service needs. This was meant to be part of phase two of Project BRAVO, but without authority DMAS cannot proceed.

SUBSTANCE USE DISORDER (SUD) SERVICES: VACSB is requesting a 12.5% rate increase for the Substance Use Disorder (SUD) services that did not receive the permanent 12.5% rate increase other behavioral health services received. Those services are: Office Based Addiction Treatment (OBAT), Opioid Treatment Program (OTP), Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP). The CSBs are experiencing a workforce crisis in all areas of services, including SUD services and increasing rates is one way to increase compensation for CSB workforce.

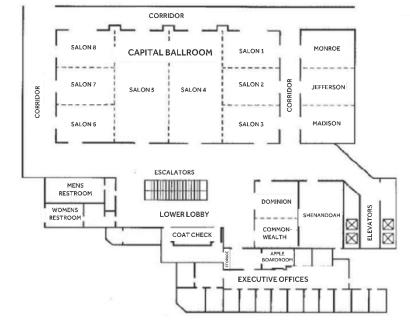
EARLY INTERVENTION SERVICES: VACSB is requesting an increase in funding for Early Intervention Services for the following reasons: local systems experienced a shortfall totaling \$1.2M in FY23; the \$2.2M in emergency ARPA funds for Early Intervention services ended in FY23, and the increase in the number of children needing early intervention services increases each year. In addition, increases for the next few years are expected to be larger than in the past because of a rise in autism spectrum disorder and substance-exposed infants.

DEVELOPMENTAL DISABILITY (DD) WAIVER SERVICES: VACSB is requesting budget language that directs DMAS to conduct a **rebase of the DD Waiver services reimbursement rates prior to each biennial budget**. VACSB will also continue to support additional Waiver slots to address the Priority One wait list but recognizes that stabilization of the CSB workforce as well as Waiver service providers must also be a priority for the state to ensure there are adequate staff to provide the services involved with each new Waiver slot. One of the ways to help the CSB workforce crisis and to improve provider availability is through reimbursement rate increases.

UNDERAGE CANNABIS USE PREVENTION PROGRAMS: Legislation legalizing simple possession of cannabis passed in 2021 with language directing a portion of the revenue from retail sales to cannabis prevention and treatment programs. With retail sales on hold, **CSBs do not have appropriate funding to effectively develop and engage in cannabis youth prevention programs**. Therefore, the VACSB will request ongoing funds until such time as revenues from retail cannabis sales are made available. The key to successful prevention campaigns is ensuring that they are deployed well ahead of policy changes such as cannabis legalization.









Your employees are special. Their EMPLOYEE BENEFIT EXPERIENCE should be too...

erient

We can help you: Deliver Benefit Value, Measure and Contain Costs, Provide Employee Communications, Oversee and Manage Compliance, and Reduce Administrative Costs.

Ask us about Total Benefit Outsourcing...

Our job is to help you show your employees how much they are valued.

Call Us: 800-385-2309 email: bbrickley@spherient.com visit: www.spherient.com



Streamline SmartCare[™] Advancing Life

Streamline's SmartCare[™] Electronic Health Record (EHR) platform provides Wisconsin Behavioral Health organizations with a combination of control and flexibility that empowers them to advance the lives of those they serve.

For more information, contact info@streamlinehealthcare.com

streamlinehealthcare.com

123EZALERTS



Revolutionize Risk Management with 123EZAlerts

At CCJM Solutions, we understand the unique challenges faced by group homes in managing risks and ensuring adherence to State and Federal Regulations. That's why we're excited to introduce our compliance management software – 123EZAlerts, designed exclusively for healthcare organizations like yours.

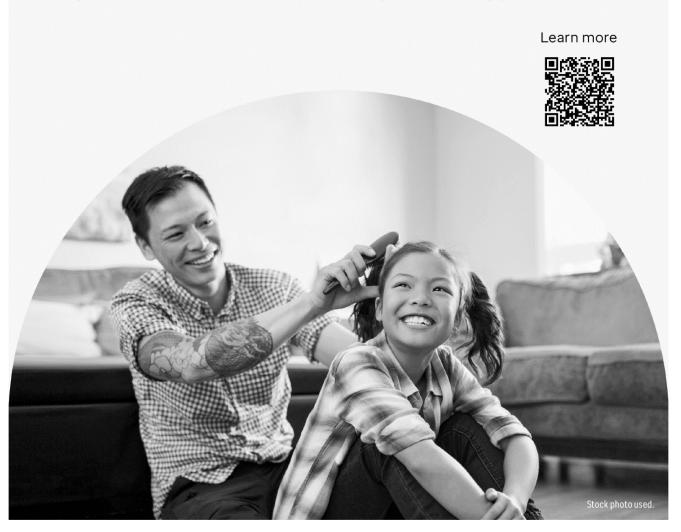
2 ≌ íĭí EHR/EMR omprehensive ustomized oftware Compliance Monitoring Site-Specific Dashboards What We Offer Your branding, your rules! Achieve streamlined Monitor compliance at Our software is tailored to match your organization's Gain insights into every level, from HCBS integration into your compliance performance for each site within your Electronic Health Records and Electronic Medical requirements to State branding, providing a Regulations. nless user experience organization Integration & Support Notifications & Alerts Compliance Monitoring Documentation & Reporting State, and Federal Alerts HIPAA Compliant Email Notifications Personnel Records Alerts Environmental & Emergency EHR/EMR Integration SMS Notifications Patient Records Alerts Preparedness Alerts Capabilities Internal Chat Features Corrective Action Shift Risk Questionnaires Software Features Cloud-Based SaaS (Add-On) Plan/Resolution Alerts Weather Alerts Application Role-Based Alert Staff Training & Initial Stage & Routine Customized Features and Notifications Certifications Alerts Auditing Alerts Full Branding Available Text & Media Uploads HCBS/CMS Compliance Dedicated Account Team Downloadable Alert Alerts 24/7 Support Reports **Contact Us** www.123ezalerts.com +1804-988-7326



Together, for better health

We're dedicated to helping people live healthier lives and making the health system work better for everyone – one insight, one connection, one person at a time.

Optum and UnitedHealthcare are proud to support VACSB.





PHP For Women

The partial hospitalization program (PHP) at Southstone Recovery Center is for women who are struggling with addictions to substances such as alcohol, opioids, cocaine, methamphetamine, stimulants, benzodiazepines, and prescription drugs. We also treat co-occurring mental health disorders, including anxiety, bipolar disorder, posttraumatic stress disorder (PTSD), and obsessive-compulsive disorder (OCD). Programming is provided daily seven days a week.



(434) 272-7095 | 3046 Carlbrook Road, South Boston, VA 24592