



# DBHDS Updates VACSB Development and Training Conference

Nelson Smith, Commissioner
Department of Behavioral Health &
Developmental Services

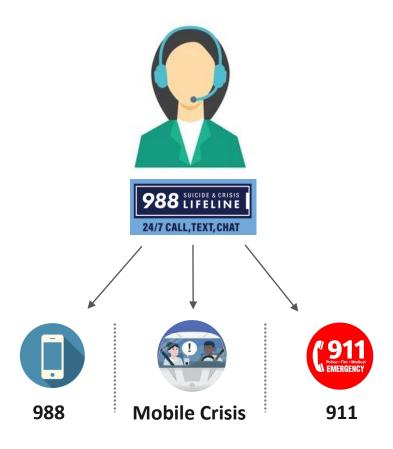


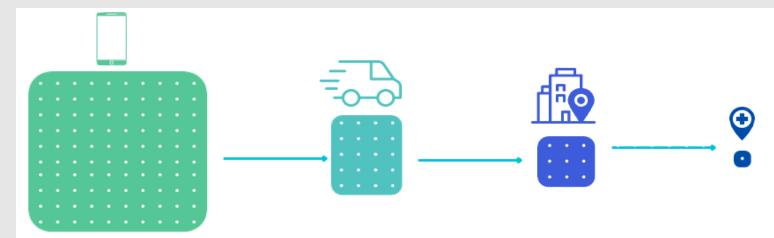
# DBHDS>>>



### Pillar 1: Crisis Transformation







If **100** people call 988, **80** of those calls can be resolved over the phone. Mobile response can be dispatched for the remaining **20**.

Of those 20, nine may need further treatment at a Crisis Stabilization Site.

may require services at a higher level of care, like a hospital, while the other eight return safely to the community.

Out of those nine, one





### Pillar 1: Crisis Transformation



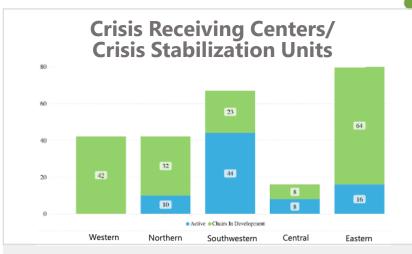


- New <u>988va.org</u> website
- 988 is like 911 for mental health
- Anyone in mental distress can call or text 988 and trained crisis call center staff will help right away.
- About 8,000 calls per month
- About 80% of calls to 988 can be resolved on the phone
- National and Virginia marketing is underway

### **Mobile Crisis**



- Teams are deployed by 988 or regions to race directly to people in crisis.
- Mobile crisis teams can resolve 70% of the cases they handle
- Virginia now has 98 mobile crisis teams.
- The goal is 140 teams across Virginia



- Community stabilization of mental health crises for walk-ins, ambulance, fire and police drop-offs
- Stabilize crises and safely discharge about 65% of individuals without needing longer-term inpatient care
- Virginia currently has 236 active beds and chairs, with 307 more in development
- More projects underway later in 2024

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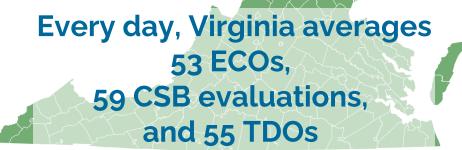








We were pleased to be able to provide CIT training to personnel from Steadfast Security Solutions, LLC who will be piloting an alternative custody and transportation initiative in portions of southwest Virginia as a vendor for the Virginia Dept. of Behavioral Health and Developmental Services (DBHDS). We appreciate their willingness to serve the Commonwealth in this important initiative.



### **Alternative Custody**

- Special Conservators of the Peace (SCOP) Pilot
- Off-Duty Deputy Program (DCJS)

### **Alternative Transportation**

- Availability
- Higher acuity transports
- **Discharge Transportation**



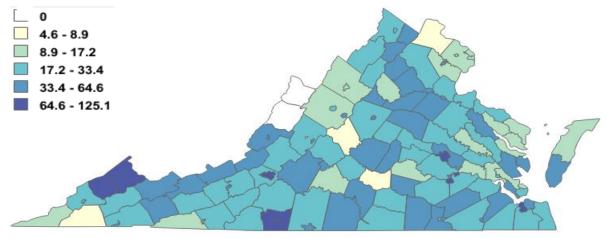




### Pillar 4: Support for SUDs and Overdose Prevention



Death rate per 100,000 Virginia residents, all drugs, 2022



Virginia Dept Health, Chief Medical Examiner



REVIVE! training to use naloxone: revive@dbhds.virginia.gov



### **DD** Services



### **Currently Served on DD Waivers**

17,484 Individuals



**Priority 1**Projected to need services in a year

3,258 Individuals

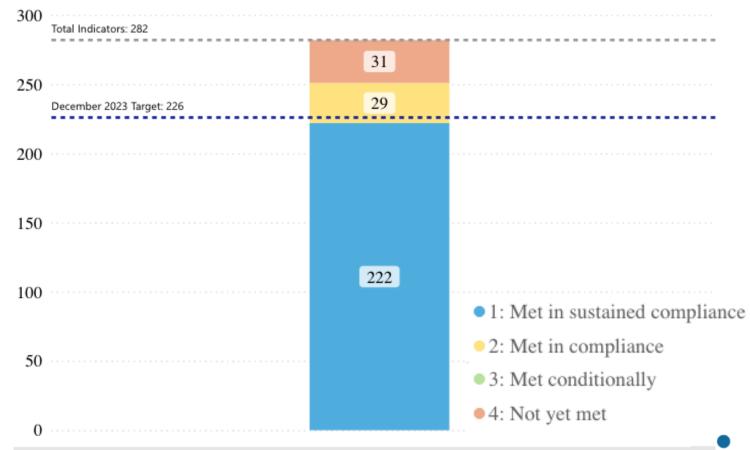
Priority 2
Expected to need services in 1-5 years

6,561 Individuals

Priority 3
Expected to need services in 5+ years

**5,155** Individuals

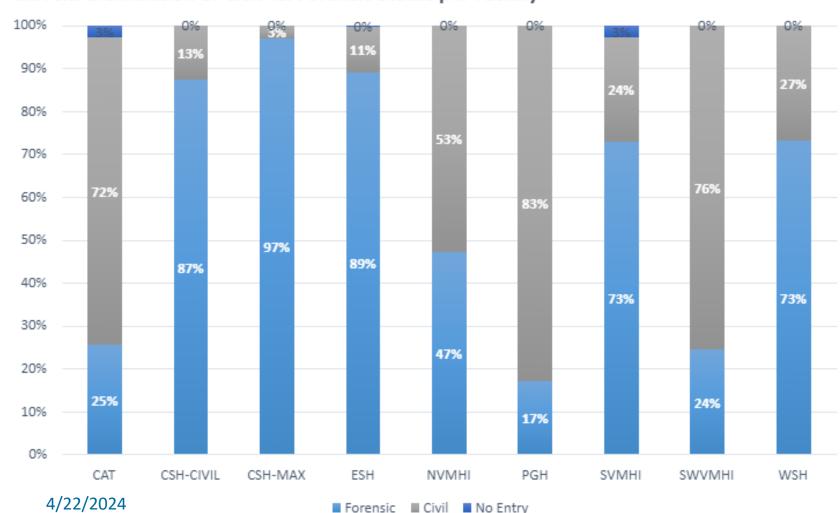
### **Compliance Status of DOJ SA Indicators**





# State Hospital Forensic Admissions

### Current Distribution of Civil vs. Forensic Status per Facility



Forensic admissions to state facilities increased nearly **93%** from FY14 – FY23

The primary driver in forensic admission increases is **restoration orders**, which increased over **143%** from FY14 – FY23

Consequences include only 30 state civil beds in Region 5 as of 4/22/24

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### DBHDS Strategic Plan

**DBHDS is implementing Right Help, Right Now as a top priority** and working to modernize its core systems and processes to support RHRN and other DBHDS strategic plan initiatives. Updates across the strategic plan's major priority areas include:

### Workforce

- Priority Staff Vacancies: Vacancy Rate for Direct Service Associates, Housekeeping, Food Services, Psychologists/Counselors, and RNs have all met under 20% target
- Public System Workforce Capacity: Worked with CSBs to complete an assessment of capacity for prioritized positions
- Licensing: Average waitlist time for priority providers reduced from 1.5 years to 2 days; 100% of approved priority service applications granted licensure in less than 90 days

### **Continuum of Care**

- DOJ Settlement Agreement: Met compliance with 251 indicators
   Coordinated Specialty Care: 3 new CSC programs stood up across Virginia as of April 2023
- School-Based Mental Health: 842 youth currently being served through school-based mental health services, exceeding target
- Assertive Community Treatment:
   Significant reduction in bed days
   after treatment based on data from
   upcoming 2023 report
- Crisis Services: 98 mobile crisis teams are now staffed; 988 marketing campaign launched October 2, 2023

### **Modernization**

- Corrective Action Plan: Worked with stakeholders to identify process improvement opportunities and developed a corrective action plan to inform future priorities
- Satisfaction Survey: Completed initial satisfaction survey with all CSB representatives; working hard toward next steps
- Facility Financial & Operations: Identified target areas for cost savings and efficiencies
- Data Exchange: Progressing towards a new statewide Data Exchange to deliver transactional and secure data

### Link to Public Dashboard

dbhds.virginia.gov/aboutdbhds/strategic-plans/

The dashboard tracks progress as DBHDS works to support individuals by promoting recovery, self-determination, and wellness in all aspects of life. The dashboard is available on the DBHDS website.







## Comprehensive System Change







DBHDS Strategic Plan

