



# DBHDS Updates VACSB Emergency Services Conference

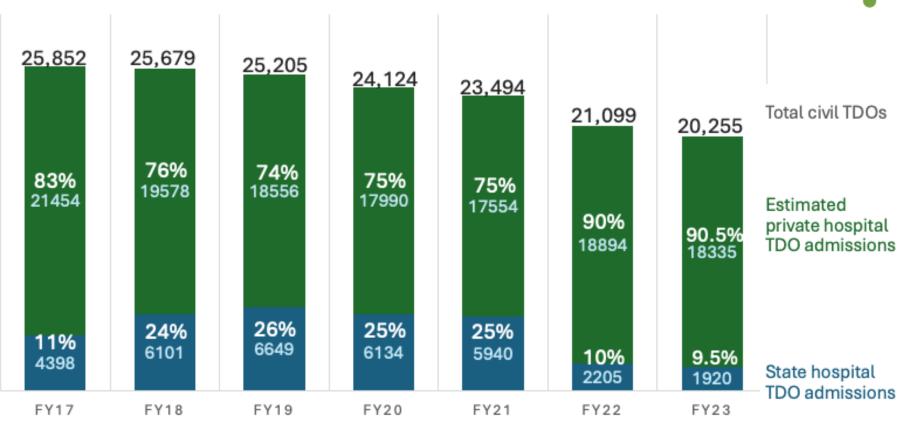
Nelson Smith, Commissioner
Department of Behavioral Health &
Developmental Services



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# Temporary Detention Orders (TDOs)

- TDO numbers skyrocketed in 2014 with new Bed of Last Resort laws, but % of private TDO admissions dropped.
- Staffing crisis in the pandemic caused many state hospital beds to close.
- Since wait times for TDO beds began increasing, total numbers of TDOs has declined.
- Private hospitals average 18,265 TDO admissions over the last 5 years.
- Reduction of state hospital civil TDO admissions, but forensic admissions increased
   93% from FY14 – FY23.

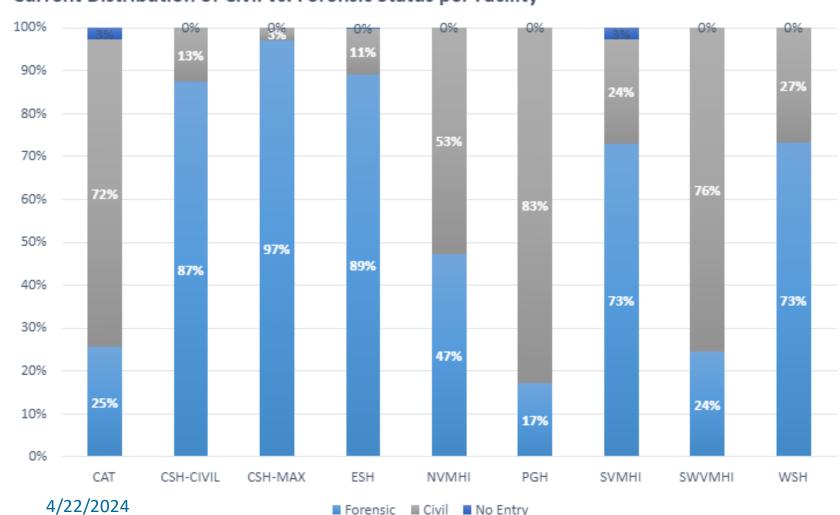






# State Hospital Forensic Admissions

### Current Distribution of Civil vs. Forensic Status per Facility



Forensic admissions to state facilities increased nearly **93%** from FY14 – FY23

The primary driver in forensic admission increases is **restoration orders**, which increased over **143%** from FY14 – FY23

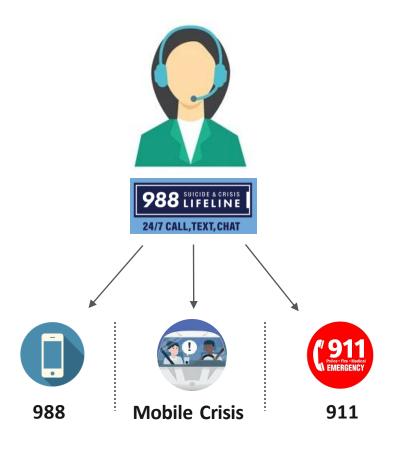
Consequences include only 30 state civil beds in Region 5 as of 4/22/24

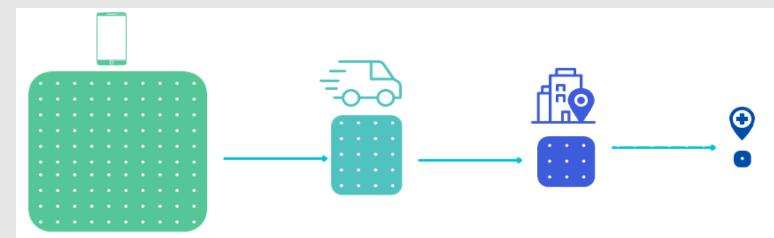
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### Pillar 1: Crisis Transformation







If **100** people call 988, **80** of those calls can be resolved over the phone. Mobile response can be dispatched for the remaining **20**.

Of those 20, nine may need further treatment at a Crisis Stabilization Site.

may require services at a higher level of care, like a hospital, while the other eight return safely to the community.

Out of those nine, one





### 988

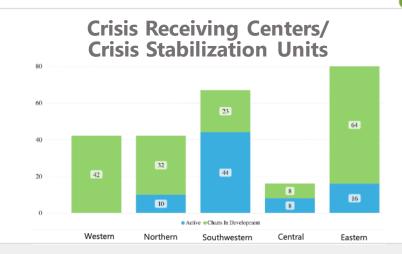


- New <u>988va.org</u> website
- 988 is like 911 for mental health
- Anyone in mental distress can call or text 988 and trained crisis call center staff will help right away.
- About 8,000 calls per month
- About 80% of calls to 988 can be resolved on the phone
- National and Virginia marketing is underway

### **Mobile Crisis**



- Teams are deployed by 988 or regions to race directly to people in crisis.
- Mobile crisis teams can resolve 70% of the cases they handle
- Virginia now has 98 mobile crisis teams.
- The goal is 140 teams across Virginia



- Community stabilization of mental health crises for walk-ins, ambulance, fire and police drop-offs
- Stabilize crises and safely discharge about 65% of individuals without needing longer-term inpatient care
- Virginia currently has 236 active beds and chairs, with 307 more in development
- More projects underway later in 2024

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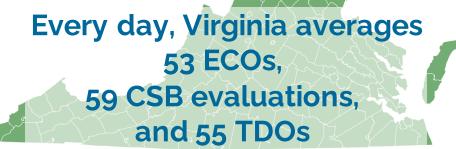








We were pleased to be able to provide CIT training to personnel from Steadfast Security Solutions, LLC who will be piloting an alternative custody and transportation initiative in portions of southwest Virginia as a vendor for the Virginia Dept. of Behavioral Health and Developmental Services (DBHDS). We appreciate their willingness to serve the Commonwealth in this important initiative.



### **Alternative Custody**

- Special Conservators of the Peace (SCOP) Pilot
- Off-Duty Deputy Program (DCJS)

### **Alternative Transportation**

- Availability
- Higher acuity transports
- **Discharge Transportation**





## Comprehensive System Change







DBHDS
Strategic Plan

DBHDS
Virginia Department of Behavioral Health and Developmental Services