



Virginia Association Of  
Community Services Boards, Inc.  
*Making a Difference Together*

**October 2 – 4 • Hotel Roanoke • Roanoke, Virginia**

# 2024 Public Policy Conference





## Virginia Opioid Abatement Authority (OAA)

701 East Franklin Street, Suite 803

Richmond, Virginia 23219

(804) 500-1810 – main

[info@voaa.us](mailto:info@voaa.us)

[www.voaa.us](http://www.voaa.us)

## Fast Facts

- Every city and county in Virginia receives **Direct Distribution** payments from the national opioid settlements. A city or county **does not need to apply** to the OAA to use these funds.
- In addition to these Direct Distributions, the OAA reserves an **Individual Distribution** amount for each city and county, each year that the settlements are paid. Cities and counties simply **need to apply** to the OAA explaining how the funds will be used for abatement projects. These grants **are not competitive**.
  - On top of the Individual Distribution, the OAA offers cities and counties a 25% incentive increase if the city or county will apply the OAA's "**Gold Standard**" requirements (§2.2-2370) to their Direct Distributions. Cities and counties simply **need to apply** to the OAA to affirm this commitment.
- The OAA maintains a "**look-up tool**" on its website that contains estimates for each city and county for Direct Distributions, Individual Distributions, and "Gold Standard" Incentive funding by fiscal year.
- OAA also has additional funding available for cities and/or counties that partner together for **Cooperative Partnership Projects** (regional efforts). The partnership must choose a fiscal agent city or county and **apply** to the OAA explaining how the funds will be used for abatement projects. These grants **are competitive**.
- The OAA can only provide awards to cities, counties, and state agencies. Other organizations may partner with these entities as part of a project.
- The annual application period for cities and counties is October 1 to April 1.

**For more information, visit us online:**

[www.voaa.us](http://www.voaa.us)

# Table of Contents

<u>Welcome Message from the VACSB Chair</u>	<u>4</u>
<u>Conference Schedule at a Glance</u>	<u>5</u>
<u>Previous Gartlan Award Recipients</u>	<u>6</u>
<u>Conference Exhibitors and Sponsors</u>	<u>7</u>
<u>Conference Schedule</u>	<u>9</u>
<u>Conference Faculty</u>	<u>13</u>

## Meeting Agendas:

<u>Children and Family Services Council</u>	<u>17</u>
<u>Developmental Services Council</u>	<u>18</u>
<u>Emergency Services Council</u>	<u>20</u>
<u>MH/SUD Services Councils</u>	<u>21</u>
<u>Prevention Services Council</u>	<u>22</u>
<u>Human Resources Directors Council</u>	<u>24</u>
<u>Quality Leadership Council</u>	<u>24</u>
<u>Finance Directors Council</u>	<u>25</u>
<u>Executive Directors Forum</u>	<u>26</u>
<u>VACSB Board of Directors/Business Meeting</u>	<u>27</u>

<u>VACSB Business Meeting Outcomes, 03 MAY 2024</u>	<u>29</u>
<u>VACSB 2024-25 Meeting Calendar</u>	<u>40</u>
<u>VACSB 2025-26 Draft Budget Priorities</u>	<u>41</u>
<u>Conference Center Map</u>	<u>42</u>

## **Session Handouts on the VACSB website**

Handouts and presentations will be posted on the VACSB website at [www.vacsb.org](http://www.vacsb.org), as permitted and as shared by the presenters. Please check with the presenter to see if the session handouts are available online before requesting paper handouts be printed/mailed to attendees.

## **Session Seating**

Scheduling rooms for sessions is one of the most difficult of all conference tasks. We do our best to schedule topics, rooms, and presenters in ways to maximize conference space. There may be occasions when sessions draw many more participants than expected. In those instances, please be patient about the seating and/or consider another concurrent session. For sessions in which you are particularly interested, we strongly suggest you arrive as early as possible.

## **Contact Hours**

DBHDS is sponsoring contact hours for attendance at conference workshops and the Public Policy Panel session. Certificates will be available at the registration desk after 5 pm. If you are here for both days, pick up a combined certificate on Thursday after the panel session.

## Welcome Message from the VACSB Board Chair



On behalf of the Virginia Association of Community Services Boards, it is my pleasure to welcome you to the 2024 Public Policy Conference at the Hotel Roanoke. I look forward to spending some quality time with you as dedicated professionals who support the needs of individuals with behavioral health and developmental disability service needs. If this is your first VACSB conference, I extend a special welcome and hope you will join us at future conferences.

On Wednesday, we are pleased to present a luncheon message, *Developing the Leaders Around You*, presented by **Yanick Hicks, PharmD, Executive Director, Maxwell Leadership**. This general session is designed to demonstrate the need to train and equip a core group of leaders in your organization and to provide a practical pathway for doing so.

The Wednesday afternoon workshops begin at 1:30 pm and, after a 30-minute refreshment break, the 2<sup>nd</sup> set begins at 3:30 pm. We would not be able to provide in-depth and current information in this setting without support from our state agency partners as well as CSB/BHA staff who have agreed to share knowledge with their colleagues. We offer them a special thanks.

The highlights of our Public Policy Conference include the Public Policy Panel and the Joseph V. Gartlan, Jr. Award Luncheon. Our Public Policy panel presentation will include Janet Kelly, Secretary of Health and Human Resources; Alexis Ablasca, MD., DBHDS Chief Clinical Officer; Cheryl Roberts, Director, DMAS; R. Creigh Deeds, Senate of Virginia and Sam Rasoul, Virginia House of Delegates.

The distinguished panel will apprise the audience of current issues, programs, and challenges facing the Commonwealth. Following a brief presentation by each panelist and a 15-minute comfort break, the question-and-answer period will provide stakeholders the opportunity to submit written questions to the panel members. Our thanks to Becky Bowers-Lanier for serving as moderator and all of our panelists for making the time to be with us.

While we will be celebrating the work and advocacy of this year's Gartlan Award winner, I encourage you to take a moment to show thanks and appreciation to a colleague whom you know to be a champion of the mission we all share. The award honors the late Senator Gartlan for his 28 years in the Virginia Senate and his tireless work as Chair of the HHR Subcommittee of Senate Finance. Senator Gartlan's legacy lives on with this award, and we are honored to have his daughter, Joan, with us to present the award.

I am honored to serve as your VACSB Chair, and I sincerely thank you for your hard work, commitment, and service. Enjoy the conference and your visit to Roanoke.

*Patrick Sowers*

# Virginia Association of Community Services Boards

## 2024 Public Policy Conference at a Glance

### WEDNESDAY, OCTOBER 2, 2024

9:30 am – 5:00 pm	VACSB Registration Desk Open Exhibit Center Open <b>(BREAKFAST ON OWN)</b>	North Entry Crystal Foyer										
11:00 am – 12:00 pm 12:00 pm – 1:15 pm	CONFERENCE OPENS – Buffet Luncheon <b>Keynote Speaker – Developing the Leaders Around You</b> <b>Yanick Hicks, PharmD, Executive Director, Maxwell leadership</b>	Roanoke A/B/C/D										
1:30 pm – 3:00 pm	Conference Workshops (concurrent)											
	<table border="1" style="width: 100%; border-collapse: collapse; background-color: #f2f2f2;"> <thead> <tr> <th style="width: 20%;">Wilson</th> <th style="width: 20%;">Crystal A/B/C</th> <th style="width: 20%;">Monroe</th> <th style="width: 20%;">Crystal D/E</th> <th style="width: 20%;">Buck Mountain</th> </tr> </thead> <tbody> <tr> <td>How CSBs are using opioid settlement funds to expand and create new services to fight the opioid and substance use epidemic. (repeated after break)</td> <td style="text-align: center;">Emotional CPR</td> <td style="text-align: center;">Infant and Early Childhood Mental Health in the Context of the Community</td> <td style="text-align: center;">Money Talks! Updates from State Finance Partners (for fiscal and other relevant staff)</td> <td style="text-align: center;">The Updated Substance Use Disorder Record Privacy Requirements: Opportunities and Risks for Part 2 Providers</td> </tr> </tbody> </table>	Wilson	Crystal A/B/C	Monroe	Crystal D/E	Buck Mountain	How CSBs are using opioid settlement funds to expand and create new services to fight the opioid and substance use epidemic. (repeated after break)	Emotional CPR	Infant and Early Childhood Mental Health in the Context of the Community	Money Talks! Updates from State Finance Partners (for fiscal and other relevant staff)	The Updated Substance Use Disorder Record Privacy Requirements: Opportunities and Risks for Part 2 Providers	
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3:00 pm – 3:30 pm	Refreshment Break in Exhibit Center											
3:30 pm – 5:00 pm	Conference Workshops (concurrent)											
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5:00 pm – 6:00 pm	<b>Welcome Reception - Light Refreshments and Cash Bar</b>	Crystal Foyer										

### THURSDAY, OCTOBER 3, 2024

8:00 am – 5:00 pm	Registration & Exhibit Center Open	North Entry/Crystal Foyer
8:00 am – 9:30 am	Continental Breakfast	Crystal Foyer
9:30 am – 12:00 pm	<b>2024 Virginia Public Policy Panel Presentation</b> Janet Kelly, Secretary of Health and Human Resources, Commonwealth of Virginia Alexis Aplasca, MD., DBHDS Chief Clinical Officer Cheryl Roberts, Director, DMAS R. Creigh Deeds, Senate of Virginia Sam Rasoul, Virginia House of Delegates	Roanoke A/B/C/D
12:00 pm – 1:45 pm	<b>2024 Joseph V. Gartlan, Jr. Award Luncheon</b>	Roanoke A/B/C/D
1:30 pm – 2:00 pm	Refreshments	Crystal Foyer
2:00 pm – 5:00 pm	<b>CSB/BHA Board Member Workshop – Virginia's Freedom of Information Act: A balance of interests</b>	Wilson
2:00 pm – 5:00 pm	<b>Group Meetings</b> <ul style="list-style-type: none"> <li>• Executive Directors Forum</li> <li>• Mental Health/Substance Use Disorders Services Councils</li> <li>• Emergency Services Council</li> <li>• Human Resources Directors Council</li> <li>• Quality Leadership Council</li> <li>• Developmental Services Council</li> <li>• Children and Family Services Council</li> <li>• Prevention Services Council</li> <li>• Finance Directors Council</li> </ul>	Crystal A/B/C Crystal D/E Monroe Tinker Mill Buck Brush Pocahontas B Pocahontas A
5:00 pm – 6:00 pm	<b>Networking Reception - Light Refreshments and Cash Bar</b>	Crystal Foyer

### FRIDAY, OCTOBER 4, 2024

8:00 am – 11:00 am	Registration Desk Open	North Entry
8:00 am – 9:00 am	Buffet Breakfast	Crystal Foyer
9:00 am – adjourn	Combined Board of Directors and VACSB Business Meeting	Crystal Ballroom

Honoring the Achievements of  
The Honorable Joseph Vincent Gartlan, Jr.  
1925 - 2008



Just before Senator Gartlan's 2000 retirement from public life, the VACSB established the annual Joseph V. Gartlan, Jr. Award for Leadership and Advocacy, first presented in October of 1999. Each of the individuals who have received the award has distinguished him/herself in leadership and advocacy for individuals with mental illness, developmental disability, and/or substance use disorders.

Throughout the years, the late Senator Gartlan was able to be with the VACSB to proudly present the award and to delight us with his sparkling humor and his ebullience. We honor his being with us in spirit and will always hold his memory dear, particularly each October upon the presentation of this award in his name. We are honored that his family members help us continue the tradition of presenting the award.

The VACSB is proud of each of the recipients of the award for their leadership and advocacy, as well as for the thousands of Virginians statewide who work each day to facilitate recovery and independence.

### RECENT GARTLAN AWARD RECIPIENTS

- 2023, Bea Dahlen
- 2022, Karen Grizzard
- 2021, Jennifer Spangler
- 2020, The 40 CSBs & Behavioral Health Authority
- 2019, Jennifer Fidura
- 2018, Mary Ann Bergeron
- 2017, Howard Cullum
- 2016, Gary A. Ambrose
- 2015, Anthony W. Soltys, Colonel (Ret.) U.S. Army

*\* For a complete list of all Gartlan Award recipients & description, use the QR Code.*





# Virginia Association of Community Services Boards 2024 Public Policy Conference Exhibitors & Sponsors



The VACSB is grateful for the support of our generous sponsors and exhibitors. Their robust participation helps to ensure future conferences will continue to provide you with quality workshops and keynote speakers. Please stop by the exhibit area to learn how their businesses can be of service to you.

## GOLD SPONSORS



## SILVER SPONSORS



## OTHER EXHIBITORS

Acentra Health	Altruix	Atlantic Outreach Group	Bio-Medic Health Services, Inc.	Butler Human Services Furniture
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Iris Telehealth	Life Center of Galax	Netsmart	The Pavilion	Safe Harbor Recovery Center
SafeinHome	Virginia Rural Health Association	Virginia Therapeutic Network	Vocal Virginia	Wall Residences



# Our Difference Is Relationships



At Wall Residences, we know what makes a home is the people it holds, so we focus on long-term solutions and relationships. Our signature service features personalized matching of each individual with one of our carefully selected, well-supported Providers and ongoing onsite service supervision.

### Unmatched Depth of Expertise

Our leadership team of 12 has over 250 combined years of professional experience in disability services, plus additional personal experience. We were the first to provide Sponsored Residential services in Virginia and remain a state leader in the disability services field.

### Large Professional Staff

Our team of expert staff includes licensed clinicians, BCBAs, MSWs, RNs, knowledgeable policy analysts, and trainers in all aspects of service delivery, person-centered thinking, and positive behavioral support.

### Continually Recruit, Train, and Support New Providers

We focus on the ability to offer a variety of locations (rural/urban/suburban) and family compositions across the state.

### Long-Term Results

Dozens of the individuals we serve have thrived with the same provider for over a decade.

### Continual Support

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**Alex Jackson**  
Admissions Director  
(434) 610-7578



**Heather Sowers**  
Roanoke, NRV, SWVA  
(276) 229-8673



**Emily Eagle**  
Central VA, Danville,  
Shenandoah Valley  
(434) 907-5067



**Ashea Green**  
Northern Region  
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**Lisa Schalasny**  
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# VACSB 2024 Public Policy Conference Schedule

Wednesday, October 2, 2024

(Breakfast on Own)

**ROOM**

9:30 am	Exhibit Center and VACSB Registration Desk Open	Crystal Foyer/North Entry
11:00 am	<b>Buffet Luncheon</b> Vegetarian and gluten-free options are included in the buffet selections	Roanoke A/B/C/D
12:00 pm	<b>Developing the Leaders Around You</b> Presented by: Yanick Hicks, PharmD, Keynote Speaker, Executive Director, Maxwell leadership	
<p>Those closest to a leader will determine the magnitude of his or her success. That’s why a leader has to take responsibility for training and equipping a core group of leaders. An organization’s growth depends upon the growth of its personnel, and the more people you lead, the more leaders you need. Successful leaders maximize the abilities of those they supervise and empower them to exercise their influence for the benefit of the organization.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Identify and evaluate potential leaders</li> <li>2. Develop and equip potential leaders</li> <li>3. Reproduce generations of leaders</li> </ol>		
1:15 – 1:30 pm	Stretch & Comfort Break	
1:30 pm	Conference Workshops ( <i>Concurrent</i> )	
<p><b>How CSBs are using opioid settlement funds to expand and create new services to fight the opioid and substance use epidemic. (SESSION REPEATS AFTER THE BREAK)</b></p> <p><b>Presented by:</b> Tony McDowell, Executive Director, Virginia Opioid Abatement Authority</p> <p>This session will provide an update on how the OAA is working with CSBs across the commonwealth to provide funding for life saving efforts to abate the opioid epidemic. Presenters will also offer tips and lessons learned about how to successfully apply for OAA grants.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Understand the allowable uses of opioid settlements funds;</li> <li>2. See examples of successful grant applications and how those programs are doing;</li> <li>3. Learn how to help local governments craft grant applications that can be funded by the OAA.</li> </ol>		Wilson
<p><b>Emotional CPR</b></p> <p><b>Presented by:</b> Erin Tucker, CPRS-T, eCPR-T, IFPRS-T, TIC-T, PMC-T, CS, Region 1 Recovery Oriented Services Coordinator, DBHDS</p> <p>eCPR benefits individuals from multiple, diverse demographics. It can enhance our ability to connect with others, to understand what it means to be with someone who is experiencing a mental health challenge or crisis, to accept our own emotions, and to be confident in being our most authentic self in both work and personal lives. eCPR is an EBP found to be a valuable resource for learning new skills when engaging with an individual who may be in distress or experiencing a mental health crisis.</p> <p><b>Learning Objectives:</b></p> <p>Emotional CPR (eCPR) is an educational program that teaches people how to help others through emotional crises. The program is based on three core components, or steps, which are represented by the acronym CPR:</p> <ol style="list-style-type: none"> <li>1. Connect: Establish a genuine, non-judgmental, and empathetic connection with the person in distress. This involves deepening listening skills, practicing presence, and creating a sense of safety.</li> <li>2. Empower: Help the person regain control over their emotions and situation. This can include validating their feelings, encouraging them to explore coping strategies, and offering guidance. It can also help people learn to master their feelings and assist others in feeling more hopeful and engaged in life.</li> <li>3. Revitalize: Help the person rediscover their strengths, passions, and sense of purpose. This can involve re-engaging in relationships with loved ones or support systems, and discovering or resuming roles, relationships, and community connections that support health and wellness.</li> </ol>		Crystal A/B/C

<b>Infant and Early Childhood Mental Health in the Context of the Community</b>		<b>Monroe</b>
<p><b>Presented by:</b> Tracy Ellis Walters, M.S. M.Ed. ECSE, IMH-E, EOLD, State Coordinator Infant and Early Childhood Mental Health, Department of Behavioral Health and Developmental Services</p> <p>This session will provide attendees with the definition of infant and early childhood mental health, current statistics reflecting mental health challenges for children birth to five, and current initiatives in Virginia supporting infant and early childhood mental health.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>Attendees will gain knowledge and understanding of what defines Infant and early childhood mental health.</li> <li>Attendees will learn how to support children birth to five with mental and behavioral challenges.</li> <li>Attendees will gain knowledge and understanding of how to become endorsed in Infant and early childhood mental health in Virginia.</li> </ol>		
<b>Money Talks! Updates from State Finance Partners (all are welcome)</b>		<b>Crystal D/E</b>
<p><b>Presented by:</b></p> <ul style="list-style-type: none"> <li>Nathan Miles, Chief Financial Officer, DBHDS</li> </ul> <p>Participants will hear critical updates from the DBHDS fiscal team related to the recently passed state budget, the WebGrants portal and the reimbursement process for federal funds. In addition, participants will be invited to engage in a conversation about the cost reporting exercise and future funding opportunities.</p> <p><b>Learning objectives:</b></p> <ol style="list-style-type: none"> <li>Understand the provisions of the recently passed state budget as they relate to CSB funding.</li> <li>Gain clarity on upcoming reporting requirements and discussion of the cost reporting exercise.</li> <li>Gain clarity on DBHDS plans and intentions regarding future funding.</li> </ol>		
<b>The Updated Substance Use Disorder Record Privacy Requirements: Opportunities and Risks for Part 2 Providers</b>		<b>Buck Mountain</b>
<p><b>Presented by:</b> Jonathan M. Joseph, Esq., Partner, Christian &amp; Barton, LLP</p> <p>To enhance care and confidentiality for SUD patients, the U.S. Department of Health &amp; Human Services issued a Final Rule in February 2024 that aligns sections of 42 CFR Part 2 with HIPAA. With compliance mandated by April 2026, providers need to be aware now of their revised rights and responsibilities and begin operational adjustments as a compliance misstep can create liability with both civil and criminal consequences. This session will highlight the Final Rule modifications including modified patient consent requirements, restrictions on record use and disclosure, new patient privacy protections, breach notification obligations and the enhanced protections for SUD counseling notes.</p> <p><b>Learning objectives:</b></p> <ol style="list-style-type: none"> <li>Gain an understanding of federal privacy law changes and exceptions</li> <li>Recognize proper responses to third-party requests for treatment information</li> <li>Identify SUD program policies, procedures and forms that are impacted by the Final Rule</li> </ol>		
<b>3:00 pm – 3:30 pm</b>	<b>Exhibit Center and Refreshment Break</b>	<b>Crystal Foyer</b>
<b>3:30 pm</b>	<b>Conference Workshops (Concurrent)</b>	
<b>How CSBs are using opioid settlement funds to expand and create new services to fight the opioid and substance use epidemic. (REPEAT OF EARLIER SESSION BY THE SAME NAME)</b>		<b>Wilson</b>
<p><b>Presented by:</b> Tony McDowell, Executive Director, Virginia Opioid Abatement Authority</p> <p>This session will provide an update on how the OAA is working with CSBs across the Commonwealth to provide funding for life saving efforts to abate the opioid epidemic. Presenters will also offer tips and lessons learned about how to successfully apply for OAA grants.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>Understand the allowable uses of opioid settlements funds;</li> <li>See examples of successful grant applications and how those programs are doing;</li> <li>Learn how to help local governments craft grant applications that can be funded by the OAA.</li> </ol>		

<p><b>The Legal Implications of the Use of Artificial Intelligence in Your Organization</b></p> <p><b>Presented by:</b></p> <ul style="list-style-type: none"> <li>Liz Heddleston, Attorney at Woods Rogers – Health Law; Cybersecurity and Data Privacy</li> <li>Patrick Austin, Attorney at Woods Rogers – Cybersecurity &amp; Data Privacy</li> </ul> <p>Using AI in the healthcare setting has the potential to improve individual care and alleviate administrative burdens, but it also comes with significant risks and uncertainties. During this session, Woods Rogers attorneys will discuss legal developments in the AI space, focusing on the use in the CSB setting. They will discuss legal considerations relating to the use of AI in the workplace, in the Electronic Health Record, and clinical settings. They will offer insights on potential legal pitfalls and liabilities associated with AI, including privacy and security issues and other hot topics.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>Attendees will understand the risks and liabilities of using artificial intelligence in a health care setting.</li> <li>Attendees will understand the impact of artificial intelligence on administrative burden.</li> <li>Attendees will understand the benefits of using artificial intelligence to improve patient care.</li> </ol>		<p><b>Buck Mountain</b></p>
<p><b>Servant Leadership and Tips from the Big Screen (Serve—Lead—Inspire)</b></p> <p><b>Presented by:</b> Bob Gordon, Chief Human Resources Officer, Mount Rogers Community Services</p> <p>This workshop accomplishes servant leadership learning (while having some fun) from the inspiration of movies. During the session, an overview of Robert K. Greenleaf’s 10 Principles of Servant Leadership IS covered with movie clips used to show how leaders set mission/vision and clear expectations, get to know and develop people, give clear feedback on performance and remain open minded and flexible. With clips from movies, we’ll focus on practical actions to become a better servant leader by using such to engage our emotions and help one to move towards lasting behavioral change. And that’s what we are all about as CSBs and BHAs, correct? <b>Disclaimer: This presentation is rated PG-13.</b></p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>Learn the principles of servant leadership.</li> <li>Determine what practical actions to apply or actions not to apply to your leadership style.</li> <li>Identify the servant leadership principle you need to work on most to be an improved leader.</li> <li>Determine what real leaders do well and who they are.</li> </ol>		<p><b>Monroe</b></p>
<p><b>Medicaid Behavioral Health Services Redesign</b></p> <p><b>Presented by:</b> Lisa Jobe-Shields, Ph.D., Behavioral Health Division Director, Virginia Department of Medical Assistance Services and Laura Reed, LCSW, Behavioral Health Senior Program Advisor, Department of Medical Assistance Services</p> <p>This presentation will give an overview of Virginia's current initiative to redesign legacy community mental health rehabilitative services. This is a two-year project to design (year 1) and implement (year 2) services to replace intensive in-home, therapeutic day treatment, mental health skill building, psychosocial rehabilitation, and targeted case management (serious mental illness and serious emotional disturbance). The presentation will provide project updates, timeline, and solicit input from participants regarding the direction of the project.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>Understand the goals of the BH service redesign project</li> <li>Understand the timeline and component activities of the BH service redesign project</li> <li>Know how to get involved and stay up to date with the BH service redesign project</li> </ol>		<p><b>Crystal D/E</b></p>
<p><b>Continued Discussion: Developing the Leaders Around you</b></p> <p><b>Presented by:</b> Yanick Hicks, PharmD, Keynote Speaker, Executive Director, Maxwell leadership</p> <p>This workshop will provide a “deep dive” into the concepts of leadership presented during the general session. Current leaders will understand how their work can be enriched and elevated by the strong leaders they help to cultivate within their organizations.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>Identify and evaluate potential leaders</li> <li>Develop and equip potential leaders</li> <li>Reproduce generations of leaders</li> </ol>		<p><b>Crystal A/B/C</b></p>
<p><b>5:00 pm</b></p>	<p><b>Welcome Reception</b> Join your colleagues for light refreshments and a cash bar</p>	<p><b>Crystal Foyer</b></p>

**Thursday, October 3, 2024**

<b>8:00 am</b>	<b>Continental Breakfast and Exhibit Center</b>	<b>Crystal Foyer</b>
<b>9:30 am</b>	<p><b>2024 Virginia Public Policy Panel Presentation</b></p> <p>Panel Members:</p> <ul style="list-style-type: none"> <li>• Janet Kelly, Secretary of Health and Human Resources, Commonwealth of Virginia</li> <li>• Alexis Aplasca, MD., DBHDS Chief Clinical Officer</li> <li>• Cheryl Roberts, Director, DMAS</li> <li>• R. Creigh Deeds, Senate of Virginia</li> <li>• Sam Rasoul, Virginia House of Delegates</li> </ul> <p>Moderator: Becky Bowers-Lanier, VACSB Legislative Consultant, B2L Consulting</p>	<b>Roanoke A/B/C/D</b>
<b>12:00 pm</b>	<p><b>2024 Joseph V. Gartlan, Jr. Award Luncheon</b></p> <p>This award is given annually in honor of the recipient of the Gartlan Award, an individual who has demonstrated exceptional leadership and advocacy.</p>	<b>Roanoke A/B/C/D</b>
<b>2:00 pm</b>	<p><b>CSB/BHA Board Member Workshop - Virginia's Freedom of Information Act: A balance of interests</b></p> <p><b>Presented by: Megan Rhyne, J.D., Executive Director, Virginia Coalition for Open Government</b></p> <p>Virginia's Freedom of Information Act may seem complex and dense, but its core principle is clear: the public has a right to know what their government is doing. From accessing public records to attending board meetings, FOIA seeks to balance this right to transparency with the government's need to occasionally protect sensitive information.</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>1. To understand the basic policy of FOIA and what it guarantees.</li> <li>2. To understand the basics of FOIA requests for records operate.</li> <li>3. To understand the basics of FOIA procedures for in-person and electronic meetings.</li> </ol>	<b>Wilson</b>
<b>2:00 pm</b>	<p><b>Group Meetings</b></p> <ul style="list-style-type: none"> <li>• Executive Directors Forum</li> <li>• Mental Health/Substance Use Disorders Services Councils</li> <li>• Emergency Services Council</li> <li>• Human Resources Directors Council</li> <li>• Quality Leadership Council</li> <li>• Developmental Services Council</li> <li>• Children and Family Services Council</li> <li>• Prevention Services Council</li> <li>• Finance Directors Council</li> </ul>	<b>Crystal A/B/C</b> <b>Crystal D/E</b> <b>Monroe</b> <b>Tinker</b> <b>Mill</b> <b>Buck</b> <b>Brush</b> <b>Pocahontas B</b> <b>Pocahontas A</b>
<b>3:00 -3:30 pm</b>	Refreshments in Exhibit Center	<b>Crystal Foyer</b>
<b>5:00 pm</b>	<b>Networking Reception - light refreshments and cash bar</b>	<b>Crystal Foyer</b>

**Friday, October 4, 2024**

<b>8:00 am</b>	Registration Open	<b>North Entry</b>
<b>8:00 am</b>	<b>Buffet Breakfast</b>	<b>Crystal Foyer</b>
<b>9:00 am</b>	<b>VACSB Combined Board of Directors/Membership Business Meeting – Agenda Page 27</b>	<b>Crystal Ballroom</b>
<i>The conference concludes with the adjournment of the Board/Business Meeting</i>		

## Conference Faculty – Alphabetical by First Name

**Alexis Aplasca, MD., DBHDS Chief Clinical Officer, Senior Clinical Advisor of Governor Glenn Youngkin's Right Help, Right Now Transformation Plan,** is a graduate of the University of Hawaii Triple Board Program, a unique, integrated training program aimed to address system of care gaps, and is board certified in pediatrics, child and adolescent psychiatry, and adult psychiatry. In her roles at the state level, she utilizes her medical expertise and experience to inform the development of policies and implementation of programs throughout the Commonwealth. Dr. Aplasca joined DBHDS to further develop and establish the agency's Quality Management Program, with priority around developmental services, serve as the agency's lead for to collaborate with Medicaid to enhance the behavioral health service array, to build a trauma informed, evidence informed comprehensive continuum of care. In prior roles in Virginia, she worked as a pediatrician and psychiatrist at the VCU Health System, specializing in emergency psychiatry and youth with complex medical and behavioral health needs. She has also served as a consultant for Virginia Medicaid and was a past Medical Director of Magellan of Virginia and Magellan Complete Care. She has experience in global health policy working on multiple assignments with the World Health Organization on the Mental Health Gap Action Programme, aimed at scaling up behavioral health provider competency and capacity in low-middle income countries, including school based mental health and training community mental health workers on the identification and treatment of psychiatric conditions in youth. She is deeply committed to the shared vision of a high quality, accessible, behavioral health system that supports people across their lifespan.

**Bob Gordon** is the Chief Human Resources Officer with Mount Rogers Community Services in Wytheville, VA and has over twenty years of comprehensive human resources experience with significant experience in Human Resources operations and strategy to maximize business objectives as well as eight years' experience with Mount Rogers. Bob's past jobs have included serving as Manager of U.S. Human Resources Policies, Processes, and Employment Practices at Lowes' Companies, Inc., in Mooresville, NC; Manager of Executive Compensation and Benefits for American Electric Power in Columbus, OH and Manager of Human Resources Administrative Services for American Electric Power in Roanoke, VA where he ran an HR Service Center for all eleven states of the AEP system. Bob received a Bachelor of Science degree in Business Management (Summa Cum Laude) from Radford University, a Master of Science degree in Human Resource Management and Labor/Employee Relations (Pamplin Scholar) from Virginia Tech and is a graduate of the Ohio State Leadership Program. He holds numerous certifications including Senior Professional in Human Resources (SPHR), the Society for Human Resources Management Senior Certified Professional (SHRM-SCP), Certified Benefits Professional (CBP), and Certified Compensation Professional (CCP). Bob, a native of Mechanicsburg, VA, currently lives in Wytheville, VA and his hobbies include hiking and sports. An avid Virginia Tech sports fan, alumni, and member of the Hokie Club, the Pylon Society, and the Legacy Society, Bob is also a member of Ruritan National/Local and Byrnes Chapel United Methodist Church where he serves on the Board of Trustees. Bob is newly named to the Management Advisory Board for the Virginia Tech Pamplin School of Business where he begins his voluntary service to the University in a few short weeks to advise on departmental strategic plans and assist in accomplishing strategic initiatives, provide suggestions on undergraduate and graduate curricula based on external trends and issues while ensuring relevance and alignment with the job market, etc.

**Cheryl J. Roberts, J.D.** is the Director of the Virginia Department of Medical Assistance Services (DMAS), which serves 2.1 million Virginians with a \$20 billion annual budget. She leads and supports the Department's Executive Leadership Team, DMAS staff, programs, contracts, operations, and finance in their mission to provide access to health care coverage and high-quality health care. She has extensive experience in population health, managed care delivery systems and operations. Previously, she was the Deputy for Programs and Operations at DMAS, as well as health plan executives in both the Medicaid and commercial sectors. Cheryl is a graduate of the City College of New York and Rutgers University School of Law. She serves as the Governance Committee Chair for the National Association of Medicaid Directors. She is also on the executive committee for the National Association of State Health Policy.

**Erin Tucker, CPRS-T, eCPR-T, IFPRS-T, TIC-T, PMC-T, CS** is the former Executive Director of On Our Own, Charlottesville where she worked for 12 years. She holds a B.S. in Science with a major in Human services Counseling and a Psychology minor. Erin is a Trauma-Informed Care Trainer for organizations and TIC Trainer for Peers through SAMHSA and the National Center for Trauma-Informed Care. She is a Certified Advanced Level WRAP facilitator, Advance Directive facilitator, Certified Peer Recovery Specialist trainer, and an eCPR trainer. She is a Certified Personal Medicine Coach and she participates in her community serving on the Community Mental Health and Wellness Coalition. Erin has worked for the department of Behavioral Health and Developmental Services as the Recovery Oriented Services Coordinator for Region 1. She advocates for peer recovery and equity and believes that recovery is possible for all assuming equity and access are present.

**The Honorable Janet Vestal Kelly** has a distinguished career in the public and private sectors, specializing in convening leaders to solve complex problems. She most recently served as Senior Advisor for Children and Families for Governor Glenn Youngkin. In this role, she spearheaded the Safe and Sound Task Force which successfully relocated hundreds of children in foster care out of sleeping in local social services offices. In addition, she led the Prompt Placement Task Force which increased access to state psychiatric hospitals. She was also a leading force behind the recently signed kinship legislation and the Governor's transformational behavioral health plan, *Right Help, Right Now*. From 2010–2014, Secretary Kelly served as Secretary of the Commonwealth in the McDonnell Administration. Because of her family's personal adoption journey, she launched "Virginia Adopts: Campaign for 1,000." This initiative matched 1,041 children with adoptive families by the last year of the Administration. She and her husband, Ryan, co-founded "America's Kids Belong" and "Virginia's Kids Belong" to continue that initiative and are staunch advocates for children, families, and workers in the child welfare system. Secretary Kelly has also served in public sector roles as Chief of Staff in the Office of the Attorney General, Press Secretary on Capitol Hill, and Legislative Assistant in the Virginia House of Delegates. She has also consulted on seven gubernatorial transitions and served on numerous child welfare-related boards and advisory committees.

**Jonathan M. Joseph, Esq.** is a partner at Christian & Barton, L.L.P. in Richmond where he leads the health care practice group. He focuses his practice on health care transactions, HIPAA compliance and data breach investigations. Additionally, he advises on the impacts of artificial intelligence; managed care contracting; telemedicine; Virginia Department of Health Professions investigations and appeals; Medicare and Medicaid audit and appeals; and Certificate of Public Need matters. Jon is an active member of the Virginia Bar Association's Health Law Section Council, having previously served as its chair, and he currently coordinates the Section's CLE sessions and a pro bono initiative for legal services to Virginia's free clinics. He is a former adjunct professor of health law for the Master of Health Administration program at Virginia Commonwealth University. An established author, Jon recently assisted on a 50-state survey of data confidentiality and breach notification laws for the American Health Law Association. He holds degrees from Boston University School of Law and Middlebury College.

**Laura Reed, LCSW** is the Behavioral Health Senior Program Advisor in the Behavioral Health Division at the Virginia Department of Medical Assistance Services. Laura's role within the Department is to lead the implementation of the Right Help, Right Now Medicaid Behavioral Health Redesign project and oversee all Mental Health policy development. Laura has more than 20 years' experience in child and family clinical social work practice and program management. Prior to joining the Department of Medical Assistance Services, she held a number of positions as a Licensed Clinical Social Worker (LCSW), including leadership positions at the Richmond Behavioral Health Authority, Virginia Treatment Center for Children, and Family Preservation Services, Inc. Laura holds a Bachelors of Sociology (BA) from the University of Virginia and a Masters of Social Work (MSW) degree from Virginia Commonwealth University. She has held her Virginia LCSW license since 2008.

**Lisa Jobe-Shields, Ph.D.** is the Behavioral Health Division Director for Virginia Department of Medical Assistance Services (DMAS). The Division of Behavioral Health oversees the programmatic aspects of behavioral health services in Virginia Medicaid, including substance use and mental health services. Prior to coming to DMAS, she served as Assistant Commissioner for Community Behavioral Health at Department of Behavioral Health and Developmental Services (DBHDS) and is a clinical psychologist by training. Outside of work, Lisa stays busy raising three sons (ages 14, 11, and 7), spending time outdoors, and reading.

**Megan Rhyne, J.D.** has worked for the Virginia Coalition for Open Government since 1998 and became its executive director in 2008. She also serves as the administrator for the National Freedom of Information Coalition and the Knight Litigation Fund. Before coming to VCOG, she served as an opinions editor for Texas Lawyer newspaper in Dallas, as a freelance writer for Androvett Legal Media in Dallas and the National Law Journal in New York, and as an adjunct professor of media law at Hampton University's journalism school. She first became interested in open government as an FOI intern at the Reporters Committee for Freedom of the Press. Her law degree is from the University of Colorado-Boulder, and she was a radio, television and motion pictures major at the University of North Carolina-Chapel Hill. She lives in Williamsburg with her husband and teenage son.

**Senator R. Creigh Deeds** has represented the 25th District in the Senate of Virginia since 2001. He is the Co-Chair of the Judiciary Committee and chairs the Behavioral Health Commission and the Capital Outlay Subcommittee. Sen. Deeds also serves on the following standing committees: Commerce and Labor, Finance and Appropriations, Privileges and Elections, and Rules. Prior to his service in the Senate, Sen. Deeds served in the House of Delegates for ten years and for one term as the Commonwealth's Attorney for Bath County. He is a lawyer in private practice.

**Delegate Sam Rasoul** has been serving Virginians as the delegate from Roanoke since he was first elected in 2014. He currently sits on the Appropriations, Education, and Public Safety committees. Sam has a background in healthcare administration, nonprofit management, and finance. He graduated with a degree in Business Administration from Roanoke College and a Master's in Business Administration from The University of Hawaii. During his time in the General Assembly, Sam has prioritized improving access to mental health resources, protecting our environment, and improving public education across the Commonwealth. Sam has patroned numerous pieces of bipartisan legislation during his tenure in the House. Most recently, Sam has led the effort to transform Catawba Hospital's Campus to better serve those in the Roanoke Valley suffering from mental health crises and the on-going opioid crisis. Sam looks forward to continuing his work making the Roanoke Valley better for all who live there.

**Tony McDowell** has served as the executive director of the Opioid Abatement Authority (OAA) since it began operations in 2022. During that time, he and his small team have assisted the OAA Board in awarding nearly \$64 million to cities, counties, and state agencies. He previously served as Deputy County Manager for Public Safety in Henrico County from 2018-2022, where he played a leadership role in developing Henrico County's comprehensive strategy to prevent, treat, and support recovery from substance use disorders. He began his career with Henrico as a firefighter/paramedic in 1997 and rose through the ranks to Fire Chief in 2012. Mr. McDowell earned a Bachelor of Arts Degree from Virginia Tech (1991) and a Master of Public Administration degree from the University of North Texas (1995).

**Tracy Ellis Walters M.Ed, IMH-E, ECSE, EOLD, Infant Family Specialist, IMH-E®**, is a team member in the Office of Child and Family Services at the Department of Behavioral Health and Developmental Services. She currently serves as Virginia's Infant and Early Childhood Mental Health Coordinator. Tracy has devoted 35 years of service to Early Childhood Education and Early Intervention with a focus on Mental Health for young children in the last 12 years. Tracy has served children and families in both the public and private sector throughout her career. Some of Tracy's engagements beyond her state appointment include serving as the Board President for the Virginia Association for Infant Mental Health, serves on the Virginia Mental Health Access Project advisory Board, and an adjunct faculty member at Virginia Commonwealth University. Tracy engages in Speaker appointments at both National and local conferences as an advocate for Infant and Early childhood mental health for our youngest citizens. Prior to her current engagement, she served as the Site Director for VCU Health Systems Family Care Services Unit for 28 years working with children, families and educators. Tracy's work also encompassed studying the Reggio Emilia Schools in Italy and working for Richmond City and Chesterfield County public schools as an Early Childhood Special Educator. Tracy is truly passionate about providing information and education on the importance of Infant and Early Childhood Mental Health. She views IECMH work as vital to a child's overall health and development and

believes that it serves as a leveraging tool for social justice. She resides in the City of Richmond and enjoys spending time with her family especially her grandson, supporting local businesses, gardening, reading and is a patron of the Arts.

**Yanick Hicks, PharmD** is an Executive Director and keynote speaker with the Maxwell leadership team. Yanick is certified to speak in the areas of leadership, communication, and teamwork. Yanick inspires and entertains audiences to reach their ultimate potential. Yanick teaches from his professional life, sharing stories about his time spent as a pharmacist with Walgreens. Yanick will energize your organization with values-based people-centric servant leadership principles which will empower and energize everyone in attendance. He over-delivers with every speaking engagement. He has over 7 years of professional speaking experience. Yanick averages over 80 speaking events per year, and is consistently the highest rated speaker based on participant evaluations. He has enthralled crowds as large as 2,400. A proven speaker for your event! Yanick received his Doctorate (PharmD) degree in Pharmacy from Marshall University and licensed pharmacist in the state of Arizona. As a Pharmacist, Yanick led, inspired, engaged his team and patients to improve their overall health outcomes



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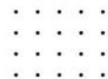
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[info@gahhealth.com](mailto:info@gahhealth.com)

[www.gahhealth.com](http://www.gahhealth.com)





**AGENDA**

**Welcome and Introductions**

**Partner Updates and Related Council Q&A/Discussion**

- DBHDS – Office of Child & Family Services
- CCCA – John Hamric
- OCS – Scott Reiner

**Regional Crisis Updates ► Regions 1, 2, 3, 4, and 5**

- Regional Program Information Sharing

**VACSB Committee Updates**

- Administrative Policy (Whitney)
- Development & Training (Morgan)
- Finance (Cathy)
- Public Policy (Paulette)
- Quality & Outcomes - (Cathy)
- Regulatory (Paulette)
- DMC (Rebecca)

**Open Council Dialogue**

**Adjournment**

**Next Meeting – VACSB January Conference in Roanoke, January, 2025**

**Virginia Association of Community Services Boards  
Developmental Services Council  
October 3, 2024    2:00 – 5:00pm    Room: Buck**

**AGENDA**

**Welcome**

- DS Directory Updates

*Shannon Clark*

*Natacha Dolson*

**Announcements/Reminders**

*Shannon Clark*

**Partner Updates**

- Part C Updates
  
- DBHDS Updates
  - DOJ Updates
  - Waiver Updates
  - Other Department Updates
    - Authorization Rule Update
  
- DMAS Updates

*Kyla Patterson*

*Heather Norton, Eric Williams*

*Ann Bevan*

**Regional Updates**

- Region I:        *Donna Higgs*
- Region II:       *Sierra Simmons*
- Region III:      *Shannon Clark*
- Region IV:      *Johnnie Cunningham*
- Region V:       *Debbie Dashiell*
- CoCoA:          *Alison Standring*

**VACSB Committee Reports**

- Public Policy                      *Sierra Simons*
- Services Development            *Tina Martina*
- Regulatory                         *Wendy Gullion*
- Development & Training         *Shannon Clark*
- Administrative Policy            *David Meadows*
- Data Management                *Tim Capoldo*
- Quality Leadership               *Pam Wallace*
- Quality & Outcomes              *Wendy Gullion*

**Stakeholder Updates**

**Closed Session: DD Council-Only Discussion**

Next meetings:

**DS Council Meeting November 18, 2024 10:00am (virtual)**



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Linda D. Wilkinson, MPA, MC, CFRE, is the Principal for LDW Consulting. With more than 20 years of executive leadership in the nonprofit sector, Linda has raised over \$100M in her career and lead strategic plans as both a board member and staff leader for state and national organizations. She is a sought-after public speaker recognized for her depth of knowledge and humor.

Contact Linda at – [LDWilkinson@gmail.com](mailto:LDWilkinson@gmail.com) or Phone 804.389.0538

Thank you to all advocates participating in the  
2024 Virginia Association of CSBs  
Public Policy Conference

Your passion and professionalism are  
appreciated!



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**Virginia Association of Community Services Boards  
Emergency Services Council  
October 3, 2024    2:00 – 5:00pm    Room: Monroe**

**AGENDA**

- I. Welcome / Roll Call / Announcements
- II. Alternative Transportation updates:
  - a. Gail Paysour & Dustin Wilcox
- III. DBHDS Updates–
  - a. Lars Messerschmidt - DBHDS
- IV. Virginia Crisis Connect/BHL: How's It Going?
  - a. Pilot Project Update from participating CSBs
- V. General Topics/Updates:
  - a. CRC / 23 hr Programs
  - b. Mobile Crisis Response/Co-Response
  - c. Appendix G Draft
  - d. Public Policy Committee Update
  - e. PRMC Update
- VI. Regional updates:
  - a. Region 1: Chris Barnes
  - b. Region 2: Heather Baxter
  - c. Region 3: Kelly Koebel
  - d. Region 4: Julia Cox
- VII. Region 5: Gina O'Halloran
- VIII. Open Floor:



## North Campus

### Residential Substance Use Treatment Programs

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#### North Campus Programs:



##### **Withdrawal Management and Crisis Receiving Center (co-located)**

RBHA provides 24-hour medically-monitored withdrawal management services to help people withdraw safely from alcohol and opiates. Services are offered to individuals 18 years and older, in a residential setting. Crisis Receiving Center (CRC) is a regional, short-term (23 hours) crisis stabilization unit.



##### **HOPE**

HOPE stands for Holistic Opportunities for Promise and Empowerment – and that is our approach to working with individuals in this program. Providing treatment to men and women, the HOPE program addresses substance use disorders with co-occurring mental health conditions.



##### **Men's Residential Treatment Center**

MRTC offers a safe, encouraging environment for men to focus on their recovery. Using a person-centered, trauma-informed approach to treatment, MRTC staff assist the residents with acquiring the tools they need to stop using, maintain recovery, and live a meaningful, productive life.



##### **Women's Residential Treatment Center**

At WRTC, we provide gender-responsive and evidence-based substance use treatment for the women we serve. We partner with the mothers to support and enhance their parenting skills and to nurture their child's growth and development.



##### **Children's Services Center**

Our staff and programming at the CSC promotes infant and child well-being through a continuum of services and evidence-based interventions. We also work to strengthen mothers' capacity and to support their role as engaged and nurturing parents.

For more information:

804-343-7600 or [suds@rbha.org](mailto:suds@rbha.org)

To make a referral:

<https://tinyurl.com/RBHAReferral>

**Virginia Association of Community Services Boards  
Mental Health & Substance Use Disorders Services Council  
October 3, 2024      2:00 – 5:00pm      Room: Crystal D/E**

**AGENDA**

- I. MH/SUD Chairs and Co-Chairs Introduction and Welcome
  - LeNelle Mozell, SUD Council Chair, [LMozell@pwcgov.org](mailto:L.Mozell@pwcgov.org)
  - Tim May, SUD Co-Council Chair, [Tim.May@nwcsb.com](mailto:Tim.May@nwcsb.com)
  - Alisha Wright, MH Council Chair, [awright@southsidebh.org](mailto:awright@southsidebh.org)
  
- II. MH/SUD Council Representatives acknowledgments and updates (if any)
  - Public Policy – Gabriella Caldwell-Miller, Hanover – Bill Rooney, LCSW, Alexandria
  - Data Management Council – Susan Chittum, Allegheny Highlands
  - Training and Development Committee – Ryan Banks, Encompass Community Supports, Debra O’Beirne, Fairfax-Falls Church CSB
  - Regulatory Committee – Tim May, Winchester and Bill Rooney, Alexandria
  - Finance Committee – Alisha Wright, Southside Behavioral Health
  - Quality and Outcomes Committee – Jodie E. Burton, Danville-Pittsylvania
  
- III. Volunteer needed for Finance Committee
  
- IV. Peer Support Services Subcommittee report – Robyn Hantelman, Encompass Community Supports & Robyn Collins, Harrisonburg-Rockingham CSB
  
- V. Voting on new MH Council Co-chair
  
- VI. DBHDS & STEP-VA discussion – Meredith Nusbaum

*Virginia Rural Health Association*

# Rural Health Voice Conference

**November 19-20, 2024**

Southwest Virginia Higher Ed Center  
*Abingdon, VA*

**Breakout Sessions:**

- *The Syndemic of SUD/HIV/HCV*
- *Addressing Overdose in Real Time*
- *Residential Treatment for Women*
- *Peer Recovery Specialists*
- *Workforce: Beyond Doctors*
- *Rural Midwives*

**Student Poster/Essay Contests**

  
  
  
School of Health Sciences  
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**More Info:**



**vrha.org/conference2024**

**Virginia Association of Community Services Boards  
Prevention Services Council  
October 3, 2024      2:00 – 5:00pm      Room: Pocahontas B**

**AGENDA**

Meeting Facilitated by:

Kelly Bulin, Eastern Shore CSB, Co-Chair

Timekeeping and Minutes by:

Charmin Horton, Eastern Shore CSB, Secretary

**AGENDA:** \_\_\_\_\_ **TIME:**

**Welcome and Rollcall (Kelly) 2:30-2:35pm**

**Office of Behavioral Health and Wellness (OBHW) 2:35-2:55pm  
(Colleen Hughes)**

**Reports and Updates**

**VACSB Committee Reports: Updates (Kelly Bulin) 2:55-3:05pm**

- |  |  |
|--|--|
| <b>Training and Development</b>          | <b>(Cheryl Matteo-Kerney)</b>            |
| <b>Public Policy Committee</b>           | <b>(Heather Martinsen)</b>               |
| <b>VACSB Finance Committee</b>           | <b>(Andrea Randle and Emily Mullins)</b> |
| <b>Administrative Policy Committee</b>   | <b>(Amanda Oakes)</b>                    |
| <b>Data Management Committee</b>         | <b>(Hannah Bershing)</b>                 |
| <b>Governor’s Addiction and Recovery</b> | <b>(Heather Martinsen)</b>               |
| <b>Q&amp;O Committee</b>                 | <b>(Kelly Bulin and Emily Mullins)</b>   |
| <b>Quality Leadership Subcommittee</b>   | <b>(Samantha Crockett)</b>               |
| <b>Prevention Council Co-Chairs</b>      | <b>(Kelly Bulin and Melissa Ackley)</b>  |

**Prevention Highlights (Kelly) 3:05-3:45pm**

<i>Hampton-Newport News</i>	<i>Empowering Black Girls to STAND</i>
<i>Hanover</i>	<i>Mental Health &amp; Wellness Kits for Youth and Parents, Teens, and Adults</i>
<i>Harrisonburg-Rockingham</i>	<i>Opioid Awareness Media Campaign</i>
<i>Highlands</i>	<i>Fentanyl Awareness Campaign</i>
<i>Horizon</i>	<i>Ride of Our Lives Event</i>
<i>Loudon</i>	<i>PAL Coalition Events</i>
<i>Middle Peninsula Northern Neck</i>	<i>Open Groups: Adaptations in Implementing a Parent Training Program Research Publication</i>
<i>New River Valley</i>	<i>The HOPE Campaign</i>

**If time permits:**

<i>Colonial</i>	<i>Shatter the Silence Event</i>
<i>Cumberland</i>	<i>Mental Health Awareness Month SWVA Community Connections</i>
<i>Danville-Pittsylvania</i>	<i>Soaring Above- Community Partnerships and Highlights</i>
<i>Dickenson</i>	<i>Make a Splash- A Partnership with Bear Pen Pool</i>

**Next Meeting & Adjournment (Kelly)**

October 18, 2024, at 11:00am via ZOOM

**4:00-4:05pm**

**Post Meeting Networking Session (Membership)**

**4:05-5:00p.m.**

**Please feel free to stay and meet with Prevention Colleagues to exchange thoughts and experiences. Mentor a new Preventionist. Brainstorm new ideas. Problem-solve current tasks.**

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**Virginia Association of Community Services Boards  
Human Resources Council  
October 3, 2024      2:00 – 5:00pm      Room: Tinker**

**AGENDA**

- Welcome/Introductions/Agenda (Crystal Homer, Chair)
- Legal Updates and Hot Topics by Mike Gardener, Woods Rogers  
Join Woods Rogers Labor & Employment attorneys as they review recent court cases and critical updates from the EEOC, DOL, and NLRB. We will provide an up-to-the-minute update on new developments and crucial decisions from the federal and state courts that affect your business and your employees.
- Approval of Minutes of May meeting
- DBHDS Workforce Reporting- Craig Camidge
- Barrier Crimes Updates- presentation discussion
- Next Meeting Date/Agenda
- Adjournment

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**Virginia Association of Community Services Boards  
Quality Leadership Council  
October 3, 2024      2:00 – 5:00pm      Room: Mill**

**AGENDA**

Meeting is in-person but for those who must join virtually:

Join Zoom Meeting

<https://us06web.zoom.us/j/94282345385?pwd=WHkvRnJtSWNiVDZNeVhkT2JwejlOQT09>

Meeting ID: 942 8234 5385

Passcode: 570564

**2024 QL Council meeting schedule follows, please update your Outlook Calendar:**

- December 13<sup>th</sup> 10am via Zoom

**Agenda**

1. VACSB Committee/Council Reports
  - a. Cardinal/CCC Plus/Medallion 4.0
  - b. Regulatory Committee
  - c. Other
2. DBHDS Updates
  - a. Office of Community Quality Management
  - b. Office of Quality Management
  - c. Office of Licensing
  - d. Office of Human Rights
  - e. Other Regulatory or Guidance Updates
3. DMAS Updates:
4. Recent Audits/Outcomes/Trends:
5. Additional Items from the Council At Large



**Virginia Association of Community Services Boards  
Finance Directors Council  
October 3, 2024 2:00 – 5:00pm Room: Pocahontas A**

**AGENDA**

**2:00-2:15: Welcome and introductions** – Danielle Sayre (Chesterfield CSB)

**2:15-4:10: Current Issues:**

- Step VA Cost Reporting
- Federal Reimbursement Reviews by DBHDS
- CCS Replacement
- Council Meeting with VACSB Public Policy – Bill Fellows

**3:15-3:40: Break**

**4:10-4:45: Subcommittee Report Outs**

- Regional Reports
  - i. Region 1 – Needs volunteer
  - ii. Region 2 – Rudbel Alfaro (Arlington County CSB)
  - iii. Region 3 – Needs volunteer
  - iv. Region 4 - Marty Shepherd (Henrico CSB)
  - v. Region 5 – Andrew Jurewicz (Western Tidewater)
- b. CFO orientation subcommittee – Bill Fellows (Richmond BHA)

**4:45-5:00: Wrap up and Next Meeting Planning**

**Virginia Association of Community Services Boards**  
**Executive Directors Forum**  
**October 3, 2024      2:00 – 5:00pm      Room: Crystal A/B/C**

**AGENDA**

- I. Call to Order, Welcome and Recognitions – *Ingrid Barber*
- II. Additions to the Agenda
- III. DBHDS Updates – *DBHDS Staff*
- IV. VACSB Reports and New Business
  - A. 2025 Session Preparation – *Jennifer Faison*
  - B. Interim Studies/Work Groups – *Jennifer Faison*
  - C. Crisis Services/MARCUS Alert – *Group Discussion*
  - D. EMS Transport to CRCs, Potential Work Group – *Group Discussion*
  - E. Request from College of Emergency Room Physicians Regarding Tests Ordered – *Jennifer Faison*
  - F. Barrier Crimes Changes – *Jennifer Faison/Ingrid Barber*
- V. DMAS Updates – *Group Discussion*
  - A. Provider Survey – Possible Coordination through VACSB
  - B. Medicaid Redesign
- VI. Committee Updates
  - A. Administrative Policy – *Mark Chadwick/Ellen Harrison*
  - B. Public Policy – *Greg Preston/Jim LaGraffe*
  - C. Regulatory – *VACANT*
  - D. Service Development – *MiMi Sedjat/Margaret Graham*
  - E. Quality & Outcomes – *Demetrios Peratsakis/Melissa Lucy*
  - F. Training & Development – *Lisa Beitz/Melissa Lucy*
- VII. Adjourn Regular Meeting
- VIII. Closed Session

**Virginia Association of Community Services Boards**  
**VACSB Board of Directors**  
**VACSB Membership Business Meeting**  
**October 4, 2024 Room: Crystal**

**AGENDA**

- I. Call to order/Welcome/Introductions – *Angelo Wider*
  - A. Membership Roll Call – *Stephanie Clark*
  - B. VACSB Board Members Roll Call – *Stephanie Clark*
- II. Approval of Outcomes:
  - A. Board of Directors Meeting: Approval of 24 JUL 2024 Outcomes (*previously distributed*)
  - B. Membership Business Meeting: Approval of 03 MAY 2024 Outcomes (*previously distributed*)
- III. Additions to the Agenda
- IV. Officers Reports
  - A. Chair – *Patrick Sowers*
  - B. Past Chair – *Angelo Wider*
  - C. 1st Vice Chair – *Gib Sloan*
  - D. 2nd Vice Chair – *Ingrid Barber*
  - E. Secretary – *Stephanie Clark*
  - F. Treasurer – *Bernetta Watkins*
- V. Action Items
  - A. Board of Directors – VACSB FY24 Financial Audit & Form 990
  - B. Board of Directors - VACSB 2025-2026 Draft Budget Priorities
  - C. VACSB Membership- VACSB 2025-2026 Draft Budget Priorities
  - D. VACSB Membership: Clearinghouse Committee authorization for 2024 General Assembly
  - E. VACSB Membership: Board Recommended Proposed VACSB FY26 Budget
- VI. Council Reports
  - A. Children & Family Services – *Cathy Brown/Paulette Skapars*
  - B. Developmental Services Council – *Shannon Clark/LaVoyce Reid*
  - C. Emergency Services Council – *Kim Woodlee/Ashton Morse*
  - D. Mental Health Services Council – *Alisha Wright/VACANT*
  - E. Prevention Services Council – *Kelly Bulin/Melissa Ackley*
  - F. Substance Use Disorder Services Council – *LeNelle Mozell/Tim May*
  - G. Regional Programs and Services Council – *Lisa Beitz*
  - H. Finance Directors Council – *Danielle Sayre/Bill Fellows*
  - I. Human Resources Directors Council – *Crystal Homer/Cindy Lewis*
  - J. Quality Leadership Council – *Melissa Constantine/Laura Davis*
- VII. Committee Reports
  - A. Administrative Policy – *Mark Chadwick/Ellen Harrison*
  - B. Public Policy – *Greg Preston/Jim LaGraffe*
  - C. Regulatory – *VACANT*
  - D. Service Development – *MiMi Sedjat/Margaret Graham*
  - E. Quality & Outcomes – *Demetrios Peratsakis/Melissa Lucy*
  - F. Training & Development – *Lisa Beitz/Melissa Lucy*
- VIII. Regional Reports
  - A. Region 1 – *Rebekah Brubaker/James Sikkema/Barbara Barrett*
  - B. Region 2 – *Margaret Graham/Evan Jones/Voneka Bennett*
  - C. Region 3 – *Rebecca Holmes/Jane Carlson/Debbi Knox*
  - D. Region 4 – *Laura Totty/Charnessa Pleasant/Bernetta Watkins*
  - E. Region 5 – *Ed Gonzales/Darryl Pirok/Bea Dahlen*

- IX. VACSB Reports and New Business - *Jennifer Faison*
  - A. 2025 Session Preparation
  - B. Interim Studies/Work Groups
  - C. Crisis Services/MARCUS Alert
  - D. EMS Transport to CRCs, Potential Work Group
  - E. Request from College of Emergency Room Physicians Regarding Tests Ordered
  - F. Barrier Crimes Changes
- IX. DMAS Updates – *Jennifer Faison*
  - A. Provider Survey – Possible Coordination through VACSB
  - B. Medicaid Redesign
- X. Executive Director’s Report – *Jennifer Faison*
- XI. Other Items/Announcements
- XII. Future Meetings
  - A. December 10, 2024                      VACSB Conference Room (Zoom access available)
  - B. January 22, 2025                      Richmond Marriott Downtown
- XIII. Adjourn



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**Virginia Association of Community Services Boards  
Combined Board/Business Meeting  
May 3, 2024, 9:00 AM ROOM: Marriott IV**

**OUTCOMES**

**Board of Directors Members In Attendance:** Patrick Sowers, Ingrid Barber, Angelo Wider, Rebecca Holmes, Morgan Greer, Phil Caldwell, Greg Preston, Jim LaGrafte, Mimi Sedjat, Margaret Graham, Ed Gonzalez, Jim Sikkema, Jane Carlson, Bernetta Watkins, Shannon Clark, Cheryl St. John, Danielle Sayre, Bill Fellows, Crystal Homer, Bill Rooney, Ryan Banks, Tim May, David Coe, Melissa Ackley, Jennifer Faison, Hilary Piland

**Board of Directors Members Not in Attendance:** Barbara Barrett, Demetrios Peratsakis, Ivy Sager, Gib Sloan, David Coe, Daryl Pirok, Bea Dahlan, Kelly Bullin, Laura Davis, Tim May, Irvan Dallas, Kim Woodlee, Cindy Lewis, Cathy Brown, Mark Chadwick, Lisa Bietz, Melissa Lucy, Laura Totty, LeNelle Mozell, Melissa Constantine,

**CSB Members Not in Attendance:** Hampton-Newport News, Norfolk, Region Ten, Southside

I. Call to Order/Welcome/Introductions

- Patrick Sowers called the meeting to order and asked Jennifer Faison, in place of secretary Barbar Barret, to call the roll.
- VACSB Board Members Roll Call: Jennifer Faison called the roll and confirmed that a quorum was present.

**OUTCOME: There is a quorum for this meeting.**

II. Approval of Outcomes: 13 March 2024 Combined Board of Directors and Business Meeting

- Patrick Sowers asked for a motion to approve the March outcomes.
- A motion was made. Phil Caldwell seconded the motion.
- There was no discussion. The outcomes were unanimously approved.

**OUTCOME: The Outcomes from the 13 March 2024 VACSB Combined Board of Directors and Business Meeting were unanimously approved.**

III. Additions to the Agenda

- No additions to the agenda

IV. Officer Reports

G. Chair – *Patrick Sowers*

- No additional report

H. Past Chair – *Angelo Wider*

- No report

I. 1st Vice Chair – *Irvin Dallas*

- No report

J. 2nd Vice Chair – *Ingrid Barber*

- **Ingrid Barber:** Executive Directors met yesterday with DBHDS staff as part of the ED Forum. There was an update from Craig Camidge from DBHDS on the CCS3 reporting sunset and the status of moving the electronic health record data through a pipeline to an enterprise warehouse.
- Max Tingle, who is a consultant for DBHDS, presented on the development of a CSB performance dashboard. The dashboard is not yet sharable with CSBs, because it is not complete. When it does become sharable with the CSBs and the general public, it will provide valuable information that can help CSBs with grants writing. There will be financial information, demographics and categories that show the community's need.
- The EDs acknowledged the resignation of Les Salzburg of Goochland-Powhatan CSB and the retirements of Linda Hodges from Middle-Peninsula, Northern Neck, and Natalie Ward of Hampton Newport News. Everyone is pleased to welcome the new Richmond Behavioral Health Authority CEO/ Executive Director Cristi Zedd.

- There was also an update from Daryl Washington on the opioid abatement authority.
- There was discussion on the one-time regional funds for permanent supportive housing and the use and implications of these funds on each region.

K. Secretary/Treasurer – *Barbara Barrett*

- **Jennifer Faison reported for Barbara Barrett:** The monthly review of the association's finances show the association is financially sound and on track for this year's budget.
- Jennifer reminded attendees that the Gartlan Award nomination period is open until June 30, 2024. This is an annual award that VACSB bestows at its October conference. Brochures for this were at the VACSB conference and nomination information was sent to all Executive Directors, VACSB Board of Directors & Council Chairs.

V. Action Items – *Patrick Sowers*

A. Membership: Endorsement of FY25 Slate of Officers (pg. 40)

B. Membership: Endorsement of FY25 CSB Board Member Regional Representatives (pg. 40)

- Patrick Sowers presented the nominations for FY25. Ivy Segar led the nominating committee for slate of officers and regional representatives. Both were submitted to the VACSB Board of Directors during the March 13th meeting.
- Patrick Sowers moved that the 2025 slate of officers previously endorsed by the board of directors, be endorsed by the membership. That motion needs to be seconded. That motion was seconded.

**OUTCOME: Endorsement of the FY25 slate of officers was approved.**

- Patrick Sowers moved that the CSB board member regional representatives to serve on the VACSB Board for FY25, previously endorsed by the board of directors, by endorsement by the membership, be approved. This motion does not need to be seconded. Patrick motioned for approval.

**OUTCOEME: Endorsement of the FY25 CSB Board Member Regional Representatives was approved.**

VI. Council Reports

K. Children & Family Services – *Morgan Greer/Cathy Brown*

- **Morgan Greer Reported:** DBHDS representatives joined the council meeting to talk about the MOUD project. This is a new project and DBHDS has hired Dr. Singh to support this initiative and relay information to stakeholders. DBHDS will be offering consultations, technical assistance and will provide educational materials to assist in MOUD for adolescents and transitional age youth. Those trainings will be in the next few weeks.
- There will be a statewide conference September 9-10, 2024, which will cover mental health, youth peer support, SUD, socially marginalized youth, rural mental health, and social determinants of health.
- The Virginia Mental Health Access Project (VMAP) has expanded to serve pregnant and postpartum women. The expansion to the age 0-5 has begun and is going well.
- Reginal updates for crisis services for youth were given. The Path CSU in Region 3 is accepting detox clients.
- Piedmont has had a soft opening of its CRC which can accept youth.
- In Region 4 a 23-hour CRC has opened and is accepting admissions for youth.
- In Region 5 the hub is transitioning to Colonial Behavioral Health.
- There continues to be discussion on the IACT process which transitioned from Magellan to Sentara last November. Some of the issues with the transition have been resolved.
- Kathy Brown will be the Child and Family Council's chair for FY25 and Paulette Skapars will be co-chair.

L. Developmental Services Council – *Shannon Clark*

- **Shannon Clark Reported:** The DS Council discussed the federal overtime rule and how the salary threshold for overtime requirements will increase in July 2024 and again in January 2025. This will impact DD services.

- Ann Bevin from DMAS gave an update on case management (CM) for individuals with traumatic brain injury. For CM, a CARF accreditation is no longer needed. As long as the provider is licensed by DBHDS, that provider can provide CM to individuals with traumatic brain injury.
- The DS Council talked about QMR and various audits that are happening in DS.
- Eric Williams and Heather Norton from DBHDS provided updates on WaMS and the ISP 4.0. There was also discussion on the 70 individuals with a waiver that have not yet received active services. Those were waivers that were released in July of 2023.
- On May 14, 2024, there'll be a town hall in reference to the Link Policy Academy. This is an initiative around providing feedback from the community on the crisis system in DD and 988. Specifically, this will address the significant decrease in individuals needing hospitalization.
- Regional Updates were given. There are several things happening in addition to the audits. There is collaboration and connection with other CSBs within the regions. Provider training is happening for direct support staff and supervisors.
- **CoCoA's Update at the DS Council Meeting:** The FY25 draft contract was sent to local system managers for comment by May 24<sup>th</sup>. State and federal allocations have not been issued pending finalized budgets from each entity.
- The full update from CoCoA is here: [CoCoA Steering Committee Report.docx](#)
- Shannon Clark will be chair of the DS Council and La Voyce Reid will be co-chair for FY25.

M. Emergency Services Council – *Cheryl St. John/Kim Woodlee*

- **Cherly St. John Reported:** DBHDS staff gave an update at this meeting. Lars Messerschmidt, Heather Rupe, Emilee Grossi, and Shannon Richardson from state facilities gave updates.
- Mary Begor is retiring. The ES Council sent a thank you to Mary for all her years at DBHDS. They appreciate her work. Lars Messerschmidt provided updates on prescreening and crisis services. Lars Messerschmidt provided updates on Virginia Crisis Connect. On May 15, 2024, there will be a soft launch where emergency services will download the pre-screens into the facilities referral module. All state facilities will be able to see that referral. There will be some quick guides published to help with the training. The ES Council requested a demo to also help explain this new procedure. The hard launch is expected to be on June 1, 2024. This will only be for state facilities at first. Private hospitals are expected to come online later. Many CBSs are still using Transferal. Those CSBs will continue to use Transferal with this new referral system until the new system is entirely operational.
- The TDO exception report was discussed. Some CSBs are filling out this form even when it's not required. The ES Council asked for guidance on when to use and submit that form.
- Lars spoke about the Riverside pilot that passed the GA. This will mean that some Riverside employees can become certified evaluators and conduct prescreening evaluation. This pilot goes live on July 1, 2024. DBHDS is the entity required to provide the training and technical support to the Riverside trainees. There was a mixed reaction from ES Council members during this meeting on the topic of DBHDS providing the training and the Riverside staff becoming thoroughly trained. The pilot will end in 2026 and a report on the pilot will be required.
- The ES Council has requested guidance on [SB569](#), which involves a workgroup that will look at the use of seclusion at CRCs and CSUs. The ES Council has concerns about the use of seclusion. CSBs will be a part of this workgroup. However, the workgroup's report is not due until 2025 (not fall of 2024) and so regulations may be changed before the report comes out.

- The ES council has grown in membership because of the continuum of crisis care and all the different types of crisis services that now exist. The ES council was originally set up for ES managers. That has expanded to now include folks from CSUs, CRCs and mobile crisis. There was some discussion on the role of the emergency services council in regard to forming another council that covers some areas of crisis services like CRCs in particular.
- Emily Grossi gave an update on the Marcus Alert. She's developing additional training that will be available in the fall.
- Gail Paysour gave an update on alternative transportation. DBHDS is working on a new RFP that should be out this month.
- Heather Roop gave an update on state facilities as well as DAP and LIPOS funding. There was also discussion on some of the hospital pilots regarding discharge planning.
- There was discussion on the influx of forensic patients at state hospitals. One recommendation was that more inpatient restorations be completed in jail. However, that becomes difficult when the forensic evaluator has suggested that the person needs longer term care, which is mandated under the code. This is part of the issue with forensics patients. They tend to have long periods of stay, which consumes some of the civil beds.
- For April there were 83 drop offs at state hospitals. This is the highest number in a month since last fall.
- Regional updates were given. The regions are looking forward to having additional guidance on CRCs. Questions came up about a disconnect between mobile crisis response and dispatching. What was discussed is that this seems to be a disconnect between Marcus Alert and the calls that are being dispatched versus the dispatching on the mobile crisis side. Those areas need to be synced up.
- The next ES chair will be Kim Woodlee from Mount Rogers. Ashton Morse will be the co-chair. The next ES council meeting will be virtual on June 6th.

N. Mental Health & Substance Use Disorder Services Councils – *Bill Rooney/Ryan Banks*

- ***LeNelle Mozell Reported:*** The Mental Health and Substance Use Disorder Councils had a combined council meeting. Bryan Collins, VDH Assistant Director of STD Prevention & Surveillance spoke with the council about the rising coincidence of syphilis with substance users. Virginia is seeing a large increase in this. VDH is implementing an initiative to try to address this. CSB staff should contact VDH for more information.
- A Peer Support Services subcommittee within the MH & SUD Council has been formed. This subcommittee has approximately 120 participants on the distribution list and is doing amazing work. The average attendance at meetings is 40 and there are Peers from all five regions. The February meeting was spent discussing the history and purpose of a peer subcommittee, with the goal of creating a mission and vision statement. The subcommittee is also retooling some of its priorities. They are rotating their discussion each month. March was a discussion on billing. April was a discussion on supervision and May covered equitable hiring and the retention of peer staff at CSBs. This included the positive legislative changes around barrier crimes. Future initiatives for this subcommittee include how VACSB leadership can support the group going forward. Peers have expressed interest in forming a CSB Peer Supervisor Leadership Development program to include mentorship, pairings for new peers, and a training curriculum for new peer leaders in the CSB setting.
- The peer subcommittee has an open survey out for all the peers in the Commonwealth. This is to try to determine what initiatives to move forward and to gain a perspective on how Peers feel about their jobs.
- The councils received an update from the DBHDS office of Substance Use Disorder Services. There will be a focus on marginalized communities and not just women. HIV funds were unrestricted and sent back to CSBs for harm reduction efforts.



- There is technical assistance available for any CSB who is interested in becoming an opioid treatment provider. There are several upcoming ASAM trainings happening.
  - DBHDS is looking into having SOAR funding become more sustainable. CSBs are trying to have the funding that is used to hire and pay Peers be incorporated into their own budgets.
  - Meredith Nussbaum and Larissa Carpenter from the Office of Adult and Community Behavioral Health presented. Meredith is gonna be sending the council chairs an organizational chart for their agency and their program. The Adult Psychiatric Access line, which is similar to VMAP, is being launched soon. It will begin in the central region and move to the Western region.
  - An ethical advisory and review support committee has been developed for the state. Dr. Michael Gillette will be providing the ethics training, which will be throughout Virginia.
  - There will be Peer First Responders training in June. Funding is available for two peer led Wellness Day programs. The RFPs will be coming out soon.
  - The state is in year 2 of The Year of the Peer. There will be a Peer conference in Roanoke in August. About 30 microgrants will be solicited. Some CSBs are having local events for Year of the Peer. VCU is helping to coordinate peer trainers throughout Virginia.
  - There is a paid internship coming up where Peers will work along with a Peer Mentor and will receive 500 hours. This will help those peers become ready for employment.
  - Bill Rooney and Ryan Banks are stepping down as the chair and co-chair of the Mental Health Council. LeNelle expressed a large thank you and asked for a round of applause for Ryan and Bill's work on the MH Council.
  - Bill Rooney thanked Ryan Banks for being the Mental Health Council co-chair and for creating the Peer Subcommittee.
- O. Prevention Services Council – *Kelly Bulin/Melissa Ackley*
- **Melissa Ackley Reported:** Prevention folks attended a conference on April 30th a variety of different workshops on a variety of topics were given. The Prevention Council met during the VACSB conference. Colleen Hughes from DBHDS gave updates at this meeting. The young adult survey concluded on April 15th with tremendous results. There were approximately 6,000 responses, which is more than national surveys usually receive from 18 to 25 year olds. The Prevention Council is looking forward to receiving robust data. The Prevention Council did receive confirmation that they will receive the local level data.
  - The Prevention Council thanks VACSB for its advocacy on the Tobacco Retail Licensure legislation. This bill passed after five years. This new law has the potential to decrease the counter tools work CSB Prevention staff are required to conduct. All primary vaping stores will have to be licensed. There will be an increase in compliance checks and strong penalties for noncompliance.
  - The Prevention Council is advocating for an increase in regulations of skill games. Also, they will advocate for an increase in Prevention funds if these skill games are going to remain legal.
  - The state is working on a needs assessment related to the 2025 to 2030 block grant application. Prevention directors have been invited to focus groups on that. There might be a shift away from money being given for separate areas and instead it may be combined. For example, funds for gambling, tobacco, and opioids prevention may be combined.
- P. Substance Use Disorder Services Council – *LeNelle Mozell/Tim May*
- Update given with MH Council report.
- Q. Regional Programs and Services Council – *Lisa Beitz*
- No Update
- R. Finance Directors Council – *Danielle Sayre/Bill Fellows*

- **Bill Fellows Reported:** The Finance Directors Council met during the VACSB conference. The council chairs met with finance leadership from DBHDS prior to the council meeting. DBHDS finance leadership spoke to the full Finance Director's Council to talk about re-engaging the finance work group with DBHDS to discuss current and emerging issues to make processes smoother. This finance workgroup was active when the CSBs did Medicaid cost reporting.
  - The group then heard from Portsmouth and Norfolk about their federal reimbursement audit. These CSBs had received reports and requested corrective action plans.
  - The Finance Directors discussed preparation for the STEP-Virginia cost reporting and talked about no surprise billing and good faith estimates.
  - The next Finance Directors meeting will be after the Finance workgroup meets.
- I. Human Resources Directors Council – *Crystal Homer/Cindy Lewis*
- **Crystal Homer Reported:** Human Resources Directors Council met during the VACSB conference. Melinda Roberts from DBHDS shared information about the upcoming changes in July to the barrier crimes statute. That information is being distributed to the entire council. This should be a positive change to the hiring process for people with barrier crimes. The council has asked DBHDS for additional clarification which should be given before July 1, 2024. The HR Council is also planning a training session with DBHDS on the barrier crimes change.
  - Julianne Tripp, the director of Workforce Initiatives, shared information about behavioral health technicians and behavioral health technician assistants. This will be a new profession due to legislation passed this year. She also discussed a newly created profession called Psychological Practitioner. Only a master's degree is required for this.
  - Julianne also gave an update on the behavioral health loan repayment options and a list of funding availabilities for behavioral health professionals.
  - Craig Camidge from DBHDS gave an update on the workforce reporting tool. There were discussions on salaries and linking items on the reporting tool with the finance group.
  - For FY25 Crystal Homer will remain as chair. Cindy Lewis will be vice chair and Lara Matthews, from Western Tidewater, will be secretary.
  - An attorney from Woods Rogers Vandeventer Black gave a legal update on several topics at the federal and state level. The topics covered were the Pregnancy Workers Fairness Act, which had new regulations. The use of AI in recruiting and policies around electronic health record.
  - There was discussion on the Department of Labor's recent salary increase for the overtime threshold. That will impact CBSs. However, the HR Council heard that this new rule will be challenged.
  - The attorney also covered the Virginia Human Rights Act and gave information on CSBs being included in the governor's exemption where an employer does not have to approve marijuana as a usable drug in the drug screening process.
- J. Quality Leadership Council – *Melissa Constantine/Laura Davis*
- **Laura Davis Reported:** The Quality Leadership Council had a regular meeting on April 12<sup>th</sup> and also met during the VACSB conference.
  - There's an updated FAQ on the DBHDS website for the Office of Human Rights. This includes new guidance regarding when to report and investigate and when to not to report medication errors as an allegation of human rights abuse or neglect. There is also a guidance document on the Office of Human Rights website. There will also be a fact sheet available after it is approved by the Attorney General's office.
  - Several DBHDS staff from the Office of Licensing attended the QL April meeting. The Office of Licensing has developed additional guidance on reporting of serious incidents in response to multiple questions from the Quality Leadership Council. The QL Council provided feedback and asked additional questions. A final guidance document will be published soon.

- The Office of Licensing is working toward a goal of reducing administrative burdens on providers by 25%. The Incident Management unit is focused on increasing consistency in their reviews of incident reporting across the state. The unit requests that CSBs inform them of any inconsistencies.
- Legislation passed that directs DBHDS to update the Office of Licensing regulations to allow crisis receiving centers to utilize seclusion when clinically necessary. The Office of Licensing is working on this update. Laura noted that the use of seclusion is not allowed at CRCs until these regulations have been updated.
- DBHDS is currently conducting audits on the Mental Health & Substance Abuse Block Grants, SOAR, STEP-Virginia and Finance. There is also the continued HSAG and home and community-based services around the state.
- 42 CFR Part Two has been updated as well, which went into effect April 16th. Providers have until February 16, 2026, to come into compliance.
- The QL Council is putting together a workgroup to focus on ways to help the CSBs with Quality Improvement. The QL council spent the bulk of its last meeting discussing the importance of quality improvement and its place in the CSB system.
- The Quality Leadership Council's next meeting will be August 9<sup>th</sup>.

## VII. Committee Reports

### C. Administrative Policy – *Mark Chadwick*

- **Jennifer Faison Reported:** The Administrative Policy Committee asked DBHDS for additional time to review the elements of the performance contract. The review this year is a short review where minimal changes are made. Jennifer asked that people tasked with reviewing the performance contract be sure to review the document and have your comments ready for DBHDS.

### D. Public Policy – *Greg Preston/Jim LaGraffe*

- **Greg Preston Reported:** Greg thanked Jennifer Faison and Hilary Piland for their leadership and guidance with public policy. He also thanked all the EDs, CSB staff and advocacy partners that participate in the VACSB Public Policy Committee. This is a great team of people. It's a hidden treasurer. Everyone learns so much and forms great relationships.
- VACSB has put together a list of workgroups that are relevant to the CSB system of care. VACSB or a CSB rep will participate in some of those workgroups.
- VACSB public policy reps meet with each council each year in May or June. Those meetings are set.

### E. Regulatory – *Ed Gonzalez/Rebecca Holmes*

- No Update. The next meeting is on May 13, 2024.

### F. Service Development – *MiMi Sedjat/Margaret Graham*

- **MiMi Sedjat Reported:** The Services Development committee is tasked with identifying community-based services to address forensics. The committee is planning to hold several meetings. It plans to collect data that speaks to the populations and services across the region with the goal of identifying service gaps and service strengths in different regions. The Services Development Committee will schedule a meeting with one or two people from each region to review what is learned about that region. The committee will then meet with DBHDS to discuss the community forensic needs.

### E. Quality & Outcomes – *Demetrios Peratsakis/Melissa Lucy*

- **Jennifer Faison Reported:** There have been discussions with DBHDS recently about the general nature of the Quality and Outcomes Committee. The Q&O Committee seems to have drifted from the collaborative process it has had since the beginning to now being more of a series of updates from DBHDS. Committee members are trying to work through those issues. Recently there has been conversation on the four data elements that CSBs are required to report on. CSBs will be held to the standard of these elements, yet the CSBs were not aware of these elements until later in the process.

These elements are different than the outcome measures that the CSBs thought they were being measured on.

L. Training & Development – *Lisa Beitz/Melissa Lucy*

- **Jennifer Faison reported:** The Training and Development Committee Chairs send their sincere thanks to everyone that helped plan the conference and thanks to those that attended. There were about 650 attendees, which is the largest attendance ever.

VIII. Regional Reports

A. Region 1 – *Ingrid Barber/James Sikkema/Barbara Barrett*

- **Ingrid Barber Reported:** Region one executive directors continue to meet on a weekly basis. Last month there were updates from the regional office, DBHDS, and reps. from state hospitals. The region continues to work on standing up six mobile crisis teams and staff are currently being trained as trainers at the individual CSBs.
- There is an opening for a second mobile crisis program manager as well as mobile crisis responders.
- Region 1 has reviewed regional reports and is paying special attention to the 988 center metrics breakdowns. There has been discussion on various pieces of Stack 2.0, the charter, same day access and primary care.
- Region 1 met with DBHDS Permanent Supportive Housing staff on the funding for round one and round two.
- Region One is pleased to welcome Ellen Harrison back to the regional team. She will be the new executive director for Northwestern CSB as the region bids farewell to Katrina McClure.

B. Region 2 – *Margaret Graham*

- **Margaret Graham Reported:** Region Two meets weekly for 1-5 hours. There has been a lot of focus on developing crisis stabilization units and crisis receiving centers. In June a 16-bed crisis stabilization unit will open in Chantilly. The Woodbridge Crisis Receiving and Stabilization Center in Prince William County is under construction. The Loudoun Crisis Receiving and Stabilization Center is at the 95% design phase and is expected to open in 2026 or 2027. The region has successfully opened two new four bed ICRT homes. All five CSBs in region two will go live with Marcus Alert starting July 1, 2024.
- There is an RFP to develop youth detox services in region two. The RFP closes in June of 2024.
- Region 2 is contracting with MTM to do regional DLA 20 training for 24 new trainers.

C. Region 3 – *Rebecca Holmes/Jane Carlson*

- **Rebecca Holmes Reported:** Rebecca gave a thank you to the crisis call center in Region 3, which is actually located in Johnson City, Tennessee. DBHDS staff recently visited that call center for a celebration on the facility expansion which has had good outcomes and had an outstanding review last winter. This was at the same time as undergoing a CARF audit which resulted in zero findings. Staff at that call center have done a fantastic job.
- There are continuous trainings happening across the region for CSB staff. The 2<sup>nd</sup> Annual Peer Conference was just completed in April and the 2<sup>nd</sup> Annual SMVF conference will be in the next few months in Blacksburg.
- New River Valley held a ribbon cutting ceremony recently for its CRC program. Highlands CSB will have a ceremony for the 12-bed overnight facility that is opening in June. Mount Rogers is having a groundbreaking ceremony in June for its expansion of the Smyth County mental health services locations.
- Mount Rogers is working with DBHDS on the SCOPs pilot program. This will mean Alternative Custody and transport can use Special Conservators of the Peace. New River Valley and Cumberland Mountain will be going live with that same pilot soon.
- Hiring for open positions has improved across the region. As well, the new services being provided are showing significant impacts on hospital diversions overall.

- Regarding the Marcus alert, Highlands Community Services has some expansion plans in place. Blue Ridge is finishing its first year of the Marcus Alert with successful outcomes. New River Valley and Danville-Pennsylvania are on deck and ready to launch the program.
- D. Region 4 – *Ivy Sager/Gib Sloan/Bernetta Watkins*
- Terrelle Stewart was planning to give a Region 4 update but was called away before this meeting.
- E. Region 5 – *David Coe/Darryl Pirok/Bea Dahlen*
- **David Coe Reported:** Portsmouth just purchased a new location to serve youth and families. That program will be opening June 15<sup>th</sup>.
  - The CSU called Pathway Center in Virginia Beach has completed renovations and is opening with some new SUD services.
  - Eastern Shore CSB has been providing a series of CIT like de-escalation trainings to various groups and businesses in their community. Over 130 individuals have been trained so far and more are requested. This has consisted of community colleges, FQHC and even the electric company. Eastern Shore will be hosting a free catered dinner for local veterans and their families in May. A veterans' mental health advocate with lived experience will be the featured guest speaker.
  - Chesapeake Integrated Behavioral Healthcare held a ribbon cutting for their crisis receiving center opening May 20<sup>th</sup>.
  - Linda Hodges from Middle Peninsula-Northern Neck will be retiring the end of June. Natalie Christian has announced her retirement from Hampton Newport News the end of December.
- VII. VACSB Reports and New Business
- A. 2024 General Assembly Session – *Jennifer Faison*
- **Jennifer Faison Reported:** Jennifer gave a strong thank you to the folks who served on the VACSB Board of Directors and also recognized the chairs and co-chairs of VACSB's robust councils. She also recognized the individuals who will be VACSB board members and council chairs next year. VACSB appreciates the time that so many of you are able to make to support the association and your colleagues by leading in various ways.
  - VACSB's office is moving to a new location. The association is downsizing because it does not need all the space it has at its current location. This new space is 5 miles east of the current location. It is at the Reynolds Crossing Building at 6641 West Broad Street, Richmond 23230.
  - **Barrier Crimes:** This group heard earlier in the meeting about the Barrier Crimes code changes. This should open up the ability for people who are currently excluded under certain barrier crime statutes to be able to work in the public and private behavioral health or SUD programs.
  - **Pilot Program for Discharge Planning:** DBHDS will be in charge of this pilot program. Currently CSB discharge planners are the holders of all the information as far as what services are available in the community and where the quality providers are, as well as other logistics. It is not yet known what the parameters and expectations will be for the pilot program. VACSB anticipates there will be some challenges, mainly with a disconnect between the staff in the state hospitals and their knowledge and understanding of the community resources.
  - **Riverside Hospital Prescreening Pilot:** VACSB believes that this pilot will be a step in the wrong direction for the public safety net system and emergency services evaluations. The single point of entry now has a second point of entry into the public behavioral health system.
  - DBHDS is required to provide all of the training for those at Riverside Psychiatric Emergency Department that want to become certified evaluators. VACSB has asked for information from DBHDS as far as what the MOU will consist of and will the

requirements for these certified prescreeners be to also cover the responsibilities that CSB prescreeners have been doing, that are required and necessary, but are not defined in the Code of Virginia. VACSB also wants to know how the state is going to ensure that no state general fund dollars go toward the training of these individuals. The statute states that Riverside is required to pay for all of the trainings.

- DBHDS will be required to evaluate the success or non-success of this pilot program. VACSB has asked what the evaluation components will be and who will be the dedicated person as part of the pilot that ensures the certified evaluators are conducting every single component that is required from beginning to end. This includes filling out the entire pre-screening form and conducting the bed finding, which can be time consuming.
- VACSB will continue to push for transparency and to be updated on the reporting from this pilot. Eventually other psychiatric emergency departments may begin to request the ability to have certified evaluators.
- VACSB will need to be proactive in responding to some of the reasons cited by Riverside Hospital for the need to move forward with this pilot.
- **Budget:** The budget was not yet finalized at the time of this meeting. The budget will most like pass with some funding to support CSB workforce challenges, additional funds for STEP-Virginia to address inflation, increased funds for crisis services, and 3,440 waiver slots. For this large number of Waiver slots there is some trepidation about providers' ability to bring those slots online in a timely manner, even with the 365 day delay flexibility that hopefully CMS will approve.

B. Cost Reporting for STEP-VA – *Group Discussion*

- **Jennifer Faison Reported:** This will be a large lift for CSB finance and program staff. This is a requirement from the General Assembly to provide information on what it would take to fully fund STEP-Virginia. This request was made when the state was still planning to apply for the CCBHC grant, because this is similar to the reporting that is needed for CCBHC certification. The administration is no longer allowing Virginia to apply for the CCBHC grant in 2026. However, this reporting can be a practice run for when the state is able to apply for CCBHC in 2028. Also, this reporting will help to align STEP-Virginia with the CCBHC model. VACSB has concerns that this reporting will be very time consuming, and that the information will end up not being useful to the General Assembly. Hopefully this financial information will be useful in some way to the CSBs.

C. Crisis Hub Clearinghouse Updates – *Lisa Beitz*

- **Jennifer Faison Reported for Lisa Beitz:** The ability for private providers to self-dispatch has ended. There have been a number of issues related to dispatching, mostly regarding private providers not following the protocols when requesting a mobile crisis team.
- For the Crisis Hub Clearinghouse, DBHDS is working on a draft Exhibit D that the CSBs will review and refine. DBHDS is also working on a draft MOU to use with private providers. VACSB and some CSBs will have an opportunity to review and refine that MOU. The current MOUs with private providers end in June.

D. Crisis Services/MARCUS Alert – *Jennifer Faison*

1. CRC Funding

- There will be a workgroup formed that will develop parameters to recommend for the use of seclusion or restraint in CRCs, if a CRC wants that to be part of their practice. It will be important to make sure that every CRC is conducting seclusion and restraint the same way and within the human rights boundaries.

2. Mobile Crisis and CRC Coverage

3. Commercial Coverage for Crisis Services

- VACSB will be working with the Virginia Association of Health Plans to provide training for insurance carriers on the legislation that passed that now mandates commercial insurance cover mobile crisis, and the other crisis services.
- E. STAC 2.0 – *Jennifer Faison*
- The STAC 2.0 Committee has been working through the steps of STEP-Virginia to see how STEP-Virginia can better align with CCBHC, This will be helpful even if the state cannot apply for the CCBHC grant until 2028.
  - The charter that was developed through STAC 2.0 voted for some flexibility for Same Day Access. CSBs can continue to conduct Same Day Access or Rapid Access the way they are now. These flexibilities can be used on top of the CSBs’ existing process and may be helpful. These flexibilities align more closely with the CCBHC model and will allow the CSBs to operate in ways that work for their communities.
- F. DOJ Settlement Agreement – *Jennifer Faison*
- There are some compliance indicators that continue to be out of compliance. There is a contempt hearing scheduled for late May. This is when the judge, the Department of Justice and DBHDS will meet on whether the commonwealth should be held in contempt for lack of compliance to the provisions of the settlement agreement.
- G. ES Roles and Responsibilities Document – *Committee Members/Group Discussion*
- The ES Roles and Responsibilities Document was created with input from each of the regions and the Emergency Services Council. It is very close to being finalized. This document was necessitated by the large amount of changes to the crisis services continuum. The thought was to better define the roles and responsibilities of emergency services within the crisis continuum and make sure that everyone is incorporating and understanding the changes and how ES fits into the crisis continuum. Once complete, this document will be shared with DBHDS to try to create a shared understanding of those roles and responsibilities.
- H. Addressing Forensic Services – *Jennifer Faison*
- The Service Development Committee, which is ad hoc, is going to assemble a team to look at the landscape and services available for forensic services and develop recommendations for improvements.
- VIII. DMAS Updates – *Jennifer Faison*
- A. Eligibility Redeterminations
- Director Roberts provided an update on eligibility redeterminations during her State of the State presentation. About 2 million Medicaid members had their eligibility redetermined. The CSB staff provided good support to help folks respond to the eligibility determination requirements. In Virginia fewer people were removed from the Medicaid roles than the state had originally planned.
- B. Provider Revalidations
- Individual site revalidations are happening in the DMAS MES Portal.
- IX. Executive Director’s Report – *Jennifer Faison*
- Update given during VACSB Reports and New Business
- X. Other Items/Announcements
- XI. Future Meetings
- July 24, 2024 - **NEW VACSB OFFICE - 6641 West Broad Street, Suite 102, 23230**
- XII. Adjourn



## VACSB 2024-2025 Calendar

### Executive Directors Forums

July 23, 2024	VACSB Conference Room (Zoom access available)
October 3, 2024	Hotel Roanoke & Conference Center
December 10, 2024	VACSB Conference Room (Zoom access available)
January 21, 2025	Richmond Marriott Downtown
March 11, 2025	VACSB Conference Room (Zoom access available)
May 8, 2025	Norfolk Marriott Waterside
July 22, 2025	VACSB Conference Room (Zoom access available)
October 2, 2025	Hotel Roanoke & Conference Center
December 9, 2025	VACSB Conference Room (Zoom access available)

### VACSB Board of Directors Meetings

July 24, 2024	VACSB Conference Room (Zoom access available)
October 4, 2024	Hotel Roanoke & Conference Center
December 11, 2024	VACSB Conference Room (Zoom access available)
January 22, 2025	Richmond Marriott Downtown
March 12, 2025	VACSB Conference Room (Zoom access available)
May 9, 2025	Norfolk Marriott Waterside
July 23, 2025	VACSB Conference Room (Zoom access available)
October 3, 2025	Hotel Roanoke & Conference Center
December 10, 2025	VACSB Conference Room (Zoom access available)

**\*\*\*All meetings that take place at the VACSB and will begin at 10:00 AM and are available via Zoom\*\*\***

Dedicated Zoom access

**Meeting ID:** 316 321 4197

**Passcode:** 3303141

**Or by one click:** <https://us06web.zoom.us/j/3163214197?pwd=ZTVYMndhNzhJNXplWWlrVCtaSnRoUT09>

### VACSB Conference Schedule

October 2-4, 2024	◆	Hotel Roanoke & Conference Center
January 21-22, 2025	◆	Richmond Marriott Downtown
May 7-9, 2025	◆	Norfolk Marriott Waterside
October 1-3, 2025	◆	Hotel Roanoke & Conference Center



# DRAFT Virginia Association of Community Services Boards Priorities for the 2025-2026 State Budget

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*Dollar figures will be added once they are calculated and vetted for accuracy with our state agency partners.*

*The Virginia Association of Community Services Boards (VACSB) will support amendments from its advocacy partners once they are advanced.*

## **DEVELOPMENTAL DISABILITY (DD) WAIVER SERVICES: FUNDING FOR ADDITIONAL SUPPORT**

**COORDINATORS:** The 2024 general assembly funded 3,440 new developmental disability Waiver slots to address the “Priority One” waitlist. This is an historic level of funding and is approximately twice the number of Waiver slots funded in a typical biennium. VACSB appreciates the general assembly’s large investment in DD Waiver services. However, since CSBs are the single point of entry for Waiver services and are the sole providers of Waiver support coordination, it will be critical that the general assembly provide funds for CSBs to onboard the additional support coordinators needed for the large number of DD Waiver slots forthcoming throughout this biennium. The CSBs cannot bill Medicaid during the onboarding process of a new support coordinator, which takes about six months. Therefore, **VACSB will be requesting the funds needed to cover the onboarding time period of each new support coordinator hired, before Medicaid billing can occur.**

**EARLY INTERVENTION SERVICES:** VACSB is requesting an **increase in funding for Early Intervention services to account for the 5% increase in children served each year and to account for the deficit that Early Intervention services operate under each year.** Early Intervention services for infants and toddlers with developmental disabilities can have a significant impact on a child’s ability to learn new skills and increase their future success in school and in life. These services are much more effective and less costly when provided during the Early Intervention period, which is from birth to age three.

**SUBSTANCE USE DISORDER (SUD) SERVICES:** VACSB is requesting a **12.5% rate increase for the Substance Use Disorder (SUD) services** that did not receive the permanent 12.5% rate increase other behavioral health services received. Those services are: **Office Based Addiction Treatment (OBAT), Opioid Treatment Program (OTP), Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP).** The CSBs are experiencing workforce challenges in all areas of services, including SUD services. Increasing rates is one way to increase compensation for CSB workforce.

**PREVENTION SERVICES:** Prevention services are an important part of how CSBs serve the community across a full continuum. During the pandemic, federal funding through the Consolidated Appropriation Act (CAA) and American Rescue Plan Act (ARPA) allowed CSB prevention staff to expand programs for their communities. Schools, police departments and other community partners appreciate how robust and active CSB prevention programs have become. CAA funds ended recently, and ARPA funds will end in September of 2025. To account for this loss, **VACSB is requesting an increase in general funds that are dedicated to prevention services.** This will allow the CSB prevention staff to continue its robust array of services in every community of the Commonwealth.

# Hotel Roanoke Floor Plan

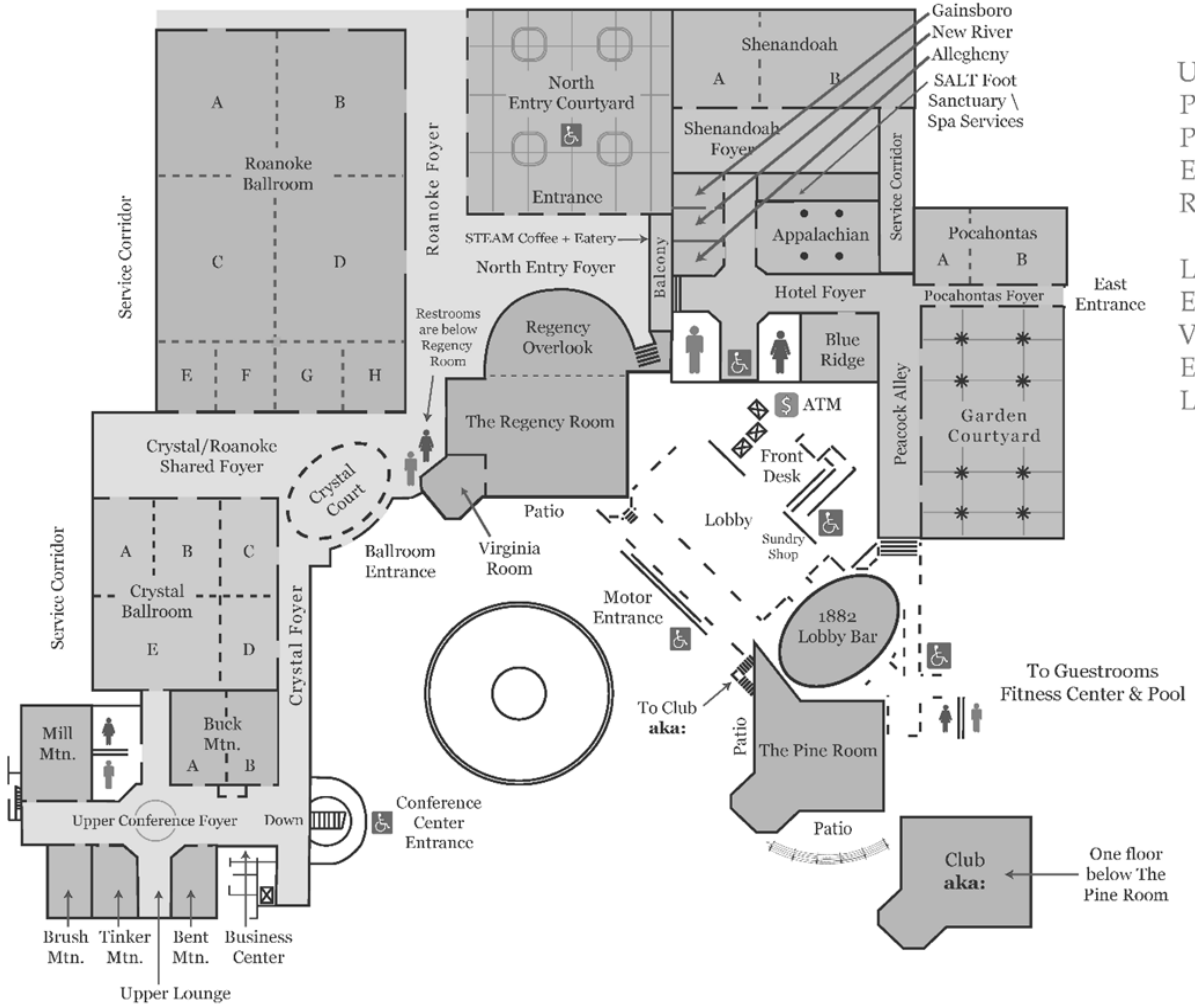


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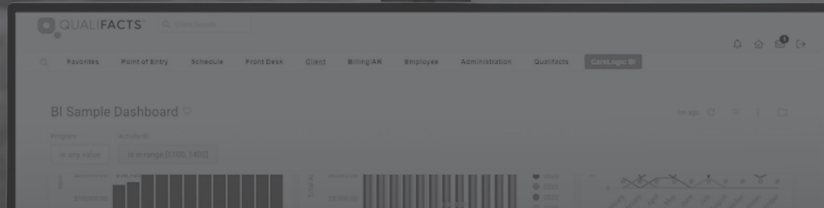
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