



Virginia Association Of
Community Services Boards, Inc.

— *Making a Difference Together* —

Norfolk Waterside Marriott

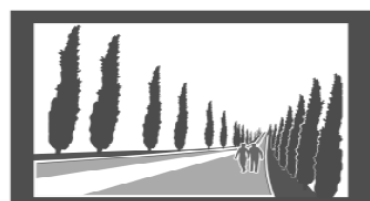
May 7 – 9, 2025

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Potential Residents: Ages 18 & Up

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WELCOME MESSAGE FROM THE VACSB BOARD CHAIR



It is my pleasure to welcome you to the Virginia Association of Community Services Boards' 2025 Training and Development Conference on behalf of the Board of Directors and the staff. Our theme this year, *Proud of Our Past, Focused on Our Future*, invites us to reflect on the journey that has shaped our field, one built on compassion, perseverance, and a commitment to those we serve. As we honor the progress and lessons of the past, we are also called to look ahead with clarity and purpose. Together, we continue to build a robust system of care for individuals with behavioral health and developmental disability service needs — one that honors our legacy and boldly steps into the future.

Thank you for joining us in Norfolk to learn, network and equip yourselves with valuable information and tools that will be showcased in our numerous workshops and conference events.

Our conference opens on Wednesday with a buffet luncheon and our keynote presentation, *Artificial intelligence in Behavioral Healthcare*, by **Dennis Morrison, PhD, Chief Clinical Officer, Eleos Health**. Dr. Morrison will provide insight into exploring the evolving role of Artificial and Augmented Intelligence in behavioral health, offering a clear look at what these technologies are and how they're being applied. Attendees will learn how AI is supporting clinical work and what these developments may mean for the future of the profession.

On Thursday morning we will open with one of the highlights of the conference, the State of the Commonwealth Panel. This year, we are honored to have as panelists **Hallie Pence**, Executive Director of Governor Youngkin's *Right Help, Right Now* initiative, **Nelson Smith**, Commissioner of the Department of Behavioral Health & Developmental Services, and **Cheryl Roberts**, Director of the Department of Medical Assistance Services. They will provide their impressions related to joint successes and what is on the horizon for behavioral health and developmental disability services. Following the panel, we will have our afternoon breakout sessions.

At lunch on Thursday, we welcome **AnneMoss Rogers, Mental Health and Suicide Prevention Speaker and Trainer, Mental Health Awareness Education**, who will present *Turning Pain into Purpose: Surviving A Son's Depression, Addiction & Suicide*. This keynote offers a moving story of healing and resilience after loss, highlighting one mother's journey to find hope through advocacy, connection, and open conversations about mental health and suicide.

I am grateful to our many speakers and those involved with planning and supporting all of the panels and workshops. I am especially thankful to the CSB/BHA, DBHDS, and DMAS staff participating in workshops and sharing their knowledge with their colleagues. We all appreciate the time and energy you devote to this association.

We will close out our conference on Friday morning with the combined VACSB Business/Board of Directors meeting where members will receive the most current reports on information and issues relevant to the association.

I have thoroughly enjoyed my tenure as Chair of the VACSB Board of Directors and I love to see you all in action in your communities and know that you are truly making a difference every day.

Thank you for attending and for supporting the VACSB.

Patrick Sowers
VACSB Chair

CONFERENCE NOTES & INFORMATION

Name Badges

The VACSB and the hotel request that conference attendees wear name badges during all VACSB functions for security and identification purposes.

Visit and Thank the Exhibitors and Sponsors

Exhibitors and sponsors support VACSB conferences. We encourage you to visit and thank them for their participation.

Session Handouts on VACSB Website

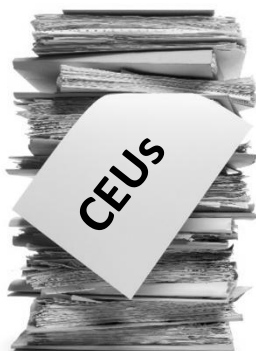
Handouts and presentations will be posted on the VACSB website as permitted and shared by the presenters. Please check with the presenter to see if the session handouts will be available online before requesting additional paper handouts be printed/mailed to attendees.

Session Seating

Scheduling rooms for sessions is one of the most difficult of all conference tasks. We do our best to schedule topics, rooms, and presenters in ways to maximize conference space. There may be occasions when sessions draw many more participants than expected. In those instances, please be patient about the seating and/or consider another concurrent session. For sessions in which you are particularly interested, we strongly suggest you arrive as early as possible.

Contact Hours

DBHDS is sponsoring contact hours for attendance at workshops, general sessions, and luncheons. Certificates will be available at the registration desk at the end of the day on Wednesday and Thursday with a combined certificate available Thursday afternoon. Certificates will not be available on Friday.



**Don't forget to pick up
your CEUs at the
registration desk!**

Training & Development Conference Schedule at a Glance

Wednesday, May 7, 2025

9:30 – 5:00 PM	Registration & Exhibit Center Open (<i>Breakfast on Own</i>)					Hampton Ballroom & Foyer
11:00 AM – 1:15 PM	Conference Buffet Luncheon & Opening Session • Welcome to Norfolk • Keynote Address: Artificial Intelligence in Behavioral Healthcare <i>SPEAKER: Dennis Morrison, PhD, Chief Clinical Officer, Eleos Health</i>					Marriott Ballroom
1:30 – 3:00 PM	Conference Workshops (Concurrent)					
	ROOM: Norfolk I	ROOM: Norfolk II	ROOM: Norfolk VI	ROOM: Norfolk V	ROOM: Hampton II/III	ROOM: Hampton VI/VII
Best Practices in AI Implementation *Great for Board Members	High Fidelity Wraparound: Underexplored Potential in Virginia	Effective Time Management for Supervisors	Stronger Together: How to Become an Ally of Recovery at a Community Services Board (Part 1)	Empowering Community Services: Unlocking Collaboration with the EDCC Program	Tailored for Today: Designing Flexible Gambling Prevention Curricula for School Settings	Chesapeake Development and Implementation of an Advanced Training Curriculum for Non-Law Enforcement Co-Responders (i.e. Clinicians, Peers, and other First Responders)
3:00 – 3:30 PM	Exhibit Center & Refreshment Break – Sponsored by Virginia Rural Health Association					Hampton Foyer
3:30 – 5:00 PM	Conference Workshops (Concurrent)					
	ROOM: Norfolk I	ROOM: Norfolk II	ROOM: Norfolk VI	ROOM: Norfolk V	ROOM: Hampton II/III	ROOM: Hampton VI/VII
Stress and Burnout for Support Coordinators, Case Managers, and Providers: Identifying and Preventing Burnout and Discovering Ways to Recover from It	Talent Acquisition Unleashed: Crafting an Effective Recruitment Strategy, Process, and Metrics	Understanding Addiction and Developmental Disabilities	Supervision of Peers: From Recovery Allies to CSB Champions and Superheroes (Part 2)	Data Modernization and CCS3 Sunset	Inclusive Recovery Cities: What they are and how to become one?	Chesapeake Why Am I Here...Really? (a candid exploration and conversation about board service) *Great for Board Members
5:00 – 6:00 PM	Welcome Reception - Sponsored by Iris Telehealth (<i>Complimentary hors d'oeuvres & beverages</i>)					Presidential Foyer

Thursday, May 8, 2025

7:30 AM – 5:00 PM	Registration and Exhibits Open										Hampton Ballroom & Foyer
8:00 AM – 8:45 AM	CSB/BHA Board Member Networking Breakfast										James I-III
8:00 AM – 9:00 AM	Continental Breakfast										Marriott Ballroom
9:00 AM – 10:45 AM	State of the Commonwealth Panel Presentation										Marriott Ballroom
11:00 AM – 12:30 PM	Conference Workshops (Concurrent)										
	ROOM: Norfolk I	ROOM: Norfolk II	ROOM: Norfolk VI	ROOM: Norfolk V	ROOM: Hampton II/III	ROOM: Hampton VI/VII	ROOM: Chesapeake	Transition Planning: What Families Need to Know as They Plan for a Secure Financial Future			
DD Services, Support Coordination & DOJ Updates	The Growth Blueprint: Feedback and Coaching for Success	Culture Eats Strategy for Breakfast: Building a Great Culture at Your Organization	The Misdemeanor Crisis in Virginia	Finance Updates from DBHDS	Protecting the Confidentiality of Substance Use Disorder Records: Legal and Practical Challenges						
	*Great for Board Members										
12:45 – 2:15 PM	Conference Buffet Luncheon Keynote Address: Turning Pain into Purpose: Surviving A Son’s Depression, Addiction & Suicide SPEAKER: AnneMoss Rogers, Mental Health and Suicide Prevention Speaker and Trainer, Mental Health Awareness Education										Marriott Ballroom
2:30 – 5:00 PM	CSB Board Member Session: Community Service Boards/Behavioral Health Authorities in Virginia: A Contextual Perspective John Lindstrom, Ph.D., LCP, Retired CEO, CEO Emeritus, Richmond Behavioral Health Authority										James I-III
2:30 – 5:00 PM	Group Meetings										
ROOM: Norfolk I	ROOM: Norfolk II	ROOM: Norfolk VI	ROOM: Chesapeake	ROOM: Hampton II/III	ROOM: Hampton I	ROOM: Norfolk V	ROOM: Hampton VI/VII	ROOM: Hampton VIII	ROOM: Frank/Shang /York		
Children & Family Services Council	Developmental Services Council	Emergency Services Council	Executive Directors Forum	Human Resources Directors Council	Finance Directors Council	MH/SUD Services Councils	Prevention Services Council	Quality Leadership Council	Physician Group Meeting		
3:15 – 3:45 PM	Exhibit Center & Refreshment Break – Sponsored by TBD Solutions										Hampton Foyer
5:00 – 6:00 PM	Networking Reception – Sponsored by Believe-N-U Residential Services (Complimentary hors d’oeuvres, cash bar)										Presidential Foyer
Friday, May 9, 2025											
8:00 AM	Registration Open										Marriott Foyer
8:00 – 9:00 AM	Buffet Breakfast										Marriott IV
9:00 AM	VACSB Business Meeting/Board of Directors Combined Meeting										Marriott IV

Virginia Association of Community Services Boards 2025 Training and Development Conference Sponsors and Exhibitors

The VACSB is grateful for the support of our generous sponsors and exhibitors. Their robust participation helps to ensure future conferences will continue to provide you with quality workshops and keynote speakers. **Please stop by the exhibit area to learn how their businesses can be of service to you.**

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KEYNOTE SPEAKERS

Opening Session: Wednesday, May 7, 2025

12:00 PM

Luncheon Presentation

Artificial Intelligence in Behavioral Healthcare,

Presented by Dennis Morrison, PhD, Chief Clinical Officer, Eleos Health

Artificial Intelligence (AI) has exploded in nearly all facets of life and behavioral health is no exception. This presentation will discuss the basics of AI – what it is and how it works and a brief history of attempts to use AI in our industry. How Artificial Intelligence is different than Augmented Intelligence will be explained and why the latter is the most appropriate term to use when describing current AI applications in behavioral health. This session will explore what effect AI is likely to have on clinician's jobs both in terms of how it has demonstrated significant improvements in documentation efficiency and whether clinicians should be concerned about job security as AI becomes more common.



Thursday, May 8, 2025

12:45 – 2:15 PM

Luncheon Presentation

Turning Pain into Purpose: Surviving A Son's Depression, Addiction & Suicide, *Presented by AnneMoss Rogers, Mental Health and Suicide Prevention Speaker and Trainer, Mental Health Awareness Education*



After years of trying to find help for her once joyful son and rap artist, AnneMoss's son Charles continued to struggle with mental illness. Desperate to escape the darkness of his depression, Charles turned to heroin and died by suicide in 2015 at age 20. This presentation is about AnneMoss's inspiring journey to healing. By dragging an unpopular topic into the spotlight and learning to heal through helping and the coping strategies she learned along the way. Themes include hope, healing, and inspiration.



Conference Schedule		
Wednesday, May 7, 2025		
9:30 am – 5:00 pm	Registration and Exhibits Open <i>(Breakfast on Own)</i>	Hampton Ballroom & Foyer
11:00 am – 1:15 pm	Opening Session & Buffet Luncheon • Welcome to Norfolk • Keynote Address: Artificial Intelligence in Behavioral Healthcare <i>Dennis Morrison, PhD, Chief Clinical Officer, Eleos Health</i>	ROOM: Marriott Ballroom
1:30 pm – 3:00 pm	Conference Workshops (Concurrent)	
Best Practices in AI Implementation ROOM: Norfolk I Presented by: • Dennis Morrison, PhD, Chief Clinical Officer, Eleos Health • Miranda Mingle, CSAC. LCSW Department Director, Highlands Community Services • Morgan Greer, LCSW Director of Youth and Family Clinical Services at Mount Rogers Community Services Board In the past several years, AI in behavioral health has gone from an oddity to a mainstream application. The rapid rise in artificial intelligence tools for the behavioral health industry has led to many organizations implementing AI or actively considering doing so. This presentation will provide a brief overview of implementation best practices, but the majority of the session will be a panel discussion with two Virginia providers who have successfully implemented AI solutions in their organization. They will discuss what worked and what did not work in their implementations, how they chose the tools, what, if any, internal resistance they experienced and how they overcame it and what has been the results/benefits of adopting AI tools. Time will be allotted to allow Q&A from the audience. Session Objectives: • List three best practices for AI implementation. • List two lessons learned by organizations that have implemented AI. • List two benefits organizations that have implemented AI have gotten from their AI tools.		

High Fidelity Wraparound: Underexplored Potential in Virginia

ROOM: Norfolk II

Presented by:

- Emily Clark, LCSW, Senior Project Manager, Virginia Wraparound Implementation Center at UMFS

High Fidelity Wraparound (HFW) is an evidence-based practice that has been available in Virginia for over 10 years. With the recent expansion of funding opportunities for HFW, an increasing pool of trained providers, and the persistent mental health crisis that we all face, HFW can offer support and hope for Virginia's families. This presentation will explore the current ways that HFW is being used in our state and will offer ideas for the expansion of future use to more youth and families.

Session Objectives:

- Participants will have an overview of High-Fidelity Wraparound.
- Participants will be able to recognize the current trend for HFW in VA.
- Participants will be able to explore referral/funding opportunities to increase family access to HFW.

Effective Time Management for Supervisors

ROOM: Norfolk VI

Presented by:

- Heather Honaker, LPC, NCC, Clinical/Management Consultant, TBD Solutions
- Travis Atkinson, LPC, Director of Clinical & Crisis Services, TBD Solutions

Time management is something most supervisors agree is important, yet many struggle to achieve. In our Effective Time Management for Supervisors presentation, TBD Solutions Clinical Consultants Travis Atkinson and Heather Honaker will provide practical strategies and tools to prioritize tasks, lead teams more efficiently and achieve better results.

Session Objectives:

- Teach supervisors how to effectively prioritize tasks.
- Teach supervisors how to manage interruptions while maintaining accessibility to their teams.
- Teach supervisors how to structure their schedules to effectively allocate their time.

Stronger Together: How to Become an Ally of Recovery at a Community Services Board

ROOM: Norfolk V

Presented by:

- Robyn C. Collins, CPRS-R, iFPRS, Peer Program Coordinator, Harrisonburg-Rockingham Community Services Board
- Robyn Hantelman, M.Ed., CPRS-R/T, CPMC, ADS, Director of Treatment and Recovery, Encompass Community Supports

For part one of this Peer-led, recovery-focused double-header, the co-chair leaders of the VACSB Peer Services Subcommittee present this interactive workshop. While attending a Recovery Ally training and ToT offered last fall by VCU, "The Robyn's" (Collins and Hantelman) simultaneously had the same thought: How can we apply this information to increase understanding of Recovery and Peer roles within the CSB/BHA environment? In this session, attendees will increase their understanding of what it means to truly be an Ally to Recovery as well as how to advocate for the Peer Support programs and those colleagues who keep these programs moving forward. Through meaningful interaction, listening, sharing, and finding common ground, CSB teams will find that Peers and Clinical staff are great allies and are truly stronger together.

Session Objectives:

- Understand how to become an Ally of Recovery.
- Identify why Allies are needed across all CSB Programs and Services.
- Learn practical tips from the VACSB Peer Subcommittee to help you go from Ally to CSB Champion.
- Understand how to support the Peer Movement locally, statewide, and beyond!

***Empowering Community Services:
Unlocking Collaboration with the Emergency Department Care Coordination (EDCC) Program***

ROOM: Hampton II/III

Presented by:

- Georgia Bachman, LCSW, Acting Executive Director, Prince William County Community Services
- Marcus Divers, Program Manager, Virginia Health Information
- Morgan Croft-Schornak, LGSW, MSW, MPA, Senior Solution Design Lead, PointClickCare
- Paula Arce, MS, LPC, NCC, Therapist III, Clinical Behavioral Health Program (CBHP) Prince William County Community Services

This collaborative session, presented by the Prince William County Community Services Board (CSB) and Virginia Health Information (VHI), will explore the role of the Emergency Department Care Coordination (EDCC) program in enhancing crisis response and improving care transitions. The workshop will highlight how data-driven strategies and cross-agency partnerships are transforming behavioral health crisis care, reducing emergency department utilization, and improving client outcomes. VHI will provide a live demonstration of the EDCC platform, showcasing its technical capabilities and real-time data-sharing features. Attendees will gain practical insights into how technology and collaboration can drive meaningful improvements in service delivery. The presentation will explore challenges, successes, and lessons learned, offering practical applications for other organizations looking to enhance their own crisis response systems.

Session Objectives:

- Strengthening Crisis Response Networks – Learn how the partnership between CSB, EDCC (VHI), and healthcare providers enhances care coordination and reduces emergency department reliance.
- Leveraging Data for Better Care Coordination – Gain insights from VHI’s demonstration on how real-time data sharing improves decision-making and service efficiency.
- Implementing Best Practices in Behavioral Health Partnerships – Explore strategies for integrating technology, overcoming implementation challenges, and ensuring sustainable cross-sector collaboration.

Tailored for Today: Designing Flexible Gambling Prevention Curricula for School Settings

ROOM: Hampton VI/VII

Presented by:

- Anne Rogers, M.Ed., ABD, CHES, State Problem Gambling Prevention Coordinator, DBHDS
- Bianca Gonzales-De La Rosa, MSW, Researcher, OMNI Institute
- T Schweimler, MA, Research Manager, OMNI Institute

As gaming and gambling become increasingly accessible to younger individuals through smartphones and apps, the need for effective prevention of problem gaming and gambling is as crucial as preventing other risky behaviors. This presentation will discuss the development of a problem gambling prevention curriculum tailored for youth, intended for implementation in schools across the Commonwealth of Virginia in alignment with Virginia Standards of Learning. The curriculum was created with the input of a workgroup of experts including CSB's to ensure the content is age-appropriate and addresses key issues, such as identifying signs of problem gaming and gambling, how to discuss these topics, and practical strategies for prevention.

Session Objectives:

- Identify best practices for creating an inclusive curriculum focused on youth problem gambling.
- Identify key supporting tools and considerations for curriculum development.
- Identify approaches to engaging professionals and utilizing research to develop a comprehensive curriculum.

***Development and Implementation of an Advanced Training Curriculum for Non-Law Enforcement Co-Responders
(i.e. Clinicians, Peers, and other First Responders)***

ROOM: Chesapeake

Presented by:

- Chris Parks, CIT Coordinator/Local Marcus Alert Coordinator, Highlands Community Services
- Kandace Miller, LCSW, CSAC, Department Director, Crisis Services, Highlands Community Services

This presentation will demonstrate how to utilize existing partnerships and stakeholders to develop a high-quality training program for non-law enforcement co-responders, such as clinicians, peers, and other first responders. The presentation will emphasize safety as a top priority while

maintaining a therapeutic connection with consumers experiencing a behavioral health crisis. This opportunity will not only enhance current safety practices of non-law enforcement co-responders but will also serve as a motivator for current law enforcement partners of co-responding programs as they lead advanced training initiatives.

Session Objectives:

- Identify three essential training topics to include in an advanced training curriculum.
- Identify at least two community partners who would be able to assist with training curriculum expansion.
- Identify at least three safety resources/tools that can be provided to co-responders to enhance safety for all parties involved in a behavioral health crisis.

3:00 – 3:30 PM

Exhibit Center & Refreshment Break- *Sponsored by Virginia Rural Health Association*

Hampton Foyer

3:30 – 5:00 PM

Conference Workshops (Concurrent)

***Stress and Burnout for Support Coordinators, Case Managers, and Providers:
Identifying and Preventing Burnout and Discovering Ways to Recover from It.***

ROOM: Norfolk I

Presented by:

- Wendy Morris, MS, QMHP-A, CEO, WPM Coaching and Consulting

Experiencing workplace stress for prolonged periods can lead to burnout. The purpose of this training will be to provide resources and tips to help prevent burnout for participants and their peer colleagues. Participants will learn to identify the signs and symptoms of burnout and learn ways to recover from burnout by practicing self-care. One goal of this program is to provide training for quality leaders that will result in a reduction of staff turnover, promote teamwork, provide a positive work culture, and aid in creating a healthy work/life balance.

Session Objectives:

- Define & differentiate “burnout” from regular stress of the day-to-day work environment.
- Describe the prevalence of burnout in the human service field.
- Address the burnout symptoms that lead employees to leave and find other employment.
- Identify mechanisms to prevent burnout.
- Implement self-care strategies.

Talent Acquisition Unleashed: Crafting an Effective Recruitment Strategy, Process, and Metrics

ROOM: Norfolk II

Presented by:

- Bob Gordon, SPHR, SHRM-SCP, CBP, CCP, Chief Human Resources Officer, Mount Rogers Community Services
- Deanna Mabe, PRC, Talent Acquisition Specialist, Mount Rogers Community Services
- Logan Nester, Director of Marketing and Communications, Mount Rogers Community Services

Talent acquisition (TA) is a strategic process that involves finding, attracting, engaging, and retaining the best people for an organization. Mount Rogers Community Services (MRCS) has gone above and beyond in recruitment since the onset of COVID utilizing cross-posting openings, hiring a fulltime talent acquisition specialist, creating partnerships with grant programs, holding in-house open interview career fairs, geotargeting ads, and utilizing streaming and social media ads. Businesses can’t settle for the same old low cost, low impact recruiting strategies. Today’s talent acquisition strategy goes beyond immediate recruitment needs and focuses on long-term goals. In this presentation, we’ll delve into how to develop and measure recruitment processes to increase positive outcomes.

Session Objectives:

- Recruitment Strategy – What is it?
- Selection Process At A Glance
- Our Story since March 2020
- Expansion of Recruiting Efforts
- Grow Our Own: Current Workforce Initiatives
- The Future Workforce: An Initiative Explained
- Marketing Efforts
- Outcomes/Metrics

Understanding Addiction and Developmental Disabilities

ROOM: Norfolk VI

Presented by:

- Debbie Lee Staton-Stehling, Vice President of Operations, Monarch

This is a Grant Funded project from NC DHHS, and is designed to meet a need for a population for whom little direct supports for addiction exists. This curriculum was created with the involvement of I/DD and SUD experts, as well as developed with the input of people with lived experience and their families. Monarch worked with individuals who have lived an experienced SUD and I/DD. This curriculum was designed to help give clinicians and caregivers a platform to provide better supports for people with I/DD and SUD.

Session Objectives:

- Clinicians and caregivers will recognize characteristics of I/DD.
- Clinicians and caregivers will identify adaptations to assist people with I/DD in learning key concepts in addiction and recovery.
- Clinicians and caregivers will employ strategies to make individual and group therapy more effective for people with I/DD.
- Clinicians and caregivers will develop confidence in utilizing the evidence/informed curriculum.

Supervision of Peers: From Recovery Allies to CSB Champions and Superheroes

ROOM: Norfolk V

Presented by:

- Robyn C. Collins, CPRS-R, iFPRS, Peer Program Coordinator. Harrisonburg-Rockingham Community Services Board
- Robyn Hantelman, M.Ed., CPRS-R/T, CPMC, ADS, Director of Treatment and Recovery, Encompass Community Supports

For the second round of recovery perspective, the VACSB Peer Services Subcommittee is swooping in with some SUPER tactics to support the VISION of Peers. In this workshop, "Robyn Squared" will build upon part one and the idea of becoming a Recovery Ally when supervising Peer Recovery Specialists. They will offer powerful strategies to provide the best possible supervision and oversight to the Peer workforce, no matter what background the leader possesses. Join this insightful workshop and go from Ally to Champion to Super(vision) Hero, right at your CSB!

Session Objectives:

- Identify types of peer supervision and the superpowers required for each.
- Understand how to become a Champion of Recovery as Non-Peer or Clinical Supervisors of Peers.
- The Dynamic Duo: Peers as Supervisors of Peers
- Bringing it all together: Building a Recovery Dream Team at Your CSB.

Data Modernization and CCS3 Sunset

ROOM: Hampton II/III

Presented by:

- Brandie Williams, M.Ed., Ed.S, Deputy Executive Director, Rappahannock Community Services Board
- Craig Camidge, Director, Strategic Planning and Execution, DBHDS

This session will provide an overview of the DBHDS Data Modernization efforts to include the Enterprise Data Warehouse, CCS3 Sunset, and Data Governance projects. Specific details on the transition of CSBs to the new Enterprise Data Warehouse will be provided. Presenters will outline the new data taxonomy and aggregation methodology for DBHDS enterprise reporting. Participants will have the opportunity to pose any questions they may have regarding CCS3 Sunset initiative.

Session Objectives:

- Understand the current data modernization program at DBHDS.
- Receive updates and overview specific to the sunset of CCS3.
- Opportunity to receive answers for any related questions.

Inclusive Recovery Cities: What they are and how to become one.

ROOM: Hampton VI/VII

Presented by:

- Jason Alley, PRS, Policy Advisor, Opioid Response Community Outreach and Engagement, Office of the Deputy Chief Administrative Officer for Human Services, City of Richmond

The Opioid Response Team at the City of Richmond is proud to share that the City of Richmond, Virginia became the first Inclusive Recovery City in the United States (and North America)! The purpose of an Inclusive Recovery City is to celebrate recovery systems of care, individuals in recovery, and the recovery community at large, where the central idea of an Inclusive Recovery City is that no one should walk the recovery path alone. This presentation will highlight what it means to be an Inclusive Recovery City, how to become one, and lessons learned since becoming an Inclusive Recovery City. Any locality in Virginia (and in the United States) can become an Inclusive Recovery City!

Session Objectives:

- Explain what it means for a city to be an Inclusive Recovery City.
- Highlight effective strategies in becoming an Inclusive Recovery City.
- Demonstrate knowledge of an Inclusive Recovery City advisory board.

Why Am I Here...Really?

(a candid exploration and conversation about board service.)

ROOM: Chesapeake

Presented by:

- Valerie J Abbott, Early Intervention Case Manager/Service Coordinator, Infant & Toddler Connection of Henrico, New Kent and Charles City

Individuals find themselves serving on boards for a variety of reasons. On the surface, sometimes those reasons seem obvious. But upon closer inspection, the motivation behind board service can be different than it appears to self and others. In this workshop presentation, facilitator Valerie J. Abbott will share her family's experience being served by a CSB and how she received an invitation to serve on the board years later. She will share the top reasons community members raise their hands and how those reasons may change over time. During the workshop, board members will be invited to discern why they show up at the table. When individuals committed to community service look inward to the true nature of their motivation, and how it informs their contributions, we have the opportunity to become more mindful of our words and actions, and more respectful of the motivations of others who serve with us.

Session Objectives:

- Identify the most common motivations behind volunteerism and community service.
- Discern the real reasons we have accepted the invitation to serve on a board.
- Recognize how our underlying objective influences how, what and why we contribute to discussions and decision-making.
- Respect the motivation of other board members.

5:00 – 6:00 PM

Welcome Reception- Sponsored by *Iris Telehealth*
Complimentary hors d'oeuvres and beverages

Presidential Foyer

Conference Schedule

Thursday, May 8, 2025

7:30 AM – 5:00 PM	Registration & Exhibit Center Open	Hampton Ballroom & Foyer
8:00 – 8:45 AM	CSB/BHA Board Member Networking Breakfast	James I-III
8:00 – 9:00 AM	Continental Breakfast	Marriott Ballroom
9:00 AM – 10:45 AM	State of the Commonwealth Panel Presentation • Hallie Pence, Executive Director, <i>Right Help, Right Now</i>, Office of Governor Glenn Youngkin • Nelson Smith, Commissioner, Department of Behavioral Health & Developmental Services • Cheryl Roberts, Director, Department of Medical Assistance Services • MODERATOR: Becky Bowers Lanier, VACSB Legislative Consultant	Marriott Ballroom
11:00 AM – 12:30 PM	Conference Workshops (Concurrent)	

DD Services, Support Coordination, and DOJ Updates

ROOM: Norfolk I

Presented by:

- Eric J. Williams, MSW, Director/Acting Assistant Commissioner, DBHDS
- Heather Norton, Deputy Commissioner for Community Services, DBHDS
- Jason Perkins, Waiver Operations Manager, DMAS
- Nicole DeStefano, Director of Waiver Network Supports, DBHDS

This session will provide up-to-date information about DD Services, Support Coordination, and DOJ updates in Virginia, as well as plans to move forward with improving the SC experience. This includes opportunities to contribute ideas and ask questions related to DD Support Coordination.

Session Objectives:

- Gain information on the latest developments with DD Support Coordination.
- Contribute to the direction of planned efforts to improve the Support Coordinator experience.
- Better understand how to meet current measures and requirements.
- Discuss the Commonwealth of Virginia transitions to Permanent Injunction from the DOJ Settlement Agreement.
- Learn about the current status of DD Waivers and DD Waiver Waitlist.
- Understand the future planning of DD Waiver with legislation initiatives.

The Growth Blueprint: Feedback and Coaching for Success

ROOM: Norfolk II

Presented by:

- Brandi Tinsley, LCSW, Director of Quality Improvement and Risk Management, UMFS
- Lindsey Layne, M.Ed, Vice President of Strategy and Innovation, UMFS

In the fast-paced nature of daily work, finding time for training, learning, and skill development can be challenging, despite its importance at all levels. This presentation explores the role of feedback and coaching in fostering employee growth beyond formal training. Grounded in Adult Learning principles and best practices, the content is applicable to clinical programs, broader teams, or individuals seeking to enhance their own skills. Facilitators will share insights from their experience working with teams and present research-based practices, demonstrating their real-world application through practical examples. While everyone can benefit from feedback and coaching, this workshop may be especially valuable for HR professionals, clinical supervisors, program leaders, and anyone in a managerial role.

Session Objectives:

- The Role of Self-Reflection in Growth – Explore how self-reflection enhances feedback and coaching, highlighting opportunities for continuous development.
- Understanding Effective Feedback & Coaching – Learn practices for receiving and delivering feedback and coaching that support employee growth beyond formal training.
- Implementing Practical Strategies – Explore real-world examples and actionable techniques to foster continuous learning and development within teams or individual growth.

Culture Eats Strategy for Breakfast: Building and Sustaining a Great Culture at Your Organization

ROOM: Norfolk VI

Presented by:

- Amy Jindra, LPC, Community Support Services Director, Rappahannock Area Community Services Board
- Heather Honaker, LPC, NCC, Clinical/Management Consultant, TBD Solutions

According to Peter Drucker, "culture eats strategy for breakfast." As the secret sauce to an effective team or organization, great culture motivates employees, drives customer satisfaction, and leads to overall success. A great workplace culture has never been more important to foster as providers continue to feel the impact of the behavioral health workforce shortage. So how do you make the seemingly elusive secret sauce that is culture? In this workshop, discover how three essential skills—building safety, sharing vulnerability, and establishing purpose—have the power to build and sustain a great culture and learn how to tangibly put these skills into action at your organization to make it a better place to work and to receive care.

Session Objectives:

- Understand workplace culture and its impact on employee retention.
- Gain knowledge of three skills for developing and sustaining a great culture.
- Learn practical ways to operationalize culture-building skills in your crisis program.

The Misdemeanor Crisis in Virginia

ROOM: Norfolk V

Presented by:

- Angela Torres, Ph.D., ABPP (Forensic), Senior Director of Forensic Services/Chief Forensics Officer, DBHDS
- Kristen A. Hudacek, Psy.D., LCP, Behavioral Health and Justice Initiatives, Manager, Office of Forensic Services, DBHDS

The presenters will discuss the state of forensic admissions in Virginia, with a focus on the increasing number of persons admitted for competency restoration for only minor crimes. We will present national best practice approaches to expand diversion for this group and outline efforts in Virginia aimed to broaden access to services across the Sequential Intercept Model.

Session Objectives:

- Gain an understanding of the competency crisis for persons charged with misdemeanor offenses, both nationally and in Virginia.
- Learn about programming across the Sequential Intercept Model that targets low-level offenses for diversion from the criminal justice system.
- Describe efforts in Virginia focused on assisting this vulnerable group, and the challenges to broader implementation across the Commonwealth.

Finance Updates from DBHDS

ROOM: Hampton II/III

Presented by:

- Nathan Miles, Chief Financial Officer, DBHDS
- Eric Billings, Deputy Director, Fiscal Services and Grants Management, DBHDS
- Craig Camidge, Director, Strategic Planning and Execution, DBHDS

Finance staff from DBHDS will discuss pertinent information related to the upcoming fiscal year. The staff will discuss progress on financial reporting changes, updates from the general assembly, and updates on federal grants.

Session Objectives:

- Financial Reporting.
- Updates from the general assembly.
- Federal Grants.

***Protecting the Confidentiality of Substance Use Disorder Records:
Legal and Practical Challenges***

ROOM: Hampton VI/VII

Presented by:

- Jamie Wood, Associate, Woods Rogers Vandeventer Black, PLC
- Liz Heddleston, J.D., Principal, Woods Rogers

This presentation will explore the legal challenges that community services boards encounter in complying with 42 CFR Part 2, the federal law that safeguards the confidentiality of Substance Use Disorder records. Key topics will include patient consent requirements, permitted disclosures without consent, and how to handle subpoenas and other third-party requests involving SUD records. The presentation will also examine recent amendments aligning Part 2 with HIPAA to improve care coordination while maintaining strong privacy protections. The presentation will also highlight compliance challenges and best practices for organizations handling SUD records.

Session Objectives:

- Understand Legal Requirements – Identify the key provisions of 42 CFR Part 2, including patient consent requirements, permitted disclosures without consent, and recent amendments aligning Part 2 with HIPAA.
- Navigate Compliance Challenges – Analyze common legal and operational challenges that community services boards face in maintaining compliance with 42 CFR Part 2 and explore strategies to address them.
- Implement Best Practices – Learn best practices for handling subpoenas, third-party requests, and other issues impacting the confidentiality of SUD records.

Transition Planning: What Families Need to Know as They Plan for a Secure Financial Future

ROOM: Chesapeake

Presented by:

- Cortney Heykoop, Financial Advisor & Chartered Special Needs Consultant, Clover Leaf Wealth Strategies LLC

There are many points of transition for families when planning for the future of their disabled child. Turning 18 is one of the biggest. Not only are there many legal tasks but this marks the turning point in planning for their adult future. In this seminar we will outline the items families need to complete, explain differing options, creating financial security and how to safeguard access to governmental resources in the case inheritances and supplemental family supports.

Session Objectives:

- Examine The Necessary Steps and Decisions Needed When Turning 18.
- Discuss Guardianships, Conservatorships and Supported Decision Making.
- Understand the Need for Financial & Estate Planning.
- Detail the available supports from Governmental Resources.

Conference Buffet Luncheon

ROOM: Marriott Ballroom

12:45 – 2:15 PM

Keynote Address: Turning Pain into Purpose: Surviving A Son's Depression, Addiction & Suicide
AnneMoss Rogers, Mental Health and Suicide Prevention Speaker and Trainer, Mental Health Awareness Education

2:30 – 5:00 PM	CSB Board Member Session: <i>Community Service Boards/Behavioral Health Authorities in Virginia: A Contextual Perspective</i> ROOM: James I-III Presented by: John Lindstrom, Ph.D., LCP, Retired Chief Executive Officer, CEO Emeritus, Richmond Behavioral Health Authority This presentation and interactive session will delve into factors which contribute to variability between these most important community service agencies. A primary focus will be on type of board, jurisdictional boundaries, service population characteristics, resource distribution, and perception of local needs and priorities. While the comment “you’ve seen one CSB, you’ve seen one CSB” is sometimes offered as a criticism of the “system”, an argument will be made that differences across CSBs/BHAs represent a necessary and predictable state of affairs. Essential board responsibilities will be discussed, along with implications for board-management interaction, expectations, and accountability. Session Objectives: • Participants will be able to describe their respective boards in terms of type, role, and factors which uniquely influence the agency. • Participants will examine boundaries between board and staff, particularly related to operations and the role of local government(s). • Participants will identify both strengths and challenges inherent in differences between CSBs/BHAs. • Participants will consider the weightiness of external influences on CSB/BHA operations including the Virginia Department of Behavioral Health and Developmental Services, Virginia DMAS, developments at the Federal level, and payer requirements,
2:30 – 5:00 PM	Group Meetings • Executive Directors Forum – Room: CHESAPEAKE • MH/SUD Services Councils – Room: NORFOLK V • Developmental Services Council – Room: NORFOLK II • Prevention Services Council – Room: HAMPTON VI/VII • Children/Family Services Council – Room: NORFOLK I • Emergency Services Council – Room: NORFOLK VI • Human Resource Directors Council – Room: HAMPTON II/III • Quality Leadership Council – Room: HAMPTON VIII • Finance Directors Council – Room: HAMPTON I • Physician Group Meeting – Room: Frank/Shang/York
3:15 – 4:45 PM	Refreshment Break - <i>Sponsored by TBD Solutions</i> Hampton Foyer
5:00 – 6:00 PM	Networking Reception (Complimentary hors d'oeuvres, cash bar) <i>Sponsored by Believe-N-U Residential Services</i> Presidential Foyer
Friday, May 9, 2025	
8:00 – 11:00 AM	Registration Desk Open Marriott Foyer
8:00 – 9:00 AM	Buffet Breakfast Marriott IV
9:00 AM	VACSB Business Meeting/Board of Directors Combined Meeting Marriott IV

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Valerie J. Abbott is a graduate of Hollins College (Roanoke, VA) and is currently a certified early intervention service coordinator for the Infant and Toddler Connection of Henrico, New Kent and Charles City (also known as the Parent Infant Program). Prior to this role, Valerie served on the Henrico Area Mental Health & Developmental Services board, representing families of children with developmental disabilities who benefitted from early intervention. Valerie's daughter Bridie was a toddler when she mysteriously lost her hearing and became developmentally delayed due to late-identification, so the opportunity years later to serve the local CSB that helped her family, and then decide to accept a position within the agency, was a full-circle moment for her.

Travis Atkinson, LPC, is the Director of Clinical & Crisis Services with TBD Solutions. Travis embodies a vision for excellence and leadership in behavioral health. With over 20 years of experience in both clinical and managerial roles, he is passionate about creating healthy and effective behavioral health systems. He actively seeks out best practices through research and by connecting with providers at local, state, and national levels. An outstanding training instructor, coach, meeting facilitator, and conference presenter, Travis is a past recipient of the National Association of Crisis Organization Directors' "Making the Mission" Award and a founding board member of the Crisis Residential Association.

Georgia Bachman is the Acting Executive Director of the Prince William County Community Services Board (CSB), a role she assumed in December 2023. Since joining the organization as Deputy Director in June 2022, she has played a key role in advancing behavioral health, developmental disability, and substance use services in the county and served as lead implementer of the Emergency Department Care Coordination program. Prior to her tenure at Prince William County CSB, Georgia served as the Assistant Deputy Director at the Fairfax-Falls Church CSB, where she contributed to strategic initiatives aimed at improving community-based care with the most highly acute populations. With extensive experience in public behavioral health leadership, she remains committed to expanding access to high-quality services and fostering innovative approaches to community well-being. Georgia earned a Bachelor of Arts degree at the University of Michigan and a Master's in Social Work at Virginia Commonwealth University. She is a licensed clinical social worker and a graduate of Leadership Fairfax (2019). She is a Certified Diversity-to-Belonging- Facilitator since 2021 through Veritas Culture.

Craig Camidge is the Director of Strategic Planning and Execution for DBHDS where he works at the intersection of state government, Community Services Boards, and other stakeholders to improve the system for the people we serve.

Emily Clark LCSW is the Senior Project Manager for the Virginia Wraparound Implementation Center at UMFS. Trained in High Fidelity Wraparound since it came to Virginia in 2013, Emily has years of experience both as an Intensive Care Coordinator and supervising the ICC program at UMFS, along with several other community-based services. In her current role with VWIC, Emily is the lead HFW trainer and credentialed coach for Virginia's High Fidelity Wraparound workforce.

Robyn Collins is the taller half of the dynamic duo known as "Robyn Squared", who are pleased to be presenting at this year's conference. This Robyn, like her shorter counterpart, is a Certified and Registered Peer Recovery Specialist in recovery from substance use, mental health challenges, and trauma. Robyn C. defines recovery as a life-long, non-linear journey to find healing and purpose; she also believes recovery can be found through education, self-discovery, and multiple other pathways. Most importantly, Robyn C. believes in the power of hope and that sometimes the best medicine is a good laugh and the unwavering belief that things can, and will, get better. Robyn spent the first half of her professional life immersed in the demanding world of restaurant management, cultivating a robust foundation in business operations and leadership. After years of slinging wings and mastering the art of the perfect up-sell (ranch, blue cheese, or celery anyone?), Robyn decided to trade in her apron for a different kind of service – one that involves less grease and more grace. In 2020, Robyn ventured into the world of Peer Support, taking a position as the SUD Peer at the Harrisonburg-Rockingham Community Services Board. This wasn't just a career change; it was a calling. Or maybe it was just a desperate need for regular sleep. Either way, it stuck. Robyn quickly discovered that she had a knack for Peer Support and by the end of 2021, Robyn became the Peer Program Coordinator at HRCSB. Robyn was instrumental in creating the MH and SUD Peer Programs at HRCSB from the ground up. Robyn thrives on challenges, and because she clearly wasn't busy enough trying to save the world one person at a time, she implemented Medicaid billing for Peer Services in 2022. In 2023, Robyn participated in the VCU DBHDS Recovery Leadership Academy, where she met her shorter counterpart, Robyn H., and an unstoppable force was born. Robyn C. currently serves as the Chair of the first Peer Services Subcommittee of the VACSB MH and SUD Council after serving as Co-Chair last year. Robyn Squared are champions of the Virginia CSBs and thrive on advocating for the Peer workforce through our three initiatives. Robyn's professional goal is to create a world without stigma where everyone can discover a path to recovery. When Robyn isn't busy trying to change the world, she enjoys spending time with her husband and her two super spoiled and slobbery dogs, Beamer and Belle, who clearly run the household. Robyn recharges by diving into a good book, tackling a crossword puzzle, spending time outdoors, cracking jokes, and napping. Robyn is living proof that even with the

most unconventional paths can lead to a life filled with laughter, adventure, and the occasional face plant (but don't worry, she always gets back up again).

Morgan Croft-Schornak, LGSW, MSW, MPA is a dedicated and compassionate Social Worker and a Public Administration professional with extensive experience in disability case management, mental health services, child advocacy, and public health education. With a rich academic background and a proven track record in both nonprofit and corporate sectors, she is committed to advancing innovative solutions, advocacy, and education. Morgan holds a BSW from the College of St. Scholastica, an MSW from PennWest University, an MPA from Hamline University, and a Graduate Certificate in Global Policy from Northwestern University. She currently serves as a Senior Solution Design Lead at PointClickCare, optimizing healthcare solutions to enhance patient outcomes, and works as a part-time therapist specializing in substance use disorder treatment. Beyond her professional roles, Morgan serves as the Board Chair for a global disability nonprofit, leading inclusive program development, and is a volunteer Court-Appointed Special Advocate (CASA) for children who have experienced abuse or neglect. She is a member of the National Association of Social Workers (NASW).

Nicole DeStefano, Director of Waiver Network Supports, Waiver Network Supports office incorporates Regional Supports - Waiver Waitlist, Support Intensity Scale (SIS), Service Authorization, and Customized Rate.

Marcus Divers is a passionate professional with expertise in health information exchange, healthcare project management, and program innovation. As the Program Manager for the Emergency Department Care Coordination (EDCC) program at Virginia Health Information, he leads initiatives to strengthen care coordination across the state, promoting collaboration among healthcare providers to enhance patient outcomes. His extensive experience in healthcare operations, outreach strategy, and process improvement has enabled him to contribute significantly to healthcare innovation and foster meaningful community engagement. Prior to his current role, he served as a Process Improvement Coordinator at VCU Health and held several positions at UVA Health, where he successfully facilitated special projects funded by organizations such as HRSA and NIH. Marcus has a Graduate Healthcare Management Certificate from the University of Virginia, a Bachelor of Science in Health Sciences from James Madison University and is pursuing a Master of Public Administration from Virginia Tech.

Bianca Gonzalez-De La Rosa (she/they) received her Master of Social Work from the University of Denver and is currently a Researcher at OMNI Institute. At OMNI, Bianca provides technical assistance and evaluation support across the areas of community and behavioral health. Prior to joining OMNI, Bianca worked as a behavioral health provider in integrated healthcare settings.

Bob Gordon, SPHR, SHRM-SCP, CBP, CCP, serves as the Chief Human Resources Officer (CHRO) for Mount Rogers Community Services, a 968-employee behavioral healthcare not-for-profit organization in Wytheville, VA. With over 20 years of comprehensive management experience in Human Resources (HR), Bob has developed and implemented HR strategies, policies, and operations that support business objectives and foster organizational growth. Bob earned a Bachelor of Science degree in Business Management (Summa Cum Laude) from Radford University and a Master of Science degree in Human Resource Management and Labor/Employee Relations from Virginia Tech, where he was named a Pamplin Scholar. He is also a graduate of the Ohio State Leadership Program. Beyond his not-for-profit and corporate roles experience, Bob is a trustee of Byrnes Chapel, a member of the Mechanicsburg Ruritan Club, and has served as the immediate past Chairperson of the Virginia Association of Community Service Board's HR Council. He is also an active supporter of Virginia Tech, as a member of the Hokie Club, the Pylon Society, the Legacy Society, and currently serves on the Management Advisory Board for the Pamplin College of Business Management Department. Bob enjoys hiking and other adventurous activity while living by his life motto, "Have Courage—Seek Wisdom—Be Kind."

Morgan Greer is an LCSW who has worked with Mount Rogers Community Services for 15 years. She is the Director of Youth and Family Clinical Services, which oversees outpatient counseling, youth residential crisis stabilization, community-based services, and services for parents affected by substance use.

Robyn Hantelman is the shorter half of the dynamic duo known as "Robyn Squared" who are pleased to be presenting at this year's conference. This Robyn, just like her taller counterpart, is a Certified and Registered Peer Recovery Specialist and is a person in recovery from substance use, mental health challenges, and trauma. Robyn H. defines recovery as a personal journey and believes there are infinite pathways by which individuals implement lasting change. She believes there is power in community, connection, and removing barriers to support. Robyn is currently working her dream job as Director of Treatment and Recovery Programs at Encompass Community Supports, which includes The S.E.E. Recovery Center in Culpeper, Virginia. Robyn earned a B.S. in Sociology in 2001 and an M.Ed. in Counseling in 2006, both from Longwood University in Farmville, Virginia. She became a Certified and Registered Peer Recovery Specialist in 2019 and a Trainer of Virginia's 72-Hour PRS Curriculum in 2021. Robyn is also a Certified Older Adult Peer Specialist Trainer, a Certified Personal Medicine Coach, facilitator/trainer of APPR (Action Planning for Prevention and Recovery), Medication Assisted Recovery Supports (MARS) Trainer/Facilitator, a Certified NADA Auricular Detoxification

(AcuDetox) Specialist, and is trained in the DBHDS Peer Supervision curriculum. Robyn proudly worked on the Virginia Year of the Peer 2023 Initiative, inspired by a proposal submitted upon completion of the 2022 VCU DBHDS Recovery Leadership Academy (RLA). The following year, Robyn H. would be introduced to Robyn C. through RLA and have been champions for the Virginia CSBs and the recovery workforce ever since. Robyn H. currently serves as Co-Chair of the first Peer Services Subcommittee of the VACSB MH and SUD Council after serving as its Chair last year. She is active in promoting recovery language and thrives in advocacy arenas. Her prior positions as a Peer Recovery Specialist include working as a Peer Warm Line Operator for Alive RVA and group facilitator at SAARA of Virginia. Immediately before joining the Encompass team, Robyn served as Recovery Coordinator at Goochland Powhatan Community Services where she helped launch and implement the Rural Overdose and Outreach Team (also known as The ROOT Project).

Elizabeth Heddleston, Principal, Woods Rogers Vandeventer Black, PLC, William & Mary Law School - J.D. Liz has devoted her legal career to health law and understands the distinct legal challenges facing healthcare organizations and businesses operating in the healthcare space. She has a broad-based health law practice with a significant focus on health information privacy and security. Combining industry experience with a solutions-oriented approach, Liz provides practical guidance on a spectrum of regulatory, corporate, and operational matters impacting healthcare clients. Liz represents hospitals, medical and dental practices, long-term care facilities, federally qualified health centers, behavioral health providers, health plans, healthcare technology companies and other healthcare entities. She counsels clients on a wide range of business and regulatory compliance issues, including anti-kickback and self-referral statutes, payor contracting and reimbursement, Medicare and Medicaid issues, federal and state privacy laws, corporate governance, contract review and negotiation, medical staff and patient care issues. Given the complex and evolving nature of the healthcare industry, Liz regularly coordinates with colleagues in practice areas such as cybersecurity, employment law, tax, and litigation to help clients with strategic and day-to-day legal challenges. A significant part of Liz's practice focuses on HIPAA compliance, health information privacy and security, and cybersecurity incidents impacted healthcare entities. Liz is Certified in Healthcare Privacy Compliance (CHPC®) and provides strategic guidance on complying with laws governing health data, including HIPAA, 42 C.F.R. Part 2, the Information Blocking Rule, and state data privacy laws.

Cortney Heykoop is a Special Needs Mom and Financial Advisor. She opened her own firm 6 years ago with a focus on serving families impacted by disability. Tapping into her own experience as a parent and mixing in 25 plus years in the industry, Cortney truly provides a comprehensive, holistic approach for her clients. Specifically, she helps families navigate the complexities of governmental resources and financial planning, so they have time to focus on what's most important, their loved ones. Cortney Heykoop speaks nationally to help educate other financial advisors as well as to families and organizations. Cortney is active in the disability community. She currently serves on the Board of The Arc of Loudoun as Secretary and works closely with numerous nonprofits sponsoring events, providing pro bono serves as well as educational seminars. Cortney loves working with other families like hers. She not only brings a breadth of financial knowledge but a comprehensive, holistic approach that includes helping families navigate the complexities of governmental resources, disability planning, estate planning and of course their financial plan.

Heather Honaker, LPC, NCC is a Clinical/Management Consultant at TBD Solutions. She is a proven leader driven by integrity and enthusiasm. As a nationally certified counselor with a master's degree in rehabilitation and mental health counseling, she excels at operationalizing the mission and values of community-based services. Renowned for designing and developing high-performing teams, she continuously strives to elevate the standards of excellence and hospitality in behavioral health service delivery. Heather is known for being an effective trainer, confident public speaker, and dedicated volunteer serving several state and national trade associations.

Dr. Kristen Hudacek, Psy.D., LCP works for the Virginia Department of Behavioral Health and Developmental Services. She is focused on developing projects for the Office of Forensic Services as the manager for Behavioral Health and Justice Initiatives, functioning as a "boundary spanner" among the courts, jails, community service boards, and state facilities. In her role, she creates opportunities to inform and bring stakeholders together from the behavioral health and criminal justice systems to identify alternatives to incarceration for persons with mental illness charged with low-level offenses. Dr. Hudacek is a cross systems mapping facilitator and consultant for Policy Research Associates, Inc. and is affiliate faculty at the University of Virginia's Institute of Law, Psychiatry and Public Policy. She is a licensed clinical psychologist and trained forensic evaluator in Florida and Virginia. In Florida, she worked in governmental and academic agencies, including the Department of Mental Health Law & Policy at the Louis de la Parte Mental Health Institute at the University of South Florida, community based mental health centers, served as the practicum training director at the Florida School of Professional Psychology, and worked at the Office of the State's Attorney as a victim-witness advocate. She completed her pre-doctoral internship at Northeast Florida State Hospital and her post-doctoral training at the Florida Department of Corrections. In Virginia, she was the Director of Psychology and Forensic Services at Eastern State Hospital in Williamsburg, Virginia, and prior to that she directed the Region-4 Jail Team, jail-based diversion and competency restoration program, one of the first of its kind in the country.

Amy Jindra, LPC, Community Support Services Director at RACSB, has had the privilege of working in the behavioral health and developmental disabilities fields for over 17 years. Along with her years of experience, Amy utilizes her education and training as a counselor to lead Rappahannock Area CSB's dynamic and diverse community support services division. Amy has a master's degree in rehabilitation and mental health counseling from Virginia Commonwealth University. Amy has used her leadership roles to build positive and collaborative teams.

Lindsey Layne, as the Vice President of Strategy and Innovation at UMFS, is a key architect in shaping organizational culture and driving strategic vision. She has extensive expertise in Adult Learning, including facilitation, training, and consultation. A proven track record of success, Lindsey has worked with Diakonie, a UMFS partner in Germany, and is a trusted designer and facilitator of learning experiences across Virginia. At UMFS, she provides strategic oversight to the Organizational Learning, Marketing, and Quality Improvement teams, ensuring they are effectively guided, and research and development initiatives are well-supported. Lindsey earned a bachelor's degree in liberal arts from Longwood University and an M.Ed. in adult learning from Virginia Commonwealth University. She has additional certifications from the University of Richmond and Eureka! Ranch. Her professional interests are organizational design, coaching for impact and data visualization. She is a member of the International Coaching Federation and is working to become a certified professional coach. Beyond her professional responsibilities, Lindsey enjoys the beach, exploring new music, rowing and connecting with friends and family. Her passion for continuous learning and impactful strategy development aligns seamlessly with UMFS's mission and vision.

Paula Lennon Arce is a Supervisor in the Clinical Behavioral Health Program at Prince William County CSB in Woodbridge, Virginia. Since joining the organization in 2017, Paula has delivered clinical case management, care coordination and individual therapy services to a diverse client population. She has contributed to various projects within the agency to promote the agency's values and commitment to providing Prince William County residents with quality behavioral healthcare services. She is an LPC (Licensed Professional Counselor) and is NCC certified by the National Board of Certified Counselors (NCC). She holds a Master of Arts in Professional Counseling and a Master of Science in Human Services from Amridge University, as well as a Bachelor of Science in Criminal Justice from Fayetteville State University. Paula's career in public service began in 1997 with a non-profit, state-funded alternative sentencing program in North Carolina, which sought to reduce disparities in incarceration by identifying behavioral health issues that contributed greatly to risk factors for incarceration. This work inspired Paula to transition into behavioral health care, where she was credentialed as a Certified Criminal Addictions Specialist (CCJP) and Drug Education School (DES) instructor, providing treatment and care coordination services to individuals within the community-based corrections system.

Dr. John P. Lindstrom is a former CSB/BHA Chief Executive Officer, having retired January 1, 2024 after over 26 years of services with the Richmond Behavioral Health Authority. He previously directed the Assessment, Emergency, and Medical Services division at RBHA. Much of his effort has been given to the development of crisis services as well as the development and expansion of regional programs and services. Dr. Lindstrom is a former chair of the VACSB Mental Health Council and co-led the VACSB Regional Programs and Services Council. Prior to joining RBHA in 1997, Dr. Lindstrom spent 20 years as a school psychologist, program supervisor, and special education director in public schools. He is an alumni of Christopher Newport College, James Madison University, and the University of Iowa where he earned bachelor's, master's, and doctoral degrees, respectively. In retirement, Dr. Lindstrom has maintained his clinical psychology license and sits on the board of Mental Health Virginia. He also is a longstanding board member of One Voice Chorus and is an avid chorister and amateur musician.

Deanna K. Mabe, PRC, is the Talent Acquisition Specialist at Mount Rogers Community Services (MRCS). Deanna is a professional recruiter (PRC) and talent acquisition specialist responsible for sourcing, attracting, interviewing, hiring, and onboarding employees, all while factoring in the long-term goals of the Agency. Deanna earned her undergraduate degree from the University of Virginia and her Master's of Science from Liberty University. Deanna has 20+ years of professional experience in financial planning, higher education/academia, and governmental services with the Department of Labor, Department of Veterans Affairs and strengthening relationships for student engagement, internships, and employment with several DoD partner agencies. Deanna's certifications, leadership and engagement activities include: Registered FINRA Representative with Series 7, 63, & 65 Professional Licenses; AIRS Professional Recruiter Certification (PRC); Radford University Military Resource Center; Global Career Development Facilitator, National Career Development Association Adult Career Coach, Virginia Community College System; SHEV Military Education Advisory Committee, Commonwealth of Virginia; Military Training and Education Alliance Ambassador, Virginia Department of Veteran Services; SCHEV Military Education Advisory Committee; SW Virginia Veterans Cemetery Board Member.

Nathan Miles is the Chief Financial Officer for the Department of Behavioral Health and Developmental Services. He has worked at the Department for 11 years. He received his bachelor's and master's degrees from Brigham Young University. He lives in Richmond with his wife Shalee, and his children Bronco, Maxwell, Evelyn and Walton.

Kandace Miller is a Licensed Clinical Social Worker in the state of Virginia and is currently serving as the Department Director of Crisis Services at Highlands Community Services. She has over two decades of experience providing behavioral health services in the communities of Southwest Virginia. Throughout her career, Kandace has served those with mental health, substance use and developmental disabilities in a variety of settings such as, outpatient community service boards and private and state inpatient psychiatric hospitals. Kandace is certified as a Substance Abuse Counselor and Preadmission Screener in Virginia. She serves on the Virginia Crisis Response Team (CRT) and on a variety of disaster response teams throughout the state. Kandace is also a member of the Virginia Highlands Community College's Threat Assessment Team. She is passionate about serving first responders and has received specialized training to provide EMDR, AcuWellness acupuncture, and Biofeedback to those in need. She is an active member in the community as a Critical Incident Stress Management (CISM) provider, serving as a clinician for Southwest VA Emergency Management Council and Virginia Law Enforcement Assistance Program (VALEAP).

Miranda Mingle, CSAC, LCSW is a Department Director at Highlands Community Services with 18 years of experience in the field. She has been the Department Director for Outpatient Services at Highlands Community Services since 2014. In this role she oversees multiple specialty programs and various levels of mental health and substance use treatment across the lifespan. She very much enjoys fostering the space for clinicians and programs to reach their potential and offer much needed services to the community.

Wendy Morris is a leader, entrepreneur, and advocate dedicated to empowering individuals and communities. As the CEO of Kamor Care Services, LLC and WPM Coaching & Consulting, she is committed to providing innovative solutions in behavioral health, human services, and professional coaching. Wendy is also the founder of Guided By Grace, a nonprofit organization focused on educating, embracing, and empowering individuals and communities through advocacy, resources, and support. Wendy is a dedicated professional with extensive experience in mental health, self-care and wellness, case management, and community support. With a passion for empowering individuals and fostering resilience, Wendy has worked closely with support coordinators, case managers, and providers to enhance their well-being and professional effectiveness. With 15 years of experience in behavioral health, Wendy specializes in addressing burnout prevention, trauma-informed care, self-care strategies, and community engagement. Her work focuses on equipping professionals with the tools and strategies needed to maintain a healthy balance between service and self-care while enhancing their ability to support others effectively. As a certified ACE Trainer, CPR/First Aid and Tova Instructor, Certified Life Coach, and a Qualified Mental Health Professional. Wendy holds a BS degree from Liberty University in Multidisciplinary Studies and an MS degree from Northcentral University in Health Psychology. Wendy has conducted workshops, training sessions, and consultations on stress management, professional resilience, and holistic well-being. Her interactive and practical approach ensures that participants leave with actionable steps to improve their personal and professional well-being. Beyond the professional work, Wendy is passionate about advocating for mental health, domestic violence, and engaging in community outreach. She believes that a well-supported workforce leads to better client outcomes and a healthier work environment for all.

Dr. Dennis Morrison is the owner of Morrison Consulting which has provided consulting services to the behavioral health information technology field since 2017. In that role, he serves as Chief Clinical Officer for Eleos Health and Clinical Advisor for ContinuumCloud, providers of the Welligent EHR. Prior to that, he served as the Chief Clinical Officer for Netsmart Technologies from 2012 through 2017. From 2008-2012, he served as CEO of Centerstone Research Institute (CRI). CRI was recognized in IBM's Smarter Planet Series and won the Best Practices Award from TDWI (Transforming Data With Intelligence) for Leading Innovations in Business Intelligence and Data Warehousing. From 1995-2008, Dr. Morrison was the CEO of one of the merger partners that created Centerstone - Center for Behavioral Health (CBH). Under his leadership, CBH won the Joint Commission of Healthcare Organizations (JCAHO) Ernest A. Codman Award for excellence in the use of outcomes measurement and the Health Information Management Systems Society (HIMSS) Nicholas E. Davies Award for Excellence in the implementation of Electronic Health Records (EHR). CBH is still the only organization in the world to have won both awards.

Logan Nester is the Director of Marketing & Communications for Mount Rogers Community Services. He has more than 10 years of experience in Marketing, Public Relations, and Communications. Logan uses his background in healthcare, higher education, and local television to bring modern, effective marketing solutions to Mount Rogers' rural catchment area. At home, Logan is the proud father of 2 young children and is passionate about sports and agriculture.

Chris Parks is currently the Crisis Intervention Team Coordinator/Local Marcus Alert Coordinator for Highlands Community Services. Previously he served as the Regional Marcus Alert Coordinator for VA DBHDS' Region 3. He completed a 24-year, full-time, law enforcement career working for the Glade Spring Police Department, Abingdon Police Department, and the Washington County Sheriff's Office and currently maintains LE certification as a part-time deputy with the Washington County Sheriff's Office. During his career he was a Task Force Officer for the Drug Enforcement Administration overseeing multi-million-dollar cases spanning the United States. He is a certified instructor through the Department of Criminal Justice Services and has presented a variety of topics

most notably being the main instructor for the Southwest Virginia Law Enforcement Training Academy drug class. Chris is also a certified instructor through the Drug Enforcement Administration. He has also done many community presentations regarding drug hazards including presentations to the Department of Social Services, church groups and many medical organizations. In addition to local presentations, he has been a guest speaker with Assistant United States Attorney Zachary T. Lee at the “Top Gun” drug class facilitated by The Virginia Commonwealth’s Attorney Association. Recently, along with Kandace Miller, LCSW Chris has presented at VACSB and Crisis Con in 2024 on topics related to co-response.

Hallie Pence is the Executive Director of *Right Help, Right Now*, Governor Youngkin’s mental and behavioral health care transformation plan. In this role, she leads initiatives to strengthen services so that those in crisis have someone to call, someone to respond, and somewhere to go. She collaborates with partners to boost wellness and resiliency before, during, and after crisis, with a special focus on improving mental health outcomes for Virginia’s youth. Previously, Hallie served as the Governor’s Deputy Policy Director, overseeing policy issues across a portfolio of state agencies, including Health and Human Resources, Veterans and Defense, Museum Arts, and Public Safety. Prior to her tenure in Richmond, she worked on Capitol Hill for several Virginia congressional members, leading policy and the appropriations processes and managing portfolios in Defense, National Security, Agriculture, and Education. Hallie grew up in the Shenandoah Valley and earned her bachelor's degree from the University of Virginia, double majoring in philosophy and government with a minor in Buddhism. At UVA, she was a program director and volunteer for Madison House’s Big Brothers Big Sisters and captained the Women’s Ski Team.

Cheryl J. Roberts is the Director of the Virginia Department of Medical Assistance Services (DMAS), which serves 1.9 million Virginia’s citizens with a \$24 billion annual budget. She leads and supports the Department’s Executive Leadership Team, DMAS staff, coverage, programs, contracts, operations, and finance in their mission to provide health care coverage and high-quality health care. She has extensive experience in population health, managed care delivery systems and operations. Previously, she was the Deputy for Programs and Operations at DMAS, as well as health plan executives in both the Medicaid and commercial sectors. Cheryl is a graduate of the City College of New York and Rutgers University School of Law. She serves as the Governance Committee Chair for the National Association of Medicaid Directors. She is also on the executive committee for the National Association of State Health Policy.

Anne Rogers , M.Ed., ABD, CHES is the Problem Gambling Prevention Coordinator for the State of Virginia. Working within the Department of Behavioral Health and Developmental Services she coordinates across the agency, with other State Departments, and with colleges, organizations and the CSB's. She has been in this role for 4 years. Prior to this she worked for over 25 years in Prevention and Public Health with a primary focus on substance use and mental health.

AnneMoss Rogers is a TEDx speaker, trained mental health and suicide prevention speaker, and author. After losing her son to suicide, she transitioned from owning a digital marketing firm to keynoting and training on suicide prevention and mental health in schools, workplaces, and conferences. Through her own personal experience of loss, Anne Moss uses her authenticity and know-how to teach and support others with relatable content, evidence-based information, and strategies for engaging in conversation on difficult subjects. She was the first non-clinician invited to speak at the National Institute of Mental Health on Youth Suicide and was one of the editors of the American Academy of Pediatrics’ Blueprint for Youth Suicide Prevention. She’s been featured in the New York Times, Variety Magazine, and interviewed by CNN’s Erin Burnett on teen suicide at the prestigious Billionaire’s Summer Camp in SunValley Idaho. She focuses on fostering wellness and preventing suicide in universities, K-12, and workplaces.

T Schweimler (they/them), MA, is a Research Manager at OMNI providing project leadership and support with content area expertise in public and behavioral health and human development. T has established expertise in supporting problem gaming and gambling prevention efforts, including leading a statewide needs assessment in Virginia to identify local and statewide problem gambling and gaming prevention priorities, providing facilitation support for the Virginia Statewide Problem Gambling Treatment and Support Advisory Committee, coordinating a city-wide needs assessment exploring young adult gaming and gambling experiences in Medford, MA, and providing ongoing support to service providers working to implement problem gaming and gambling prevention efforts at the community level.

Nelson Smith was appointed by Governor Glenn Youngkin in 2022 to be the commissioner of the Virginia Department of Behavioral Health and Developmental Services (DBHDS), a state agency that operates 12 state hospitals and facilities with over 6,000 employees and oversees a \$2.5 billion system that annually serves 217,000 Virginians and families struggling with behavioral health disorders and developmental disabilities. Nelson is a seasoned healthcare leader whose commitment to team building and employee empowerment has helped him achieve significant progress in delivering critical services to the citizens of Virginia. With his extensive background as CEO of several hospitals, he successfully implemented initiatives to improve access, quality, and efficiency in both inpatient and outpatient settings. He continues to prioritize the most vulnerable and overlooked populations in society, ensuring they receive the highest quality of care. With a strong foundation in faith, family, and love of country, Nelson

remains dedicated to improving the lives of those he serves. Before joining the private sector, Nelson served in the U.S. Army's 5th Special Forces Group, where he was recognized with numerous awards for his exceptional leadership and bravery. He received the Purple Heart, four Bronze Star Medals, including one with the "V" device for Valor, and the Green Beret. After retiring from the military, he pursued an MBA from Kellogg School of Management at Northwestern University and transitioned to a career in behavioral healthcare administration.

Debbie Staton-Stehling serves as the Vice President of Operations of Long Term Supports and Services. Currently Debbie oversees Monarch's Long Term Supports and Services, which include Residential Support Services, and Remote Technology enabled supports. Debbie has over 28 years of experience leading a whole host of I/DD services, from birth to senior adult. Debbie has worked primarily with non-profits and served as a consultant to a Managed Care Organization, specific to the I/DD population, in transforming Medicaid Managed Care. Debbie has served on multiple boards, including Arkansas Waiver Association Board, Developmental Disabilities Providers Association Board, as well as other stakeholder related associations and committees.

Brandi Tinsley, LCSW is a Director of Quality Improvement and Risk Management with over 15 years of experience supporting children and families affected by trauma. As the Director of Quality Improvement and Risk Management at UMFS in Richmond, VA, she leads strategic initiatives to enhance service delivery, ensure regulatory compliance, and implement data-driven improvements. She also contributes to national standards as a COA Peer Reviewer. Over her 12-year tenure at UMFS, Brandi has held key leadership roles, including Senior Project Manager for Systems of Care Expansion Grants and the Virginia Wraparound Implementation Center. She has a proven track record of driving innovation, overseeing substantial budgets, and managing federal reporting requirements. Her leadership has strengthened collaborative services and advanced evidence-based practices within the organization. Brandi earned her Master of Science in Social Work from the University of Louisville and a Bachelor of Social Work from James Madison University. Passionate about giving back, she actively volunteers as a Big Buddy at Comfort Zone Camp, a Mentor for youth at the UMFS Child & Family Healing Center, and a Volunteer with the Henrico Humane Society. Committed to continuous growth and service, Brandi remains dedicated to improving systems that empower children, families, and communities.

Angela Torres, Ph.D., ABPP (Forensic) is the Senior Director of Forensic Services and Chief Forensics Officer for the Department of Forensic Services at the Virginia Department of Behavioral Health and Developmental Services. In this role, she manages forensic services at the state hospitals, the DBHDS portion of the sexually violent predator program, juvenile justice and behavioral health initiatives, the juvenile competence restoration program, the forensic evaluation oversight system, jail diversion programming, and other state-wide initiatives at the intersection of behavioral health and justice. Dr. Torres is board certified in forensic psychology by the American Board of Professional Psychology. Prior to her current position, Dr. Torres was the Chief Forensic Coordinator at Central State Hospital, the Region IV Jail Team Supervisor, and the DBHDS Forensic Evaluation Oversight Manager. She has experience completing various forensic evaluations in Texas, Virginia, and the Federal system. She is involved in legislation and policy development regarding mental health and criminal justice. Dr. Torres lectures on behalf of DBHDS and the University of Virginia's Institute of Law, Psychiatry and Public Policy, and routinely collaborates with the ILPPP on research projects addressing Virginia's forensic services and the practice of forensic evaluations. She is also the Vice Chair of the Forensic Executive Council for NASMHPD and serves on various behavioral health and justice workgroups on the state and national levels.

Brandie Williams M.Ed., Ed.S. has over 20 years of experience serving individuals with Behavioral Health needs and Developmental Disabilities. For the past 16 years, Brandie has worked at the Rappahannock Area Community Services Board. In her role as Deputy Executive Director, she brings subject-matter and operational knowledge of integrated care, data analytics and behavioral health care to support use of analytics to improve clinical performance, patient health, and organizational efficiencies. Throughout her professional career, Brandie has fostered a deep passion for the opportunities created by advanced science and technology in the health and human services quality improvement space. She believes building and growing a high-quality workforce is the foundation for meeting our community's needs.

Eric Williams is currently the Director for Office of Provider Network Supports and Acting Assistant Commissioner of DD at the Department of Behavioral Health and Developmental Services (DBHDS). Prior to becoming Director, he was a Community Resource Consultant. He has 33 years of experience in human services and was part of the first transitional apartment-based housing program at CVTC in the early 1990s, has experience in direct support, CSB support coordination, as well as system change and development at DBHDS. He works with a diverse set of agencies in ensuring Virginia's ISP meets the intent of person-centeredness, as well as state and federal standards. Eric has a master's degree in social work from Radford University.

Jamie Wood, Associate at Woods Rogers Vandeventer Black, PLC, has experience representing clients in complex civil and commercial litigation matters, including conducting extensive discovery and briefing dispositive motions. She also advises healthcare clients on regulatory compliance matters. Jamie joined the firm after completing a judicial clerkship with the Hon. Thomas T. Cullen, U.S. District Judge for the Western District of Virginia. She earned her law degree from the University of

Richmond School of Law, where she served as the annual survey editor for the University of Richmond Law Review and received the Charles T. Norman Award for Best All-Around Graduating Law Student. During law school, she was a judicial intern to the Hon. Roger L. Gregory, Chief Judge of the U.S. Court of Appeals for the Fourth Circuit and the Hon. John A. Gibney, Jr., U.S. District Judge for the Eastern District of Virginia.

**Virginia Association of Community Services Boards
Children & Family Services Council
May 8, 2025, 2:30 – 5:00 PM ROOM: Norfolk I**

AGENDA

Welcome and Introductions

Partner Updates and Related Council Q&A/Discussion

- DBHDS – Office of Child & Family Services
- CCCA – John Hamric
- OCS – Scott Reiner

Open Council Dialogue

- New QMHP regs
- Behavioral Health redesign updates

Regional Crisis Updates ► Regions 1, 2, 3, 4, and 5

- Regional Program Information Sharing

VACSB Committee Updates

- Administrative Policy (Whitney)
- Development & Training (Morgan)
- Finance (Cathy)
- Public Policy (Paulette)
- Quality & Outcomes - (Cathy)
- Regulatory (Paulette)
- DMC (Rebecca)

Set meeting dates for upcoming year

Adjournment

AGENDA

Welcome

Shannon Clark

- DS Directory Updates

Natacha Dolson

Announcements/Reminders

Shannon Clark

- Part C Updates

Kyla Patterson

- DBHDS Updates
 - DOJ Updates
 - Waiver Updates

Heather Norton, Eric Williams

Nicole DeStefano

- DMAS Updates

Ann Bevan or Jason Perkins

Closed Session: DD Council and State Partners Only

- Memo Follow-Up Discussion

Closed Session: DD Council-Only Discussion

Regional Updates

- Region I: *Donna Higgs*
- Region II: *Sierra Simmons*
- Region III: *Shannon Clark*
- Region IV: *Johnnie Cuningham*
- Region V: *Linda Butler*
- CoCoA: *Alison Standring*

VACSB Committee Reports

- Public Policy *Sierra Simons*
- Services Development *Tina Martina*
- Regulatory *Wendy Guillion*
- Development & Training *Shannon Clark*
- Administrative Policy *David Meadows*
- Data Management *Tim Capoldo*
- Quality Leadership *Pam Wallace*
- Quality & Outcomes *Wendy Guillion*

Next meetings:

August 18, 2025, 10 AM, Virtual (link to follow)

**Virginia Association of Community Services Boards
Emergency Services Council
May 8, 2025, 2:30 – 5:00 PM ROOM: Norfolk VI**

AGENDA

- I. Welcome / Roll Call / Announcements
- II. VHHA Discussion/Virginia Crisis Connect
- III. DMAS – Laura Reed – Q & A
- IV. DBHDS Crisis Services Updates
 - a. Bill Howard
 - b. Lars Messerschmidt
- V. DBHDS - Alternative Transportation Updates
 - a. Gail Paysour/Dustin Wilcox
- VI. Committee Updates
 - a. Public Policy Committee Update – Sarah Gray
 - b. PRMC Update - Heather Baxter
 - c. Training Committee – Natasha Randall/Ashton Morse
- VII. General Topics
 - a. Meeting w/ VACSB reps – May 29th, 2025
 - b. ES Council representatives for FY26
 - c. Crisis Receiving Centers
 - d. Mobile Crisis
- VIII. Regional updates:
 - a. Region 1: Chris Barnes
 - b. Region 2: Heather Baxter
 - c. Region 3: Kelly Koebel
 - d. Region 4: Sarah Gray
 - e. Region 5: Gina O’Halloran
- IX. Open Floor:

Next Meeting: June 5, 2025 – 3:00 – 5:00 pm

**Virginia Association of Community Services Boards
Finance Directors Council
May 8, 2025, 2:30 – 5:00 PM ROOM: Hampton I**

AGENDA

An agenda will be provided on the day of the meeting.

**Virginia Association of Community Services Boards
Human Resources Directors Council
May 8, 2025, 2:30 – 5:00 PM ROOM: Hampton II/III**

AGENDA

- Welcome/introductions/Agenda (Crystal Homer, Chair)
- Approval of Minutes of January meeting
- DBHDS Updates/ Workforce Reporting
- Legal Updates with Woods Rogers
- Next Meeting Date/Agenda (Cindy Lewis, Vice-Chair)
- Adjournment

The collage features a central circular graphic divided into four quadrants labeled **EXPLORE**, **LEARN**, **GROW**, and **DISCOVER**. The background includes stylized mountain and tree graphics.

- HANDS-ON:** Shows various physical cards from the "Stages of Change" program, such as "MAINTENANCE STAGE", "ACTION STAGE", "PREPARATION STAGE", and "CONTEMPLATION STAGE". Some cards include text like "I am asking others for help" or "I want to quit and I am committed to".
- ONLINE:** Displays a tablet screen showing a digital version of the "Stages of Change" program interface, featuring a circular progress indicator and interactive elements.
- R1 DISCOVER:** A separate section at the bottom right shows a hand holding a card that says "I am beginning to see that some of my current problems are the result of my drinking or using".

R1 LEARNING

R1 Learning is an education company providing standardized, evidence-based, interactive curriculum for mental health & wellness, substance use & addiction, and life skills.

R1LEARNING.COM

Virginia Association of Community Services Boards
MH/SUD Services Council
May 8, 2025, 2:30 – 5:00 PM ROOM: Norfolk V

AGENDA

I. MH/SUD Chairs and Co-Chairs Introduction, Welcome, & Roll Call

- LeNelle Mozell, SUD Council Chair, lmozell@pwcgov.org
- Tim May, SUD Council Co-Chair, Tim.May@nwcsb.com
- Alisha Wright, MH Council Chair, awright@southsidebh.org
- Michele Ebright, MH Council Co-Chair & Council Secretary, mebright@crossroadscsb.org

II. MH/SUD Council Representatives acknowledgments and updates (if any)

- **Public Policy** – Bill Rooney, Alexandria
- **Data Management Council** – Susan Chittum, Allegheny Highlands
- **Training and Development Committee** – Ryan Banks, Encompass Community Supports, Debra O’Beirne, Fairfax-Falls Church
- **Regulatory Committee** – Michelle Ebright, Crossroads
- **Finance Committee** – KJ Holbrook, Mount Rogers
- **Quality and Outcomes Committee** – Jodie E. Burton, Danville-Pittsylvania

III. Peer Support Services Subcommittee report – Robyn Hantelman, Encompass Community Supports & Robyn Collins, Harrisonburg-Rockingham CSB

IV. DBHDS Reporting – OSUS/SOR Update – Marie Bage; ORS Updates – Alethea Lambert

V. Discussion on fallout for CSBs from Federal cuts

VI. CSB Announcements/Kudos

VII. Next Meeting Dates

Aug 1, 2025 - Virtual
Oct 2, 2025- VACSB
December 5, 2025- Virtual

VIII. Adjournment

**Virginia Association of Community Services Boards
Quality Leadership Council
May 8, 2025, 2:30 – 5:00 PM ROOM: HAMPTON VIII**

AGENDA

1. VACSB Committee/Council Reports
 - a. Cardinal/CCC Plus/Medallion 4.0
 - b. Regulatory Committee
 - c. Others?
 2. DBHDS Updates
 3. DMAS Updates
 4. Regional Meeting Updates
 - a. Region 1
 - b. Region 2
 - c. Region 3
 - d. Region 4
 - e. Region 5
 5. Recent Audits/Outcomes/Trends
 6. Additional Items from the Council At Large
-

**Virginia Association of Community Services Boards
Prevention Services Council
May 8, 2025, 2:30 – 5:00 PM ROOM: HAMPTON VI/VII**

AGENDA

An agenda will be provided on the day of the meeting.

Virginia Association of Community Services Boards
Executive Directors Forum
May 8, 2025, 2:30 – 5:00 PM ROOM: Chesapeake

AGENDA

- I. Call to Order, Welcome and Introductions – *Ingrid Barber*
- II. Additions to the Agenda
- III. DBHDS Updates – *DBHDS Staff*
- IV. VACSB Reports and New Business
 - A. Environment at the Federal Level – *Group Discussion*
 - B. 2025 Session Wrap-up – *Jennifer Faison*
 - Interim Studies
 - C. STAC 2.0 – *Group Discussion*
 - Funding Formula Work Group
 - D. Crisis Services/MARCUS Alert – *Group Discussion*
 - E. QMHP Regulatory Changes – *Jennifer Faison*
- V. DMAS Updates – *Group Discussion*
 - A. Medicaid Redesign
 - 1. Case Management Work Group
 - B. DD Waiver Rate Study
- VI. Closed Session
- VII. Committee Updates
 - A. Administrative Policy – *Mark Chadwick/Ellen Harrison*
 - B. Public Policy – *Greg Preston/Mary Cole*
 - C. Regulatory – *VACANT*
 - D. Service Development – *MiMi Sedjat/Margaret Graham*
 - E. Quality & Outcomes – *Melissa Lucy/Brandon Rogers*
 - F. Training & Development – *Lisa Beitz/Melissa Lucy*
- VIII. Adjourn

**Virginia Association of Community Services Boards
Combined Board/Business Meeting
May 9, 2025, 9:00 AM ROOM: Marriott IV**

AGENDA

- I. Call to order/Welcome/Introductions – *Patrick Sowers*
 - A. VACSB Board Members Roll Call – *Stephanie Clark*
- II. Approval of Outcomes:
 - A. Board of Directors – 13 MAR 2025 (*previously distributed*)
 - B. Membership Business Meeting - 22 JAN 2025 Combined Board of Directors and Business Meeting (*pg.41*)
- III. Additions to the Agenda
- IV. Officers Reports
 - A. Chair – *Patrick Sowers*
 - B. Past Chair – *Angelo Wider*
 - C. 1st Vice Chair – *Gib Sloan*
 - D. 2nd Vice Chair – *Ingrid Barber*
 - E. Secretary – *Stephanie Clark*
 - Gartlan Award
 - F. Treasurer – *Bernetta Watkins*
- V. Action Items
 - A. Membership: Endorsement of FY 26 Slate of Officers (pg. 52)
 - B. Membership: Endorsement of FY 26 CSB Board Member Regional Representatives (pg. 52)

Council Reports

 - A. Children & Family Services – *Cathy Brown/Paulette Skapars*
 - B. Developmental Services Council – *Shannon Clark/LaVoyce Reid*
 - C. Emergency Services Council – *Kim Woodlee/Ashton Morse*
 - D. Mental Health Services Council – *Alisha Wright/VACANT*
 - E. Prevention Services Council – *Kelly Bulin/Melissa Ackley*
 - F. Substance Use Disorder Services Council – *LeNelle Mozell/Tim May*
 - G. Regional Programs and Services Council – *Lisa Beitz*
 - H. Finance Directors Council – *Danielle Sayre/Bill Fellows*
 - I. Human Resources Directors Council – *Crystal Homer/Cindy Lewis*
 - J. Quality Leadership Council – *Melissa Constantine/Laura Davis*
- VI. Committee Reports
 - A. Administrative Policy – *Mark Chadwick/Ellen Harrison*
 - B. Public Policy – *Greg Preston/Mary Cole (acting Vice Chair)*
 - C. Regulatory – *VACANT*
 - D. Service Development – *MiMi Sedjat/Margaret Graham*
 - E. Quality & Outcomes – *Melissa Lucy/Brandon Rodgers*
 - F. Training & Development – *Lisa Beitz/Melissa Lucy*
- VII. Regional Reports
 - A. Region 1 – *Rebekah Brubaker/James Sikkema/Barbara Barrett*
 - B. Region 2 – *Margaret Graham/Evan Jones/Voneka Bennett*
 - C. Region 3 – *Rebecca Holmes/Jane Carlson/Debbi Knox*
 - D. Region 4 – *Laura Totty/Charnessa Pleasant/Bernetta Watkins*
 - E. Region 5 – *Darryl Pirok/Bea Dahlen*
- VIII. VACSB Reports and New Business - *Jennifer Faison*
 - A. Environment at the Federal Level

- B. 2025 Session Wrap-up
 - Interim Studies
 - C. STAC 2.0 – Group Discussion
 - Funding Formula Work Group
 - D. Crisis Services/MARCUS Alert
 - E. QMHP Regulatory Changes
- VIX. DMAS Updates – *Jennifer Faison*
- A. Medicaid Redesign
 - Case Management Work Group
 - B. DD Waiver Rate Study
- X. Executive Director’s Report – *Jennifer Faison*
- XI. Other Items/Announcements
- XII. Future Meetings
- A. 23 JUL 2025 Hybrid at VACSB or via Zoom
- XIII. Adjourn



BELIEVE-N-U RESIDENTIAL SERVICES

ABOUT US

Believe-N-U Residential Services provides individualized care plans, life skills training, and a supportive community for adults with special needs. Our compassionate staff empowers residents to reach their full potential through personalized care and engaging activities.

WHY CHOOSE US?

- **Personalized Care:** Our individualized care plans cater to the unique needs and goals of each resident.
- **Supportive Community:** Our residents benefit from a warm and inclusive community that fosters social interaction and emotional well-being.
- **Skilled Staff:** Our dedicated staff is committed to providing compassionate and professional care, ensuring the safety and happiness of our residents.

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**Virginia Association of Community Services Boards
Combined Board of Directors and Business Meeting
JANUARY 22, 2025, 9:00 a.m.**

OUTCOMES

Board of Directors Members in Attendance: Patrick Sowers, Ingrid Barber, Angelo Wider, Stephanie Clark, Bernetta Watkins, Laura Totty, Phil Caldwell, Greg Preston, MiMi Sedjat, Margaret Graham, Mark Chadwick, Ellen Harrison, Lisa Beitz, Brandon Rodgers, Barbabra Barrett, Evan Jones, Voneka Bennett, Rebecca Holmes, Jane Carlson, Pauletta Skapars, Shannon Clark, LaVoyce Reid, Kim Woodle, Ashton Morse, Cindy Lewis, Alisha Wright, Melissa Ackley, Laura Davis, LeNelle Mozell

Board of Directors Members Not in Attendance: Gib Sloan, Melissa Lucy, James Sikkema, Debbie Knox, Charnessa Pleasant, Ed Gonzalez, Darryl Pirok, Bea Dahlen, Cathy Brown, Danielle Sayre, Bill Fellows, Crystal Homer, Kelly Bulin, Melissa Constantine, Tim May

CSB Membership in Attendance: Alexandria, Alleghany Highlands, Arlington County, Blue Ridge, Chesapeake, Chesterfield, Colonial, Crossroads, Cumberland Mountain, Danville-Pittsylvania, District 19, Eastern Shore, Encompass, Fairfax-Falls Church, Goochland-Powhatan, Harrisonburg-Rockingham, Henrico, Highlands, Horizon, Loudoun, Mount Rogers, New River Valley, Norfolk, Northwestern, Piedmont, Planning District One, Portsmouth, Prince William, Rappahannock, Region Ten, Richmond, Southside, Valley, Virginia Beach, Western Tidewater

CSB Membership Not in Attendance: Dickenson, Hampton-Newport News, Hanover, Middle Peninsula-Northern Neck, Rockbridge

- I. Call to Order/Welcome- Patrick Sowers called the meeting to order and welcomed attendees.
 - A. Board of Directors Roll Call- Stephanie Clark called the roll and confirmed a quorum was present.
 - B. Membership Roll Call- Stephanie Clark called the roll and confirmed a quorum was present.
- II. Approval of Outcomes: Patrick Sowers
 - A. Board of Directors: December 11, 2024
 - **OUTCOME:** Upon motion and second the outcomes were approved unanimously as previously distributed.
 - B. Membership Business Meeting October 4, 2024
 - **OUTCOME:** Upon motion and second the outcomes were approved unanimously as previously distributed.
- III. Additions to the Agenda: There were none.
- IV. Officers Reports
 - A. Chair- Patrick Sowers
 - Patrick Sowers shared his gratitude in being able to work with everyone in the CSB network and is looking forward to positive change within the new year of 2025, while emphasizing the importance of keeping self-care at the forefront to better serve clients and other individuals. He ended by announcing that he had the pleasure of speaking with the budget committee on the governor's proposed budget and that the committee is waiting to hear back on requests that were made regarding increases.
 - B. Past Chair- Angelo Wider had no report.
 - C. 1st Vice Chair- Glib Sloan was not in attendance to report.
 - D. 2nd Vice Chair- Ingrid Barber reported the following from the previous day's Executive Directors Forum:
 - New Executive Directors were welcomed.
 - The Leadership Team from DBHDS gave reports on the following:
 - Heather Norton provided an update on the ending of the DOJ settlement agreement and thanked all stakeholders for their participation in helping this to happen. The judge signed a permanent injunction related to the settlement agreement and it was reported that in 2020, there were 317 indicators and there are now 62. Some of the successes include eight out of 10 behavioral health homes purchases, tremendous progress on support coordination quality reviews, crisis assessments for DD, 988 campaigns, and CTHs for regions two, three, and five. More than 50% of the items in the permanent injunction are being worked on. DBHDS will still have to do a semi-annual report in coordination with two more years with the independent reviewer and the judge. This will be shared with the DOJ and the judge. Feedback will be requested on some of the system processes that are being duplicated that can be eliminated.
 - Angela Harvell gave an update on the state hospitals and introduced her staff. A description of their new roles in reorganizing and restructuring infrastructure operations was provided. The goal is clinical safety and to standardize systems across all the state hospitals. Discussion was provided on the implementation of the discharge medications protocol, which will go into effect March 1st, being open to flexibility. Virginia Crisis Connect, EBL and discharge housing efforts were discussed with the primary goal being to integrate those coming out of the state hospitals and into the community.

- Craig Camidge provided reports on the EDW project and the sunset of CCS3 with a planned date of June 30th, 2025. Tremendous progress is being made with the electronic health record vendors. Funding for the EDW was incorporated with the CSB funding code 790 grants to localities, this funding will be distributed to the regional fiscal offices while part of it will be invoiced back to the state to cover the project.

E. Secretary- Stephanie Clark

- No report.

F. Treasurer- Bernetta Watkins reported the following:

- The monthly review of the association's finances shows the association is financially sound and on track for this month's budget.

V. Council Reports

A. Children and Family Services Council- Paulette Skapars reported the following from the previous day's council meeting:

- Standing agenda items were discussed, including regional crisis updates (regions 1-5) and VACSB committee updates.
- Committee positions within the Child and Family services arena are in need of being filled, the council is seeking assistance from CSBs to encourage staff to join.
- Kari Savage and Katharine Hunter from the Office of Child and Family Services at DBHDS met with the council and discussed the following:
 - Discussion primarily focused on school-based mental health and the changes that have recently happened regarding some of those funds being converted over to FQHCs. A RFI went out last year and RFPs are currently being worked on to uphold those to try to garner interest.
 - Clarification was provided on school-based mental health services that obtain funding through the General Assembly. This funding is received through approximately three different sources. Carry Forward from FY24 was approved by the General Assembly and is scheduled to end this fiscal year, June 30th, 2025. There are also state general funds that were backfilled following the changes in the funding and looking toward FQHCs. These state general funds that are coming through block grant dollars and that end on the federal fiscal year on September 30th are still anticipated to immediately pick back up on October 1st.
 - Information was provided regarding a needs assessment that was completed with one of the DBHDS partners for Omni in relation to adolescent SUD treatment services. This is in the final implementation planning stage, more information should be coming out soon.
 - Recovery high schools and the department's efforts to try to stand those up in other localities was discussed. Recovery high schools in Chesterfield have reported positive results.
 - Nina Marino, formerly with DBHDS and currently with UMFS, met with the council to address any gaps in the child and family service system that UMFS may be able to help fill as she will be moving into a program development and expansion role.
 - During the open council dialogue, hiring and staff development was a number one topic of discussion as well as challenges in those areas. A robust discussion also took place regarding the new DMAS outlined service structure for CPST.

B. Developmental Services Council: Shannon Clark and LaVoyce Reid reported the following for the council:

- The permanent injunction has been signed by Judge Gibney.
- Heather Norton with DBHDS met with the council and discussed the following:
 - There are several initiatives going forward that are working well to continue to grow and develop developmental services throughout the state of Virginia. The next initiative from DBHDS is to evaluate developmental services in reviewing where things are being duplicated that can be put into one and streamlined to become more systematic regarding documentation.
 - A more intentional 988 campaign for the IDD population was discussed.
 - Additional residential services regarding high-risk behavioral homes have been developed in regions one, two, three, and five.
 - An update was given on REACH Out of Home Crisis Prevention who are working on private duty and skilled nursing outcomes regarding dental services.
 - Quality service monitoring and what this process will look like while still including ECM was discussed.
- Eric Williams with DBHDS met with the council and provided the following updates:
 - The new CRC will be coming on board February 10th within one of the regions in Virginia.
 - A focus given to updating the 4.0 version of the WaMS plan was discussed.
 - Potential updates for the part five provider plan as well as the process of streamlining DSP competencies and ECM outcomes were discussed.

- Nicole DeStefano, who oversees waiver services with DBHDS, met with the council and provided the following updates:
 - An update was given on a waiver waitlist review that was recently completed for individuals who are priority 1, 2, and 3, which reported out that most CSBs across the board have been able to reduce their priority 1 list, largely in large part to the increase of waivers that are being received through the general assembly. However, some of the smaller CSBs reported that individuals are being incorrectly reprioritized as priority 1. As the waitlists are going down from priority 1 and moving individuals from 2 and 3 up it is important to make sure that they meet the criteria for priority 1. Feedback on the Slot Assignment Review Form (SARF) is being provided by the Slot Assignment Committee in looking at allocating slots as to whether some of the cases that they are reviewing are suitable for the priority 1 classification. Slot utilization was also reviewed, and the committee will be making efforts starting in February to reach out to individuals and their families that have not used their allocated slots to better understand the reasons for the delay. The department will be contacting these individuals and their designated reps by phone. CSBs will be kept informed as to when individuals in their CSB will be contacted along with the outcomes.
 - Emergency and Reserve slot processes were discussed. A reminder was given to CSBs to ensure that they are appropriately categorizing individuals for these slots and that they meet the criteria for either the reserve or the emergency slots. An additional reminder was given in regard to when requesting a Community Living slot, which is the higher tier that is required for someone living in a group home through either the emergency or the reserve, to make sure that a provider for that service is already identified.
- Transfers and Intakes: For transfers DBHDS will be providing information to DMAS, referring to psychological evaluations. If there are discrepancies or differences between one CSB to another CSB where one CSB may have found someone eligible based on a review of the psychological evaluation, but another CSB did not, DBHDS and DMAS can be reached out to and consulted, for the appropriateness of that case in doing intakes and transfers.
- Quality Assurance: CSBs will be notified when outreach is conducted regarding a 150-day delay in linking to services. Once an individual has a waiver and it has been assigned active, the individual can take up to 150 days to link to those services. Reviews will be conducted in terms of understanding the delays when it is taking up to that timeframe.
- Waiver Slot Bill Clarification: Discussion was had surrounding individuals using waivers within 30 days, referring to once a waiver is assigned to them and it is taking up to 30 days to accept the waiver. There is a bill proposed in terms of reviewing this.
- Supports Intensity Scale (SIS): Providers use this to determine rate reimbursements for individuals with a waiver. This process will proceed with a new provider, the public consulting group (PCG). In terms of whether the support coordinator can attend, they are looking at a minimum of two individuals. It is encouraged for support coordinators to be present. Information on individuals who are overdue for assessments with a deadline of 2024 has been sent out to support coordinators and families. Any feedback on SIS evaluations and processes can be submitted to DBHDS.
- WaMS is undergoing some changes to enrollment. It is currently under consideration to put past SIS assessments in WaMS, which will eliminate a completely different portal that support coordinators would have to go into to access this.
- Some are being auto approved for service authorization as of January to help expedite the review process. This minimizes some of the delays that have been seen and heard from families about services getting started.
- Britt Welch with Quality Assurance at DBHDS met with the council and provided the following updates:
 - Updates were given on the Multi Agency Review Team (MART) and the Expansion, Consultation, and Technical Assistance (ECTA). MART is a repository designed for uploading policies, reviews, and other aspects for multiple entities that do audits and licensing reviews so that duplicate documentation does not have to be sent. Currently there are 37 out of the 40 CSBs that are participating in this. While it is not a requirement, it is strongly encouraged.
 - There was a 54% response rate on a recent ECTA. The consultation and technical assistance survey was also discussed.
- Ann Bevan with DMAS reported the following:
 - 90% of the HCBS reviews have been completed and are on track to be finished by December 2025.
 - Requirements for service facilitators, LRI, HCBS, and ACT are still under review.
 - The request to continue 365 days of waiver use after 2026 was not supported as it was intended; however, was utilized as quickly as possible.

- A question was presented regarding DD providers considering behavioral health providers. There was some discussion about accurate results when providers had reviews in making sure that once those corrections were done the report updated and what this process looks like.
- Healthy discussion was had regarding concerns of the waiver waitlist and ensuring that all the necessary individuals were able to receive access to slots with varying qualifications as well as a clearer construction needing to be created for priority placements.
- The next council meeting will be held on March 17th, 2025, in Henrico.

C. Emergency Services Council:

- Gail Paysour and Dustin Wilcox from the Alternative Transportation Project met with the council and gave updates on the following:
 - A procurement process is currently in the works for the extension of the Allied contract, no decision has been made yet. Updates to this are expected within the next week.
- Pilots in Region 1 and in Southwest Virginia are continuing. The alternative custody pilot is going well. The S-COPS that are taking custody of individuals under a TDO are averaging about 14 hours of custody for individuals, which allows law enforcement to get back on the road and perform critical duties. This also allows emergency services staff extra time to work to find private placement versus those individuals being dropped off at state facilities by law enforcement who are unable or unwilling to maintain custody once that TDO is issued. Out of 382 individuals that were in custody, only two had what were termed significant events, which speaks to the success of that program. Additionally, only 11% of those 382 required the use of restraints. The RFP process for this program expansion is still open and no specific details were able to be shared in terms of what that will look like beyond its current state in those pilot projects.
- Multiple representatives from DBHDS met with the council yesterday and discussed the following:
 - DBHDS partnered with ILPPP and provided training in various topics such as risk assessment and other relevant matters. Positive feedback was given on these trainings by CSB staff. These trainings are looking to be continued into the current year to begin between March and May. The council requested that the training be provided virtually due to CSBs not being able to send many staff to in-person trainings as result of staffing issues. Online modules for onboarding staff were also suggested for these trainings. These suggestions will be taken for consideration.
 - An update on the Riverside Pilot was provided, which is where a hospital system has its own pre screeners and are doing the evaluations in their emergency department. As it is still early in the process there have been no real significant changes in the number of ECOS and TDOs to date. However, the one consistent report that CSBs provided was that there is delayed communication between Riverside to CSBs in regard to whether they are serving an individual of a specific CSB. This will be taken back to their monthly meetings to be addressed again.
 - There is work underway to simplify the process for the Executive Director Exception Report Form to really reserve this for sentinel events. As this was the original intent of the form versus the interruption in the Civil TDO process. There is a new form that is going to come out and is in the review process. It would be the interruption in the Civil Commitment form which details where challenges arise in the Civil Commitment Process so that those things still get reported to the department but does not make it all the way to the executive director to take up their time for signatures.
 - Mobile Crisis: DBHDS is meeting with a lot of private providers to try and troubleshoot any problems to work to ensure the fidelity of their responses. Looking particularly at those who respond within a minute and other aspects that may not look feasible. This is being monitored in working with those providers to resolve such issues.
 - Stakeholder training is being provided which involves going out into the community and providing information about what the crisis continuum looks like in terms of the pieces and parts, this has been receiving positive feedback.
 - MARCUS Alert: There is a data form that is currently going through the review process for co-responder data. The primary goal with this is to ensure that the outcomes speak the same language, as most of the MARCUS Alert programs are designed differently. Each one has different nuances based on their location. As a result, DBHDS wants to make sure that the data they are collecting is consistent and representative of the program as a whole.
 - Bill Howard provided the following update on the Virginia Crisis Connect System: Currently, all CSBs are online with the referral management tool, which means that when a referral is made to the state hospital, this information is able to be uploaded directly to the system rather than it having to be faxed out multiple

times to multiple facilities and employees. All of this information is uploaded so the state hospitals can then access that information from the system. All CSBs are currently doing this for state facilities. As of February 10th, it will be requested that all private facilities be online with this process as well. This will save a lot of time and streamline the process. The next phase of that project is then to bring on the CSUs once all the privates are up and going. Information on what data can be collected from that system is also being reviewed, in terms of how long it is before an individual gets placed, which hospitals are accepting quickest and other relevant information. The priority is not so much to get into the data piece currently as it is to get the private facilities to agree to participate and get them in the system. Once this is completed, the work to gather this data will continue.

- Suzanne Mayo and Dr. Shariff Tanious, the new Chief Medical Office for DBHDS met with the council and discussed changes looking to be made regarding the admission process in order to simplify that. This includes the medical clearance piece, aiming for a standardized process across all state hospitals.
 - As various CSBs are in differing stages of development with their CSUs or crisis receiving centers, there have been concerns regarding some licensing requirements. Concerns include the number of showers, toilets and wash basins per chair/bed. CSBs have had to renovate blueprints and plans and change existing facilities. One CSB reported that their initial plan was to have 16 or 18 youth adult chairs in the same facility which would cause them to be designated as an IMD. Following the changes, their decision was to start with adults and move onto children once they can get a waiver for that. Other CSBs are in the construction phase.
- D. Mental Health and SUD Services Council- Alisha Wright & LeNelle Mozell reported the following from the previous day's council meeting:
- Meridith Nusbaum with DBHDS met with the council and provided updates on the following:
 - STEP-VA currently has a work group in process, which has had its first meeting. The work group is looking at taking a holistic approach of breaking all the aspects down and looking at how the steps will be implemented in the future.
 - There is an RFA for remaining ATPA funds that is currently available in web grants and closes in March.
 - A comprehensive definition for case management versus care coordination was provided and found to be helpful. It was stated that care coordination is essentially getting individuals into services and where they need to go. These individuals may not need case management or may not meet criteria for case management. There is a manual coming out for care coordination that should be released around mid-April.
 - The peer subcommittee is continuing with the Recovery Conference in 2025, formally known as "Year of the Peer", the tagline is "We Thrive in 2025". The council's subcommittee has created additional subcommittees to look at the current issues that peers may be experiencing including: Supervision of Peers by Peers, Medicaid and Documentation Standards, and Hiring and Retention. The subcommittee has also developed a website to include these subcommittees, and this information will be sent out to membership once completed.
 - Virginia State police joined the council yesterday to discuss their Behavior Threat Assessment and Management (BTAM) team that is required by schools, but also available as a community-based procedure. BTAM is a tool that anyone in the community can use if they notice that there is an individual showing behaviors that could possibly lead to targeted violence but may not meet ECO criteria and may not meet any type of criminal procedure to where the police act. Kendall Plageman met with the council and shared their Pathway to Violence model and shared that training is available for agencies and communities who would like to consider more about behavior threat assessment and management.
 - A call for leadership was put out for both MH and SUD councils. The co-chair for the Mental Health council remains open, and around July 1st the chairs and co-chair may be stepping down from their positions.
 - Patrick Wessels with DBHDS met with the council and reported on the following:
 - In regard to the block grant reviews which are restarting, some CSBs have already received their letters on this information. The same process from last year will be continued, which is to have the SOR as well as the block grant there at the same time rather than having different meetings throughout the year and this will likely be a two-hour visit.
 - Information on SOR funding was received. A reminder was given that with the SOR grant funding there is an expectation that CSBs will reduce their request by 10% each year. Many CSBs noted this year that they received less than they asked for and this brought about concerns. CSBs should be aware that they are expected to reduce how much they are asking for because eventually this money will no longer be available. It was also noted that initially SOR grant positions were only supposed to be for four years, and the four years have just passed. This year everyone was restarted at year one, however this does not

necessarily mean a funded position will be provided for four years as this is not a long-term expectation. Some CSBs noted that they are not receiving information from SOR. It was stated that the information goes to executive directors and CFOs, however this information may not be reaching those that are running the program. As a result, updated emails will be provided for everyone on the committee to ensure this information is reaching the necessary people.

- SAMHSA expects contingency management in the funding that is received and they will be going through all CSBs grants while meeting with them to make sure that they are meeting this mandate. Now that everything is on web grants, they are looking to see how CSBs are spending their money. SAMHSA would like CSBs to start allocating their money in web grants as they're spending so they can keep track of how spending is going rather than just receiving the funds. SAMHSA will be reassessing, February is when they have a release of extra money, there will be an RFA out for when that happens.
- Candace Roney spoke about the new ASAM trainings. Many questions arose about when these trainings will start. The state has not yet decided and there are some work groups being formed around this. New dates have been released for other ASAM trainings which fill up fast. The plan is to train the CSBs or different areas to be able to offer the trainings themselves. There is no date yet for when ASAM will be used officially within the state or DMAS. Trainings are still being offered as available so that individuals can get trained on the new ASAM standards.
- Jennifer Faison announced that the VACSB is hosting a webinar with the Behavioral Health Threat Assessment Team with the Virginia State Police on January 31st and that invitation has gone out to all the executive directors.

E. Prevention Services Council: Melissa Ackley reported the following from the previous day's council meeting:

- The status of the council's two-year goals that were set for FY24-25 was reviewed. These goals included refining prevention council guiding documents and meeting structure to increase, increase clarity, efficiency, and productivity. Enhancing council members' knowledge of priority topics as indicated by a council member survey. Fostering increased collaboration and mentorship between council members and increased prevention of council's visibility and prioritization within VACSB. Specifics of these goals include the council establishing bylaws, creating a secretarial position, providing a council member survey, consolidating DBHDS reporting in council meetings including service reports, including prevention council representatives on all committees, and adding innovation sharing to meeting agendas.
- Colleen Hughes with DBHDS worked closely with the council to educate them on aspects of prevention leader turnover as there have been increases in this over the past few years. Over the last year and a half Colleen has created presentations and guiding documents related to the performance contract, reporting requirements, and funding dos and don'ts. Colleen has also created one pagers for all of the many different requirements of prevention programs. There is a one pager on counter tools, suicide prevention and other related material. The council has offered to include this in the minutes by request.
- A prevention supervisor training was also provided last week and will be offered again in the future.
- Discussion on region functioning was provided regarding regional funding. As some of this funding comes regionally, regions vary in how they structure the use of the funds, how its organized, and how closely they are aligned with their regional office. Regions 1, 3, 4, and 5 all shared their models, which were found to be really helpful in learning from each other to increase efficiency in some areas.
- Colleen Hughes with DBHDS met with the council and reported the following:
 - There are millions of JUUL settlement dollars at the Attorney General office that have not been spent because it has not been decided on how to allocate them. As a result, Colleen has pulled together a group of stakeholders at the state level to try and develop an allocation plan. The risk is always that it will all go to VFHY if this does not happen.
 - It was encouraged to seek reimbursement as soon as possible for any Mental Health First Aid seats or materials as well as Assist and Safe Talk materials. Reimbursement is now being offered by the state from a finite pot of money. Vouchers can also be purchased for the Mental Health First Aid virtual training, for future trainings. It is encouraged to do as much advanced purchasing as possible for this. Counter Tool materials should be received soon.
 - Prevention credentialing was discussed in the Prevention Supervisor training. The importance of prevention credentialing at the leadership level and across staff was emphasized as this has not been prioritized by the state or many localities. A deeper look regarding the criteria and the funding will be given in determining how to build capacity to increase certification in the state.

F. Regional Program Services Council: Lisa Beitz reported the following for the council:

- The Regional Programs and Services council has moved to an ad hoc council so that they can come together when needed and when top priorities arise that cross regions are needed to discuss and collaborate around. As the council is a whole of all the executive directors, if there are any needs anyone may have for the council, please reach out to Lisa Beitz, the executive directors, or Jennifer Faison for assistance.
 - The council has not met and had no additional report at this time.
- G. Financial Directors Council:
- No report.
- H. Human Resources Directors Council: Sydney Lewis reported the following from the previous day's council meeting:
- There were 34 people in attendance at the previous day's council meeting.
 - Melinda Roberts with DBHDS met with the council and discussed the following:
 - An overview of House Bill 1877 was provided.
 - Issues with the automated Central Registry Electronic System for obtaining CANIS reports were discussed. A contact was provided for any continuing issues with the system. Additionally, there may be a quicker turnaround for obtaining fingerprint results via mail if they are sent to a UPS or FedEx account.
 - A contact for the Virginia State Police was provided.
 - It was reported that the second quarter workforce reporting is due January 31st to DBHDS.
 - There have not been any reported changes to the QMHP status and requirements.
 - STEP-VA evidence-based training for clinicians may not be tracking correctly in some training systems and may require a system update.
 - The processing of sign-on bonuses for non-exempt staff as well as 403(b) plans used by other CSBs was discussed. Additionally, one CSB had their attorney approve their employee publicity release, which will be shared with other CSBs.
 - Maintenance and IT software that was used for tracking work orders were shared.
 - The top strategic goals for Human Resources departments and other best practices were discussed.
 - The next council meeting is scheduled for May at the VACSSB conference in Norfolk.
- I. Quality Leadership Council: Laura Davis reported the following for the council:
- The council last met on December 13th, 2024, there were 28 CSBs in attendance.
 - Britt Welch with DBHDS met with the council and gave updates on the following:
 - MART is a repository for policy, procedure, and different documents that do not contain PHI. This can be efficient for QA departments to participate in being that most auditors will ask for the same documents, policies, procedures, risk management plan, quality improvement plan, and other related items and this prevents having to produce those multiple times. One important update regarding this is that 7 CSBs out of the 37 participating CSBs have not updated their documents for 2025. This is important because a citation could be given for not having an up-to-date quality improvement plan, which will result in going through the process of having to complete the improvement plan.
 - Updates were given on the enhanced collaboration and technical assistance project being done. It is for all providers and not just CSBs. Data on this project reported that of those who participated and responded to the experience survey, 82% reported a better understanding of the difference between quality assurance and quality improvement.
 - The Office of Licensing provided updates on a memo from December about information to assist providers with meeting the DBHDS regulatory requirements. A 2025 inspection kickoff training for providers of developmental services was also provided in December. The recording of this training is now available on their website. Annual reviews start at the beginning of the new year, and this usually starts with developmental services.
 - CRC Regulations 23-hour: Discussion was had from the perspective of several CSBs having to request variances because they are not meeting certain structural, brick and mortar types of requirements. These regulations should be carefully reviewed if you are on track to get that license.
 - Taneika Goldman, Director for the Office of Human Rights with DBHDS provided a detailed presentation highlighting the human rights regulations that were out for public comment in October and had been reviewed, updated, and revised for non-controversial changes and to streamline and reduce redundancy, has now taken feedback from the Quality Leadership council as well as the comments from the last public comment period. Updates and reviews were also provided on this from the office of the Attorney General. These regulations are now out again, and the public comment period starts January 26th and lasts through February 27th. A lot of changes were made and CSBs are encouraged to review this to see if it alters their own policies and procedures.

- DMAs provided updates on the ASAM 4th Edition that was released last year. Virginia is still working through how they are going to implement this in the state. The council will be keeping track of and advocating for the arts manual to be updated to align with what the department adopts as far as the ASAM 4th Edition.
- The next council meeting will be held on February 14th via Zoom.

VI. Committee Reports

- A. Administrative Policy Committee- Jennifer Faison reported the following on behalf of Mark Chadwick and Ellen Harrison for the committee:
 - Mark and Ellen gave thanks to those who are helping with feedback and perspectives on the many aspects of the performance contract. Documents from DBHDs are currently being reviewed and discussed regarding the data exchange and the potential impact that it may have on the performance contract. The interim review is still ongoing, and the big review will start at the conclusion of the interim review process. The council is working with DBHDS to release the completed documents. A final opportunity will be given to review before the document is finalized for CSBs to be able to send out.
- B. Public Policy Committee- Greg Preston reported the following on behalf of the committee:
 - A reminder was given to become familiar with the budget priorities and to reach out to the generable assembly representatives to share these public policy priorities.
 - The Clearinghouse meeting took place on January 22nd at the VACSB conference in Richmond, Virginia.
 - A special thank you was given to Jennifer Faison, Ariel DeVoy, Mary Cole, and the Clearing House Committee.
- C. Regulatory Committee- Jennifer Faison reported the following on behalf of the committee:
 - The Regulatory committee is being revitalized by Mary Cole, individuals on the Quality Leadership council, and some of those with data management. The committee has been reorganized and is in the process of retaining and reviewing information from DMAS and DBHDS at this time.
- D. Service Development Committee- MiMi Sedjat reporting the following on behalf of the committee:
 - The council met on January 13th. A thank you was given to Jennifer Faison for helping with leading and organizing the meeting. The council is now moving forward with their agenda.
- E. Quality & Outcomes Committee- Brandon Rodgers reported the following on behalf of the committee:
 - Heather Norton provided and updated on the DOJ settlement agreement.
 - Virginia Crisis Connect was discussed.
 - Monitoring is being continued on the implementation of the data exchange as this will result in a change in the way that outcomes and measurements are reported in the entire system.
 - Weekly meetings will continue with the vendors and CSB reps. Please contact Brandon Rodgers for information and invites to this meeting.
 - Bill Howard provided an update on co-response data sheets and MARCUS Alert data collection templates. A big request was to ensure that there was follow up with the executive directors responsible for MARCUS Alert Communities, being that the original Exhibit Ds did not reflect the true data reporting that was required there. They have since developed templates.
 - An update was given on the organization around STEP-VA and STAC 2.0 Phase 3 as well as STEP-VA workgroups. CSBs should be on the lookout for invites and making sure that there are representatives there for all regions.
 - Metric Development was discussed and DBHDS provided updates on the following: The specifics on what was being tracked for prevention was discussed. There was a reduction in the number of adverse childhood experiences trainings that are required by each CSB from twelve to six annually. Other updates were primarily being tracked at DBHDS and not impactful to CSBs. There was a measure in the problem gambling curricula, which is a requirement for schools to offer as a standard of learning to teach high schoolers about problem gambling. CSBs have been asked to partner on this, however, it is not clear as to what the responsibility is for tracking that data as CSBs do not have control over how the school systems address their requirements and standards of learning. While CSBs are available to partner, perhaps the metric that has been proposed has not been one that CSBs should be held accountable for. A request has been made to revisit this and to think about how they might look at CSBs partnerships versus what happens in schools.
 - STEP-VA benchmarking requirements have been reviewed multiple times, as concerns continue surrounding DLA-20 being a measure that is leveraged for CSB performance. The concerns stem from the inconsistency around the inner rater reliability of the tool. A WHODAS pilot to replace the DLA 20 is in progress. Guidance has been requested on how to implement DLA-20 and if a new tool will be transitioned to by the time data is collected on the DLA-20. This led to some robust conversation around whether individualized steps or the implementation of STEP-VA be looked at and more importantly, CCBHC measures as a whole. There was a point in time when each step was important to measure and to see the progress that was being made in those areas. However, now that

an entire system of STEP-VA services has been implemented, the question regarding the need to look at every individual step when most of the individuals that are served are impacted by multiple, if not all of the steps has arisen. An example was given of if an individual were to receive outpatient and peer support services, how do you dictate what is impacting an individual from the peer services versus outpatient versus the system, as having an impact on the entire person.

- Discussion was had on the Behavioral Health Commission and aligning language between VACSB and DBHDS on how to craft the narrative to respond back to legislators as well as the Behavioral Health Commission on the work that is being done. Specifically, talking more globally around STEP-VA and the implementation of this as a service system versus individual steps and agreeing to provide metrics and measurements on individual steps. Conversation can be moved forward on how to articulate the work that is being done so that there is not a back and forth about why there is not a measure on outpatient services specifically.

F. Training and Development Committee- Lisa Beitz reported the following on behalf of the committee:

- A special thank you was given to the VACSB for putting the January 2025 Legislative conference together and bringing relevant information topics to the forefront so that CSBs can advance their work systemically.
- The committee is composed of a committed group of representatives under the guidance and support of Camryn Miller, Administrative Support and Training Specialist for the VACSB.
- The committee is currently in the process of reviewing workshop and keynote speaker proposals for the VACSB Training and Development Conference in May. This gives the committee an opportunity to understand the most relevant topics for the conference workshops. The committee also discuss and ensure that representation is provided for all the different areas CSBs serve in mental health, substance use, kids and adults, developmental disabilities, prevention, finance, board members and other necessary areas of information. The committee is working hard and making great progress on bringing this together to meet as many needs as possible for the May Conference in Norfolk. If CSB staff have been put forward as workshop speakers, someone from the committee will be contacting these individuals to confirm participation.
- Gratitude was given to VACSB and the committee for having clear and strong voices that represent important council information.

VII. Regional Reports

A. Region 1- Rebekah Brubaker reported the following for Region 1:

- Jim LaGrafte was recognized for transitioning to a new opportunity in mid-November, a welcome was given to his interim replacement, Sheryl Reinstrom at Encompass Community Supports.
- Opportunities to grow the Adult Mobile Crisis teams across the regions are continuing to be looked at, as there have been challenges with maintaining licensed eligible positions. The region has continued to review how to expand the ability to meet a large geographical location.

B. Region 2- Margaret Graham Reported the following for Region 2:

- An RFP that was put out three times to address youth detox crisis services just closed and is now receiving responses.
- Multiple training opportunities are in the works to address workforce development, including a DBT training and a regional training and development conference to include topics such: as adapting therapy practices for individuals with intellectual and developmental disabilities, resolving ethical dilemmas when capacity is in question, and self-care focused stress first aid. This training will be open to approximately 400 CSB workforce members in Region 2, and it is scheduled for June 2nd and 3rd. The region has also offered motivational interviewing in partnership with George Mason University to 96 staff.

C. Region 3- Rebecca Holmes reported the following for Region 3:

- A welcome was given to Heather Petrus as Southside Behavioral Health's new Executive Director.
- Solutions are being worked on for some issues with the youth 23-hour licensing.
- Three of the CSBs have either launched, are in implementation, or are exploring the Eleos AI Software assistance for clinicians. It is going well for those that have launched, and the region is excited for the future with this.
- Regional trauma training for clinical staff is in the works. Three boards are active with disaster response for Hurricane Helene survivors with what has been named the Virginia Disaster Assistance Program.
- The Call Center has been doing a great job and is navigating the challenges from specific areas that have been abusing the system, oftentimes resulting in the staff being verbally abused. This has caused issues with retention for call center staff.
- The geriatrics program for diversion and discharge from state hospital facilities is staying full and serving individuals from across the state. At this point, they have had 140 discharges with only 8 readmissions.

- The Region 3 West Prevention Council is hosting their 2nd annual Problem Gambling Prevention conference in Abingdon in March. This is planning to be made available on a statewide basis this year. Region 3 will provide more information on this upon request.
- D. Region 4-Laura Totty reported the following for Region 4:
- The region is reviewing ways to map how individuals access services and identify gaps in these services while planning for future crisis services.
 - With the encouragement from DBHDS to submit a proposal for geriatric and dementia specialists, the region is meeting with subject matter experts in hopes of developing a collaborative relationship to provide this service.
 - A crisis advisory and structure council is continuing to be developed. The goals of this are to review regional crisis services and performance to facilitate communication and recommend strategic priorities.
 - The Region 4 office is developing a 988-crisis video and this should be coming out soon as 988 continues to be marketed in the region.
 - A welcome is given to Toby Fritz as the new Executive Director of Goochland-Powhatan Community Services and being a part of Region 4.
- E. Region 5- MiMi Sedjat reported the following on behalf of Ed Gonzalez for Region 5:
- During the January RLT, discussion was had regarding the impact of crisis regulations in the CRCs that are being developed in the operation in Region 5.
 - Discussion was given to the management of one hundred private MCR providers and the impact Region 5's management has on decreasing the call center volume while seeing a statewide increase.
 - CCBHC and STEP-VA were discussed, regarding planning and implementation.
 - Region 5 continues to do impressive work to stay in line with the ever-changing STEP-VA, STAC, Right Help, Right Now, as well as other regulatory requirements, while keeping the quality of care for individuals who are served at the forefront.
- VIII. VACSB Reports and New Business- Jennifer Faison Reported the following:
- A. Executive Directors Forum:
- As the settlement agreement has been exited, one of the things that DBHDS is going to be focusing on in 2025 is the Extraordinary Barriers list. This is something that has been brought up over the years as a potential issue for investigation by the Department of Justice. As a result of exiting the settlement agreement on the DD side, when discussing the Extraordinary Barriers list and bringing attention to this, there is the possibility of some federal attention coming about. The Extraordinary Barriers list is a list of individuals that are clinically ready for discharge, who are still in a state hospital for several valid reasons as to why they are not able to move through the system quickly. Placement being one of the biggest reasons followed closely by the NGRI process. DBHDS has been making a lot of effort over the years to make progress on this list, and this matter has been called out as a specific effort and initiative that they will be looking at more closely in 2025. All CSBs should be aware of this matter to provide any aid needed in their active role.
- B. Crisis Receiving Centers:
- Challenges have been brought about in the crisis receiving centers regarding the regulatory environment. A brief poll was taken and reported that there were closures, delayed implementation, or reduced capacity in eight adult programs across the system as well as in 8 programs on the youth side in programs across the system. In referencing the progress being made on Right Help Right Now, this contrasts with the fact that some of the models that are supposed to be underpinning this program in getting services to individuals are being undermined by a regulatory process that that may not match what the Crisis Now model might dictate. Further investigation will be done to determine what the model requires and what action can be taken regarding those physical plans that were funded and built according to standards that have now been changed (e.g., plumbing and permitting). The concerns about the impact this has on the system will be addressed with DBHDS.
- C. VACSB CCBHC Work Group:
- VACSB is moving forward to establish a plan to internally make headway of the CCBHC model in readiness for the next administration. This initiative is anticipated to be ready by the July Executive Directors Forum, at that point the work will begin to successfully advance this model with both gubernatorial campaigns and the transition team of the individual who is ultimately elected as Governor.
- D. STAC 2.0/STEP-VA Program Work Group:
- Meetings will need to continue with DBHDS and the workgroup subcommittee for STAC 2.0 Version 3. Information on what the goals of this are, how the work groups are being tasked, what work groups need to deliver, and what the feedback loop is that is included in the department's efforts will be requested from DBHDS to gain more clarity. Progress will still be made on STEP-VA while embarking on the parallel process with CCBHC.

E. VACSB Bylaws- Nominating Committee Chairs:

- A change to the bylaws took place in 2021 which requires the selection of committee chairs and vice chairs to be made each year. The bylaws also state that committee chairs are not allowed to serve in a role for more than three years in a row. Nomination forms will be sent out in January for these positions. This year Ingrid Barber will transition to the role of past chair of the Executive Directors Forum. Additionally, Phil Caldwell was voted on to be the incoming chair of the Executive Directors Forum. In addition to committee chairs and vice chairs, voting will also take place on the Executive Directors Forum vice chair to replace Phil Caldwell's position once he becomes chair. Current committee chairs and vice chairs will be reached out to continue in their role if interested and available, this information will be included in the nominating forms being sent out.

F. Training Opportunities

- The VACSB would like to support and expand on more of the training opportunities provided for CSBs. CSBs are asked to reach out to the VACSB with any trainings that they may find helpful and that are going well in their region or any other training requests. The goal is for more trainings to be offered on a statewide basis for everyone to benefit from. Support offered by the VACSB for training can come in various forms such as paying for a speaker, hosting virtual training through our Zoom platform, etc.

IX. Executive Director's Report- Jennifer Faison had nothing further to report.

X. Other Announcements:

- Jennifer Faison thanked everyone for supporting the VACSB conference as well as for the work being done with elected officials, the board of directors, and board members. She emphasized the importance and appreciation for CSBs meeting with legislators to help make a positive impact within the CSB system. A special thank you was also given to the VACSB staff for pulling the conference together.

XI. Future Meetings

A. VACSB Board of Directors: March 12th, 2025, VACSB Conference Room & Zoom

B. VACSB Board of Directors: May 9th, 2025, Norfolk Marriott Waterside

XII. Adjourn.



Virginia Association Of
Community Services Boards, Inc.
— *Making a Difference Together* —

VACSB Board of Directors 2025-2026 Proposed Slate of Officers

Chair:	Gib Sloan (Chesterfield CSB)
1st Vice Chair:	Angelo Wider (Loudoun County Department of Mental Health, Substance Abuse, and Developmental Services)
2nd Vice Chair:	Phil Caldwell (Alexandria CSB)
Secretary:	Stephanie Clark (Alleghany Highlands CSB)
Treasurer:	Bernetta Watkins (Crossroads CSB)
Past Chair:	Patrick Sowers (Prince William CSB)

VACSB Board of Directors 2025-2026 Proposed Regional Representatives

Region 1:

Reps: Barbara Barrett (Region Ten)
Jim Sikkema (Horizon BH)

Region 2:

Reps: Evan Jones (Fairfax-Falls Church CSB)
Voneka Bennett (Prince William CSB)

Region 3:

Reps: Jane Carlson (Piedmont CSB)
Brenda Ephriam (Piedmont CSB)

Region 4:

Reps: Helen Leonard (District 19 CSB)
Bernetta Watkins (Crossroads CSB)

Region 5:

Reps: Darryl Pirok (Middle Peninsula Northern Neck)
VACANT



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Virginia Hepatitis C Education & Patient Connection (VA HEPC)

We empower clinicians, care teams, and patients to enhance hepatitis C (HCV) elimination in Virginia by breaking down barriers to access curative treatments through improved knowledge and resources.



Telehealth Treatment for Hepatitis C

Curative treatment is available for hepatitis C with 8-12 weeks of Direct Acting Antiviral (DAA) oral medication with minimal, if any, side effects. We offer HCV treatment through telemedicine for patients in Virginia, so they can be treated without having to travel.

96%
CURE RATE

The DAA cure rate is high, but access to treatment is low.

According to recent CDC data, only about

1 in 3

patients diagnosed with HCV receive timely treatment, even though DAAs are available.

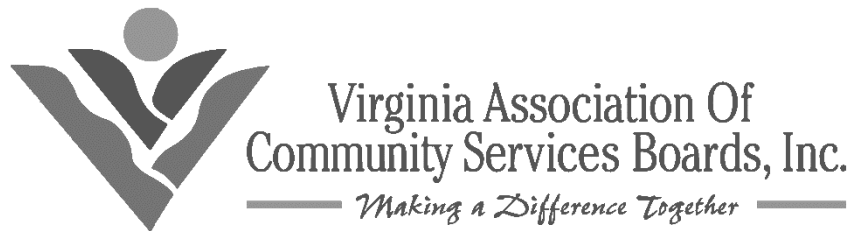
Get Trained to Treat Hepatitis C

General practitioners can incorporate HCV treatment into their primary care practices. VA HEPC offers an 8-hour day training session, multiple times a year, in-person and virtually, to increase clinician and care team knowledge about hepatitis C and comfort level with navigating patients through treatment or prescribing DAAs.

To make a referral or for more information:

CONTACT US

hepc@sentara.com
434-235-0139
virginiahepc.com



VACSB 2024-2025 Calendar

Executive Directors Forums

July 23, 2024	VACSB Conference Room (Zoom access available)
October 3, 2024	Hotel Roanoke & Conference Center
December 10, 2024	VACSB Conference Room (Zoom access available)
January 21, 2025	Richmond Marriott Downtown
March 11, 2025	VACSB Conference Room (Zoom access available)
May 8, 2025	Norfolk Marriott Waterside
July 22, 2025	VACSB Conference Room (Zoom access available)
October 2, 2025	Hotel Roanoke & Conference Center
December 9, 2025	VACSB Conference Room (Zoom access available)

VACSB Board of Directors Meetings

July 24, 2024	VACSB Conference Room (Zoom access available)
October 4, 2024	Hotel Roanoke & Conference Center
December 11, 2024	VACSB Conference Room (Zoom access available)
January 22, 2025	Richmond Marriott Downtown
March 12, 2025	VACSB Conference Room (Zoom access available)
May 9, 2025	Norfolk Marriott Waterside
July 23, 2025	VACSB Conference Room (Zoom access available)
October 3, 2025	Hotel Roanoke & Conference Center
December 10, 2025	VACSB Conference Room (Zoom access available)

All meetings that take place in the VACSB conference room will begin at 10:00 AM and are available via Zoom

VACSB Conference Schedule

October 2-4, 2024	◆ Hotel Roanoke & Conference Center
January 21-22, 2025	◆ Richmond Marriott Downtown
May 7-9, 2025	◆ Norfolk Marriott Waterside
October 1-3, 2025	◆ Hotel Roanoke & Conference Center



Notes

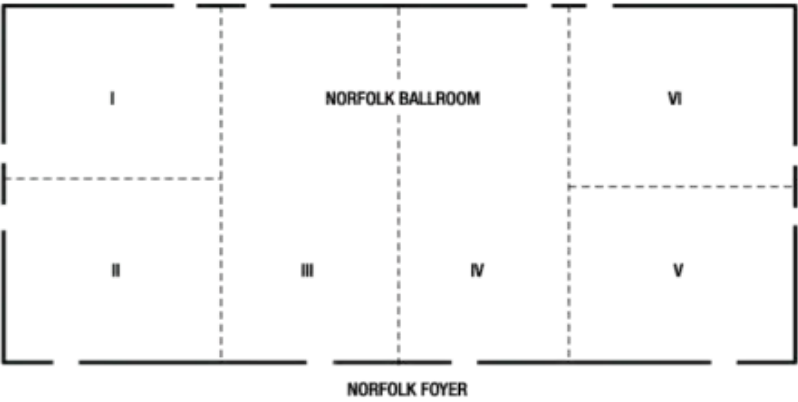


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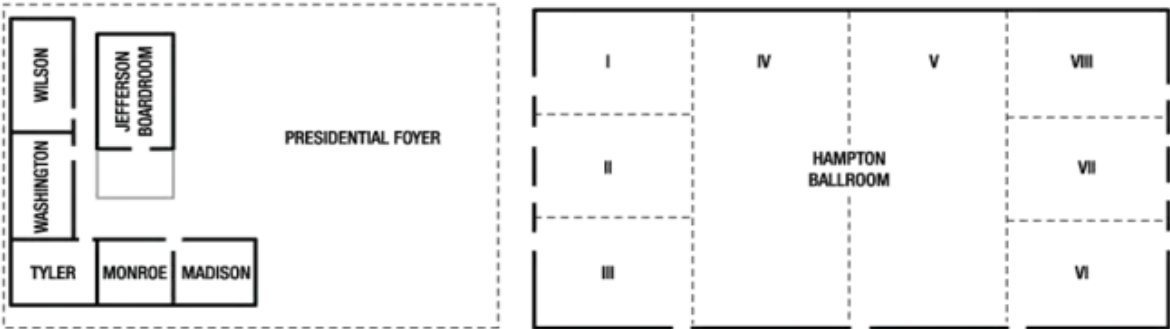
FIRST FLOOR



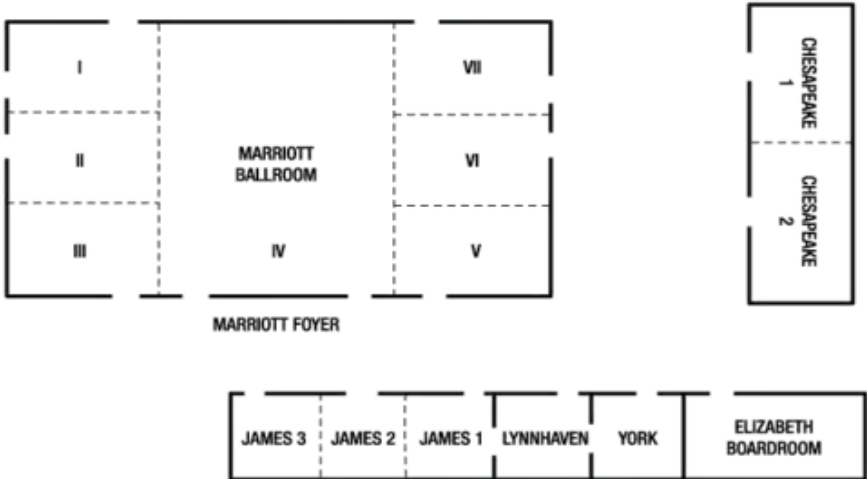
SECOND FLOOR



THIRD FLOOR



FOURTH FLOOR





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- Excellent history in the management and coordination of complex medical care.
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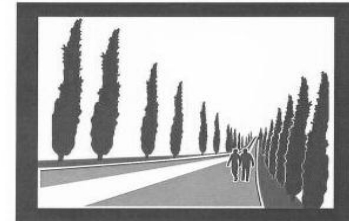
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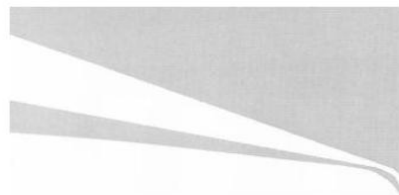
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WHO WE ARE:

Scarlet Haven Residential Services (SHRS)

is a private company established to provide support in Virginia to individuals with intellectual and developmental disabilities and medical challenges, necessary to enhance their quality of life.



OUR MISSION:

We are committed to empowering individuals to help them grow and succeed by providing exceptional services while maintaining a balance between the rights and dignity of individuals with intellectual and developmental disabilities.

OUR GOAL:

Developing communities where individuals with intellectual and developmental disabilities are supported in their efforts to live a full life.

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OUR SERVICES:

- 24-hour Adult Residential and Skilled Nursing Services, including:
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- Seizure Management
- Medication Management
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- ✓ Behavioral & Emotional Support – Conflict resolution, adaptive behavior coaching, and therapy resources
- ✓ Personalized Care Plans – Individualized Support Plans (ISPs) tailored to unique goals and needs

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We understand the challenges families and caregivers face when supporting a loved one with special needs. That's why our compassionate team offers round-the-clock care and in-home supported living services, ensuring individuals receive the assistance they need while maintaining their dignity and freedom.

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