# **COMMUNITY SERVICES BOARDS**

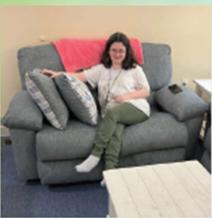


The Heartbeat of the Community



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### Thank You to Governor Youngkin and the 2025 General Assembly for Supporting:

- Funding for outpatient restoration of competency to stand trial.
- A rate increase for substance use disorder services.
- Funding to address a shortage of support coordinators.
- Funding to support MARCUS Alert.







## VACSB'S 2026–2028 Budget Priorities Have the Goals of Ensuring:



Virginia's public safety net providers are made financially whole. 2

A baseline level of services and supports in every community that promote independence and recovery as well as coordinated behavioral health, developmental disability, and medical needs.



Expanded safety net capacity.

### **Certified Community Behavioral Health Clinics**

Certified Community Behavioral Health Clinics (CCBHCs) are the future of the behavioral health system in Virginia.

The CCBHC model was developed at the federal level and has been implemented in multiple states over the last decade. In Virginia, the state adopted System Transformation Excellence and Performance in Virginia (STEP-VA) which is based off of the core services and supports included in the CCBHC model:

Same Day Access
Veteran and Family Services
Crisis Services

Outpatient
Peer Family Support Services
Psychiatric Rehabilitation

Case Management
Primary Care Screening
Care Coordination

In order to realize the potential of having these critical services in place, Virginia needs to fully implement the CCBHC model, and CSBs will play a critical role in the success of that implementation. Full implementation includes the development of a prospective payment system that covers the cost to deliver services based on a rate methodology that is tailored to the provider's circumstances and the needs of the community.

States that have implemented the CCBHC model have seen significant improvements in their service delivery systems, including an expansion of capacity to serve children/youth, the uninsured and those without a prior source of outpatient care. In addition, CCBHCs have expanded access to substance use disorder treatment, including medication assisted treatment which helps to keep individuals engaged in their recovery.

CCBHCs have also experienced benefits related to workforce development.

Those participating in the federal demonstration were able to hire a median of 22 new positions per clinic.

Virginia's successful implementation of the CCBHC model will create a permanent bridge to stability for CSBs and will benefit the individuals CSBs serve through:

- Reduced emergency department and hospital visits
- Improved service engagement rates
- Increased access to care





### Developmental Disability Waiver Services

To ensure Virginians with developmental disabilities receive the care and stability they need, the 2024 General Assembly made a historic investment by funding 3,440 new Waiver slots. This expansion emphasized the critical role of CSBs in supporting these individuals and highlighted the urgent need to strengthen the support coordination workforce. In response, the 2025 General Assembly allocated \$8.7 million to expand this essential workforce, which will enable CSBs across the Commonwealth to hire additional support coordinators.

CSBs are the single point of entry for Waiver services and are the sole providers of Waiver support coordination.

These targeted investments are vital to sustaining access to services and ensuring Virginians continue to receive the care necessary for long-term stability and support.

### Medicaid is the Best Medicine

Virginia's CSBs are the 40 public organizations that make up the safety net of services for individuals with behavioral health conditions and developmental disabilities. Each year the CSBs serve over 200k individuals, most of whom are uninsured or covered by Medicaid.

In the past 8 years, Virginia has invested in the public safety net system in three important ways:

- Medicaid expansion under the Affordable Care Act (ACA). (2019)
- The System Transformation Excellence and Performance in Virginia (STEP-VA) initiative, which was envisioned
  as a way to move the state closer to the nationally recognized best practice Certified Community Behavioral
  Health Clinic (CCBHC) model which was in a demonstration phase at the time of all of these changes. (2017–
  2020)
- Right Help, Right Now initiative. (2022)

### POSITIVE IMPACT

- Many more people are now able to access substance use disorder (SUD) treatment. More than 46,500
  Medicaid members received SUD treatment in 2019, the first year eligibility for health coverage expanded
  to more low-income adults, including childless adults who had been excluded under previous policies.
- STEP-VA funding allowed for increased capacity to serve individuals, especially those in need of crisis care
  and it set the stage for success when the Right Help, Right Now initiative was launched by providing a
  strong foundation off of which to build, including integrating 988 and mobile crisis.
- None of this would have been possible without the flexibility of the Medicaid program. Virginia is now
  covering low-income adults with behavioral health conditions who previously could not afford or otherwise
  access health insurance, and the state can provide the life-saving and high-quality care they need.

#### IMPACT OF CHANGES TO MEDICAID

Proposed changes to the Medicaid program at the federal level will make it more difficult for individuals to qualify for and maintain their Medicaid coverage. This could mean:

- Individuals who lose their coverage may delay care which could result in poorer health outcomes and more
  costly treatment needs.
- Individuals who lose their coverage will have to be served using state general fund dollars alone.
- CSBs, which are dependent on Medicaid revenue as part of their funding mix, could lose millions of dollars in reimbursements.

### **Emergency/Crisis Services Expansions** and Implementations

CSBs spend much of their planning year working with agencies such as law enforcement, behavioral health agencies, and fire/EMS teams to determine the needs of their communities and increase access to emergency/crisis services. This has culminated in the state mandated co-response model that also integrates 911 dispatch with the 988 crisis line – MARCUS Alert. These elements combine to provide opportunities to divert individuals in crisis from the criminal justice system as well as potentially from inpatient hospitalization. To meet Virginia's fast-growing need for a comprehensive crisis system, investing in infrastructure that strengthens community-based services defined in the Comprehensive Crisis Continuum is vital to effectively and efficiently provide crisis services to all Virginians.

- As of July 2024, every locality in Virginia is designated as a behavioral health shortage area.
- All 17 sites that have implemented Marcus Alert report positive outcomes, such as a reduction in unnecessary law enforcement involvement, increased behavioral health lead responses, and an increase in least restrictive services available to the public.

### **Community Services Are:**



### **EFFECTIVE**

CSB outcomes demonstrate proven results for individuals and families.



### RECOVERY-ORIENTED

CSBs operate with the understanding that every individual can achieve recovery and/or greater independence with the appropriate services and supports.



### PERSON-CENTERED

Individuals participate actively in their plans of care and treatment choices.



### **FLEXIBLE**

CSBs offer an array of services and supports that respond to individuals across their lifespans and at all points along the continuum of care.

### In Virginia:

18,436

individuals are receiving
Developmental Disability Waiver
services & 15,404 individuals are
on the Waiver waitlist.

10.6%

the amount Medicaid Expansion enrollment has increased per year since 2019. 38

Virginia's overall ranking in prevalence of mental illness and rates of access to care.



"Life has its ups and downs, but with the right help and support, things can change."



# VIRGINIA ASSOCIATION of COMMUNITY SERVICES BOARDS

#### **ALEXANDRIA CSB**

City of Alexandria (703) 746-3400

### ALLEGHANY HIGHLANDS COMMUNITY SERVICES

Alleghany County; City of Covington; Towns of Clifton Forge and Iron Gate (540) 965-2135

### **ARLINGTON COUNTY CSB**

Arlington County (703) 228-5150

#### BLUE RIDGE BEHAVIORAL HEALTHCARE

Botetourt, Craig & Roanoke Counties; Cities of Roanoke & Salem (540) 345-9841

### CHESAPEAKE INTEGRATED BEHAVIORAL HEALTHCARE

City of Chesapeake (757) 547-9334

### **CHESTERFIELD CSB**

County of Chesterfield (804) 748-1227

#### **COLONIAL BEHAVIORAL HEALTH**

James City & York Counties; Cities of Poquoson & Williamsburg (757) 220-3200

#### CROSSROADS CSB

Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway & Prince Edward Counties (434) 392-7049

#### CUMBERLAND MOUNTAIN CSB

Buchanan, Russell, & Tazewell Counties (276) 964-6702

### DANVILLE-PITTSYLVANIA COMMUNITY SERVICES

Pittsylvania County; City of Danville (434) 799-0456

### DICKENSON COUNTY BEHAVIORAL HEALTH SERVICES

Dickenson County (276) 926-1680

#### EASTERN SHORE CSB

Accomack & Northampton Counties (757) 442-3636

### ENCOMPASS COMMUNITY SUPPORTS

Culpeper, Fauquier, Madison, Orange & Rappahannock Counties (540) 825-3100

### **FAIRFAX-FALLS CHURCH CSB**

County of Fairfax; Cities of Fairfax & Falls Church (703) 324-7000

## GOOCHLAND-POWHATAN COMMUNITY SERVICES

Counties of Goochland & Powhatan (804) 556-5400

### **GREATER REACH CSB**

Dinwiddie, Greensville, Prince George, Surry & Sussex Counties; Cities of Colonial Heights, Emporia, Hopewell & Petersburg (804) 862-8002

#### HAMPTON-NEWPORT NEWS CSB

Cities of Hampton & Newport News (757) 788-0300

#### HANOVER CSB

County of Hanover (804) 365-4222

#### HARRISONBURG-ROCKINGHAM CSB

City of Harrisonburg; County of Rockingham (540) 434-1941

### HENRICO AREA MENTAL HEALTH AND DEVELOPMENTAL SERVICES

Charles City, Henrico & New Kent Counties (804) 727-8500

### HIGHLANDS COMMUNITY SERVICES

Washington County & City of Bristol (276) 525-1550

#### HORIZON BEHAVIORAL HEALTH

Amherst, Appomattox, Bedford, & Campbell Counties; City of Lynchburg (434) 847-8050

### LOUDOUN COUNTY DEPARTMENT OF MENTAL HEALTH, SUBSTANCE ABUSE & DEVELOPMENTAL SERVICES

County of Loudoun (703) 777-0377

### MIDDLE PENINSULA-NORTHERN NECK BEHAVIORAL HEALTH

Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond & Westmoreland Counties (804) 758-5314

### MOUNT ROGERS COMMUNITY SERVICES

Bland, Carroll, Grayson, Smyth &Wythe Counties; City of Galax (276) 223 - 3200

# NEW RIVER VALLEY COMMUNITY SERVICES

Floyd, Giles, Montgomery & Pulaski Counties; City of Radford (540) 961-8300

#### NORFOLK CSB

City of Norfolk (757) 756-5600

#### NORTHWESTERN CSB

Clarke, Frederick, Page, Shenandoah, & Warren Counties; City of Winchester (540) 636-4250

### PIEDMONT COMMUNITY SERVICES

Franklin, Henry & Patrick Counties; City of Martinsville (276) 632-7128

### PLANNING DISTRICT ONE BEHAVIORAL HEALTH SERVICES

Lee, Scott, & Wise Counties; City of Norton (276) 679-5751

### PORTSMOUTH DEPARTMENT OF BEHAVIORAL HEALTHCARE SERVICES

City of Portsmouth (757) 393-8618

### PRINCE WILLIAM COUNTY COMMUNITY SERVICES

County of Prince William; Cities of Manassas & Manassas Park (703) 792-7800

### RAPPAHANNOCK AREA CSB

Caroline, King George, Spotsylvania & Stafford Counties; City of Fredericksburg (540) 373-3223

### **REGION TEN CSB**

Albemarle, Fluvanna, Greene, Louisa, & Nelson Counties; City of Charlottesville (434) 972-1800

### RICHMOND BEHAVIORAL HEALTH AUTHORITY

City of Richmond (804) 819-4000

### ROCKBRIDGE AREA COMMUNITY SERVICES

Bath & Rockbridge Counties; Cities of Buena Vista & Lexington (540) 463-3141

### SOUTHSIDE BEHAVIORAL HEALTH

Brunswick, Halifax & Mecklenburg Counties (434) 572-6916

#### **VALLEY CSB**

Augusta & Highland Counties; Cities of Staunton & Waynesboro (540) 887-3200

### **VIRGINIA BEACH HUMAN SERVICES**

City of Virginia Beach (757) 385-0602

### WESTERN TIDEWATER CSB

Isle of Wight & Southampton Counties; Cities of Franklin & Suffolk (757) 966-2805