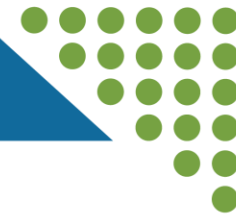


Please answer the questions found here:



<https://forms.cloud.microsoft/g/WABFeLJwbZ?origin=lprLink>





Screening for Problem Gambling as a Co-Occurring Disorder

VaCSB Training and Development Conference

Anne Rogers, M.Ed., ABD, CHES
PG Prevention Coordinator, DBHDS

Miranda Mingle, CSAC, LCSW
Department Director, Highlands Community Services



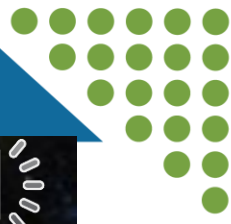
Improve client outcomes through holistic integrated care, by acknowledging the significant comorbidity between SUD, MH, and Problem Gambling (PG)

In 4 phases:

- Establish Initial Integration
- Increase Identification and Referral
- Enhance Staff Competency
- Develop Data Collection Protocols



12/2025



Problem Gambling Severity Index

This self-assessment is based on the Canadian Problem Gambling Index. It will help you decide if you wish to seek other forms of support or information.

When you think of the past 12 months, have you bet more than you could really afford to lose?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Still thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

When you gambled, did you go back another day to try to win back the money you lost?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Have you borrowed money or sold anything to get money to gamble?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Have you felt that you might have a problem with gambling?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Has gambling caused you any health problems, including stress or anxiety?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Has your gambling caused any financial problems for you or your household?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Have you felt guilty about the way you gamble or what happens when you gamble?

0 Never 1 Sometimes 2 Most of the time 3 Almost always

Total your score. The higher your score, the greater the risk that your gambling is a problem.

Score of 0: Non-problem gambling.

Score of 1 or 2: Low level of problems with few or no identified negative consequences.

Score of 3 to 7: Moderate level of problems leading to some negative consequences.

Score of 8 or more: Problem gambling with negative consequences and a possible loss of control.

Ferris, J., & Wynne, H. (2009). The Canadian problem gambling index: Final report. Submitted for the Canadian Centre on Substance Abuse.

- Develop Protocols for Screening and Referral
 - Universal PG screening using the Problem Gambling Severity Index (PGSI) and SOGS-RA
 - DBHDS developed the forms in Qualtrics for ease of access and implementation
- Train
 - The CSB's identified clinical and recovery staff to virtually attend one of 12 3-hour training opportunities
 - Training included:
 - Co-occurrence of SUD and/or MH and PG
 - Brief screening administration
 - Motivational Interviewing and/or Cognitive Behavioral Therapy for PG
 - Clear referral pathways

SOGS-RA Screening Tool for Adolescents

- How often have you gone back another day to try and win back money you lost gambling?
 every time most of the time some of the time never
- When you were betting, have you ever told others you were winning money when you weren't?
 yes no
- Has your betting money ever caused any problems for you such as arguments with family and friends, or problems at school or work?
 yes no
- Have you ever gambled more than you had planned to?
 yes no
- Has anyone criticized your betting, or told you that you had a gambling problem whether you thought it true or not?
 yes no
- Have you ever felt bad about the amount of money you bet, or about what happens when you bet money?
 yes no
- Have you ever felt like you would like to stop betting, but didn't think you could?
 yes no
- Have you ever hidden from family or friends any betting slips, IOUs, lottery tickets, money that you won, or any signs of gambling?
 yes no
- Have you had money arguments with family or friends that centered on gambling?
 yes no
- Have you borrowed money to bet and not paid it back?
 yes no
- Have you ever skipped or been absent from school or work due to betting activities?
 yes no

Scoring Rules


Each item is scored either 1 (yes) or 0 (no). Item "a" is scored 1 if respondent indicates "every time" or "most of the time" and is scored 0 otherwise.

Calculation of narrow rates	Calculation of broad rates
Level 0 = No past year gambling	No past year gambling
Level 1 = score of 1	Gambling less than daily and score = 0, or less than weekly gambling and score = 1
Level 2 = score of 2 or 3	At least weekly gambling and score = 1 or gambling less than weekly and score = 2
Level 3 = score of 4	At least weekly gambling + score = 2 or daily gambling


Thinking about your typical habits, how frequently do you participate in the following activities?

	Never	Less Than Monthly	Monthly	Weekly	Daily
• Slot Machines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Gray Machines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Lottery Scratch Offs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Other Lottery (Powerball, etc)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Bet on Horses, Dogs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Bet on Card Games	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Played Bingo for Money	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Internet Gambling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Sports Betting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Stock Market/Day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Trading	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Video Gaming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Online State Lottery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Pull Tabs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Dice Games	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
• Other:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Phase 2: Implementation and Training

- Conduct Staff Training – January - March
 - Available for TA
 - Launch Screening Tools - March
 - CSB staff will begin to screen all new SUD/MH primary consumers utilizing the PGSI and SOGS-RA.
 - CSB staff will begin to screen existing SUD/MH primary consumers.
 - Results of the PGSI and SOGS-RA are to be recorded in consumer charts.
- 

Phase 3: Operations and Monitoring

- Ongoing Screening and Referral
 - CSB staff will continue to complete the screenings with all new consumers and document all external referrals that are made for PG
 - Regular Team Meetings
 - After trainings complete - DBHDS and CSB staff will meet monthly to discuss pilot progress, review challenges, and to provide ongoing support and supervision for integrated care practices.
 - Mid-Pilot Data Review (@ fall 2026)
 - DBHDS will develop a mid-pilot data report which will summarize screening results, referral patterns and identify areas for improvement.
- 


Phase 4: Evaluation and Reporting

- **Final Data Analysis** – April-June 2027
 - DBHDS will complete a comprehensive analysis of all collected data
- **Evaluation Report**
 - DBHDS will summarize the pilot's successes, challenges, lessons learned, and recommendations for future program expansion
- **Stakeholder Presentation**
 - DBHDS will present to the Virginia Problem Gambling Treatment and Support Advisory Committee and other key stakeholders outlining the pilot's findings and recommendations



- **Screening Rate**
 - Percentage of eligible consumers who receive PGSI
 - Target: 95%
- **Positive Screenings**
 - Number of consumers who screen positive for Problem Gambling
- **Referral Rate**
 - Percentage of consumers with a positive screen who receive an appropriate referral to an external provider
 - Target: 100%
- **Staff Training Completion**
 - Percentage of pilot staff who complete all required training modules
 - Target: 100%
- **Data Accuracy**
 - Audit of collected data to ensure accuracy and completeness
 - Target: >95%

CSB's may use their funds for:

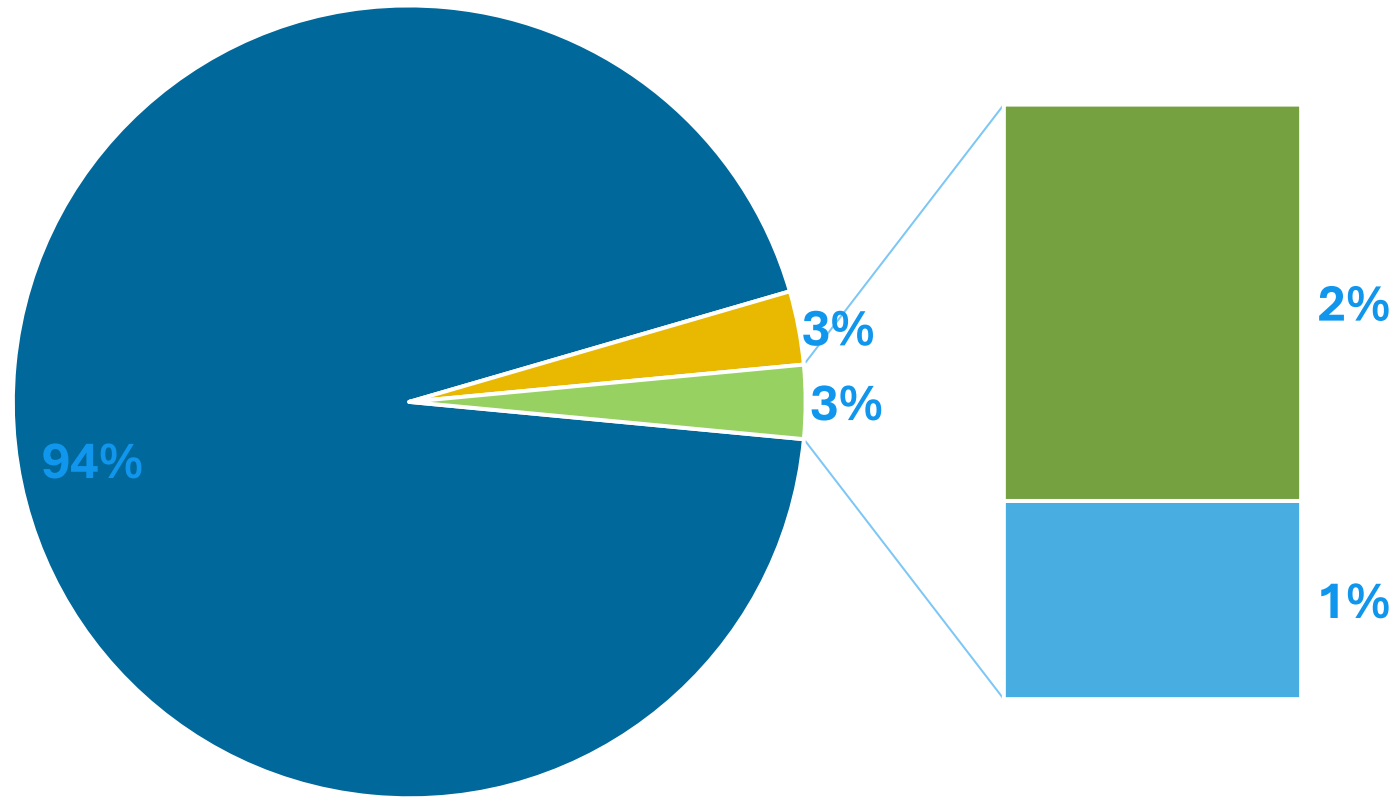
- Personnel
 - Behavioral health staff (counselor, therapist, peer, etc.)
 - Consider time for training(s) and supervisions that are required.
 - Materials/ EHR Changes
 - Any supplies, printing needed
 - If you want to also have this tool or a field for the score built into your electronic health system
 - Financials
 - Budget allocation for staff time
 - Budget allocation for administrative costs, as appropriate
 - Training and travel related to gambling disorder treatment and recovery.
- 

First Four (4) Months

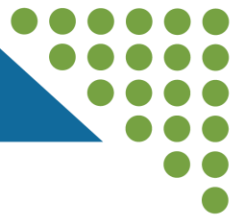
- CSB Treatment and Recovery staff trained - 45
- Screening Tools saved and tested in Qualtrics
- Number adult client screenings entered 1,005
- Number adolescent client screenings entered 102



PGSI Scores



■ No Problem ■ Low Level ■ Moderate Level ■ High Level



Up Next:

Miranda Mingle, CSAC, LCSW, Department Director
Highlands Community Services Board



Decision to join pilot program

- Provider requests for training
- Consumer reports
- Casino

Consumer Experience

- How many questions can we ask someone?
- What benefit does the consumer receive from our asking?

Staff Experience

- How can we implement with minimal time and documentation requirement increases?
- What do we do when someone needs services?

Data Collection

- How can we most efficiently gather required and meaningful data?

Staff Training

- Time constraints
- Knowledge maintenance

Problem Gambling Screening

Resources

Virginia Partnership for Gaming and Health

Website: <https://vpgh.vcu.edu/support/>

Phone Number: [888-532-3500](tel:888-532-3500)

Virginia Council on Problem Gambling

Website: <https://www.ncpgambling.org/help-treatment/help-by-state/virginia/>

Phone Number: [804-827-0921](tel:804-827-0921)

National Problem Gambling Helpline

Call: [1-800-MY-RESET](tel:1-800-MY-RESET)

Text: [1-800-MY-RESET](tel:1-800-MY-RESET)

Chat: www.1800myreset.org

Gamblers Anonymous:

Website: <https://gamblersanonymous.org>

Phone Number: (909) 931-9056

Gam-Anon:

Website: <https://www.gam-anon.org>

Phone Number: [844-475-4213](tel:844-475-4213)

Problem Gambling Screening

Resources

Symptoms of Gambling Disorder

- Spend more time/money than planned
- Restless or irritable when gambling less
- Repeated efforts to cut back/stop
- Chase losses
- Preoccupied with gambling
- Gamble when feeling distressed
- Lie about gambling
- Jeopardize work or relationships
- Borrow money

Coexisting Considerations

Comorbidity is common with problem gambling. Approximately **90%** of people diagnosed with a gambling problem have at least one other mental health diagnosis and approximately **30%** have three or more diagnoses.



One in five individuals experiencing problems with gambling has attempted or completed suicide.¹



Individuals who participate in “recreational gambling” are **1.16** times more likely to develop a mood, anxiety or substance use disorder. Individuals who have been diagnosed with a gambling disorder are **2.51** times more likely²



888-532-3500



vpgh.org



Virginia Partnership for Gaming and Health
VCU College of Health Professions

Problem Gambling Screening

Resources



**You've worked hard for
your recovery**
Know the risks of gambling

Did you know?

Cross-addiction is relatively common in recovery. Those with gambling disorder have also reported:



Alcohol Use Disorder



Nicotine Dependence



Substance Use Disorder



Psychiatric Disorder

VPGH Can Help



888-532-3500



vpgh.org



Virginia Partnership
for GAMING & HEALTH
Hope | Support | Solutions

Sources: Petry et al, 2005,
Potenza al, 2019

Screening Administration

- Average time to complete
- Consumer responses
- Staff responses

Questions